

FINISHERLISTE 13. GREIFENSELAUF, 19. SEPTEMBER 1992

| Nachname | Vorname | Ort | Jahrgang | Laufzeit |
|--------------|-------------|-------------------|----------|----------|
| Abächerli | Walter | Hinwil | 1952 | 01:30:09 |
| Abegg | Bruno | Winterthur | 1943 | 02:01:52 |
| Abgottspon | Anton | Stalden VS | 1952 | 01:12:28 |
| Abt | Stefan | Maur | 1975 | 01:37:03 |
| Ackermann | Bernhard | Birr-Lupfig | 1950 | 00:28:00 |
| Ackermann | Franzpeter | Baden | 1944 | 01:35:33 |
| Adili | Samir | Ettingen | 1958 | 01:22:41 |
| Adler | Ruedi | Zürich | 1951 | 01:33:01 |
| Aeberhard | Mandi | Volketswil | 1948 | 01:37:54 |
| Aeberhard | Susanne | Uster | 1959 | 00:44:06 |
| Aebersold | Fritz | Pfungen | 1941 | 01:17:33 |
| Aebersold | Heinz | Dübendorf | 1939 | 00:38:47 |
| Aebi | Eugen | Lengnau BE | 1959 | 01:29:25 |
| Aebi | Peter | Herzogenbuchsee | 1966 | 01:21:09 |
| Aebischer | Elsbeth | Zürich | 1951 | 00:39:59 |
| Aebischer | Simone | Zürich | 1979 | 00:11:49 |
| Aebischer | Stephan | Zürich | 1946 | 00:35:37 |
| Aegerter | Christian | Schliern b. Köniz | 1951 | 01:53:01 |
| Aemisegger | Brigitte | Winterthur | 1958 | 01:43:43 |
| Aemisegger | Hansjoerg | Winterthur | 1952 | 01:43:44 |
| Aenis | Ernst | Riehen | 1945 | 01:36:32 |
| Aeppli | Arthur | Wil SG | 1958 | 01:38:16 |
| Aerni | Damaris | Fällanden | 1964 | 00:36:23 |
| Aeschbach | Jean | Brütten | 1943 | 01:51:43 |
| Aeschbacher | Beat | Muri b. Bern | 1957 | 01:18:52 |
| Aeschbacher | Urs | Bassersdorf | 1955 | 01:46:09 |
| Aeschlimann | Josef | Wiggen | 1945 | 01:50:54 |
| Aeschlimann | Rudolf | Zofingen | 1942 | 01:35:27 |
| Affeltranger | Fernando | Zürich | 1959 | 01:16:19 |
| Ahlen | Annette | Zürich | 1957 | 01:40:00 |
| Akeret | Martin | Illnau | 1975 | 00:29:55 |
| Akeret | Max | Schliern b. Köniz | 1933 | 01:31:28 |
| Akyel | Kayhan | Basel | 1968 | 01:44:23 |
| Albicker | Laurenz | Thalwil | 1956 | 01:36:10 |
| Albin | Eugen | Disentis/Mustér | 1953 | 01:34:00 |
| Albin | Norbert | Hinteregg | 1956 | 01:32:03 |
| Albin | Werner | Trun | 1951 | 01:52:14 |
| Albisser | Elisabeth | Wohlen AG | 1964 | 01:19:34 |
| Albrecht | Dieter Chr. | Benglen | 1960 | 01:40:51 |
| Albrecht | Marietta | Volketswil | 1938 | 01:54:39 |
| Albrecht | Urs | Unterengstringen | 1962 | 01:22:45 |
| Albrecht | Werner | Bülach | 1949 | 01:25:50 |
| Albrecht | Willi | Volketswil | 1945 | 01:26:18 |
| Alder | Irene | Dietikon | 1952 | 01:52:25 |
| Alder | Konrad | Winterthur | 1935 | 01:34:44 |
| Alder | Roland | Neerach | 1960 | 01:14:27 |
| Alder | Ruedi | Wald ZH | 1954 | 01:23:21 |
| Alder | Ursula | Wald ZH | 1955 | 01:30:47 |
| Alfeld | Helmuth | Regensdorf | 1938 | 01:52:21 |
| Alge | Robert | Uster | 1959 | 01:23:54 |
| Aljosa | Friederich | Stallikon | 1972 | 00:28:41 |

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|---------------|-------------|-----------------------|------|----------|
| Althaus | Johanna | Langenthal | 1959 | 00:34:08 |
| Althaus | Katharina | Zürich | 1961 | 00:38:30 |
| Altherr | Conrad | Richterswil | 1949 | 02:02:20 |
| Altmann | Corina | Schwanden GL | 1978 | 00:34:24 |
| Amacker | Mario | Epalinges | 1969 | 00:30:11 |
| Amacker | Urs | Eischoll | 1960 | 01:46:09 |
| Amaducci | Piero | Baden | 1940 | 01:23:51 |
| Ambort | Joerge | Zürich | 1955 | 01:44:42 |
| Ambühl | Beat | Rikon im Tösstal | 1953 | 01:39:45 |
| Amhof | Martin | Bülach | 1969 | 00:41:26 |
| Ammann | Gaudenz | Gossau SG | 1963 | 00:34:33 |
| Ammann | Hansjörg | Elgg | 1954 | 01:22:10 |
| Ammann | Hansruedi | Bettwiesen | 1952 | 01:31:31 |
| Ammann | Max | Wil SG | 1931 | 01:54:11 |
| Ammann | Max | Samstagern | 1953 | 01:31:05 |
| Ammann | Pierre | Broc | 1964 | 01:25:42 |
| Ammann | Werner | Affoltern am Albis | 1949 | 00:35:28 |
| Amstutz | Pius | Luzern | 1960 | 01:27:36 |
| Anderegg | Peter | Thalwil | 1967 | 00:37:38 |
| Andreoletti | Enrico | Uster | 1967 | 00:32:07 |
| Andrey | Michel | Illnau | 1948 | 01:36:58 |
| Anesini | Pierina | Wallisellen | 1956 | 00:42:04 |
| Angehrn | Josef | Spreitenbach | 1940 | 01:37:34 |
| Anghileri | Roger | Pfäffikon ZH | 1955 | 01:29:11 |
| Angst | Andy | Greifensee | 1973 | 00:30:01 |
| Angst | Felix | Egg b. Zürich | 1962 | 01:23:11 |
| Anliker | Heinz | Unterendingen | 1947 | 00:28:23 |
| Ansermet | Birgit | Oetwil am See | 1964 | 00:43:19 |
| Arbenz | Peter | Altendorf | 1959 | 01:35:48 |
| Aregger | Hubert | Fontannen b. Wolhusen | 1951 | 01:51:44 |
| Aregger | Paul | Bütschwil | 1938 | 01:35:19 |
| Aregger | Pirmin | Zürich | 1973 | 00:32:41 |
| Arend | Michal | Benglen | 1949 | 01:54:19 |
| Armbruster | Patrick | Unterterzen | 1978 | 00:30:33 |
| Arnet | Beda | Eiken | 1963 | 01:30:12 |
| Arnet | Kurt | Dübendorf | 1948 | 01:39:44 |
| Arnold | Anton | Uster | 1949 | 01:34:53 |
| Arnold | Margrit | Grüt (Gossau ZH) | 1959 | 01:58:01 |
| Arnold | Markus | Zürich | 1954 | 01:46:33 |
| Arpagaus | Richard | Jona | 1952 | 01:31:49 |
| Arpagaus | Tresa | Jona | 1953 | 00:39:56 |
| Artho | Ernst | Jona | 1940 | 01:29:36 |
| Artho | Ruedi | Mosnang | 1969 | 00:34:47 |
| Arvidsson | Hokan | Uster | 1950 | 01:46:39 |
| Arvidsson | Pelle | Uster | 1981 | 00:11:05 |
| Attinger | Bernhard | Gockhausen | 1953 | 01:42:44 |
| Auf der Mauer | Raphael | Willerzell | 1980 | 00:10:35 |
| Auf der Maur | Philipp | Niederurnen | 1958 | 01:36:23 |
| Auvanzino | Jean-Pierre | Brüttisellen | 1945 | 01:47:23 |
| Ayhan | Veysel | Niedergösgen | 1953 | 02:02:10 |
| Bäbler | Peter | Netstal | 1983 | 00:11:20 |
| Bacchi | Rene | Horgen | 1944 | 01:19:55 |
| Bächli | Ueli | Erlinsbach SO | 1950 | 01:31:24 |
| Bachmann | Andreas | Mönchaltorf | 1977 | 00:33:03 |

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|-------------------|--------------|---------------------|------|----------|
| Bachmann | Beat | Glattfelden | 1958 | 01:25:46 |
| Bachmann | Daniel | Uster | 1962 | 00:34:39 |
| Bachmann | Elisabeth | Hombrechtikon | 1946 | 01:36:18 |
| Bachmann | Elisabeth | Bern | 1949 | 01:49:31 |
| Bachmann | Fritz | Effretikon | 1949 | 01:41:54 |
| Bachmann | Hans | Löhningen | 1943 | 01:39:53 |
| Bachmann | Hansheinrich | Hombrechtikon | 1954 | 01:20:29 |
| Bachmann | Markus | Wetzikon ZH | 1964 | 01:16:22 |
| Bachmann | Peter | Zürich | 1948 | 01:48:29 |
| Bachmann | Reto | Dietikon | 1974 | 00:32:50 |
| Bachmann | Ronny | Dübendorf | 1957 | 01:59:43 |
| Bachmann | Urs | Brüttisellen | 1960 | 00:32:50 |
| Bächtold | Elsbeth | Volketswil | 1944 | 00:40:38 |
| Backhaus | Daniel | Schaffhausen | 1967 | 01:56:15 |
| Badertscher | Markus | Zürich | 1959 | 01:27:39 |
| Baebler | Werner | Netstal | 1952 | 00:29:55 |
| Baecher-Buerchler | Enrico | Rüti ZH | 1951 | 01:23:40 |
| Baechi | Kurt | Adliswil | 1942 | 01:28:14 |
| Baechli | Mark | Erlinsbach SO | 1983 | 00:10:36 |
| Baechli | Martin | Geroldswil | 1968 | 01:36:36 |
| Baechli | Rolf | Wernetshausen | 1959 | 01:52:20 |
| Baehler | Gottfried | Allenwinden | 1932 | 01:50:30 |
| Baehler | Hansruedi | Rheinfelden | 1950 | 01:42:45 |
| Baehler | Richard | Aadorf | 1953 | 01:44:15 |
| Baer | Daniel | Zofingen | 1962 | 01:24:18 |
| Baertsch | Cordula | Fahrweid | 1965 | 00:36:29 |
| Baeuerle | Norbert | Sasbachwalden | 1962 | 00:26:42 |
| Bagattini | Erika | Volketswil | 1937 | 01:00:36 |
| Baggenstos | Robert | Stäfa | 1952 | 01:58:32 |
| Baggenstos | Thomas | Herrliberg | 1957 | 01:43:54 |
| Bagnaud | Jean Victor | Chermignon-d'en-Bas | 1948 | 01:18:00 |
| Bai | Markus | Aathal-Seegräben | 1968 | 01:35:33 |
| Baldegger | Kurt | Wohlen AG | 1938 | 01:33:46 |
| Balmer | Franz | Greifensee | 1945 | 02:11:56 |
| Balmer | Marianne | Davos Platz | 1960 | 01:25:19 |
| Balmer | Toni | Winterthur | 1950 | 00:45:16 |
| Balzer-Stadler | Vreni | Uster | 1939 | 00:39:44 |
| Balzli | Astrid | Ostermundigen Rüti | 1955 | 01:58:44 |
| Balzli | Hans | Ostermundigen Rüti | 1949 | 01:58:50 |
| Bamert | Egon | Tuggen | 1979 | 00:09:39 |
| Bamert | Marc | Feldmeilen | 1973 | 00:27:51 |
| Bamert | Peter | Feldmeilen | 1943 | 01:23:53 |
| Bamert | Sibylle | Tuggen | 1982 | 00:10:12 |
| Band | Jaap | Ottikon (Gossau ZH) | 1964 | 01:19:23 |
| Bandle | Raymond | Wolfhausen | 1943 | 01:46:10 |
| Bank | Marcel | Klingnau | 1969 | 01:49:17 |
| Banno | Makoto | Leysin | 1974 | 01:58:54 |
| Bannwart | Fredy | Wil SG | 1948 | 01:34:01 |
| Bannwart | Hugo | Zürich | 1959 | 01:34:12 |
| Bär | Hanspeter | Schönengrund | 1951 | 00:33:13 |
| Bär | Peter | Eglisau | 1956 | 01:25:48 |
| Barner | Martin | Flurlingen | 1952 | 01:35:52 |
| Barrios | Arturo | | 1963 | 01:03:08 |
| Bart | Hermann | Wetzikon ZH | 1943 | 01:29:01 |

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|-------------|---------------|--------------------------|------|----------|
| Bärtschiger | Monika | Malix | 1960 | 01:45:06 |
| Basler | Bettina | Fahrni b. Thun | 1972 | 00:38:12 |
| Bassi | Manuel | Dürnten | 1977 | 00:34:34 |
| Bassi | Tobias | Dürnten | 1980 | 00:11:56 |
| Bättig | Regula | Stallikon | 1961 | 01:42:02 |
| Bauer | Claudia | Zürich | 1960 | 02:05:10 |
| Bauer | Paul | Zürich | 1954 | 00:42:54 |
| Bauert | Alfred | Nürens Dorf | 1948 | 01:45:31 |
| Bauert | Frieda | Nürens Dorf | 1949 | 00:38:35 |
| Bauert | Stefan | Nürens Dorf | 1972 | 01:22:33 |
| Baum | Stefan | Rielasingen-Worblingen | 1963 | 00:38:23 |
| Baumann | Anna | Ottikon (Gossau ZH) | 1948 | 02:00:57 |
| Baumann | Bruno | Bäretswil | 1955 | 01:28:34 |
| Baumann | Christian | Emmenbrücke | 1962 | 02:04:12 |
| Baumann | Daniel | Bolligen Dorf | 1927 | 01:53:55 |
| Baumann | Doris | Wallisellen | 1957 | 02:06:08 |
| Baumann | Elsbeth | Esslingen | 1959 | 00:40:11 |
| Baumann | Ernst | Effretikon | 1947 | 01:28:38 |
| Baumann | Hansueli | Hintereggen | 1952 | 01:22:57 |
| Baumann | Heinz | Dübendorf | 1955 | 01:48:54 |
| Baumann | Marcel | Weckolsheim | 1947 | 01:38:42 |
| Baumann | Peter | Grünigen | 1960 | 01:36:54 |
| Baumann | René | Epalinges | 1954 | 01:34:22 |
| Baumann | Robert | Hallau | 1943 | 01:36:04 |
| Baumann | Robert | Klingnau | 1953 | 01:28:21 |
| Baumann | Tobias | Unterägeri | 1973 | 01:26:50 |
| Baumberger | Dan | Binz | 1981 | 00:12:10 |
| Baumeler | Klaus | Weiningen ZH | 1947 | 01:32:47 |
| Baumgartner | Bea | Matten b. Interlaken | 1960 | 01:47:33 |
| Baumgartner | Daniela | Bülach | 1980 | 00:12:23 |
| Baumgartner | Kurt | Montlingen | 1953 | 01:41:04 |
| Baumgartner | Leo | Zürich | 1959 | 01:41:13 |
| Baumgartner | Rico | Herrliberg | 1960 | 01:35:48 |
| Baumgartner | Roland | Wettingen | 1953 | 01:24:25 |
| Baumgartner | Samuel | Ennenda | 1945 | 00:35:58 |
| Baumgartner | Urs | St. Gallen | 1950 | 01:36:21 |
| Baumgartner | Walter | Zürich | 1945 | 00:40:46 |
| Baumgartner | Xaver | Oberriet SG | 1959 | 01:13:22 |
| Bebie | Patric | Uster | 1968 | 00:42:03 |
| Beccarelli | Giuliano | Uster | 1964 | 00:30:10 |
| Bèchler | Cecile | Zürich | 1967 | 01:48:47 |
| Beck | Benno | Schöftland | 1946 | 01:36:45 |
| Beck | Philipp | Wil SG | 1977 | 00:26:35 |
| Becker | Klaus | Hohentengen am Hochrhein | 1959 | 01:39:42 |
| Beckmann | Anna-Caroline | Bern | 1965 | 01:37:13 |
| Beer | Werner | Niederhasli | 1958 | 01:37:41 |
| Beerli | Nicolas | Dietlikon | 1968 | 01:29:05 |
| Beerli | Ruth | Zürich | 1962 | 01:36:59 |
| Beglinger | Michael | Uster | 1958 | 01:27:38 |
| Beier | Erika | Gommiswald | 1953 | 00:56:00 |
| Bell | Annette | | 1964 | 01:16:12 |
| Bellaggio | Angelo | Uzwil | 1953 | 01:23:17 |
| Bello | Antonio | Flawil Botsberg | 1967 | 01:22:53 |
| Belz | Werner | Rorbas-Freienstein | 1941 | 01:48:41 |

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|-------------------|-----------|-----------------------|------|----------|
| Benco | Patricia | Fällanden | 1951 | 00:49:14 |
| Benninger | Ernst | Gattikon | 1945 | 01:31:43 |
| Benz | Belinda | Schlatt b. Winterthur | 1977 | 00:39:05 |
| Benz | Christian | Galgenen | 1970 | 02:07:56 |
| Benz | Thomas | Dietlikon | 1968 | 01:36:46 |
| Benz | Thomas | Schlatt b. Winterthur | 1951 | 01:30:08 |
| Berchtold | Werner | Zürich | 1941 | 01:33:04 |
| Bergamin | Simon | Danis | 1969 | 01:26:27 |
| Berger | Bernhard | Fehraltorf | 1949 | 01:26:30 |
| Berger | Elsbeth | Höri | 1953 | 00:56:44 |
| Berger | Ernst | Madetswil | 1945 | 01:29:31 |
| Berger | Fritz | Rorbas-Freienstein | 1936 | 01:32:15 |
| Berger | Jakob | Winterthur | 1950 | 01:27:25 |
| Berger | Karin | Greifensee | 1959 | 00:45:20 |
| Berger | Nicole | Fehraltorf | 1975 | 00:36:01 |
| Berger | Samuel | Pfäffikon ZH | 1943 | 01:27:02 |
| Bergmann | Kurt | Oberengstringen | 1944 | 01:36:05 |
| Berl | Thomas | Eiken | 1947 | 01:53:38 |
| Bernegger | Hans | Oetwil an der Limmat | 1952 | 01:53:33 |
| Bernet | Walter | Zürich | 1948 | 01:13:37 |
| Bernhard | Hans | Regensdorf | 1948 | 01:32:29 |
| Bernhard | Verena | Regensdorf | 1947 | 01:42:36 |
| Bernhardsgruetter | Ivo | Dübendorf | 1950 | 01:43:36 |
| Bernhart | Patrick | Summaprada | 1972 | 00:40:53 |
| Bersacola | Dino | Gudo | 1949 | 01:24:05 |
| Berthold | Adelina | Flugbrunnen | 1979 | 00:11:40 |
| Berthold | Martina | Flugbrunnen | 1946 | 01:42:28 |
| Berthold | Mengia | Flugbrunnen | 1979 | 00:11:14 |
| Berthoud | Marcel | Greifensee | 1945 | 01:27:47 |
| Bertschi | Erwin | Frauenfeld | 1957 | 01:37:17 |
| Bertschinger | André | Wetzikon ZH | 1965 | 01:44:54 |
| Bertschinger | Andres | Bäretswil | 1972 | 00:32:52 |
| Bertschinger | Bruno | Wetzikon ZH | 1970 | 01:44:51 |
| Berz | Paul | Wettingen | 1933 | 01:37:12 |
| Betschart | Arnold | Zugerberg | 1955 | 01:18:12 |
| Betschart | Guido | Sattel | 1951 | 01:25:38 |
| Beuchat | Herbert | Lindau | 1967 | 01:35:07 |
| Beuret | Charlotte | Basel | 1939 | 01:59:57 |
| Bhend | Ursula | Ottikon (Gossau ZH) | 1953 | 01:50:01 |
| Bianchi | Aldo | Obersaxen Affeier | 1941 | 01:25:56 |
| Bianchi | Sandro | Winterthur | 1954 | 02:09:19 |
| Bickel | Andreas | Oberglatt ZH | 1967 | 00:31:12 |
| Biedermann | Karl | Meilen | 1958 | 01:38:32 |
| Biefer | Christian | Meilen | 1947 | 01:29:42 |
| Bieler | Clelia | Samedan | 1979 | 00:10:29 |
| Bieler | Franz | Glattfelden | 1949 | 01:31:34 |
| Bieler | Gian | Samedan | 1948 | 01:31:34 |
| Bieler | Peter | Davos Platz | 1953 | 01:40:45 |
| Bieri | Hans | Zürich | 1942 | 01:39:14 |
| Bihlmann | Christine | Zürich | 1965 | 02:01:11 |
| Bill | Kurt | Kreuzlingen | 1938 | 01:56:02 |
| Binder | Brigitte | Dübendorf | 1951 | 02:03:37 |
| Binder | Fredi | Horgen | 1942 | 02:03:31 |
| Binkert | Uwe | Kuessaberg 6 | 1962 | 01:35:35 |

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|----------------|--------------|-----------------------|------|----------|
| Bischof | Cornelia | Knonau | 1959 | 00:38:31 |
| Bischof | Gebhard | Fällanden | 1944 | 00:36:42 |
| Bischof | Medard | Fällanden | 1968 | 00:34:07 |
| Bischofberger | Maria | Uster | 1953 | 00:31:56 |
| Bischofberger | Rolf | Feldmeilen | 1946 | 01:51:05 |
| Bischoff | Kurt | Bülach | 1943 | 01:18:44 |
| Bischoff | Peter | Zürich | 1928 | 01:46:56 |
| Bissegger | Daniel | Uster | 1976 | 00:30:05 |
| Bissegger | Max | Niederbüren | 1937 | 01:34:49 |
| Bissegger | Patrick | Niederbüren | 1970 | 01:31:05 |
| Bitter | Daniel | Münchenstein | 1963 | 01:23:49 |
| Bitterli | Brigitte | Birsfelden | 1956 | 01:40:02 |
| Bitterli | Hansruedi | Birsfelden | 1954 | 01:30:45 |
| Bitterlin | Fred | Kloten | 1933 | 01:45:12 |
| Bitterlin | Urs | Kloten | 1983 | 00:12:48 |
| Bitzi | Peter | Zürich | 1957 | 01:40:40 |
| Bjarsch | Peter | Spreitenbach | 1950 | 01:35:29 |
| Blaettler | Toni | Bonstetten | 1948 | 01:38:54 |
| Blaeuer | Noldi | Eglisau | 1943 | 01:22:15 |
| Blank | Sacha-Adrian | Bern | 1974 | 01:44:41 |
| Blaser | Beat | Herzogenbuchsee | 1953 | 01:42:42 |
| Blaser | Hansruedi | Bremgarten b. Bern | 1949 | 00:32:28 |
| Blaser | Margrit | Herzogenbuchsee | 1951 | 00:41:00 |
| Blaser | Markus | Zürich | 1960 | 01:29:49 |
| Blaser | Nadia | Hombrechtikon | 1971 | 01:49:41 |
| Blaser | Pia | Aeschi SO | 1952 | 00:36:24 |
| Blaser | Urs | Unterengstringen | 1954 | 01:43:32 |
| Blatter | Hans | Frauenfeld | 1956 | 01:44:38 |
| Blatter | Robert | Wermatswil | 1950 | 01:41:00 |
| Blatter | Roger | Dietlikon | 1954 | 00:33:29 |
| Blätter | Rolf | Uetikon am See | 1952 | 01:45:27 |
| Blatti | Alfred | Zürich | 1942 | 01:34:23 |
| Blättler | Mei | Stallikon | 1976 | 00:30:00 |
| Blattmann | Andreas | Obfelden | 1959 | 01:23:20 |
| Blattmann | Cécile | Galgenen | 1956 | 01:31:59 |
| Blattmann | Gaby | Oberägeri | 1966 | 01:39:50 |
| Bleeker | Cees | Davos Platz | 1962 | 01:15:15 |
| Bleesz | Ernst | Wolfhausen | 1931 | 01:49:10 |
| Bleesz | Werner | Hombrechtikon | 1962 | 01:44:55 |
| Bleichenbacher | Juerg | Zürich | 1961 | 01:13:29 |
| Bleiker | Rolf | Zürich | 1966 | 01:29:57 |
| Blickensdorfer | Hans | Dübendorf | 1945 | 00:38:30 |
| Blindenbacher | Myrtha | Stadel b. Niederglatt | 1956 | 00:40:32 |
| Blöchliger | Hans | Greifensee | 1946 | 01:55:21 |
| Blum | Edgar | Niederrohrdorf | 1951 | 01:41:20 |
| Blum | Grete | Uster | 1944 | 01:59:59 |
| Blum | Jolanda | Alchenstorf | 1971 | 01:36:14 |
| Blumer | Liselotte | Basel | 1957 | 01:52:05 |
| Bochsler | Jean-Pierre | Boudry | 1940 | 02:08:48 |
| Bodmer | Peter | Schwerzenbach | 1959 | 01:26:03 |
| Boegli | Werner | Bergdietikon | 1953 | 01:48:00 |
| Boegli | Werner | Buchs ZH | 1960 | 01:35:52 |
| Boehm | Christian | Schaffhausen | 1967 | 01:12:54 |
| Boehm | Ralph | Neuhausen am Rheinfl | 1962 | 01:35:50 |

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|------------|--------------|------------------------|------|----------|
| Boelke | Helmut | Birsfelden | 1938 | 01:25:56 |
| Boeni | Kurt | St. Gallen | 1949 | 01:41:40 |
| Boeni | Theodor | Zürich | 1931 | 02:19:05 |
| Boerlin | Peter | Uster | 1957 | 01:23:55 |
| Boesiger | Walter | Niederbipp | 1954 | 01:23:58 |
| Boetschi | Kurt | Grafstal | 1951 | 01:35:02 |
| Böhm | Juliette | Buchs ZH | 1930 | 00:47:02 |
| Bohren | Albert | Wolfhausen | 1946 | 01:25:32 |
| Boksberger | Jörg | Zürich | 1961 | 01:36:16 |
| Bolfing | Bruno | Eschenbach SG | 1965 | 02:05:14 |
| Bollag | Taly | Egg b. Zürich | 1982 | 00:11:28 |
| Boller | Erika | Mönchaltorf | 1948 | 02:06:25 |
| Bolliger | André | Bassersdorf | 1953 | 01:46:11 |
| Bolliger | Erwin | Kollbrunn | 1952 | 02:01:32 |
| Bolliger | Thomas | Kirchleerau-Moosleerau | 1974 | 01:45:38 |
| Bollmann | Peter | Uster | 1955 | 01:28:44 |
| Bolt | Ernst | Zürich | 1952 | 01:45:53 |
| Bonalli | Yvonne | Zollikon Dorf | 1929 | 02:10:06 |
| Bonato | Dario | Zürich | 1965 | 01:37:32 |
| Bonomelli | Alberto | Winterthur | 1959 | 01:37:02 |
| Bonorand | Mario | Weiningen ZH | 1943 | 01:45:22 |
| Bont | Christian | Gams | 1959 | 02:01:01 |
| Boos | Markus | Au ZH | 1954 | 01:54:38 |
| Bordin | Christian | Sargans | 1977 | 00:30:23 |
| Borer | Heinz | Bülach | 1949 | 01:23:34 |
| Born | Alice | Uster | 1965 | 00:38:13 |
| Born | Harry | Uster | 1963 | 00:35:14 |
| Bornhauser | Peter | Bern | 1955 | 01:31:10 |
| Borra | Mario | Schwerzenbach | 1960 | 01:59:33 |
| Bors | Jeanette | Fällanden | 1967 | 00:38:34 |
| Borst | Cornelis | Uzwil | 1939 | 01:17:14 |
| Bösch | Arthur | Ermensee | 1952 | 01:20:35 |
| Bösch | Cyril | Bülach | 1983 | 00:12:03 |
| Bösch | Dieter | Oltten | 1963 | 01:42:33 |
| Bösch | Hansruedi | Bassersdorf | 1948 | 01:33:56 |
| Bösch | Jakob | Aadorf | 1952 | 01:26:03 |
| Bösch | Jürg | Schlieren | 1942 | 01:26:20 |
| Bösch | Peter | Zürich | 1942 | 01:26:45 |
| Bossard | Urs | Wädenswil | 1952 | 01:46:47 |
| Bossart | Beat | Amriswil | 1967 | 01:32:22 |
| Bosshard | Beatrice | Winterthur | 1960 | 00:34:38 |
| Bosshard | Irma | Winterthur | 1925 | 00:50:54 |
| Bosshard | Jennifer | Hinteregg | 1980 | 00:12:12 |
| Bosshard | Lisa | Winterthur | 1985 | 00:17:06 |
| Bosshard | Max | Bonstetten | 1945 | 02:09:27 |
| Bosshard | Peter | Bubikon | 1955 | 01:54:14 |
| Bosshard | Remo | Winterthur | 1985 | 00:13:58 |
| Bosshard | Stefan | Bülach | 1961 | 01:32:42 |
| Bosshard | Urs | Winterthur | 1958 | 02:16:42 |
| Bosshard | Werner | Brüttisellen | 1952 | 00:35:19 |
| Bottani | Marie-Louise | Dübendorf | 1948 | 00:44:45 |
| Bouvier | Mario | Chavannes-près-Renens | 1949 | 01:56:07 |
| Braesch | Othon | Muntzenheim | 1941 | 01:32:55 |
| Brand | Christine | Feldmeilen | 1968 | 01:51:37 |

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|---------------------|------------|-----------------------|------|----------|
| Brand | Teres | Greifensee | 1950 | 01:56:31 |
| Brand | Thomas | Hinwil | 1959 | 01:37:59 |
| Brand | Uwe | Chur | 1969 | 01:36:41 |
| Brandenburg | Walter | Seengen | 1946 | 02:14:05 |
| Brändle | Eduard | Hittnau | 1930 | 01:56:29 |
| Brändli | Markus | Hinteregg | 1947 | 01:42:27 |
| Brändli | Sylvia | Dübendorf | 1979 | 00:12:19 |
| Brändli | Walter | Dübendorf | 1943 | 02:20:43 |
| Brandstetter | Luzia | Walenstadt | 1957 | 02:07:35 |
| Brass | Günther | Singen | 1930 | 01:24:14 |
| Bratschi | Hans-Peter | Zürich | 1960 | 01:38:13 |
| Brauch | Irma | Volketswil | 1939 | 00:41:10 |
| Brauch | Jakob | Volketswil | 1936 | 01:57:15 |
| Braun | Benno | Mönchaltorf | 1948 | 01:46:13 |
| Braun | Paul | Algetshausen | 1948 | 01:23:11 |
| Bregy | Nicole | Zürich | 1962 | 01:57:15 |
| Breitenmoser | Sonja | Adetswil | 1952 | 01:47:59 |
| Breitenmoser | Thomas | Wetzikon ZH | 1968 | 01:29:43 |
| Breitenmoser-Sutter | Antonia | Appenzell | 1960 | 00:30:25 |
| Breiter | Urs | Oetwil am See | 1951 | 01:26:54 |
| Brem | Gabi | Uster | 1965 | 00:46:32 |
| Brem | Roland | Dietikon | 1974 | 00:35:51 |
| Brenn | Jürg | Zürich | 1950 | 01:23:36 |
| Brette | Doris | Mönchaltorf | 1949 | 00:37:42 |
| Breu | Willy | Volketswil | 1942 | 01:21:39 |
| Briner | Hansueli | Buchs ZH | 1943 | 01:27:26 |
| Britt | Ernst | Bazenheid | 1931 | 01:53:20 |
| Britt | Esther | Zürich | 1961 | 01:53:15 |
| Brodbeck | Claudia | Reinach BL | 1971 | 00:33:57 |
| Broder | Willi | Dübendorf | 1936 | 02:06:14 |
| Brönnimann | Albert | Veltheim AG | 1947 | 01:28:55 |
| Bruder | Claus | Herrliberg | 1957 | 01:33:38 |
| Bruder | Markus | Siebnen | 1955 | 01:44:10 |
| Bruegger | Lotte | Volketswil | 1937 | 00:47:03 |
| Bruehlmann | Bernhard | Lohn SH | 1960 | 01:19:26 |
| Bruehlmann | Sandra | Wallisellen | 1965 | 00:45:08 |
| Bruendler | Ida | Ebmatingen | 1951 | 02:05:48 |
| Bruengger | Emil | Gümligen | 1947 | 01:52:27 |
| Bruetsch | Franziska | Schaffhausen | 1954 | 01:53:16 |
| Bruggisser | Urs | Nänikon | 1983 | 00:13:00 |
| Bruggmann | Fabrice | Schlieren | 1973 | 01:40:49 |
| Brühwiler | Rolf | Zürich | 1968 | 01:42:27 |
| Brumann | Esther | Winterthur | 1947 | 01:56:13 |
| Brumann | Josef | Tann | 1951 | 01:29:13 |
| Brun | Hans | Thalwil | 1960 | 01:24:46 |
| Brun | Mirjam | Zürich | 1966 | 00:39:13 |
| Brun | Rene | Fontannen b. Wolhusen | 1954 | 01:30:38 |
| Brun | Robert | Esslingen | 1935 | 01:37:23 |
| Brunhart | Marc | Uster | 1967 | 01:24:15 |
| Brunner | Barbara | Mönchaltorf | 1955 | 00:39:57 |
| Brunner | Beno | Uster | 1970 | 01:22:30 |
| Brunner | David | Chur | 1976 | 00:33:41 |
| Brunner | Erich | Rheinau | 1976 | 00:36:06 |
| Brunner | Erich | Hombrechtikon | 1959 | 01:50:03 |

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|----------------|----------|-------------------|------|----------|
| Brunner | Franz | Nürens Dorf | 1945 | 01:39:06 |
| Brunner | Gerhard | Döttingen | 1955 | 01:45:43 |
| Brunner | Hans | Winterthur | 1966 | 00:35:26 |
| Brunner | Judith | Steckborn | 1950 | 01:58:40 |
| Brunner | Karl | Ebnat-Kappel | 1956 | 01:15:09 |
| Brunner | Othmar | Wangen ZH | 1958 | 00:37:12 |
| Brunner | Peter | Steckborn | 1941 | 01:48:45 |
| Brunner | Peter | St. Gallen | 1958 | 01:28:54 |
| Brunner | Peter | Olten | 1955 | 01:16:52 |
| Brunner | Roly | Rheinau | 1952 | 01:37:12 |
| Brunner | Ueli | Chur | 1950 | 01:16:10 |
| Brunner | Urs | Rheinau | 1980 | 00:11:06 |
| Brunner | Walter | Chur | 1955 | 01:30:30 |
| Brunner | Wilhelm | Wetzikon ZH | 1948 | 02:02:55 |
| Brunschweiler | Josef | Urdorf | 1951 | 01:29:21 |
| Brütsch | Markus | Büttenhardt | 1962 | 01:26:34 |
| Bryner | Martin | Longirod | 1958 | 01:51:30 |
| Bryner | Rolf | Embrach | 1945 | 01:37:27 |
| Bryner-Elsener | Beatric | Longirod | 1962 | 00:36:52 |
| Buchegger | Margrit | Altendorf | 1942 | 00:42:50 |
| Bucher | Alfred | Hegnau | 1942 | 01:49:49 |
| Bucher | Markus | Schwerzenbach | 1949 | 01:56:08 |
| Bucher | Silvi | Hegnau | 1940 | 01:58:05 |
| Bucher | Walter | Mönchaltorf | 1947 | 00:41:13 |
| Buchhofer | Barbara | Rapperswil SG | 1970 | 00:45:06 |
| Büchi | Heinz | Uster | 1953 | 01:37:25 |
| Büchi | Rouven | Hittnau | 1982 | 00:11:56 |
| Buchmann | Ernst | Esslingen | 1949 | 01:36:41 |
| Buchmann | Heinz | Bözberg | 1957 | 01:58:42 |
| Buchmann | Patrick | Räterschen | 1969 | 01:23:46 |
| Buchmann | Remo | Stäfa | 1973 | 01:34:21 |
| Buchmayer | Joerg | Niederbuchsiten | 1958 | 01:24:08 |
| Buchschacher | Edith | Zürich | 1944 | 02:06:31 |
| Buchser | Guido | Dottikon | 1952 | 01:45:11 |
| Buchser | Markus | Bern | 1951 | 01:40:42 |
| Buechel | Ivo | Eschenz | 1961 | 01:40:55 |
| Buechel | Paul | St. Margrethen SG | 1958 | 01:16:28 |
| Buechi | Adrian | Uster | 1983 | 00:11:30 |
| Buecken | Marco | Mollis | 1971 | 00:26:39 |
| Buehler | Daniela | Feldmeilen | 1961 | 00:41:23 |
| Buehler | Dorothea | Sasbachwalden | 1947 | 01:51:37 |
| Buehlmann | Daniel | Zürich | 1967 | 01:51:10 |
| Buehlmann | Veronica | Boswil | 1964 | 02:03:56 |
| Buehrer | Markus | Thayngen | 1962 | 01:35:46 |
| Buerer | Heinrich | Zürich | 1950 | 02:41:32 |
| Buerge | Marco | Chur | 1969 | 01:29:23 |
| Buergi | Daniel | Zuzwil SG | 1966 | 01:35:30 |
| Buergi | Daniel | Freienbach | 1961 | 01:14:49 |
| Buergis | Ruth | Frauenfeld | 1951 | 02:05:16 |
| Buergisser | Balz | Zürich | 1953 | 01:34:20 |
| Buergisser | Sigi | Zürich | 1921 | 01:46:33 |
| Buergler | Meinrad | Einsiedeln | 1946 | 01:25:14 |
| Buerkler | Markus | Bottmingen | 1959 | 01:38:27 |
| Bueschlen | Claire | Adelboden | 1950 | 01:54:32 |

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|------------|-----------|------------------|------|----------|
| Bueschlen | Niklaus | Adelboden | 1953 | 01:21:30 |
| Buess | Heinrich | Basel | 1940 | 01:49:43 |
| Buess | Jaqueline | Arllesheim | 1965 | 00:41:43 |
| Buetikofer | Juerg | Liestal | 1952 | 01:34:57 |
| Buetikofer | Regina | Bubendorf | 1956 | 01:35:46 |
| Bugmann | Daniel | Weisslingen | 1957 | 01:30:32 |
| Bühler | Daniel | Hochfelden | 1967 | 01:31:04 |
| Bühler | Valentin | Zürich | 1962 | 01:44:44 |
| Bühlmann | Ernst | Küsnacht ZH | 1943 | 01:30:04 |
| Bührer | Paul | Stäfa | 1942 | 01:21:52 |
| Burckhardt | Martin | Basel | 1950 | 01:25:30 |
| Burger | Dominik | Uster | 1963 | 01:28:06 |
| Burger | René | Kleinandelfingen | 1960 | 01:33:22 |
| Buri | Brigitte | Pfaffhausen | 1964 | 01:36:19 |
| Burkhalter | Ernst | Uster | 1953 | 02:02:27 |
| Burkhalter | Pascal | Uster | 1982 | 00:12:33 |
| Burkhalter | Peter | Reinach BL | 1943 | 01:51:16 |
| Burkhard | Dieter | Gwatt (Thun) | 1955 | 01:27:29 |
| Burkhard | Emil | Greifensee | 1943 | 01:45:22 |
| Burkhard | Max | Fällanden | 1935 | 02:03:34 |
| Bürki | Monika | Pratteln | 1948 | 00:38:50 |
| Burri | Walter | Feldmeilen | 1953 | 01:48:30 |
| Burtscher | Franz | Thalwil | 1958 | 01:50:55 |
| Buser | Armin | Buchs AG | 1944 | 00:39:10 |
| Buser | Gregor | Zürich | 1972 | 01:27:13 |
| Busmann | Beat | Riehen | 1961 | 01:45:10 |
| Büsser | Bruno | Rüti ZH | 1958 | 01:41:10 |
| Caderas | Moritz | Hinteregg | 1937 | 01:33:39 |
| Caderas | Renato | Pfäffikon SZ | 1970 | 01:32:40 |
| Cadosch | Basil | Basel | 1985 | 00:14:23 |
| Cadosch | Hansruedi | Watt | 1956 | 01:44:25 |
| Cafilisch | Felix | Trin Mulin | 1955 | 01:48:33 |
| Cafilisch | Maurus | Trin Mulin | 1981 | 00:12:34 |
| Cahenzli | Stefan | Trin Mulin | 1968 | 00:39:40 |
| Caimi | Marco | Basel | 1962 | 01:16:51 |
| Cajacob | Angela | Landquart | 1975 | 00:50:55 |
| Cajacob | Benedikt | Landquart | 1944 | 01:25:52 |
| Cajacob | Chatrina | Landquart | 1950 | 00:58:22 |
| Calabrese | Vincenzo | Greifensee | 1956 | 01:51:29 |
| Calatayud | Elisabeth | Ecublens VD | 1952 | 00:44:47 |
| Camastral | Andreas | Felsberg | 1962 | 01:10:02 |
| Camathias | Gion | Chur | 1955 | 01:26:18 |
| Camenzind | Gerhard | Einsiedeln | 1939 | 01:53:21 |
| Camenzind | Nicole | Einsiedeln | 1973 | 00:45:47 |
| Camerata | Carmelo | Schaffhausen | 1947 | 01:35:37 |
| Camilli | Fabio | Villmergen | 1981 | 00:11:54 |
| Camilli | Franco | Villmergen | 1949 | 01:35:11 |
| Caminada | Sereina | Rhözüns | 1974 | 01:25:42 |
| Campbell | Jeffrey | Zollikerberg | 1958 | 01:31:41 |
| Campigotto | Gianni | Dietlikon | 1953 | 01:55:22 |
| Capaul | Carlo | Zürich | 1957 | 01:42:34 |
| Caplazi | Leo | Chur | 1941 | 01:50:51 |
| Caplazi | Nino | Chur | 1973 | 01:56:18 |
| Capoul | Maurus | Zürich | 1961 | 01:21:48 |

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|----------------|--------------|----------------------|------|----------|
| Cappelari | Guglielmo | Gams | 1963 | 01:11:14 |
| Car | Bruce | Maur | 1961 | 01:46:29 |
| Carigiet | Silvio | Tavanasa | 1961 | 01:23:12 |
| Carli | Michel | Volketswil | 1973 | 00:32:28 |
| Casal | Andreas | Samedan | 1954 | 01:31:44 |
| Casal | Claudio | Samedan | 1979 | 00:10:46 |
| Casal | Marco | Samedan | 1982 | 00:11:15 |
| Casuri | Marco | Jona | 1938 | 02:04:54 |
| Casutt | Fernando | Schleuis | 1967 | 01:38:16 |
| Casutt | Hanspeter | Schleuis | 1964 | 01:42:14 |
| Catania | Giuseppe | Sargans | 1933 | 01:59:48 |
| Ceriani | Angelo | Hirzel | 1956 | 01:43:37 |
| Ceriani-Oswald | Rösli | Wädenswil | 1956 | 01:57:05 |
| Cervenka | Vaclav | Volketswil | 1942 | 01:56:41 |
| Chassot | Michel | Lausanne | 1955 | 01:30:34 |
| Chatton | Dominique | Zürich | 1946 | 01:48:54 |
| Chevalley | Christian | Lausanne | 1950 | 01:31:08 |
| Chew-Heer | Elsbeth | Jona | 1948 | 02:11:58 |
| Chistell | Peter | Wallisellen | 1948 | 01:42:04 |
| Christ | Gerold | Kriens Sternmatt | 1966 | 01:47:16 |
| Christen | David | Gattikon | 1969 | 01:54:19 |
| Christen | Hansruedi | Thalwil | 1943 | 00:36:49 |
| Christen | Ueli | Wiezikon bei Sirnach | 1944 | 01:43:17 |
| Christen | Urs | Wohlen AG | 1963 | 01:07:33 |
| Christen | Ursula | Bern | 1960 | 01:36:15 |
| Ciccone | Angelo | Winterthur | 1947 | 00:35:47 |
| Cicero | Salvatore | Mönchaltorf | 1967 | 00:40:38 |
| Cichos | Andrea | Konstanz | 1964 | 00:39:00 |
| Cina | Litterio | Gossau ZH | 1947 | 01:38:11 |
| Clement | Martin | Zürich | 1972 | 01:34:46 |
| Clemente | Manuel | Ribeauville | 1949 | 01:18:46 |
| Clerc | Alain Didier | Bern | 1972 | 00:38:33 |
| Clerc | Thomas | Zürich | 1964 | 01:54:00 |
| Clerici | Werner | Rikon im Tösstal | 1942 | 01:32:19 |
| Cloos | Raymond | Mönchaltorf | 1951 | 00:37:50 |
| Collenberg | Luis | Bonaduz | 1961 | 01:29:09 |
| Colpi | Simone | Dällikon | 1973 | 00:37:27 |
| Columberg | Gieri | Zürich | 1966 | 01:18:23 |
| Comincioli | Martin | Danis | 1975 | 00:33:36 |
| Command | Jean Michel | Wallisellen | 1954 | 01:20:37 |
| Condrau | Leo | Baden | 1949 | 01:50:22 |
| Conrad | Maria | Rodels | 1957 | 01:27:56 |
| Constantino | Ares | Walenstadt | 1955 | 01:26:56 |
| Coray | Vendelin | Zürich | 1965 | 00:28:47 |
| Cordes | Theres | Feldmeilen | 1952 | 00:42:01 |
| Cornu | Raymond | Zofingen | 1944 | 01:54:13 |
| Cortesi | Rolf | Wald ZH | 1975 | 01:43:50 |
| Corti | Cesare | Oberengstringen | 1940 | 01:40:49 |
| Cotti | Claudio | Pfeffingen | 1967 | 01:35:32 |
| Cottraux | Stephane | Wettswil | 1973 | 01:30:50 |
| Courvoisier | Jojn | Vernier | 1965 | 01:31:27 |
| Cronk | Wallace | Zürich | 1947 | 01:56:59 |
| Crottaz | Bernard | Muraz (Sierre) | 1941 | 01:21:56 |
| Cuche | Franziska | Le Pâquier NE | 1952 | 01:27:33 |

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|---------------|-------------|------------------------|------|----------|
| Cueni | Urs | Muri AG | 1967 | 00:35:09 |
| Cuennet | Jean-Marie | Tentlingen | 1961 | 01:07:05 |
| Cvorovic | Mitar | Pontresina | 1946 | 01:28:25 |
| Da Rin | Franz | Schaffhausen | 1949 | 01:30:56 |
| Daehler | Bruno | Gais | 1964 | 01:13:59 |
| Daenzer | Phil | Zürich | 1945 | 00:38:40 |
| Dagger | Tony | Kilchberg ZH | 1956 | 01:31:41 |
| Dagon | Claude | Lussy Is Morges | 1945 | 01:53:05 |
| Dahan | Ilan | Zürich | 1942 | 01:27:55 |
| Dahinden | Marianne | Luzern | 1924 | 02:11:11 |
| Dal Molin | Sandra | Sursee | 1968 | 00:36:49 |
| Dall Acqua | Silvio | St. Gallen | 1964 | 01:17:48 |
| Dall'Aglio | Francois | Zürich | 1963 | 01:47:01 |
| Dalmer | Dieter | Konstanz | 1939 | 01:27:25 |
| Dalmer | Sabine | Konstanz | 1975 | 00:37:01 |
| Damaso | Ivo | Pontresina | 1966 | 01:26:22 |
| Dambach | René | Niederglatt ZH | 1969 | 01:22:15 |
| Dänzer | Hans | Uster | 1943 | 01:36:03 |
| Däppen | Hans | Zürich | 1949 | 02:09:37 |
| Dardelet | Jean | Esslingen | 1960 | 01:38:53 |
| Däuber | Thomas | Wetzikon ZH | 1964 | 01:42:42 |
| De Bernardis | Edy | Iseo | 1944 | 02:16:39 |
| De Francisci | Eva | Herschmettlen | 1961 | 00:42:56 |
| De Francisci | Rosario | Herschmettlen | 1957 | 01:31:40 |
| De Maria | Marco | Wald ZH | 1981 | 00:11:58 |
| De Pizzol | Reto | St. Gallenkappel | 1959 | 01:37:29 |
| De Santis | Fernando | Niederbipp | 1947 | 01:30:39 |
| De Senarclens | René | Dällikon | 1969 | 02:15:59 |
| De Toffol | Rino | Frauenfeld | 1951 | 01:33:10 |
| De Vettori | Mario | Neuhausen am Rheinfall | 1962 | 01:43:17 |
| Decasper | Carlo | Chur | 1962 | 01:42:07 |
| Decurtins | Arthur | Herrliberg | 1949 | 01:42:37 |
| Decurtins | Claudio | Herrliberg | 1986 | 00:16:03 |
| Decurtins | Mariann | Herrliberg | 1954 | 01:50:57 |
| Decurtins | Nico | Zürich | 1984 | 00:11:38 |
| Defago | Jean-Blaise | Villars-sur-Glâne | 1962 | 01:27:54 |
| Degen | Eduard | Titterten | 1946 | 01:35:35 |
| Deissler | Clemens | Konstanz | 1958 | 00:34:05 |
| Della Rossa | Hanspeter | Siebnen | 1954 | 01:42:13 |
| Dellenbach | Jean-Marc | Logelbach | 1958 | 01:48:46 |
| Dellsberger | Urs | Muri b. Bern | 1963 | 01:07:52 |
| De-Maria | Aldo | Wald ZH | 1983 | 00:12:36 |
| De-Maria | Franziska | Wald ZH | 1957 | 00:33:17 |
| Demuth | Stefan | Hüntwangen | 1983 | 00:14:06 |
| Denier | Armin | Rapperswil SG | 1961 | 01:18:37 |
| Denier | Georges | Jona | 1935 | 01:35:39 |
| Dennenmoser | Fredi | Stäfa | 1953 | 00:32:44 |
| Denz | Andreas | Dielsdorf | 1963 | 01:34:39 |
| Denzler | Rosmarie | Uster | 1953 | 00:37:04 |
| Derungs | Armin | Chur | 1944 | 02:25:25 |
| Dervey | Hans-Ruedi | Hinwil | 1951 | 01:40:03 |
| Desax | Diego | Rümlang | 1970 | 01:20:15 |
| Dettwiler | Heidi | Hinterkappelen | 1942 | 01:49:55 |
| Deus | Angelika | Küsnacht ZH | 1965 | 01:49:14 |

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|--------------|--------------|-------------------------|------|----------|
| Di Stasio | Piero | Rhätzens | 1981 | 00:11:03 |
| Diamanti | Giuseppe | Wettingen | 1951 | 01:12:10 |
| Diener | Heinz | Zürich | 1938 | 01:46:30 |
| Diener | Markus | Gossau ZH | 1961 | 01:26:34 |
| Diener | Peter | Bertschikon (Gossau ZH) | 1953 | 01:30:35 |
| Diener | Susanna | Gossau ZH | 1962 | 00:43:33 |
| Dieterle | Johannes | Uster | 1962 | 00:26:09 |
| Diethelm | Ernst | Dübendorf | 1942 | 01:46:43 |
| Diethelm | Stefan | Schwerzenbach | 1966 | 01:22:35 |
| Dietiker | Hugo | Mellingen | 1947 | 01:40:54 |
| Dietiker | Roger | Binningen | 1946 | 01:52:20 |
| Dietsche | Waldruth | Kriessern | 1954 | 01:24:23 |
| Dietschi | Myrta | Fehraltorf | 1939 | 00:48:40 |
| Dietschi | Toni | Drachslau | 1937 | 01:40:30 |
| Dietschi | Urs | Mönchaltorf | 1943 | 01:50:38 |
| Diezi | Christa | Zürich | 1979 | 00:10:11 |
| Diezi | Lynne | Uster | 1950 | 00:39:06 |
| Diggelmann | Christian | Küsnacht ZH | 1961 | 01:33:25 |
| Diggelmann | Paul | Zürich | 1951 | 01:23:26 |
| Dinkel | Thomas | Gattikon | 1959 | 01:48:03 |
| Dintheer | Heinrich | Spiezwiler | 1927 | 01:43:19 |
| Diolaiuti | Sandra | Uetikon am See | 1968 | 00:37:31 |
| Disch | Markus | Wallisellen | 1970 | 02:03:25 |
| Dobler | Conny | Langeringen 2 | 1961 | 01:03:46 |
| Doerfler | Ramon | Oberrieden | 1975 | 00:28:02 |
| Doerig | Silvia | Illnau | 1955 | 01:54:24 |
| Dohr | Hans | Zürich | 1942 | 01:42:55 |
| Dolfi | Giacomo | Scuol | 1943 | 01:50:04 |
| Dolfi | Vera | Scuol | 1976 | 00:35:07 |
| Dönni | Christoph | Goldau | 1965 | 01:25:55 |
| Dormann | Rony | Mellingen | 1939 | 01:40:54 |
| Dostal | Hans | Kressbronn | 1940 | 01:41:05 |
| Dreher | Helmut | Bachenbülach | 1938 | 01:38:11 |
| Dreher | Irene | Feldmeilen | 1958 | 01:51:44 |
| Dreifuss | Philipp | Basel | 1964 | 01:28:08 |
| Dubach | Simone | Hinwil | 1983 | 00:10:40 |
| Ducret | Mariko | Magglingen/Macolin | 1966 | 01:18:40 |
| Duebendorfer | Margrit | Riedikon | 1939 | 00:39:02 |
| Duebendorfer | Matthias | Bassersdorf | 1963 | 01:43:20 |
| Duebendorfer | Monika | Volketswil | 1963 | 00:49:06 |
| Duebendorfer | Priska | Dübendorf | 1964 | 00:36:28 |
| Duer | Peter | Zürich | 1960 | 01:24:10 |
| Duerig | Heinz | Ostermundigen Rüti | 1948 | 01:35:21 |
| Duerig | Ursula | Ostermundigen Rüti | 1949 | 00:38:34 |
| Duerst | Robert | Kloten | 1946 | 01:31:26 |
| Duersteler | Heinz | Herrliberg | 1952 | 01:42:07 |
| Duff | Alfons | Uster | 1942 | 01:25:14 |
| Düggeli | Herbert | Zürich | 1961 | 01:38:22 |
| Dummermuth | Otto T. | Volketswil | 1945 | 00:39:11 |
| Dunaj | Janusz | Uster | 1947 | 01:58:53 |
| Dupuis | Jean-Jacques | Bassersdorf | 1962 | 01:35:24 |
| Dürr | Peter | Thalwil | 1961 | 01:45:25 |
| Durscher | Karl | Seuzach | 1945 | 02:01:33 |
| Dürst | Werner | Zürich | 1949 | 01:33:53 |

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|---------------|-----------|--------------------|------|----------|
| Eberhard | Erna | Bülach | 1942 | 00:40:41 |
| Eberhard | Josef | Niederuzwil | 1949 | 01:33:41 |
| Eberhart | Luise | Küsnacht ZH | 1940 | 01:52:14 |
| Eberle | Andreas | Grüt (Gossau ZH) | 1967 | 01:22:28 |
| Eberli | Heidi | Rüschlikon | 1967 | 00:44:52 |
| Eble | Berthold | Konstanz | 1960 | 01:25:28 |
| Ebner | Peter | Schongau | 1959 | 01:33:41 |
| Ecabert | Yves | Greifensee | 1953 | 01:48:53 |
| Edelmann | Curt | Kilchberg ZH | 1950 | 01:22:40 |
| Ege | Roland | Rottweil | 1950 | 01:25:54 |
| Eggenberger | Sibylle | Gutenswil | 1972 | 00:40:56 |
| Egger | Catherine | Uster | 1962 | 00:32:51 |
| Egger | Daniel | St. Gallen | 1962 | 01:38:25 |
| Eggerschwiler | Hansjoerg | Erlenbach ZH | 1944 | 01:38:13 |
| Eggs | Marco | Wermatswil | 1964 | 01:22:51 |
| Eggs | Monica | Uster | 1968 | 00:43:16 |
| Egli | Alois | Winterthur | 1963 | 01:19:14 |
| Egli | Beata | Goldiwil (Thun) | 1967 | 00:41:24 |
| Egli | Christian | Stäfa | 1950 | 01:24:11 |
| Egli | Daniel | Richterswil | 1979 | 00:11:25 |
| Egli | Elisabeth | Zürich | 1960 | 00:44:26 |
| Egli | Gabriela | Richterswil | 1977 | 00:39:07 |
| Egli | Hanspeter | Wermatswil | 1964 | 01:37:22 |
| Egli | Robert | Gossau ZH | 1942 | 01:51:26 |
| Egli | Stefan | Russikon | 1963 | 01:40:53 |
| Egli | Werner | Wermatswil | 1957 | 00:32:16 |
| Ehrat | Stefan | Schaffhausen | 1965 | 01:42:38 |
| Ehrbar | Fritz | Küsnacht ZH | 1933 | 02:07:04 |
| Ehrbar | Theo | Hombrechtikon | 1953 | 01:30:20 |
| Ehrensberger | Anita | Zumikon | 1967 | 00:39:49 |
| Ehrhard | Andre | Wettingen | 1946 | 01:28:08 |
| Eichenberger | Christa | Dübendorf | 1964 | 01:36:16 |
| Eichenberger | Kurt | Seon | 1958 | 01:21:38 |
| Eicher | Denise | Richterswil | 1961 | 00:38:00 |
| Eicher | Karl | Hinwil | 1951 | 01:25:27 |
| Eichhorn | Ernst | Zürich | 1946 | 00:43:55 |
| Eichhorn | Urs | Zürich | 1978 | 00:10:36 |
| Eidam | Anouke | Ebmatingen | 1979 | 00:11:48 |
| Eidam | Cyrill | Zürich | 1981 | 00:42:13 |
| Eidam | Konrad | Ebmatingen | 1945 | 01:52:03 |
| Eidam | Konrad | Schwerzenbach | 1977 | 00:42:09 |
| Eisenhut | Konrad | Adliswil | 1948 | 01:35:57 |
| Eisenhut | Rosmarie | Adliswil | 1956 | 00:44:12 |
| Eisler | Richard | Zürich | 1954 | 01:33:51 |
| Elbischger | Joy | Egg b. Zürich | 1964 | 01:29:50 |
| Eller | Ruth | Altdorf UR Rynächt | 1949 | 01:47:02 |
| Elliker | Bruno | Niederuzwil | 1938 | 01:18:41 |
| Elmer | Dieter | Glarus | 1960 | 01:10:34 |
| Elmer | Hans | Elm | 1961 | 01:13:34 |
| Elmiger | Alice | Rain | 1966 | 01:38:22 |
| Elsener | Anton | Klingnau | 1932 | 01:31:43 |
| Elsener | Charly | Langnau am Albis | 1943 | 01:41:58 |
| Emery | Catherine | Lens | 1971 | 02:06:54 |
| Emery | Kris | Dübendorf | 1947 | 01:59:56 |

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|---------------|---------------|--------------|------|----------|
| Emmenegger | Dorothea | Schmerikon | 1956 | 01:53:48 |
| Enderle | Claude | Zürich | 1956 | 01:25:58 |
| Enderli | Ernst | Kloten | 1933 | 01:34:59 |
| Engelhardt | Erwin | Stäfa | 1947 | 01:33:12 |
| Engeli | Rita | Wetzikon ZH | 1943 | 00:39:41 |
| Engesser | Barbara | Dübendorf | 1971 | 00:52:59 |
| Engesser | Daniel | Dübendorf | 1974 | 00:34:46 |
| Enz | Margrith | Oberrieden | 1942 | 02:01:23 |
| Enz | Rudolf | Oberrieden | 1950 | 01:44:14 |
| Enz | Thomas | Zürich | 1952 | 01:40:09 |
| Enzler | Marcel | Uster | 1970 | 01:17:57 |
| Epp | Martin | Uster | 1970 | 01:51:11 |
| Erb | Erika | Steffisburg | 1946 | 02:00:08 |
| Ercolani | Marco | Basel | 1964 | 01:40:21 |
| Erne | Beat | Riniken | 1963 | 01:33:57 |
| Erne | Claudia | Olten | 1967 | 00:33:10 |
| Erni | Christian | Trin Mulin | 1962 | 00:39:39 |
| Erni | Claudia | Trin Mulin | 1964 | 00:44:38 |
| Erni | Josef | Winterthur | 1942 | 01:53:27 |
| Erni | Roger | Zürich | 1962 | 01:17:55 |
| Ernst | Arthur | Erlenbach ZH | 1919 | 00:44:43 |
| Ernst | Manfred | Horgen | 1937 | 00:39:36 |
| Ernst | Margrit | Moosleerau | 1947 | 01:42:31 |
| Erny | Judith | Nürensdorf | 1949 | 00:40:12 |
| Erwin | Philipp | Zürich | 1934 | 01:30:36 |
| Eschbach | Lukas | Tann | 1968 | 01:33:47 |
| Escher | André | Glis | 1956 | 01:23:54 |
| Estermann | Alfons | Bern | 1941 | 01:39:02 |
| Etter | Bernhard | Mönchaltorf | 1948 | 01:58:26 |
| Etter | Gabriela | Alterswiler | 1959 | 02:07:28 |
| Etter | Heini | Glarus | 1941 | 00:29:34 |
| Etter | Kurt | Jona | 1943 | 01:36:34 |
| Eugster | Alex | Fällanden | 1937 | 02:10:55 |
| Eugster | Daniel | Volketswil | 1973 | 00:27:55 |
| Eugster | Hans | Rüschlikon | 1945 | 01:38:50 |
| Eugster | Hansruedi | Volketswil | 1943 | 01:38:42 |
| Eugster | Josy | Fällanden | 1942 | 02:02:59 |
| Eugster | Walter | Hegnau | 1946 | 01:31:49 |
| Evans | Gareth | Binz | 1936 | 01:42:21 |
| Faeh | Hanspeter | Bassersdorf | 1959 | 01:43:21 |
| Faes | Hansruedi | Au ZH | 1945 | 01:46:44 |
| Faes | Thomas | Dietikon | 1979 | 00:11:19 |
| Faes-Frommelt | Madeleine-Eva | Uster | 1958 | 00:48:18 |
| Fahrni | Martin | Einigen | 1962 | 01:37:07 |
| Faller | Frank | Bern | 1955 | 01:45:19 |
| Farner | Walter | Schlatt TG | 1948 | 01:30:55 |
| Fasnacht | Peter | Pfäffikon ZH | 1963 | 01:49:33 |
| Fasser | Martin | Zollikerberg | 1966 | 01:34:19 |
| Fässler | Hildegard | Grabs | 1951 | 01:41:13 |
| Fatzer | Alfred | Seuzach | 1945 | 01:33:43 |
| Favre | Olivier | Préverenges | 1965 | 02:00:18 |
| Fehlmann | Fredi | Wettswil | 1953 | 01:49:34 |
| Fehlmann | Monica | Wettswil | 1960 | 02:02:39 |
| Fehlmann | Werner | Zürich | 1934 | 01:54:08 |

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|--------------|------------|------------------------|------|----------|
| Fehr | Walter | Thalwil | 1953 | 00:31:55 |
| Feierabend | Manuela | Esslingen | 1970 | 00:43:20 |
| Feiler | Andreas | Gossau SG | 1956 | 01:31:18 |
| Felber | Daniel | Binz | 1960 | 00:37:22 |
| Feller | Hanspeter | Affoltern am Albis | 1948 | 01:35:20 |
| Feller | Patric | Kilchberg ZH | 1953 | 01:48:23 |
| Fellmann | Hans Peter | Nänikon | 1947 | 01:34:46 |
| Fellmann | Reinhard | Suhr | 1946 | 01:21:03 |
| Feri | Lido | Baden | 1954 | 01:23:35 |
| Fernandez | Antonio | Greifensee | 1952 | 01:36:05 |
| Fernandez | Hipolito | Gockhausen | 1959 | 01:38:56 |
| Feroce | Marcel | Gossau ZH | 1964 | 01:33:33 |
| Ferrassini | Luciano | Greifensee | 1953 | 00:32:05 |
| Fesseler | Gertrud | Neuhausen am Rheinflal | 1940 | 01:47:19 |
| Feuerstein | Andy | Bergdietikon | 1955 | 01:37:54 |
| Feurer | Ernst | Pfäffikon ZH | 1947 | 01:17:59 |
| Feusi | Konrad | Winterthur | 1955 | 01:50:53 |
| Feusi | Peter | Greifensee | 1954 | 01:41:09 |
| Feusi | Richard | Magden | 1950 | 01:58:34 |
| Feuz | Ulrich | Schlosswil | 1954 | 01:34:22 |
| Fibla | Orestes | Kloten | 1948 | 01:38:36 |
| Fiechter | Freddy | Rümlang | 1943 | 01:21:34 |
| Fiechter | Hans | Herrliberg | 1952 | 01:35:35 |
| Fiedler | Claudius | Wetzikon ZH | 1965 | 00:32:27 |
| Fierz | Brigitte | Adliswil | 1958 | 00:38:55 |
| Fierz Gasser | Martina | Esslingen | 1972 | 01:39:29 |
| Fierz | Peter | Au ZH | 1956 | 01:37:57 |
| Filippin | Giovanni | Winterthur | 1958 | 01:30:59 |
| Filleux | Charles | Zürich | 1945 | 00:35:22 |
| Findeisen | Barbara | Zürich | 1961 | 02:05:12 |
| Fink | Arnold | Rossrüti | 1947 | 01:27:08 |
| Finsterle | Rosy | Wallisellen | 1953 | 00:41:43 |
| Fiorini | Mario | Regensdorf | 1944 | 01:44:30 |
| Fischer | Alain | St. Gallen | 1959 | 01:44:53 |
| Fischer | Anita | St. Gallen | 1953 | 00:40:59 |
| Fischer | Ernst | Winterthur | 1947 | 00:39:32 |
| Fischer | Georg | Bern | 1969 | 01:24:15 |
| Fischer | Martin | Zürich | 1959 | 01:47:24 |
| Fischer | Reto | Winterthur | 1984 | 00:14:35 |
| Fischer | Rita | Zürich | 1959 | 00:43:34 |
| Fischer | Silvio | Uster | 1957 | 01:56:00 |
| Fischer | Stefan | Uster | 1969 | 01:27:26 |
| Fischer | Vinzenz | Goldau | 1934 | 01:38:28 |
| Fischer | Werner | St. Gallen | 1935 | 00:36:54 |
| Flach | Gustav | Zürich | 1932 | 01:46:53 |
| Flachsmann | Gabi | Gossau ZH | 1955 | 01:56:20 |
| Flachsmann | Rolf | Wetzikon ZH | 1951 | 00:34:45 |
| Fleig | Isabelle | Stallikon | 1968 | 00:47:23 |
| Fleig | Kathi | Zürich | 1960 | 01:59:08 |
| Flepp | Claudio | Breil/Brigels | 1957 | 01:37:50 |
| Flisberg | Telena | Zürich | 1960 | 00:39:54 |
| Fluck | Daniel | Dietikon | 1964 | 01:33:40 |
| Flückiger | Hans | Dübendorf | 1953 | 01:43:06 |
| Flückiger | Michael | Wallisellen | 1983 | 00:12:14 |

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|------------------|-----------|-----------------------|------|----------|
| Flückiger | Sylvia | Schöftland | 1952 | 01:46:36 |
| Flückiger | Urs | Hettlingen | 1949 | 01:23:33 |
| Flueckiger | Jolanda | Burgdorf | 1968 | 01:46:12 |
| Flueckiger | Peter | Dachsen | 1942 | 01:46:13 |
| Flumini | Dario | Horgen | 1981 | 00:12:53 |
| Flumini | Margrit | Horgen | 1948 | 01:46:24 |
| Fluri | Otto | Matzendorf | 1960 | 01:43:55 |
| Fluri | Patrick | Herbetswil | 1963 | 01:27:36 |
| Flury | Rita | Andelfingen | 1982 | 00:14:22 |
| Foellmi | Arthur | Zürich | 1942 | 01:55:44 |
| Fopp | Bernhard | Malans GR | 1960 | 01:27:52 |
| Forrer | Alfred | Attikon | 1940 | 01:43:16 |
| Forrer | Ernst | Tägerwilen | 1970 | 01:32:59 |
| Forrer | Paul | Bassersdorf | 1941 | 01:27:34 |
| Forrer | Yvonne | Seuzach | 1978 | 00:37:13 |
| Forster | Helen | Kloten | 1941 | 01:43:34 |
| Fossa | Sergio | Herisau | 1966 | 01:51:40 |
| Foster | Linda | Zürich | 1953 | 02:24:48 |
| Foti | Silvio | Küsnacht ZH | 1968 | 01:44:46 |
| Franco | José | Greifensee | 1959 | 01:44:18 |
| Frank | Richard | Nürensdorf | 1951 | 00:34:15 |
| Franke | Bernhard | Sent | 1954 | 01:58:25 |
| Franke | Peter | Konstanz | 1965 | 01:36:12 |
| Frauenfelder | Brigitte | Henggart | 1976 | 00:36:33 |
| Frehner | Elisabeth | Buch b. Kümmerthausen | 1956 | 00:41:20 |
| Frehner | Michel | Mönchaltorf | 1969 | 00:33:51 |
| Frehner | Walter | Zürich | 1954 | 01:43:55 |
| Frei | Armin | Rüti ZH | 1948 | 00:33:12 |
| Frei | Claudia | Klingnau | 1954 | 00:33:20 |
| Frei | Daniel | Urtenen-Schönbühl | 1965 | 01:40:07 |
| Frei | Hermann | Kloten | 1946 | 00:34:21 |
| Frei | Marcel | Wiesendangen | 1958 | 01:36:44 |
| Frei | Max | Welsikon | 1951 | 01:33:56 |
| Frei | Paul | Klingnau | 1950 | 01:21:43 |
| Frei | Raimund | Rüti ZH | 1938 | 01:48:30 |
| Frei | Sandra | Füllinsdorf | 1970 | 01:29:45 |
| Frei | Stefan | Adliswil | 1960 | 01:49:15 |
| Frei | Stephan | Wetzikon ZH | 1975 | 00:31:45 |
| Frei | Walter | Buchs ZH | 1962 | 01:33:48 |
| Frei | Walter | Wetzikon ZH | 1943 | 00:36:14 |
| Frei | Willi | Unterendingen | 1942 | 01:26:50 |
| Freiburghaus | Hans | Uster | 1946 | 01:29:08 |
| Freiburghaus | Martin | Uster | 1976 | 00:29:29 |
| Frei-Hug | Ernst | Spreitenbach | 1946 | 01:37:06 |
| Freissler | Werner | Widen | 1948 | 01:33:48 |
| Fretz | Johannes | Hombrechtikon | 1941 | 01:41:49 |
| Fretz | Markus | Steinmaur | 1960 | 01:27:16 |
| Frey | Josef | Oberembrach | 1941 | 01:37:44 |
| Frey | Ruedi | Adliswil | 1959 | 01:30:43 |
| Frey-Luxemburger | Monika | Gottmadingen | 1963 | 00:47:34 |
| Frick | Emanuel | Flawil Botsberg | 1968 | 01:35:45 |
| Frick | Markus | Mörschwil | 1961 | 01:28:45 |
| Fricker | Paul | Gattikon | 1943 | 01:45:42 |
| Fricker | Walter | Wallisellen | 1949 | 01:42:06 |

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|--------------|-------------|-------------------------|------|----------|
| Frieden | Brigitta | Höri | 1956 | 00:46:50 |
| Frieden | Hans | Ebmatingen | 1955 | 01:45:59 |
| Frieden | Verena | Winterthur | 1949 | 01:53:24 |
| Friedli | Edgar | Belp | 1933 | 01:20:33 |
| Friedlos | Ralph | Galgenen | 1978 | 00:34:22 |
| Friedrich | Brigitte | Zürich | 1952 | 01:48:17 |
| Friedrich | Marcel | Bern | 1952 | 01:55:56 |
| Friesch | Peter | Zollikerberg | 1958 | 01:35:44 |
| Frigerio | Margreth | Mönchaltorf | 1955 | 00:36:36 |
| Frisch | Adrian | Winterthur | 1977 | 00:31:48 |
| Frisch | Max | Beringen | 1946 | 01:47:02 |
| Frischknecht | Ruth | Zürich | 1938 | 02:19:25 |
| Frischkopf | Richard | Küsnacht ZH | 1943 | 01:38:15 |
| Fritsche | Alex | Uster | 1946 | 01:37:57 |
| Fritschi | Karl | Uster | 1946 | 01:26:30 |
| Fritschi | Roger | Langnau am Albis | 1962 | 01:28:22 |
| Frommel | Heinz | Lindau | 1941 | 01:38:19 |
| Frueh | Hanspeter | Reutlingen (Winterthur) | 1945 | 01:39:34 |
| Frueh | Helga | Romanshorn | 1961 | 00:42:03 |
| Frueh | Peter | Dübendorf | 1948 | 01:48:34 |
| Fuchs | Hans | Brienz BE | 1950 | 01:53:09 |
| Fuchs | Hugo | Widen | 1954 | 01:37:52 |
| Fuchs | Markus | Aarau Rohr | 1967 | 01:39:12 |
| Fuchs | Sepp | Bronschhofen | 1968 | 01:28:41 |
| Fueglistaler | Bruno | Schlieren | 1963 | 01:29:24 |
| Fuerer | Andreas | Uerikon | 1971 | 00:31:00 |
| Fuerst | Hanspeter | Dietlikon | 1973 | 00:32:10 |
| Fueter | Sonja | Bern | 1957 | 00:49:31 |
| Furger | Adrian | Dietikon | 1979 | 00:12:15 |
| Furrer | Kaethy | Dachsen | 1956 | 02:07:13 |
| Furrer | Karl | Schattdorf | 1944 | 01:28:15 |
| Fürst | Willi | Hinwil | 1950 | 01:28:45 |
| Furter | Christoph | Staufen | 1960 | 01:20:51 |
| Furter | Manfred | Staufen | 1944 | 01:24:24 |
| Fuss | Bruno | Münsingen | 1944 | 01:48:05 |
| Gaeumann | Hans-Rudolf | Burgdorf | 1957 | 01:27:24 |
| Gaiser | Manfred | Klettgau | 1963 | 01:37:33 |
| Gajic | Stefica | Eggenwil | 1948 | 01:27:11 |
| Gajic | Vukasin | Eggenwil | 1942 | 01:24:52 |
| Galbier | Andreas | Volketswil | 1948 | 01:31:55 |
| Gallati | Anita | Binz | 1966 | 01:54:37 |
| Gallati | David | Netstal | 1979 | 00:11:31 |
| Gallati | Katja | Netstal | 1980 | 00:10:08 |
| Gälli | Barbara | Uster | 1961 | 02:06:30 |
| Gälli | René | Uster | 1956 | 01:21:38 |
| Galliker | Silvia | Schlatt TG | 1950 | 01:57:25 |
| Gamber | Andreas | Lichtensteig | 1953 | 01:44:03 |
| Gämiger | Erich | Henau | 1946 | 01:36:54 |
| Gamma | Beatrice | Olten | 1951 | 00:40:00 |
| Gamma | Raimund | Uetikon am See | 1957 | 01:21:57 |
| Gamper | Willi | Winterthur | 1943 | 01:30:48 |
| Gampp | Daniel | Rudolfstetten | 1953 | 01:31:36 |
| Gampp | Rosa | Rudolfstetten | 1954 | 01:45:57 |
| Ganahl | Ivor | Nänikon | 1942 | 01:27:05 |

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|----------------|-------------|-----------------|------|----------|
| Gandolfo Didio | Paolo | Hintereg | 1947 | 01:23:13 |
| Ganz | Vreni | Winterthur | 1950 | 00:38:19 |
| Garbely | Georg | Glis | 1942 | 01:46:59 |
| Gasser | Alois | Gattikon | 1944 | 01:52:36 |
| Gasser | Arthur | Kriens | 1952 | 02:04:21 |
| Gasser | Manfred | Zürich | 1965 | 01:32:40 |
| Gasser | Sandra | Bern | 1962 | 01:16:52 |
| Gaus | Bruno | Goldach | 1946 | 01:32:09 |
| Gaus | Ruth | Goldach | 1951 | 02:25:20 |
| Gautschi | Fredi | Winterthur | 1947 | 01:41:36 |
| Gehr | Peter | Illnau | 1967 | 01:41:39 |
| Gehrig | Röbi | Zürich | 1945 | 01:24:29 |
| Gehrig | Roger | Wetzikon | 1968 | 01:34:32 |
| Gehrig | Vreni | Höri | 1960 | 00:55:39 |
| Gehring | Heinrich | Neerach | 1945 | 01:47:26 |
| Gehring | Heinz | Uster | 1946 | 01:36:40 |
| Geiersberger | Daniel | Oberrieden | 1969 | 01:52:49 |
| Geisenberger | Johann | Uster | 1944 | 01:29:22 |
| Geisser | Albert | Platz AR | 1959 | 00:43:45 |
| Genoni | Alessandro | Gattikon | 1950 | 02:07:27 |
| Gentile | Sebastiano | Zürich | 1960 | 01:24:45 |
| Gerber | Adrian | Herzogenbuchsee | 1963 | 01:12:33 |
| Gerber | Andreas | Burgdorf | 1943 | 01:41:52 |
| Gerber | Bea | Zürich | 1950 | 03:05:36 |
| Gerber | Elisabeth | Rapperswil SG | 1952 | 00:35:40 |
| Gerber | Fritz | Rapperswil SG | 1952 | 01:28:02 |
| Gerber | Hans | Pfungen | 1942 | 01:40:14 |
| Gerber | Hanspeter | Oberdorf SO | 1965 | 01:07:41 |
| Gerber | Hans-Rudolf | Volketswil | 1951 | 01:54:17 |
| Gerber | Karl | Brütten | 1964 | 01:33:13 |
| Gerber | Peter | Herisau | 1945 | 01:58:09 |
| Gerle | Frank | Bad Dür rheim | 1948 | 01:19:24 |
| Germann | Christof | St. Gallen | 1960 | 01:28:24 |
| Germann | Peter | Urdorf | 1945 | 01:38:18 |
| Gertsch | Hanni | Heimberg | 1953 | 01:59:04 |
| Gertsch | Stefan | Blumenstein | 1960 | 02:00:47 |
| Gertsch | Ueli | Uster | 1947 | 01:33:39 |
| Gerwer | Silvio | Rüti ZH | 1947 | 01:32:59 |
| Giansiracusa | Marco | Wädenswil | 1961 | 01:58:04 |
| Giger | Andreas | Dürnten | 1962 | 01:43:08 |
| Giger | Placi | Chur | 1942 | 02:00:46 |
| Gigon | Thomas | Lausanne Vennes | 1964 | 01:51:50 |
| Gilgen | Alfred | Embrach | 1954 | 01:35:35 |
| Gillmann | Margrith | Oberembrach | 1959 | 01:49:06 |
| Ginnon | Horst | Volketswil | 1931 | 01:45:51 |
| Girardi | Sebastiano | St. Erhard | 1962 | 01:19:12 |
| Girschweiler | Kurt | Uster | 1943 | 01:25:04 |
| Girsperger | Christoph | Horgen | 1963 | 01:18:48 |
| Girsperger | Kathrin | Hirzel | 1965 | 00:42:17 |
| Gisiger | Rolf | Biberist | 1964 | 01:33:05 |
| Givel | Rene | Zugerberg | 1941 | 01:35:47 |
| Glärner | Rolf | Zürich | 1958 | 01:22:04 |
| Glaus | Erhard | Wallisellen | 1942 | 01:42:06 |
| Glauser | Adrian | Habsburg | 1976 | 00:29:27 |

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|-------------|-----------------|----------------------|------|----------|
| Glauser | Heidi | Bern | 1950 | 01:47:56 |
| Glauser | Rudolf | Brugg AG | 1945 | 01:34:57 |
| Glesti | Rudolf | Dachsen | 1950 | 01:24:23 |
| Glesti | Sabina | Dachsen | 1981 | 00:10:16 |
| Gloor | Max | Schwerzenbach | 1946 | 01:29:53 |
| Gloor | Ueli | Russikon | 1955 | 01:20:25 |
| Gloor | Urs | Aarau | 1947 | 01:34:15 |
| Gmuend | Markus | Kaiseraugst Liebrüti | 1958 | 01:26:44 |
| Gmuer | Peter | Bergdietikon | 1959 | 01:25:56 |
| Gnehm | Natascha | Pfaffhausen | 1963 | 00:39:09 |
| Gnehm | Patrick | Uetikon am See | 1969 | 01:24:40 |
| Gobat | Damien | Courrendlin | 1983 | 00:11:43 |
| Gobat | Marie-Claude | Courrendlin | 1953 | 01:54:27 |
| Gobat | Sebastien | Courrendlin | 1980 | 00:10:16 |
| Goetz | Christian | Rhözüns | 1981 | 00:12:38 |
| Goldmann | Henry | Kilchberg ZH | 1949 | 01:37:06 |
| Gollmer | Claudia | Attikon | 1961 | 01:39:55 |
| Gollmer | Thomas | Attikon | 1957 | 01:33:04 |
| Gonzalez | Antonio | Eschen | 1960 | 01:13:19 |
| Good | Hubert | Zürich | 1959 | 01:35:42 |
| Good | Walter | Schlieren | 1941 | 01:42:04 |
| Gossweiler | Evelyn | Regensdorf | 1962 | 01:44:08 |
| Götti | Paul | Russikon | 1951 | 01:17:45 |
| Götti | Peggi | Russikon | 1953 | 01:47:45 |
| Gottofrey | Robert | Frenkendorf | 1955 | 01:13:57 |
| Gould | Robert | Winterthur | 1950 | 01:41:25 |
| Goy | Pierre-Alain | Aadorf | 1948 | 01:43:22 |
| Graber | Beat | Mogelsberg | 1962 | 01:46:08 |
| Graemiger | Silvia | Henau | 1955 | 00:44:08 |
| Graf | Andre | Horgen | 1966 | 01:53:47 |
| Graf | Andres | Uster | 1950 | 01:39:15 |
| Graf | Beat | Schwerzenbach | 1956 | 02:39:51 |
| Graf | Brigitte | Rebstein | 1961 | 00:58:12 |
| Graf | Gerhard | Schönengrund | 1952 | 01:35:07 |
| Graf | Heike | Russikon | 1958 | 00:33:07 |
| Graf | Markus | Bülach | 1953 | 01:51:35 |
| Graf | Marlene | Rebstein | 1933 | 00:42:49 |
| Graf | Mera | Schwerzenbach | 1961 | 00:40:22 |
| Graf | Monika | Bütschwil | 1948 | 01:32:57 |
| Graf | Stefan | Biel/Bienne | 1969 | 01:40:50 |
| Graf | Walter | Feldmeilen | 1947 | 01:57:50 |
| Graf | Walter | Greifensee | 1945 | 01:42:35 |
| Graf | Walter Andreas | Lausanne | 1937 | 01:42:56 |
| Granatella | Vincenzo | Chur | 1968 | 01:32:09 |
| Grandpierre | Edwin | Russikon | 1948 | 01:52:33 |
| Grassi | Guido | Forch | 1950 | 01:28:27 |
| Greco | Giuseppe-Walter | Zürich | 1954 | 01:41:24 |
| Gresch | Thomas | Thierachern | 1969 | 01:28:32 |
| Grichting | Werner | Ebmatingen | 1937 | 01:50:08 |
| Griesser | Markus | Wiesendangen | 1949 | 01:35:18 |
| Grimm | Daniel | Dübendorf | 1959 | 01:47:50 |
| Grindu | Christiane | Moutier | 1950 | 01:42:14 |
| Grindu | Louis | Moutier | 1947 | 01:31:45 |
| Grivel | Roberto | Rüti ZH | 1959 | 00:34:35 |

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|----------------|---------------|------------------|------|----------|
| Grob | Ruth | Pfäffikon ZH | 1964 | 00:39:44 |
| Gröbli | Markus | Jona | 1963 | 00:32:31 |
| Groeneweg | Willem | Muri AG | 1948 | 01:44:50 |
| Grombach | Stefan | Buchs ZH | 1956 | 01:36:55 |
| Groner | Lilo | Uster | 1955 | 00:44:04 |
| Groner | Martin | Uster | 1950 | 01:46:42 |
| Gross | Gian | Châtel-St-Denis | 1955 | 01:16:48 |
| Grossenbacher | Heidi | Rüti ZH | 1947 | 00:41:02 |
| Grossmann | Paul | Basel | 1944 | 01:42:35 |
| Grossmann | Susi | Zürich | 1965 | 00:33:51 |
| Gruenenfelder | Fritz | Uster | 1942 | 01:43:28 |
| Gruenewald | Markus | Trier | 1967 | 01:28:50 |
| Gruenig | Kaspar | Riedstätt | 1973 | 01:27:15 |
| Gruetter | Walter Andrea | Wattwil | 1982 | 00:11:45 |
| Gruetzner | Edelgard | Uster | 1937 | 00:44:06 |
| Gruetzner | Wolfgang | Uster | 1938 | 00:39:18 |
| Grzegorzewski | Marek | Wallisellen | 1953 | 01:37:23 |
| Gschwend | Norbert | Dübendorf | 1965 | 01:27:55 |
| Gschwend | Peter | Klettgau | 1952 | 01:09:50 |
| Gschwend | Roger | Kloten | 1976 | 00:26:58 |
| Gschwind | Andre | Turgi | 1952 | 01:20:31 |
| Gubler | Jakob | Sulz | 1931 | 01:50:34 |
| Gubler | Markus | Uster | 1943 | 01:26:00 |
| Gubser | Rolf Edwin | Emmenbrücke | 1947 | 01:40:06 |
| Guebeli | Erwin | Goldingen | 1960 | 01:19:04 |
| Guebeli | Hugo | Eschenbach SG | 1957 | 01:36:59 |
| Gueller | Mirko | Uster | 1976 | 00:35:47 |
| Guentensberger | Josef | Jona | 1953 | 01:29:51 |
| Guentensperger | Urs | Bülach | 1956 | 01:30:57 |
| Guenther | Lilian | Zürich | 1954 | 00:36:34 |
| Guenther | Tobias | Zürich | 1981 | 00:11:28 |
| Guenthart | Hanspeter | Zürich | 1944 | 01:30:20 |
| Guentlisberger | Fritz | Langnau am Albis | 1940 | 01:35:56 |
| Guex | Chantal | Zürich | 1960 | 01:33:19 |
| Gugerli | Fritz | Zürich | 1945 | 01:42:10 |
| Guidolin | Markus | Grünigen | 1962 | 00:34:30 |
| Gujan | Christiane | Brütten | 1954 | 02:02:14 |
| Gujan | Regula | Trin | 1973 | 00:40:40 |
| Gujan | Valentin | Brütten | 1955 | 01:34:11 |
| Güldenapfel | Erhard | Adliswil | 1937 | 01:26:06 |
| Guler | Reto | Igis | 1955 | 01:42:50 |
| Gulich | Thomas | Männedorf | 1961 | 01:14:56 |
| Gulino | Fabio | Wädenswil | 1971 | 00:34:01 |
| Gull | Daniela | Gossau ZH | 1965 | 01:49:39 |
| Günthardt | Bruno | Kleinandelfingen | 1969 | 01:33:18 |
| Gurtner | Pina | Bern | 1925 | 01:48:52 |
| Gut | Beat | Ebmatingen | 1960 | 01:33:51 |
| Gut | Willi | Herrliberg | 1951 | 01:25:56 |
| Gutbrod | Hanspeter | Volketswil | 1945 | 01:54:37 |
| Gutzler | Urs | Obfelden | 1953 | 01:40:03 |
| Guyer | Philipp | St. Gallen | 1948 | 01:37:10 |
| Guyot | Marcel | Frenkendorf | 1949 | 01:41:51 |
| Gygax | Markus | Weisslingen | 1950 | 01:18:20 |
| Gyger | Paul | Saas Fee | 1957 | 01:53:31 |

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|-------------|------------|-------------------------|------|----------|
| Gygli | Walter | Niederglatt ZH | 1961 | 01:16:25 |
| Gygli | Werner | Zürich | 1955 | 01:33:24 |
| Gyr | Mirjam | Hombrechtikon | 1973 | 00:42:25 |
| Gyr | Thomas | Bottmigen | 1960 | 01:58:13 |
| Gysel | Robert | Wilchingen | 1944 | 01:37:30 |
| Gyseler | Bruno | Neuhausen am Rheinflall | 1944 | 01:56:30 |
| Gysin | Martin | Jona | 1953 | 01:40:48 |
| Haag | Peter | Dachsen | 1951 | 01:32:08 |
| Haagmans | Walter | Uster | 1923 | 00:45:56 |
| Haas | Juerg | Zürich | 1953 | 01:37:42 |
| Haas | Max | Dietikon | 1945 | 01:42:31 |
| Haas | Rene | Delémont | 1946 | 01:35:59 |
| Haase | Ursula | Zürich | 1964 | 00:37:19 |
| Habegger | Erich | Dübendorf | 1962 | 00:31:11 |
| Habegger | Erika | Dübendorf | 1962 | 00:37:02 |
| Habegger | Jürg | Kehrsatz | 1943 | 01:28:23 |
| Häberli | Ulrich | Bremgarten AG | 1950 | 01:20:46 |
| Haeberli | Werner | Kloten | 1946 | 01:44:17 |
| Haeberlin | Guido | Neuwilen | 1961 | 01:26:21 |
| Haeberlin | Heinz | Weiningen ZH | 1934 | 01:48:19 |
| Haefelin | Eric | Veyrier | 1960 | 01:30:13 |
| Haefliger | Franz | Urdorf | 1925 | 01:31:27 |
| Haefliger | Marianne | Wallisellen | 1942 | 00:46:03 |
| Haegi | Urs Walter | Zürich | 1957 | 01:51:37 |
| Haene | Philipp | Wilten b. Wollerau | 1972 | 00:29:14 |
| Haene | Thomas | Wilten b. Wollerau | 1980 | 00:11:42 |
| Haesler | Daniel | Oetwil am See | 1973 | 01:38:42 |
| Haesli | Gudrun | Höri | 1985 | 01:00:45 |
| Haesli | Thomas | Höri | 1955 | 00:36:20 |
| Haeusermann | Elisabeth | Winterthur | 1953 | 00:36:20 |
| Haeusermann | Werner | Frauenfeld | 1946 | 01:57:24 |
| Häfeli | Christoph | Esslingen | 1954 | 01:34:54 |
| Häfeli | Peter | Stallikon | 1955 | 01:30:56 |
| Häfelin | Ruedi | Zürich | 1948 | 01:33:35 |
| Hafner | Esther | Worb | 1938 | 00:45:50 |
| Hafner | Helen | Benglen | 1943 | 02:18:10 |
| Hagen | Urs | Schaffhausen | 1953 | 01:32:56 |
| Hagenbuch | Hans | Uster | 1945 | 02:06:35 |
| Hager | Armin | Kaltbrunn | 1970 | 00:30:22 |
| Hager | Klaus | Konstanz | 1942 | 01:36:38 |
| Hahn | Esther | Siegershausen | 1963 | 00:36:08 |
| Haldimann | Andreas | Zürich | 1966 | 01:17:47 |
| Hall | Alois | Bad Dürrheim | 1938 | 01:37:35 |
| Hall | Andreas | Bad Duerrheim | 1968 | 01:32:05 |
| Hallberg | Bengt | Jona | 1941 | 01:38:59 |
| Haller | Elisabeth | Fällanden | 1959 | 02:07:34 |
| Haller | Heinz | Fällanden | 1948 | 01:47:51 |
| Haller | Rene | Wil SG | 1943 | 01:25:33 |
| Halter | Bruno | Wil SG | 1969 | 00:39:04 |
| Hämmerli | Michael | Greifensee | 1961 | 01:29:51 |
| Handschin | Andreas | Bassersdorf | 1952 | 01:45:00 |
| Häne | Alfons | Wilten b. Wollerau | 1945 | 00:39:42 |
| Häner | Toni | Adlikon b. Regensdorf | 1955 | 01:24:36 |
| Haney | Roland | Owingen | 1951 | 01:31:05 |

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|----------------|-----------|-----------------|------|----------|
| Hangartner | Gerda | Ebmatingen | 1948 | 01:46:15 |
| Häni | Walter | Regensdorf | 1941 | 01:51:50 |
| Hanselmann | A. | Wetzikon ZH | 1970 | 01:47:10 |
| Hanselmann | Reinhard | Vilters | 1963 | 01:36:40 |
| Hanselmann | Yvonne | Urdorf | 1966 | 00:48:33 |
| Hardegger | Daniel | Dietlikon | 1966 | 01:52:30 |
| Harder | Markus | Effretikon | 1972 | 01:48:42 |
| Hardmeier | Nadia | Hinwil | 1967 | 00:41:06 |
| Hartmann | Brigitte | Kloten | 1960 | 01:39:35 |
| Hartmann | Josef | Walenstadt | 1948 | 01:47:47 |
| Hartmann | Patrick | Effretikon | 1975 | 00:26:28 |
| Hartmann | Peter | Landquart | 1964 | 01:17:39 |
| Hartmann | Rene | Zürich | 1955 | 02:06:49 |
| Harzenmoser | Erwin | Steinebrunn | 1945 | 00:33:50 |
| Haselbach | Markus | Zürich | 1954 | 01:37:36 |
| Häseli | Markus | Schwerzenbach | 1966 | 01:45:40 |
| Hasler | Andreas | Ormalingen | 1955 | 01:32:20 |
| Hasler | Maya | Uster | 1945 | 02:02:29 |
| Häsler | Patrick | Basel | 1975 | 00:32:28 |
| Hasler | Roland | Mönchaltorf | 1953 | 01:58:16 |
| Hassler | Jürg | Henggart | 1957 | 01:21:36 |
| Hauenschild | Alice | Sulzbach | 1967 | 00:45:01 |
| Hauvreiter | Stefan | Flawil Botsberg | 1953 | 01:24:09 |
| Hauri | Gabriela | Ebmatingen | 1975 | 00:39:08 |
| Hauri | Oliver | Ebmatingen | 1973 | 00:38:04 |
| Hauri | Walter | Ebmatingen | 1943 | 01:38:10 |
| Hausammann | Peter | Reinheim | 1954 | 01:58:05 |
| Hauser | Beat | Hüntwangen | 1980 | 00:11:58 |
| Hauser | Beat | Niederuzwil | 1960 | 01:17:19 |
| Hauser | Christoph | Wädenswil | 1973 | 01:23:16 |
| Hauser | Eduard | Thalwil | 1946 | 01:46:02 |
| Hauser | Erich | Uster | 1943 | 01:34:57 |
| Hauser | Heinz | Riedern | 1965 | 00:29:05 |
| Hauser | Herbert | Dornach | 1943 | 01:37:43 |
| Hauser | Ingrid | Uerikon | 1940 | 01:36:53 |
| Hauser | Karin | Wallisellen | 1972 | 02:00:56 |
| Hauser | Martin | Illnau | 1985 | 00:15:00 |
| Hauser | Martin | Erlenbach ZH | 1954 | 01:15:11 |
| Hauser | Stefan | Zürich | 1970 | 01:41:26 |
| Hauser | Thomas | Lindau | 1983 | 00:12:12 |
| Hauser | Ursula | Wohlen AG | 1966 | 01:32:46 |
| Hautmann | Andrea | Uznach | 1979 | 00:11:02 |
| Hayes | Nigel | Herrliberg | 1957 | 00:34:27 |
| Haymoz | Esther | Schiers | 1977 | 00:36:51 |
| Haymoz | Ludwig | Schiers | 1945 | 01:40:55 |
| Hebeisen | Franz | Uster | 1948 | 01:49:21 |
| Heber | Cony | Konstanz | 1931 | 01:32:45 |
| Heeb | Andreas | Au SG | 1945 | 01:27:05 |
| Heeb | Hans | Dürnten | 1943 | 01:15:44 |
| Heer | Hansruedi | Gossau | 1949 | 01:54:35 |
| Heer | Hutashan | Zürich | 1960 | 01:15:08 |
| Hegelbach | Rita | Jona | 1954 | 01:49:34 |
| Hegetschweiler | Hans | Greifensee | 1948 | 01:54:20 |
| Hegewald | Daniel | Winterthur | 1968 | 01:39:08 |

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|-------------|-----------|-------------------------|------|----------|
| Hegnauer | Fredy | Uitikon Waldegg | 1944 | 01:30:51 |
| Hegner | Monika | Galgenen | 1980 | 00:10:51 |
| Heim | Peter | Wichtrach | 1962 | 02:02:36 |
| Heimgartner | Brigitte | Fehraltorf | 1955 | 01:51:33 |
| Heini | Hugo | Volketswil | 1943 | 01:47:54 |
| Heinrich | Daniel | Bülach | 1955 | 01:36:13 |
| Heinzer | Ruedi | Seuzach | 1952 | 01:24:43 |
| Heiz | René | Zürich | 1954 | 00:35:38 |
| Helbling | Klara | Jona | 1949 | 00:36:38 |
| Helbling | Martin | Jona | 1965 | 00:32:03 |
| Helbling | Rudolf | St. Gallen | 1960 | 01:19:41 |
| Held | Herbert | Horgen | 1926 | 00:38:19 |
| Held | Joseph | Rutschwil-Dägerlen | 1952 | 01:37:22 |
| Held | Toni | Maggingen/Macolin | 1961 | 01:24:12 |
| Heldner | Roland | Winterthur | 1951 | 01:45:39 |
| Helfenstein | Josef | Sursee | 1950 | 01:34:09 |
| Heller | Hans | Othmardingen | 1938 | 01:36:47 |
| Heller | Heinz | Arlesheim | 1945 | 01:44:11 |
| Hemmeler | Christian | Männedorf | 1950 | 01:46:10 |
| Hempele | Ernst | St. Gallen | 1946 | 01:29:24 |
| Hengartner | Niklaus | Sulzbach | 1949 | 01:34:54 |
| Hengartner | Pascal | Bertschikon (Gossau ZH) | 1983 | 00:12:56 |
| Hengartner | Urs | Bernhardzell | 1964 | 01:34:19 |
| Henle | Juerg | Wädenswil | 1962 | 01:24:11 |
| Hepp | Walter | Schwerzenbach | 1947 | 01:56:47 |
| Herger | Anton | Mettmenstetten | 1956 | 01:43:25 |
| Herger | Gody | Zürich | 1933 | 01:32:30 |
| Herger | Martha | Bürglen UR | 1948 | 01:42:40 |
| Hermans | Franz | Weinfelden | 1966 | 00:35:00 |
| Herrerias | Juan | Netstal | 1963 | 01:21:47 |
| Herrmann | Daniel | Liestal | 1964 | 01:16:12 |
| Herter | Ueli | Uster | 1956 | 01:30:59 |
| Herzer | Heinz | Schaffhausen | 1949 | 01:49:35 |
| Herzog | Andreas | Uetikon am See | 1957 | 01:28:36 |
| Herzog | Kurt | Gossau SG | 1958 | 01:37:57 |
| Hess | Albert | Dübendorf | 1944 | 02:05:01 |
| Hess | Christina | Hünenberg | 1953 | 00:41:42 |
| Hess | Dieter | Schwerzenbach | 1950 | 01:44:08 |
| Hess | Hans | Zürich | 1964 | 01:30:53 |
| Hess | Peter | Hünenberg | 1952 | 01:43:23 |
| Hess | Sandra | Jona | 1982 | 00:12:47 |
| Hess | Susanne | Jona | 1951 | 00:43:34 |
| Hess | Thomas | Gibswil-Ried | 1975 | 01:43:46 |
| Heuberger | Bruno | St. Margarethen TG | 1971 | 01:06:13 |
| Heuberger | Elena | Paradiso | 1925 | 02:14:33 |
| Heuberger | Sonja | Basel | 1963 | 01:50:16 |
| Heunecke | Christian | Nussbaumen AG | 1960 | 01:19:42 |
| Heusser | Rolf | Winterthur | 1964 | 01:29:29 |
| Heusser | Walter | Ossingen | 1941 | 01:29:35 |
| Hicklin | Jost | Luzern | 1940 | 01:34:17 |
| Hilber | Emil | Dübendorf | 1944 | 00:37:57 |
| Hilber | Roger | Dübendorf | 1977 | 00:36:28 |
| Hildebrandt | Alex | Geroldswil | 1983 | 00:11:37 |
| Hildebrandt | Heinz | Zürich | 1953 | 02:03:45 |

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|---------------|-----------------|-------------------------|------|----------|
| Hilpertshauer | Urs | Tann | 1957 | 01:44:56 |
| Hiltbrunner | Otto | Zollikerberg | 1953 | 02:01:23 |
| Hiltbrunner | Werner | Feldbach | 1939 | 00:36:16 |
| Himmelberger | Markus | Abtwil SG | 1943 | 01:34:48 |
| Hinderling | Hans Georg | Allschwil | 1944 | 01:23:03 |
| Hinna | Edgar | St. Gallen | 1936 | 02:12:19 |
| Hinterberger | Thomas | Bischofszell | 1963 | 01:48:09 |
| Hintermann | Eveline | Glattbrugg | 1974 | 00:32:48 |
| Hirling | Werner | Radolfzell | 1948 | 01:24:09 |
| Hirs | Jakob | Zürich | 1957 | 01:16:00 |
| Hirschi | Christian | Winterthur | 1945 | 01:44:31 |
| Hirschi | Oscar | Vilars NE | 1942 | 01:27:11 |
| Hirsiger | Christian | Schaffhausen | 1952 | 02:08:54 |
| Hirt | Daniel Philippe | Hintereggen | 1963 | 01:25:53 |
| Hirt | Lena | Ebmatingen | 1941 | 01:41:04 |
| Hirt | Reto | Zürich | 1969 | 01:25:48 |
| Hobi | Rita | Walenstadt | 1955 | 01:36:04 |
| Hobi | Silvio | Walenstadt | 1981 | 00:11:54 |
| Hoch | Ernst | Zürich | 1952 | 01:55:11 |
| Hoerler | Hans | Domat/Ems | 1946 | 01:50:28 |
| Hofer | Esther | Mönchaltorf | 1955 | 00:40:07 |
| Hofer | Heinz | Sirnach | 1952 | 01:27:23 |
| Hofer | Kurt | Gretzenbach | 1948 | 01:59:15 |
| Hofer | Martin | Thun | 1969 | 01:32:02 |
| Hofer | Norbert | Rapperswil SG | 1941 | 01:47:12 |
| Hofer | Werner | Obergösgen | 1949 | 01:26:06 |
| Hofmann | Albert | Uster | 1948 | 01:37:03 |
| Hofmann | Fritz | Volketswil | 1955 | 01:54:10 |
| Hofmann | Heidi | Uster | 1965 | 00:46:15 |
| Hofmann | Marcel | Mönchaltorf | 1969 | 01:36:27 |
| Hofmann | Markus | Pfaffhausen | 1973 | 01:22:36 |
| Hofmann | Markus | Rekingen AG | 1954 | 01:48:55 |
| Hofmann | Willi | Hinwil | 1945 | 01:28:21 |
| Hofstetter | Andreas | Bertschikon (Gossau ZH) | 1956 | 01:32:24 |
| Hofstetter | Hanspeter | Wangen b. Olten | 1952 | 01:22:56 |
| Hofstetter | Reto | Winterthur | 1969 | 01:33:38 |
| Hofstetter | Sigrid | Uster | 1959 | 00:38:41 |
| Hohl | Jakob | Rorschacherberg | 1951 | 01:54:42 |
| Hohl | Manfred | Widnau | 1970 | 01:45:18 |
| Hohl | Walter | Küsnacht ZH | 1947 | 01:38:04 |
| Holbe | Jürg | Kloten | 1956 | 01:27:16 |
| Hölbling | Rudolf | Mals (BZ) | 1968 | 01:17:08 |
| Holderer | Bernhard | Schaan | 1954 | 01:20:01 |
| Holenstein | Hermann | Goldach | 1925 | 01:48:16 |
| Holenweg | Kurt | Neuhausen am Rheinfl | 1947 | 01:37:59 |
| Hollenstein | Andreas | Aesch BL | 1965 | 01:43:12 |
| Hollenstein | Cornel | Herisau | 1966 | 01:45:49 |
| Hollenstein | Marcel | Küsnacht ZH | 1943 | 01:59:56 |
| Hollenstein | Martin | Oberwil | 1935 | 00:46:16 |
| Holliger | Ernst | Nänikon | 1948 | 01:40:27 |
| Holm | N. Soenke | Zürich | 1963 | 01:21:51 |
| Holzach | Chris | Aadorf | 1949 | 01:47:25 |
| Holzer | Anton | Glis | 1945 | 01:44:36 |
| Holzer | Markus | Altnau | 1964 | 01:32:04 |

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|------------|-------------|-------------------------|------|----------|
| Holzer | Martin | Herzogenbuchsee | 1958 | 01:22:22 |
| Holzhauser | Marlies | Zürich | 1957 | 00:35:56 |
| Homberger | Ernesto | Uster | 1943 | 01:34:02 |
| Honegger | David | Erlenbach ZH | 1954 | 01:39:03 |
| Honegger | Joerg | Tann | 1957 | 01:58:01 |
| Honegger | Renata | Ebmatingen | 1958 | 00:41:47 |
| Honegger | Rudolf | Wollerau | 1951 | 02:03:51 |
| Honold | Joyce | Forch | 1948 | 02:06:59 |
| Hönsch | Ralf | Bertschikon (Gossau ZH) | 1956 | 01:44:12 |
| Hoop | Ivo | Arni-Islisberg | 1951 | 02:03:01 |
| Horlacher | Hansjoerg | Nänikon | 1948 | 01:52:04 |
| Horlacher | Silvia | Wilten b. Wollerau | 1962 | 00:38:45 |
| Horle | Francoise | Bern | 1949 | 00:49:50 |
| Hosner | Richard | Zollikofen | 1966 | 01:32:34 |
| Hostettler | Monika | Seuzach | 1961 | 00:41:40 |
| Hostettler | Peter | Bergdietikon | 1962 | 01:13:15 |
| Hotz | Bruno | Mönchaltorf | 1948 | 00:40:54 |
| Huber | Anne-Claude | Zürich | 1966 | 02:02:21 |
| Huber | August | Wiezikon b. Sirnach | 1953 | 01:30:31 |
| Huber | Bernhard | Merzhausen | 1957 | 01:24:15 |
| Huber | Brigitte | Zugerberg | 1958 | 00:40:16 |
| Huber | Christine | Hombrechtikon | 1949 | 00:39:42 |
| Huber | Christoph | Zürich | 1954 | 01:56:22 |
| Huber | Erich | Kronbühl | 1957 | 01:33:34 |
| Huber | Gerold | Frauenfeld | 1961 | 01:26:44 |
| Huber | Hans | Uster | 1943 | 00:37:13 |
| Huber | Hanspeter | Balterswil | 1953 | 01:37:14 |
| Huber | Jacqueline | Zürich | 1949 | 01:54:15 |
| Huber | Kurt | Adliswil | 1943 | 01:42:11 |
| Huber | Monika | Samstagern | 1966 | 00:46:24 |
| Huber | Nax | Erstfeld | 1962 | 01:19:30 |
| Huber | Peter | Feldmeilen | 1938 | 01:37:50 |
| Huber | René | Kloten | 1956 | 01:47:33 |
| Huber | Therese | Windlach | 1954 | 01:46:17 |
| Huber | Trudy | Adliswil | 1943 | 01:52:08 |
| Huber | Werner | Waltalingen | 1959 | 01:31:57 |
| Hüberli | Robert | Scuol | 1950 | 01:55:28 |
| Hubschmid | Roger | Ostermundigen | 1952 | 01:33:47 |
| Huegli | Herbert | Ostermundigen Rüti | 1947 | 02:00:34 |
| Huerlimann | Beatrice | Walchwil | 1963 | 00:37:01 |
| Huerlimann | Bruno | Schwerzenbach | 1950 | 01:21:56 |
| Huerlimann | Edith | Felsberg | 1950 | 01:56:39 |
| Huerlimann | Heinz | Felsberg | 1950 | 02:29:50 |
| Huerlimann | Susanne | Schwerzenbach | 1951 | 00:38:11 |
| Huerst | Kurt | Bern | 1951 | 01:06:26 |
| Huerzeler | Martin | Unterentfelden | 1961 | 01:21:11 |
| Hueskes | Horst | Kloten | 1943 | 01:30:05 |
| Huesler | Daniel | Lachen SZ | 1978 | 00:32:54 |
| Hufschmid | Fredi | Kloten | 1945 | 01:59:33 |
| Hufschmid | Marcel | Schinznach Bad | 1958 | 01:27:19 |
| Hufschmid | Rolf | Dübendorf | 1964 | 01:39:09 |
| Hufschmid | Walter | Winterthur | 1932 | 01:45:54 |
| Hug | Daniel | Feldmeilen | 1968 | 01:31:39 |
| Hug | Franz | Gattikon | 1960 | 01:36:59 |

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|---------------|-------------|------------------|------|----------|
| Hug | Hermann | Wangen b. Olten | 1954 | 01:19:40 |
| Hug | Jakob | Brunnadern | 1936 | 01:59:26 |
| Hug Marc | Andre | Kilchberg ZH | 1967 | 01:41:33 |
| Huggler | Andreas | Winterthur | 1953 | 01:27:40 |
| Hugi | Antje | Oberwangen TG | 1978 | 00:10:25 |
| Hugi | Ernst | Oberwangen TG | 1947 | 02:00:56 |
| Hungerbuehler | Albert | Langnau am Albis | 1947 | 01:30:23 |
| Hungerbuehler | Pascal | Langnau am Albis | 1977 | 00:31:45 |
| Hunkeler | Markus | Allschwil | 1954 | 01:47:07 |
| Hunkeler | Vitus | Winterthur | 1937 | 01:46:38 |
| Hunn | Heinz | Birr-Lupfig | 1948 | 01:37:32 |
| Hunziker | Daniel | Uster | 1972 | 00:33:51 |
| Hunziker | Esther | Schwerzenbach | 1948 | 01:58:38 |
| Hunziker | Fredy | Wädenswil | 1945 | 01:41:59 |
| Hunziker | Hans-Ulrich | Muhen | 1943 | 01:52:22 |
| Hunziker | Marianne | Muhen | 1943 | 02:04:52 |
| Hunziker | Renate | Ueberstorf | 1963 | 02:05:58 |
| Hüppin | Armin | Volketswil | 1946 | 02:18:39 |
| Hurter | Sarah | Kloten | 1982 | 00:13:11 |
| Hurter | Theres | Kloten | 1954 | 00:45:25 |
| Husarik | Daniela | Mönchaltorf | 1976 | 00:34:22 |
| Huser | Josef | Dübendorf | 1946 | 01:32:46 |
| Hutmacher | Peter | Bern | 1942 | 01:40:58 |
| Hutter | Andy | Pfäffikon ZH | 1975 | 01:23:30 |
| Hutter | Paul | Stetten SH | 1951 | 02:05:44 |
| Huwylar | Monika | Wettingen | 1959 | 01:56:15 |
| Illa | Juan | Stallikon | 1951 | 01:49:56 |
| Illigen | Ulrich | St. Gallen | 1965 | 01:59:55 |
| Imfeld | Erika | Zumikon | 1958 | 01:37:48 |
| Imfeld | Konrad | Mörel | 1943 | 01:40:20 |
| Imhof | Rolf | Dottikon | 1956 | 01:28:14 |
| Imhof | Rolf | Zürich | 1945 | 01:42:17 |
| Imhof Svec | Berta | Dällikon | 1946 | 02:34:20 |
| Imholz | Josef | Dietlikon | 1938 | 01:37:13 |
| Imoberdorf | Walter | Fieschertal | 1951 | 01:21:31 |
| Imstef | Peter | Glis | 1954 | 01:18:39 |
| Indermaur | Markus | Heerbrugg | 1966 | 01:13:01 |
| Indlekofer | Andreas | Klettgau | 1966 | 01:38:21 |
| Indlekofer | Peter | Klettgau 1 | 1963 | 01:37:56 |
| Irminger | Heinz | Gossau ZH | 1945 | 01:25:11 |
| Irminger | Sibylle | Gossau ZH | 1951 | 00:47:05 |
| Iseli | Rolf | Zürich | 1943 | 01:35:44 |
| Iselin | Hanspeter | Frauenfeld | 1955 | 01:26:28 |
| Iselin | Maya | Uster | 1956 | 00:38:36 |
| Isenegger | Beat | Zürich | 1966 | 01:31:24 |
| Isenschmid | Rene | Benken SG | 1962 | 00:40:17 |
| Isler | Susanna | Stalden (Sarnen) | 1956 | 01:44:19 |
| Isler | Thomas | Luxemburg | 1965 | 01:33:06 |
| Issler | Matthias | Zollikon Dorf | 1975 | 00:31:34 |
| Issler | Ursula | Herrliberg | 1953 | 00:33:40 |
| Ita | Thomas | Pfäffikon ZH | 1975 | 00:30:56 |
| Item | Flurin | Rhözüns | 1981 | 00:10:01 |
| Item | Gian Marco | Rhözüns | 1984 | 00:11:57 |
| Item | Gion | Rhözüns | 1953 | 01:46:04 |

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|-----------------|------------|-------------------------|------|----------|
| Iten | Jörg | Rüschlikon | 1952 | 00:38:45 |
| Iten | Manuel | Zürich | 1965 | 01:39:22 |
| Iten | Walter | Zürich | 1957 | 01:50:51 |
| Jaberg | Hansruedi | Oberrieden | 1943 | 01:33:50 |
| Jaberg | Jürg | Wädenswil | 1944 | 01:30:36 |
| Jaberg | Markus | Nänikon | 1965 | 01:28:01 |
| Jaccard | Rene | Küsnacht ZH | 1950 | 01:26:48 |
| Jacot | Daniel | Uster | 1967 | 01:24:59 |
| Jaeger | Ruedi | St. Gallen | 1963 | 01:39:55 |
| Jaeggi | Kirsten | Zürich | 1967 | 01:32:28 |
| Jaerventaus | Aino Liisa | Zürich | 1951 | 00:43:21 |
| Jaggi | Theres | Gossau SG | 1950 | 01:35:43 |
| Jakob | Beat | Luzern | 1949 | 01:36:09 |
| Jakob | Pascale | Eschenz | 1977 | 01:43:00 |
| Janaushek | Jozsef | Baden | 1932 | 00:43:12 |
| Jancso | Balazs | Zürich | 1942 | 01:46:15 |
| Jankowsky | Moritz | Gossau ZH | 1951 | 01:39:00 |
| Jans | Fabio | Uhwiesen | 1981 | 00:10:53 |
| Jauch | Walter | Silenen | 1952 | 01:28:53 |
| Jehle | Guenther | Planken | 1943 | 01:35:22 |
| Jeitziner | Ursula | LC Zürich | 1972 | 01:12:58 |
| Jeker | Heinz | Greifensee | 1946 | 01:33:46 |
| Jendly | Josef | Düdingen | 1941 | 01:27:31 |
| Jenni | Marcel | Grossaffoltern | 1969 | 01:45:04 |
| Jenni | Michael | Thalwil | 1974 | 00:30:17 |
| Jenni | Michael | Dättwil AG | 1976 | 00:29:39 |
| Jenni | Peter | Reutlingen (Winterthur) | 1945 | 01:24:21 |
| Jenni | Sonja | Kloten | 1969 | 00:35:59 |
| Jenny | Balz | Winterberg | 1949 | 01:54:09 |
| Jerger | Hansruedi | Kilchberg ZH | 1937 | 01:36:22 |
| Jerger | Marlies | Zürich | 1942 | 00:51:32 |
| Jezler | Marcel | Dietikon | 1978 | 00:41:48 |
| Jimenez | Hector | Regensdorf | 1962 | 01:23:07 |
| Jimengz | Omar | Rümlang | 1966 | 01:23:00 |
| Jochim | Peter | Riehen | 1936 | 02:00:33 |
| Joehri | Stephan | Zürich | 1977 | 00:34:34 |
| Joerg | Martin | Ins | 1964 | 01:14:17 |
| Joesler | Joos | Grüsch | 1947 | 01:37:36 |
| Johnson | Richard | Gattikon | 1946 | 01:45:58 |
| Joly | Andre | Ipsach | 1936 | 01:48:29 |
| Joos | Fortunat | Flims Dorf | 1937 | 01:52:17 |
| Joos | Martin | Domat/Ems | 1947 | 01:35:59 |
| Joost | Andreas | Hinwil | 1947 | 01:48:42 |
| Jordan | Raphael | Zürich | 1982 | 00:11:46 |
| Jordi | Rolf | Zürich | 1944 | 01:33:44 |
| Joss | Bertin | Zürich | 1970 | 00:29:32 |
| Jossi | Oswald | Dübendorf | 1933 | 01:43:33 |
| Jost | Raymond | Aegerten | 1961 | 00:38:40 |
| Jucker | Antonia | Aeugst am Albis | 1965 | 00:31:33 |
| Jucker | Paul | Hettlingen | 1955 | 00:38:35 |
| Jucker Pugliese | Antonia | Zürich | 1965 | 00:31:33 |
| Junker | Fritz | Studen BE | 1948 | 01:15:32 |
| Just | Daniela | Klettgau | 1972 | 00:41:25 |
| Jutzi | Hans | Uetendorf | 1947 | 01:55:40 |

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|-------------|----------------|------------------|------|----------|
| Kaegi | Martin | Winterthur | 1959 | 01:52:38 |
| Kaerle | Susanne | Ebmatingen | 1954 | 00:40:48 |
| Kaiser | Anne-Catherine | Thalwil | 1948 | 00:47:56 |
| Kaiser | Fabienne | Thalwil | 1979 | 00:11:56 |
| Kaiser | Jacqueline | Thalwil | 1982 | 00:13:23 |
| Kaiser | Philippe | Thalwil | 1977 | 00:39:39 |
| Kaiser | Stéphanie | Thalwil | 1982 | 00:13:09 |
| Kaiser | Walter | Thalwil | 1948 | 01:58:14 |
| Kalberer | Theo | Au ZH | 1941 | 02:06:24 |
| Kaldor | Peter | Zürich | 1964 | 01:31:44 |
| Kälin | Cornelia | Einsiedeln | 1972 | 00:45:41 |
| Kälin | Priska | Horgen | 1968 | 01:44:28 |
| Kälin | Sepp | Einsiedeln | 1933 | 00:36:57 |
| Kaltbrunner | Rene | Zürich | 1945 | 01:41:49 |
| Kamau | Gabriel | | 1965 | 01:04:32 |
| Kamili | Timothy | | 1966 | 01:07:40 |
| Kamm | Heinz | Näfels | 1948 | 00:35:42 |
| Kamm | Juerg | Zürich | 1965 | 01:29:30 |
| Kamm | Ruth | Grünigen | 1959 | 01:39:00 |
| Kamm | Urs | Greifensee | 1956 | 01:56:37 |
| Kammer | Adrian | Uster | 1981 | 00:10:21 |
| Kammermann | Annagreth | Zürich | 1979 | 00:10:19 |
| Kammermann | Marcel | Neerach | 1973 | 00:36:10 |
| Kanobel | Erich | Niederglatt ZH | 1941 | 01:36:14 |
| Karlen | Stephan | Staufen | 1963 | 01:09:25 |
| Karpfer | Markus | Innsbruck | 1959 | 01:26:50 |
| Käser | Beat | Obersteckholz | 1950 | 01:25:35 |
| Kato | Maruhiko | Leysin | 1974 | 02:06:17 |
| Kaufmann | Albert | Ecublens VD | 1951 | 01:42:02 |
| Kaufmann | Bruno | Cham | 1948 | 00:43:42 |
| Kaufmann | Ferdi | Zürich | 1947 | 01:36:27 |
| Kaufmann | Heidi | Cham | 1944 | 00:48:39 |
| Kaufmann | Isabelle | Ecublens VD | 1979 | 00:11:55 |
| Kaufmann | Manuela | St. Gallenkappel | 1966 | 00:42:55 |
| Kaufmann | Mario | Cham | 1983 | 00:11:36 |
| Kaufmann | Markus | Basel | 1961 | 01:26:42 |
| Kaufmann | Marlene | Mönchaltorf | 1977 | 00:41:05 |
| Kaufmann | Martin | Rieden SG | 1962 | 02:09:47 |
| Kaufmann | Patrick | Dielsdorf | 1971 | 01:35:52 |
| Kaufmann | Robert | Flawil Botsberg | 1952 | 01:26:35 |
| Kaufmann | Roger | Uster | 1974 | 01:35:49 |
| Kaufmann | Thomas | Luzern | 1971 | 01:28:43 |
| Kaufmann | Walter | Winterthur | 1933 | 01:30:35 |
| Kaufmann | Walter | Zumikon | 1927 | 02:00:58 |
| Kaufmann | Werner | Unterwasser | 1946 | 01:35:53 |
| Keel | Peter | Zürich | 1933 | 01:19:45 |
| Kehl | Stefan | Widnau | 1973 | 01:16:49 |
| Keiser | Daniel | Wädenswil | 1958 | 01:30:25 |
| Keiser | Roland | Cham | 1948 | 01:35:50 |
| Keller | Andreas | Gossau ZH | 1959 | 01:29:13 |
| Keller | Angelika | Glattbrugg | 1949 | 00:39:56 |
| Keller | Beat | Bremgarten AG | 1952 | 01:29:21 |
| Keller | Beryl | Feldmeilen | 1949 | 00:45:20 |
| Keller | Beryl | Feldmeilen | 1949 | 00:45:20 |

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|-------------|------------|-----------------------|------|----------|
| Keller | Christoph | Uster | 1966 | 01:34:53 |
| Keller | Doris | Wetzikon ZH | 1962 | 01:44:41 |
| Keller | Felix | Pfeffingen | 1950 | 01:36:28 |
| Keller | Gallus | Neuhaus SG | 1954 | 01:35:53 |
| Keller | Hans | Uerikon | 1942 | 01:50:54 |
| Keller | Hans | Andelfingen | 1943 | 01:54:39 |
| Keller | Jack | Hinwil | 1952 | 01:40:50 |
| Keller | Jacqueline | Gebenstorf | 1962 | 01:23:13 |
| Keller | Kaspar | Eglisau | 1968 | 01:47:54 |
| Keller | Marianne | Boppelsen | 1954 | 00:48:47 |
| Keller | Marianne | Fulenbach | 1971 | 00:35:51 |
| Keller | Markus | Zürich | 1951 | 01:52:53 |
| Keller | Max | Zürich | 1927 | 01:42:36 |
| Keller | Max | Hölstein | 1945 | 01:40:25 |
| Keller | Niklaus | Effretikon | 1954 | 01:23:49 |
| Keller | Peter | Stans | 1949 | 01:40:06 |
| Keller | Regula | Pfäffikon ZH | 1958 | 01:55:34 |
| Keller | Thomas | Oetwil am See | 1955 | 01:42:08 |
| Keller | Walter | Rorbas-Freienstein | 1935 | 01:29:14 |
| Keller | Werner | Zürich | 1948 | 01:38:34 |
| Keller | Willi | Winterthur | 1940 | 01:44:11 |
| Keller | Willy | Wetzikon ZH | 1946 | 00:40:36 |
| Kenber | Deniz | Greifensee | 1974 | 00:32:06 |
| Kern | Patricia | Zürich | 1981 | 00:12:56 |
| Kern | Urs | Schwerzenbach | 1944 | 01:42:41 |
| Kern | Urs | Ennenda | 1972 | 00:31:53 |
| Kernahan | Simon | Dübendorf | 1960 | 01:45:27 |
| Kessler | Angela | Inzlingen | 1959 | 01:51:15 |
| Kessler | Erich | Matzingen | 1957 | 01:50:33 |
| Kessler | Fredy | Wilten b. Wollerau | 1960 | 01:29:15 |
| Kessler | Hanspeter | Schiers | 1942 | 01:27:53 |
| Kessler | Rainer | Uster | 1967 | 02:12:58 |
| Kessoudakis | Eva | Hard b. Weinfeldten | 1965 | 00:45:56 |
| Kielhauser | Mario | Gossau ZH | 1958 | 01:27:10 |
| Kielhauser | Matthias | Schwerzenbach | 1981 | 00:12:50 |
| Kienast | Roland | Frauenfeld | 1953 | 01:39:50 |
| Kilchoer | Margrit | Ostermundigen Rüti | 1951 | 00:38:35 |
| Kindlimann | Arthur | Stäfa | 1941 | 01:34:41 |
| Kirchhofer | Eric | Wohlenschwil | 1962 | 02:00:08 |
| Kissling | Judith | Subingen | 1966 | 01:32:35 |
| Kistler | Herbert | Hermetschwil-Staffeln | 1943 | 01:51:51 |
| Klaesi | Katrin | Rüti ZH | 1965 | 00:33:38 |
| Klaeusler | Isidor | Zürich | 1957 | 01:33:36 |
| Klaeusli | Regula | Feldmeilen | 1969 | 00:46:23 |
| Klarer | Christian | Goldach | 1941 | 01:28:45 |
| Klatt | Hubert | Utzenstorf | 1941 | 01:32:37 |
| Klaus | Beat | Gossau SG | 1952 | 01:48:39 |
| Klee | Hans | Klettgau | 1937 | 01:21:48 |
| Kleesattel | Heinrich | Zürich | 1941 | 02:06:11 |
| Kleinhans | Ronald | Nürens Dorf | 1972 | 00:35:01 |
| Kleinpeter | Heinz | Hintereggen | 1937 | 01:55:48 |
| Klingenfuss | Alex | Neunkirch | 1945 | 01:38:59 |
| Klingler | Jürgen | Dättwil AG | 1968 | 01:24:11 |
| Klötzli | Martin | Wolfhausen | 1970 | 01:52:04 |

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|------------|-----------|-------------------------|------|----------|
| Kluge | Hubert | Innsbruck | 1956 | 01:25:55 |
| Knecht | Erich | Würenlos | 1959 | 01:36:20 |
| Knedler | Waldemar | Zürich | 1951 | 01:42:26 |
| Kneubuehl | Marcel | Feldmeilen | 1957 | 01:33:29 |
| Knobel | Emma | Altendorf | 1955 | 00:41:52 |
| Knöpfel | Horst | Winterthur | 1953 | 01:20:17 |
| Knuchel | Felix | Wilten b. Wollerau | 1947 | 00:36:05 |
| Knuchel | Peter | Galgenen | 1978 | 00:29:50 |
| Knüsel | Markus | Nänikon | 1955 | 01:21:21 |
| Knutti | Ruedi | Zürich | 1942 | 01:59:26 |
| Kobel | Hanspeter | Zürich | 1939 | 00:33:06 |
| Kobelt | Jessica | Niederweningen | 1985 | 00:14:30 |
| Kobelt | Walter | Niederweningen | 1952 | 01:48:05 |
| Koblet | Ernst | Neuhausen am Rheinflal | 1940 | 01:43:10 |
| Koch | Annette | Karlsruhe | 1960 | 02:05:02 |
| Koch | Cornelia | Greifensee | 1978 | 00:11:00 |
| Koch | Franz | Hünenberg | 1949 | 01:44:07 |
| Koch | Peter | Schaffhausen | 1964 | 01:37:45 |
| Koch | Reinhard | Uster | 1952 | 01:31:15 |
| Koch | Rolf | Maur | 1959 | 00:39:00 |
| Kocher | Bruno | Hittnau | 1945 | 01:35:38 |
| Kocher | Peter | Embrach | 1951 | 01:57:41 |
| Koestli | Erika | Kreuzlingen | 1943 | 01:48:45 |
| Kofel | Albert | Uster | 1934 | 01:50:08 |
| Köhl | Edi | Uster | 1943 | 01:27:47 |
| Kohler | Andi | Dietlikon | 1949 | 01:29:10 |
| Kohler | Doris | Bertschikon (Gossau ZH) | 1953 | 00:35:33 |
| Kohli | Hans | Zürich | 1944 | 01:55:05 |
| Koller | Beat | Baar | 1960 | 01:40:13 |
| Koller | Helmut | Kloten | 1938 | 01:28:03 |
| Koller | Rainer | St. Gallenkappel | 1974 | 00:34:56 |
| Koller | Roger | Zufikon | 1959 | 01:49:07 |
| Koller | Ruth | Sternenberg | 1954 | 00:43:30 |
| Kölliker | Irène | Wernetshausen | 1954 | 01:48:01 |
| Kolp | Urs | Chur | 1968 | 01:29:13 |
| König | Verena | Selzach | 1942 | 01:51:53 |
| Konrad | Susanne | St. Gallenkappel | 1977 | 00:32:31 |
| Kopf | Ursula | Dietlikon | 1965 | 00:42:48 |
| Kormann | Toni | Rüti ZH | 1947 | 01:20:26 |
| Kraemer | Marcel | Ernetschwil | 1956 | 01:44:52 |
| Kraemer | Stefanie | Zürich | 1964 | 01:39:49 |
| Kraemer | Yvonne | Schwerzenbach | 1957 | 00:46:57 |
| Krähenbühl | Andreas | Hombrechtikon | 1966 | 01:27:27 |
| Krainz | Reto | Ebmatingen | 1963 | 01:23:09 |
| Kramarz | Daniel | Hüntwangen | 1982 | 00:13:43 |
| Kramer | Felix | Wettingen | 1956 | 01:41:38 |
| Kramer | Martin | Ostermundigen Rüti | 1953 | 01:39:41 |
| Kramer | Rene | Dübendorf | 1951 | 02:01:55 |
| Kramer | Sepp | Dörflingen | 1950 | 01:19:59 |
| Kramer | Sigmund | Wettingen | 1922 | 01:59:20 |
| Kraner | Marcel | Duerten | 1951 | 01:30:18 |
| Kratte | Enrico | Rüti ZH | 1965 | 00:29:46 |
| Kratzer | Christoph | Binz | 1962 | 00:35:15 |
| Krauer | Thomas | Stäfa | 1975 | 00:28:49 |

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|-------------|-------------|------------------|------|----------|
| Kraus | Andreas | Riedikon | 1964 | 01:22:25 |
| Krause | Jochen Ch. | Zürich | 1964 | 01:37:24 |
| Krebs | Werner | Steffisburg | 1962 | 01:32:06 |
| Kreienbühl | Christian | Rüti ZH | 1981 | 00:10:22 |
| Kreienbühl | Fridolin | Rüti ZH | 1954 | 01:37:52 |
| Kreienbühl | Matthias | Rüti ZH | 1978 | 00:34:59 |
| Kress | Otto | Schwanden GL | 1960 | 01:37:53 |
| Krieg | Andreas | Galgenen | 1981 | 00:12:37 |
| Krieg | Stefan | Galgenen | 1980 | 00:12:04 |
| Kroeger | Juergen | Miex | 1964 | 01:42:45 |
| Kruesi | Bruno | Wil SG | 1943 | 01:33:25 |
| Kuebler | Thomas | Uster | 1966 | 01:34:10 |
| Kuebli | Peter | Wolfhausen | 1958 | 01:59:58 |
| Kuehnis | Stefan | Aathal-Seegräben | 1980 | 00:10:40 |
| Kueng | Hans-Ulrich | Full-Reuenthal | 1953 | 01:25:45 |
| Kuepfer | Marcel | Seuzach | 1960 | 01:41:08 |
| Kuerner | Stefan | Hüntwangen | 1979 | 00:12:50 |
| Kuersteiner | Bernard | Bassersdorf | 1952 | 01:34:57 |
| Kuettel | Stefan | Lachen SZ | 1982 | 00:11:10 |
| Kufner | Gerd | Lindau-Bodolz | 1944 | 01:32:07 |
| Kugler | Sandra | Langnau am Albis | 1972 | 00:43:19 |
| Kuhn | Agnes | Bolligen Dorf | 1952 | 01:36:45 |
| Kuhn | Albert | Zürich | 1955 | 01:13:28 |
| Kuhn | Andreas | Fällanden | 1968 | 00:41:53 |
| Kuhn | Bernard | Bolligen Dorf | 1947 | 01:28:48 |
| Kuhn | Hanspeter | Gattikon | 1947 | 01:25:18 |
| Kuhn | Hans-Uli | Langnau a.A. | 1959 | 02:24:01 |
| Kuhn | Jacqueline | Winterthur | 1961 | 01:35:03 |
| Kuhn | Manfred | Uhwiesen | 1951 | 01:51:59 |
| Kuhn | Reinhard | Gempen | 1947 | 01:44:37 |
| Kuhn | Werner | Wettswil | 1955 | 01:34:36 |
| Kühne | Heinz | Pfungen | 1952 | 01:43:20 |
| Kühne | Jörg | Jona | 1949 | 01:14:52 |
| Kühne | Raphael | Flawil | 1956 | 01:39:52 |
| Kummer | Willy | Zürich | 1938 | 01:53:41 |
| Kump | Zigo | Burgdorf | 1954 | 01:47:35 |
| Kundert | Stephan | Rheinfelden | 1961 | 01:31:03 |
| Kundert | Ueli | Kloten | 1950 | 01:50:25 |
| Kündig | Helga | Rüschlikon | 1928 | 01:51:17 |
| Küng | Paul | Baar | 1940 | 00:43:42 |
| Kunz | Bernhard | Pratteln | 1961 | 01:35:55 |
| Kunz | Erich | Nänikon | 1975 | 00:32:33 |
| Kunz | Fabian | Emmenbrücke | 1966 | 01:15:50 |
| Kunz | Hans U. | Dübendorf | 1952 | 01:39:45 |
| Kunz | Mark | Winterthur | 1974 | 00:31:43 |
| Kunz | Mathias | Neuenkirch | 1979 | 00:09:30 |
| Kunz | Max | Wald ZH | 1968 | 01:42:09 |
| Kunz | Maya | Gibswil-Ried | 1953 | 00:39:48 |
| Kunz | Reinhard | Nänikon | 1949 | 01:29:01 |
| Kunz | Ruedi | Uster | 1951 | 01:57:17 |
| Kunz | Toni | Buchs AG | 1956 | 01:24:34 |
| Kunz | Vreni | Nänikon | 1952 | 01:48:10 |
| Künzler | Margrit | Oetwil am See | 1943 | 01:42:17 |
| Künzli | Matthias | Rüti ZH | 1973 | 01:47:12 |

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|-------------|-----------|-----------------------|------|----------|
| Künzli | Peter | Wallisellen | 1944 | 01:36:33 |
| Künzli | Roland | Wetzikon ZH | 1958 | 01:44:10 |
| Kurath | Daniel | Wichtrach | 1959 | 01:29:52 |
| Kurath | Gabi | Wichtrach | 1963 | 00:37:49 |
| Kurath | Rene | Uster | 1954 | 01:58:18 |
| Kurcz | Stefan | Wetzikon ZH | 1935 | 01:59:37 |
| Kuriger | Ruedi | Einsiedeln | 1955 | 01:18:53 |
| Kurmann | Andy | Bassersdorf | 1953 | 00:36:37 |
| Kurt | Fred | Herzogenbuchsee | 1947 | 01:34:13 |
| Kurth | Ueli | Märwil | 1952 | 01:51:14 |
| Kurz | Albert | Uster | 1958 | 01:49:32 |
| Kuster | Otto | Thalwil | 1941 | 01:32:07 |
| Kuster | Rudolf | Luzern | 1947 | 02:03:32 |
| Küttel | Christian | Adliswil | 1965 | 01:25:30 |
| Küttel | Marzell | Lachen SZ | 1979 | 00:09:08 |
| Kyburz | Michael | Riehen | 1967 | 01:43:41 |
| Labhart | Ernst | Dübendorf | 1949 | 01:56:48 |
| Lachenmeier | Jodok | Murg | 1977 | 00:30:02 |
| Lacher | Franz | Uster | 1964 | 01:19:06 |
| Lamprecht | Edwin | Benglen | 1946 | 01:47:38 |
| Lamprecht | Heidi | Klingnau | 1940 | 00:40:23 |
| Lamprecht | Pascal | Benglen | 1975 | 00:36:42 |
| Landheer | Alber | Uster | 1957 | 01:58:06 |
| Landheer | Michel | Uster | 1976 | 00:38:06 |
| Landini | Alberto | Untersiggenthal | 1947 | 01:42:37 |
| Landis | Corinna | Wasterkingen | 1982 | 00:13:16 |
| Landis | Rosmarie | Wasterkingen | 1955 | 00:42:15 |
| Landis | Willi | Wasterkingen | 1952 | 00:38:42 |
| Landis | Yvonne | Zürich | 1965 | 00:35:32 |
| Landolt | Franz | Sulzbach | 1953 | 01:23:56 |
| Landolt | Fredi | Zollikon | 1944 | 00:32:41 |
| Landolt | Josef | Ermenswil | 1951 | 01:30:16 |
| Landtwing | Andreas | Stäfa | 1960 | 01:30:46 |
| Lang | Brigitte | Uster | 1952 | 00:39:22 |
| Lang | Karl | Zollikerberg | 1939 | 01:46:23 |
| Lang | Peter | Basel | 1940 | 01:18:45 |
| Längauer | Bernhard | Dübendorf | 1944 | 01:35:45 |
| Langenauer | Jack | Embrach | 1957 | 01:29:48 |
| Langenegger | Regula | Schlatt b. Winterthur | 1959 | 00:40:30 |
| Langhart | Dora | Chur | 1957 | 00:39:07 |
| Langhart | Dorli | Chur | 1957 | 00:39:07 |
| Langhart | Stefan | Chur | 1959 | 01:35:40 |
| Languetin | Etienne | Bern | 1962 | 01:13:52 |
| Lantz | Bruno | Gossau ZH | 1953 | 02:03:35 |
| Lantz | Roland | Uster | 1952 | 02:04:22 |
| Lanz | Matthias | Oftringen | 1979 | 00:11:25 |
| Lanz | Peter | Unterengstringen | 1961 | 01:47:15 |
| Lanz | Vreni | Morges | 1970 | 00:41:52 |
| Laprevote | René | Oberrieden | 1946 | 01:39:40 |
| Lassmann | Fredi | Zürich | 1963 | 01:26:01 |
| Lattmann | Rene | Binningen | 1953 | 01:53:13 |
| Läuffer | Jolanda | Siebnen | 1979 | 00:10:30 |
| Lauper | Andreas | Schönbühl-Urtenen | 1960 | 01:24:57 |
| Lauri | Bernhard | Pfäffikon SZ | 1974 | 00:38:06 |

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|----------------|-------------|------------------------|------|----------|
| Lavanchy | Christian | Volketswil | 1984 | 00:13:33 |
| Lavanchy | Daniel | Volketswil | 1953 | 01:47:04 |
| Lazzari | Alfio | Rüti ZH | 1962 | 01:48:01 |
| Lebrecht | André | Küsnacht ZH | 1959 | 01:39:59 |
| Lechmann | Georg | Gurtellen | 1947 | 01:21:20 |
| Ledergerber | Erwin | Gossau SG | 1955 | 01:32:20 |
| Leemann | Barbara | Ebmatingen | 1973 | 00:40:10 |
| Leemann | Bethli | Ebmatingen | 1937 | 01:55:51 |
| Leemann | Emil | Ebmatingen | 1934 | 01:58:20 |
| Lehmann | Edith | Nürensdorf | 1934 | 00:37:47 |
| Lehmann | Ernst | Nidau | 1947 | 01:39:57 |
| Lehmann | Linda | Wetzikon ZH | 1944 | 00:39:38 |
| Lehmann | Peter | Güttingen | 1962 | 01:19:50 |
| Lehmann | Robert | Dürnten | 1948 | 01:44:33 |
| Lehmann | Ruedi | Zürich | 1948 | 01:43:29 |
| Lehnherr | Thomas | Thun | 1970 | 01:41:52 |
| Leimbacher | Erwin | Dietlikon | 1951 | 01:41:05 |
| Leimbacher | Urban | Dietlikon | 1981 | 00:10:56 |
| Leimgruebler | Adrian | Geroldswil | 1960 | 01:50:20 |
| Leiser | Martin | Zürich | 1970 | 01:27:06 |
| Leisse | Werner | Gailingen am Hochrhein | 1958 | 01:19:29 |
| Lembachner | Jörg | Uster | 1962 | 00:37:07 |
| Lemmenmeier | Ernst | Jona | 1948 | 01:41:12 |
| Lemmer | Michael | Mönchaltorf | 1974 | 01:14:13 |
| Lendenmann | Bruno | Teufen AR | 1953 | 01:36:22 |
| Lengacher | Franz-Peter | Adliswil | 1942 | 01:56:34 |
| Lengen | Gabriel | Embrach | 1959 | 00:36:53 |
| Lerch | Hans | Uetikon am See | 1950 | 01:48:04 |
| Leu | Franz-Joerg | Neuhausen am Rheinfl | 1948 | 01:28:57 |
| Leu | Robert | Au ZH | 1944 | 01:42:12 |
| Leuch | Beat | Zuben | 1962 | 01:24:47 |
| Leuch | Kurt | Oberengstringen | 1959 | 01:59:52 |
| Leuenberger | Alfred | Embrach | 1952 | 01:15:13 |
| Leuenberger | Ernst | Bern | 1919 | 02:09:20 |
| Leuenberger | Walter | Gattikon | 1945 | 01:30:23 |
| Leupp | Corinne | Uster | 1975 | 00:37:35 |
| Leupp | Fredi | Uster | 1947 | 01:27:42 |
| Leupp | Reto | Uster | 1979 | 00:10:57 |
| Leutenegger | Erich | Boniswil | 1955 | 01:26:14 |
| Leutenegger | Philipp | Schwerzenbach | 1962 | 01:33:19 |
| Leutwiler | Roger | Wangen b. Dübendorf | 1969 | 01:36:23 |
| Leutwyler | Peter | Frauenfeld | 1944 | 00:39:16 |
| Leuzinger | Maja | Ebmatingen | 1957 | 00:46:07 |
| Lichtensteiger | Urs | Islikon | 1970 | 00:26:57 |
| Lieber | Walter | Illnau | 1941 | 00:32:15 |
| Liebi | Lars | Forch | 1976 | 00:29:18 |
| Liechti | Christian | Thayngen | 1957 | 01:52:29 |
| Liechti | Martin | Grosshöchstetten | 1970 | 01:57:14 |
| Lienhard | Dieter | Kindhausen AG | 1975 | 01:26:53 |
| Lienhard | Iris | Kindhausen AG | 1945 | 01:47:21 |
| Lindauer | Beat | Dübendorf | 1957 | 01:41:14 |
| Lindenmann | Rolf | Binz | 1937 | 00:42:27 |
| Linder | Jean-Marc | Vercorin | 1949 | 01:46:00 |
| Lingg | Isidor | Schwerzenbach | 1950 | 01:56:07 |

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|------------------|-------------|-------------------------|------|----------|
| Linsi | Kurt | Brütten | 1953 | 01:38:17 |
| Lips | Anni | Ebmatingen | 1942 | 01:42:57 |
| Lips | Heinz | Ebmatingen | 1936 | 01:37:08 |
| Lips | Juerg | Herrliberg | 1943 | 01:23:07 |
| Lips | René | Affoltern am Albis | 1945 | 02:02:57 |
| Lips | Theodor | Dübendorf | 1949 | 01:40:59 |
| Liviero | Vincenzo | Turgi | 1947 | 01:40:42 |
| Lloret | Ignacio | St. Gallen | 1967 | 01:20:42 |
| Lochbaum | Frank | Volketswil | 1963 | 00:41:06 |
| Locher | Dora | Nebikon | 1962 | 02:12:18 |
| Locher | Heidy | Nebikon | 1961 | 02:09:35 |
| Locher | Kurt | Oberwil-Lieli | 1945 | 01:56:12 |
| Locher | Renata | Zollikerberg | 1966 | 00:42:45 |
| Locher | Yvo | Jonen | 1964 | 01:28:36 |
| Loeffler | Otto | Dietikon | 1958 | 01:30:37 |
| Loertscher | Alexander | Greifensee | 1973 | 01:22:40 |
| Loertscher | Edgar | Greifensee | 1945 | 02:02:52 |
| Loertscher | Regula | Trin Mulin | 1965 | 00:44:38 |
| Loher | Werner | Seuzach | 1949 | 01:28:46 |
| Lohner | Markus | Bertschikon (Gossau ZH) | 1970 | 01:45:05 |
| Lomazzi | Brigitte | Zürich | 1960 | 00:48:09 |
| Looser | Heinz | Wittenbach | 1949 | 01:52:46 |
| Loosli | Peter | Riehen | 1948 | 01:36:29 |
| Lötscher | Daniel | Paspels | 1963 | 01:28:29 |
| Lüber | Walter | St. Gallen | 1953 | 01:19:52 |
| Luce-Dellsperger | Franziska | Galmiz | 1962 | 01:30:26 |
| Luchsinger | Susanne | Wagen | 1954 | 02:07:21 |
| Lüdi | René | Uster | 1945 | 00:41:10 |
| Ludwig | Andreas | Sagogn | 1974 | 00:28:16 |
| Ludwig | Nicole | Rümlang | 1970 | 00:39:04 |
| Luechinger | Andrea | Kriessern | 1981 | 00:10:21 |
| Luechinger | Nadja | Kriessern | 1980 | 00:10:39 |
| Luedi | Maya | Uster | 1974 | 00:39:52 |
| Lueoend | Silavno | Zürich | 1948 | 01:40:01 |
| Luescher | Andi | Greifensee | 1961 | 01:20:23 |
| Luescher | Dieter | Muhen | 1971 | 01:25:07 |
| Lundin | Kerstin | Zürich | 1958 | 00:39:18 |
| Lupart | Ernst | Adliswil | 1954 | 01:27:09 |
| Lüscher | Barbara | Nänikon | 1960 | 01:32:21 |
| Lüscher | Peter | Zürich | 1953 | 01:29:01 |
| Lüscher | Roland | Frenkendorf | 1950 | 01:35:09 |
| Lüscher | Stefan | Eschlikon TG | 1956 | 01:12:03 |
| Lusti | Heinz | Winterthur | 1950 | 01:23:41 |
| Lüthi | Ernst | Bern | 1959 | 01:49:45 |
| Lüthi | Gerhard | Effretikon | 1950 | 01:30:46 |
| Lüthi | Marina | Schlieren | 1968 | 01:44:06 |
| Lüthi | Peter | Frauenfeld | 1945 | 01:52:09 |
| Lüthi | Ruedi | Aarau | 1943 | 01:32:18 |
| Lüthy | Walter | Brugg AG | 1945 | 01:27:06 |
| Luttringer | Marie-Paule | Hochstatt | 1957 | 01:44:19 |
| Lutz | Anne-Marie | Glattfelden | 1944 | 00:41:00 |
| Lutz | Denis | Glattfelden | 1983 | 00:12:01 |
| Lutz | Ernst | Greifensee | 1948 | 02:02:01 |
| Lutz | Jonelle | Glattfelden | 1981 | 00:12:39 |

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|-------------|------------|---------------------|------|----------|
| Lutz | Peter | Glattfelden | 1951 | 01:37:50 |
| Luxemburger | Roland | Gottmadingen | 1958 | 00:37:20 |
| Maag | Barbara | Höri | 1957 | 00:41:37 |
| Maag | Bernadette | Grünigen | 1956 | 01:38:37 |
| Maag | Markus | Wolfenschiessen | 1965 | 01:44:27 |
| Maag | Thomas | Siebnen | 1982 | 00:10:34 |
| Maag-Buol | Sylvia | Grenchen | 1942 | 00:39:38 |
| Maas | Patrick | Eischen | 1957 | 01:33:07 |
| Määttänen | Ulla | Zürich | 1962 | 00:50:34 |
| Maciariello | Luigi | Mogelsberg | 1967 | 01:39:27 |
| Maciariello | Luigi | St. Gallen | 1962 | 01:24:26 |
| Mader | Eva | Hombrechtikon | 1955 | 01:54:19 |
| Madoerin | Walter | Frenkendorf | 1960 | 01:21:18 |
| Maechler | Barbara | Greifensee | 1959 | 01:54:30 |
| Maechler | Daniel | Vorderthal | 1974 | 00:26:26 |
| Maechler | Michael | Greifensee | 1952 | 01:30:49 |
| Maechler | Pascal | Galgenen | 1979 | 00:10:10 |
| Maechler | Roman | Galgenen | 1982 | 00:10:59 |
| Maedel | Neil | Ottikon (Gossau ZH) | 1958 | 01:38:42 |
| Maeder | Heinz | Mönchaltorf | 1948 | 01:49:28 |
| Maendli | Dieter | Dachsen | 1955 | 01:33:46 |
| Maetzener | Andre | St. Gallen | 1942 | 02:15:46 |
| Maffi | Sergio | Wilchingen | 1958 | 01:32:15 |
| Maier | Benno | Tengen | 1959 | 01:35:16 |
| Maier | Markus | Kronbühl | 1956 | 01:48:58 |
| Maillard | Fabio | Wettingen | 1969 | 01:36:10 |
| Maillard | Stephane | Bern | 1964 | 01:40:19 |
| Major | Andrea | Ebmatingen | 1980 | 00:11:35 |
| Major | Andrea | Ebmatingen | 1980 | 00:11:44 |
| Makos | Martin | Langendorf | 1961 | 01:22:08 |
| Malär | Werner | Winterthur | 1957 | 01:52:09 |
| Mallia | Natascha | Schaffhausen | 1981 | 00:11:17 |
| Mani | Hanspeter | Schwerzenbach | 1959 | 01:41:48 |
| Manser | Emil | Gockhausen | 1945 | 02:03:12 |
| Manser | Ursula | Neftenbach | 1958 | 01:36:38 |
| Manz | Andrea | Winterthur | 1977 | 00:38:54 |
| Manz | Christine | Winterthur | 1953 | 00:38:58 |
| Manz | Christoph | Winterthur | 1979 | 00:10:05 |
| Manz | Werner | Winterthur | 1946 | 01:38:32 |
| Marbach | Esther | Rothrist | 1954 | 01:43:53 |
| Markoff | Roland | Chur | 1937 | 00:42:45 |
| Marolf | Kurt | Bonstetten | 1957 | 01:31:10 |
| Maron | Beat | Volketswil | 1963 | 01:42:48 |
| Marques | Francisco | Uster | 1958 | 00:36:15 |
| Marthaler | Susanne | Wangen ZH | 1945 | 01:56:23 |
| Marti | Andreas | Mollis | 1965 | 00:36:43 |
| Marti | Beatrix | Oberwil BL | 1962 | 02:00:07 |
| Marti | Christian | Zürich | 1952 | 01:30:38 |
| Marti | Fritz | Fällanden | 1938 | 01:52:15 |
| Marti | Hans | Scuol | 1951 | 01:44:26 |
| Marti | Jakob | Glarus | 1965 | 01:08:04 |
| Marti | Reto | Ittigen | 1975 | 00:31:14 |
| Marti | Saemi | Zürich | 1958 | 01:28:51 |
| Marti | Vreni | Greifensee | 1942 | 00:44:49 |

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|-------------|-----------|-------------------|------|----------|
| Marti | Werner | Kehrsatz | 1948 | 02:02:01 |
| Martin | Othmar | Uster | 1948 | 00:35:41 |
| Mastrobuoni | Paolo | Dübendorf | 1953 | 02:17:06 |
| Materna | Inge | Allensbach 2 | 1948 | 01:32:24 |
| Mathis | Max | Schliern b. Köniz | 1946 | 02:00:28 |
| Mathys | Katrin | Würenlos | 1945 | 00:36:54 |
| Mathys | Peter | Fällanden | 1957 | 01:37:02 |
| Mathys | Ruth | Stäfa | 1940 | 02:05:59 |
| Matt | Michael | Lachen SZ | 1976 | 00:29:04 |
| Matt | Sonja | Lachen SZ | 1981 | 00:11:05 |
| Matter | Daniel | Wallisellen | 1957 | 01:34:42 |
| Mattes | Christoph | Flawil | 1954 | 01:45:49 |
| Matti | Beat | Kloten | 1954 | 01:36:03 |
| Mattig | Walter | Zürich | 1945 | 01:45:14 |
| Mattrel | Peter | Uster | 1946 | 01:32:53 |
| Matzinger | Kurt | St. Gallen | 1941 | 01:36:08 |
| Mauler | Erna | Dietikon | 1943 | 02:02:53 |
| Maurer | Beat | Reinach BL | 1949 | 01:34:38 |
| Maurer | Erika | Pfaffhausen | 1941 | 01:55:51 |
| Maurer | Otto | Fällanden | 1934 | 01:47:50 |
| Maurer | Urs | Hittnau | 1965 | 01:35:31 |
| Maurer | Willi | Pfaffhausen | 1934 | 01:41:48 |
| May | Edith | Horgen | 1945 | 02:17:57 |
| Mayer | Guido | Hefenhofen | 1957 | 01:37:44 |
| Mayr | Anton | Niederhasli | 1960 | 01:26:14 |
| Mazenauer | Marianne | Gockhausen | 1929 | 00:47:50 |
| Mc Loughlin | Martin | | 1965 | 01:03:39 |
| Meichtry | Stefan | Basel | 1959 | 01:23:32 |
| Meienberger | Raphael | Aarburg | 1966 | 01:28:16 |
| Meier | Andreas | Uster | 1971 | 00:35:35 |
| Meier | August | Hinwil | 1938 | 00:29:58 |
| Meier | Caroline | Magden | 1965 | 01:58:52 |
| Meier | Daniel | Schaffhausen | 1966 | 01:44:50 |
| Meier | Dominik | Rothenburg | 1980 | 00:09:31 |
| Meier | Eduard | Samstagern | 1948 | 01:39:37 |
| Meier | Erich | Effretikon | 1955 | 01:39:56 |
| Meier | Ernst | Wolfhausen | 1956 | 01:21:23 |
| Meier | Eugen | Schübelbach | 1950 | 01:24:50 |
| Meier | Eveline | Galgenen | 1979 | 00:11:06 |
| Meier | Fritz | Bern | 1943 | 01:37:00 |
| Meier | Gerhard | Sargans | 1965 | 01:47:11 |
| Meier | Hansueli | Zürich | 1943 | 01:42:06 |
| Meier | Heinz | Pfäffikon ZH | 1959 | 01:32:55 |
| Meier | Heinz | Dürnten | 1969 | 01:34:47 |
| Meier | Juerg | Oetwil am See | 1961 | 00:40:48 |
| Meier | Marc | Hinwil | 1976 | 00:32:45 |
| Meier | Markus | Zürich | 1970 | 01:51:49 |
| Meier | Martina | Zürich | 1974 | 01:37:20 |
| Meier | Max | Zürich | 1951 | 01:29:55 |
| Meier | Monika | Wolfhausen | 1964 | 00:40:49 |
| Meier | Nadine | Galgenen | 1979 | 00:10:36 |
| Meier | Patricia | Schmerikon | 1983 | 00:13:16 |
| Meier | Peter | Rüti ZH | 1943 | 01:31:59 |
| Meier | Pia | Zürich | 1963 | 00:39:11 |

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|-------------|-------------|------------------|------|----------|
| Meier | Remo | Uster | 1963 | 01:36:04 |
| Meier | Roger | Volketswil | 1968 | 01:41:58 |
| Meier | Roger | Dällikon | 1968 | 01:35:10 |
| Meier | Ulrich | Uster | 1947 | 01:46:13 |
| Meier | Urs | Trüllikon | 1964 | 01:09:58 |
| Meier | Werner | Birchwil | 1949 | 01:10:51 |
| Meier | Wilfried | Schlieren | 1948 | 01:32:52 |
| Meierhofer | Jürg | Zürich | 1968 | 01:33:32 |
| Meierhofer | Markus | Zürich | 1969 | 01:36:17 |
| Meili | Albert | Hettlingen | 1944 | 01:42:55 |
| Meili | Carmen | Fällanden | 1967 | 00:41:02 |
| Meili | Elisabeth | Hettlingen | 1946 | 01:46:16 |
| Meili | Hans Peter | Russikon | 1951 | 00:36:06 |
| Meiller | Richard | Hegnau | 1948 | 01:44:40 |
| Meissner | Helmut | Uster | 1935 | 01:43:31 |
| Meister | Christian | Zürich | 1963 | 01:30:42 |
| Meister | Manfred | Hüfingen | 1943 | 01:24:26 |
| Meister | Patrick | Zürich | 1967 | 01:26:32 |
| Meister | Roland | Winterthur | 1963 | 01:15:55 |
| Meister | Ueli | Dübendorf | 1957 | 01:35:32 |
| Melliger | Josef | Kloten | 1945 | 01:37:00 |
| Meneau | Daniel | Corbau | 1955 | 01:29:46 |
| Menegon | Aldo | Chur | 1967 | 02:07:56 |
| Menzi | Stefan | Jona | 1982 | 00:11:00 |
| Merk | Michael | Dietlikon | 1956 | 01:28:11 |
| Merk | Richi | Oetwil am See | 1954 | 01:44:45 |
| Merki | Robert | Zürich | 1959 | 01:23:12 |
| Merkle | Kurt | Grünigen | 1945 | 01:42:13 |
| Merkt | Jürg | Bülach | 1964 | 01:25:01 |
| Mertenat | Pierre | Moutier | 1950 | 01:21:26 |
| Mesry | Kourosh | Zürich | 1962 | 01:52:34 |
| Messikommer | Beat | Wetzikon ZH | 1959 | 01:37:35 |
| Messikommer | Pascal | Aathal-Seegräben | 1980 | 00:10:41 |
| Messmer | Bernd | Kreuzlingen | 1963 | 01:40:48 |
| Messmer | Matthias | Konstanz | 1963 | 01:31:13 |
| Métraux | Camille | Würenlingen | 1976 | 00:45:57 |
| Métraux | Claude | Würenlingen | 1948 | 01:55:13 |
| Métraux | Seline | Würenlingen | 1978 | 00:34:51 |
| Mettler | Andreas | Hombrechtikon | 1954 | 01:21:41 |
| Mettler | Rene | Fehraltorf | 1958 | 01:46:03 |
| Metzger | Norbert | Wald ZH | 1968 | 00:30:25 |
| Metzger | Ruth | Ebmatingen | 1947 | 01:50:15 |
| Meuli | Hans Martin | Chur | 1967 | 00:29:24 |
| Meur | Hildegard | Frauenfeld | 1954 | 01:38:36 |
| Meuwly | Marcel | Marly | 1959 | 01:25:00 |
| Meyer | Alex | Seuzach | 1951 | 01:35:53 |
| Meyer | Andreas | Zollikon Dorf | 1959 | 01:42:03 |
| Meyer | Hans-Ulrich | Bassersdorf | 1954 | 01:34:49 |
| Meyer | Jakob | Rafz | 1954 | 00:37:43 |
| Meyer | Kurt | Veltheim AG | 1955 | 01:31:28 |
| Meyer | Regina | Langnau am Albis | 1947 | 00:44:33 |
| Meyer | Robert | Bonstetten | 1956 | 01:29:43 |
| Meyer | Rolf | Greifensee | 1953 | 02:11:02 |
| Meyer | Ruth | Dübendorf | 1961 | 00:38:51 |

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|----------------|-----------------|----------------|------|----------|
| Meyer | Urs | Niederglatt ZH | 1942 | 01:34:48 |
| Meyer | Walter | Stetten AG | 1954 | 01:48:41 |
| Meyerhofer | Silvia | Dietikon | 1957 | 00:52:54 |
| Michel | Gottfried | Winterthur | 1927 | 01:33:19 |
| Michel | Stefan | Rümlang | 1967 | 00:39:01 |
| Michel | Thomas | Arni-Islisberg | 1951 | 01:49:45 |
| Michel | Werner | Stallikon | 1949 | 00:36:09 |
| Mielebacher | Rolf | Zürich | 1970 | 00:35:46 |
| Mieville | Pascal | Les Marécottes | 1967 | 01:21:57 |
| Mira | Adrian | Wermatswil | 1973 | 00:26:23 |
| Mira | Silvio | Wermatswil | 1946 | 02:11:45 |
| Mitteldorf | Martin | Watt | 1952 | 01:44:24 |
| Miyawaki | Kazuyoshi | Leysin | 1974 | 01:42:49 |
| Moeckli | Peter | Dietikon | 1974 | 00:33:10 |
| Moelk | Juergen | Bonaduz | 1944 | 00:29:29 |
| Moelk | Silvia | Bonaduz | 1981 | 00:12:03 |
| Mohn | Markus | Uster | 1963 | 00:38:33 |
| Mohn | Richard | Uster | 1966 | 01:36:00 |
| Mohr | Benny | Volketswil | 1965 | 01:26:39 |
| Molinari | Silvio | Zürich | 1946 | 02:04:57 |
| Monigatti | Armando | Zürich | 1948 | 02:11:01 |
| Monsch | Hans | Volketswil | 1943 | 02:04:31 |
| Monti | Franco | Hintereggen | 1963 | 00:33:00 |
| Moos | Hansruedi | Uster | 1949 | 01:56:40 |
| Morell | Reto | Oberembrach | 1947 | 00:36:48 |
| Morf | Elvira | Uster | 1951 | 00:42:59 |
| Morf | Lukas | Maur | 1975 | 00:31:23 |
| Morf | Martin | Dürnten | 1945 | 01:41:03 |
| Morf | Rico | Horgen | 1935 | 01:34:04 |
| Morf | Werner | Wallisellen | 1941 | 01:47:54 |
| Mörgeli | Beat | Zürich | 1959 | 01:42:14 |
| Morgenegg | Fabienne | Wangen ZH | 1980 | 00:13:22 |
| Morgenegg | Hansruedi | Wangen ZH | 1948 | 01:55:01 |
| Morgenegg | Philippe | Wangen ZH | 1982 | 00:10:46 |
| Morger | Benno | Ernetschwil | 1963 | 01:46:46 |
| Moser | Bruno | Oberhasli | 1943 | 01:39:20 |
| Moser | Charles Nicolas | Murten | 1970 | 01:33:22 |
| Moser | Fabienne | Chur | 1971 | 01:47:47 |
| Moser | Hans-Rudolf | Basel | 1953 | 02:04:56 |
| Moser | Helene | Leimbach TG | 1949 | 01:50:41 |
| Moser | Katherina | Biel/Bienne | 1967 | 00:51:20 |
| Moser | Markus | Zürich | 1964 | 01:40:59 |
| Moser | Roger | Wermatswil | 1963 | 01:32:00 |
| Moser | Roland | Uster | 1956 | 01:15:17 |
| Moser | Walter | Pfäffikon ZH | 1950 | 01:26:15 |
| Moser | Werner | Leimbach TG | 1949 | 01:27:43 |
| Moser-Pitschen | Dewet | Zwillikon | 1960 | 01:27:45 |
| Mosimann | Rebekka | Biel-Benken BL | 1971 | 00:39:03 |
| Muedespacher | Damaris | Hinwil | 1975 | 00:31:45 |
| Muehleemann | Markus | Matzingen | 1958 | 01:46:32 |
| Muehletaler | Heidi | Winterthur | 1970 | 00:44:46 |
| Muehlethaler | Theres | Aeschi SO | 1952 | 00:37:17 |
| Mueller | Marco | Uster | 1957 | 00:40:44 |
| Muenger | Bruno Peter | Uster | 1961 | 01:34:34 |

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|--------------|-----------|-------------------------|------|----------|
| Mueri | Hannes | Jegenstorf | 1967 | 01:46:18 |
| Muff | Erich | Wittenbach | 1941 | 01:38:09 |
| Muffler | Peter | Reichenburg | 1958 | 01:38:21 |
| Muggli | Kathrin | Wolfhausen | 1969 | 00:43:32 |
| Muggli | Thomas | Bubikon | 1962 | 01:32:36 |
| Mühlestein | Ernst | Dübendorf | 1940 | 01:22:03 |
| Muhmenthaler | Ren | Eglisau | 1956 | 01:34:48 |
| Müller | Alois | Dietikon | 1952 | 01:35:51 |
| Müller | Arthur | Dietikon | 1945 | 01:35:46 |
| Müller | Aurea | Fällanden | 1954 | 02:13:43 |
| Müller | Beat | Zürich | 1951 | 01:37:56 |
| Müller | Daniel | Mogelsberg | 1960 | 01:40:02 |
| Müller | Doris | Teufen AR | 1950 | 01:39:47 |
| Müller | Doris | Winterthur | 1957 | 00:36:19 |
| Müller | Eduard | Einsiedeln | 1941 | 01:23:13 |
| Müller | Ernst | Kaltbrunn | 1961 | 01:35:30 |
| Müller | Erwin | Oberkirch LU | 1966 | 01:38:36 |
| Müller | Evelyne | Zürich | 1953 | 01:52:03 |
| Müller | Gabi | Erlenbach ZH | 1963 | 00:50:35 |
| Müller | Gabriela | Russikon | 1962 | 00:50:32 |
| Müller | Gitta | Chur | 1951 | 00:39:10 |
| Müller | Gottfried | Tuggen | 1936 | 01:30:54 |
| Müller | Heinz | Emmen | 1922 | 02:04:30 |
| Müller | Heinz | Uster | 1955 | 01:54:54 |
| Müller | Jörg | Gräslikon | 1962 | 01:54:07 |
| Müller | Jürg | Wetzikon ZH | 1941 | 01:36:30 |
| Müller | Kurt | Reutlingen (Winterthur) | 1946 | 01:48:51 |
| Müller | Marcel | Löhningen | 1972 | 00:28:36 |
| Müller | Margrit | Greifensee | 1953 | 00:46:26 |
| Müller | Max | Uster | 1943 | 00:32:53 |
| Müller | Mia | Zürich | 1953 | 02:00:47 |
| Müller | Nick | Oberrieden | 1942 | 01:30:16 |
| Müller | Othmar | Jona | 1945 | 01:37:46 |
| Müller | Peter | Frauenfeld | 1961 | 01:33:30 |
| Müller | Roger | Rüti ZH | 1966 | 01:27:30 |
| Müller | Roland | St. Gallen | 1950 | 01:38:12 |
| Müller | Roland | Feldmeilen | 1961 | 01:54:11 |
| Müller | Ronnie | Oberrieden | 1975 | 00:35:06 |
| Müller | Urs | Zürich | 1966 | 00:33:38 |
| Müller | Urs | Wil SG | 1962 | 01:30:40 |
| Müller | Werner | Oberengstringen | 1952 | 00:35:06 |
| Müllhaupt | Hans Jörg | Adlikon b. Regensdorf | 1944 | 01:19:49 |
| Murbach | Umberto | Horgen | 1948 | 01:34:28 |
| Nachtigall | Heinz | Wernetshausen | 1954 | 01:48:01 |
| Nadler | Beryl | Wasterkingen | 1956 | 00:41:40 |
| Nadler | Urs | Wasterkingen | 1955 | 00:33:52 |
| Naegeli | Heiri | Uster | 1909 | 03:05:52 |
| Naehner | Urs | Hinteregg | 1934 | 01:47:43 |
| Naepfer | Marc | Hinteregg | 1977 | 00:29:36 |
| Nanz | Barbara | Adetswil | 1961 | 01:54:44 |
| Narr | Hanspeter | Thayngen | 1966 | 01:13:47 |
| Nater | Max | Männedorf | 1933 | 00:45:01 |
| Natz | Peter | Birmensdorf ZH | 1945 | 01:50:45 |
| Neff | Josef | Appenzell | 1961 | 01:24:50 |

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|--------------|-------------|-------------------------|------|----------|
| Neff | Rita | Reutlingen (Winterthur) | 1956 | 00:34:59 |
| Netzhammer | Rosa | | 1941 | 01:49:56 |
| Neuhaus | Simon | Gibswil-Ried | 1953 | 01:32:00 |
| Neuweiler | Oskar | Zürich | 1958 | 01:31:13 |
| Neuwiler | Peter | Zürich | 1960 | 01:29:18 |
| Niccli | Ivano | Uster | 1970 | 00:34:23 |
| Nick | Ruedi | Celerina/Schlarigna | 1914 | 02:09:57 |
| Nicklas | Juergen | Pforzheim | 1956 | 01:24:30 |
| Niederberger | Jürg | Feldmeilen | 1970 | 01:48:24 |
| Niederer | Marcel | Wallisellen | 1948 | 02:01:51 |
| Niederer | Michael | Stetten AG | 1968 | 01:48:12 |
| Niederer | Rudolf | Maienfeld | 1950 | 00:37:54 |
| Niederhauser | Vreni | Bern | 1947 | 01:49:01 |
| Niedermann | Roland | Winterthur | 1962 | 01:52:33 |
| Niethammer | Thomas | Frauenfeld | 1960 | 01:23:05 |
| Niffenegger | Viktor | Hinwil | 1952 | 01:30:16 |
| Nigg | Hansjuerg | Bottmingen | 1943 | 01:29:23 |
| Niggli | Christian | Chur | 1943 | 01:19:56 |
| Noemer | Christoph | Bad Saeckingen | 1959 | 01:31:29 |
| Noetzli | Andreas | Kilchberg ZH | 1952 | 01:41:53 |
| Noetzli | Markus | Zürich | 1956 | 02:00:04 |
| Nokes | Christopher | Stallikon | 1944 | 01:56:01 |
| Nolan | Heidi | Winterthur | 1955 | 00:42:39 |
| Nolle | Fritz | Baden | 1938 | 01:34:56 |
| Nootbaar | Uwe | Radolfzell 15 | 1964 | 01:30:42 |
| Notter | Corrado | Widen | 1952 | 01:36:05 |
| Nowak | Helmuth | Nänikon | 1964 | 00:35:39 |
| Nuesch | Hans-Rudolf | Balgach | 1942 | 01:20:14 |
| Nufer | Remo | Effretikon | 1977 | 00:30:12 |
| Nunes | Conceicao | Uster | 1962 | 01:25:06 |
| Nussbaumer | Carine | Buus | 1965 | 01:39:04 |
| Nussbaumer | Peter A. | Stallikon | 1949 | 01:58:36 |
| Nusshold | Anton | Zürich | 1933 | 02:04:07 |
| Nüssli | Nina | Zürich | 1979 | 00:11:04 |
| Nüssli | Sonja | Zürich | 1980 | 00:10:34 |
| Nüssli | Susan | Pfäffikon ZH | 1955 | 01:30:57 |
| Nutt | Hansueli | Zürich | 1961 | 01:35:53 |
| Nyffenegger | Reto | Effretikon | 1974 | 00:36:52 |
| Oberhaensli | Rolf | Affoltern am Albis | 1951 | 00:33:33 |
| Oberhänsli | Angela | Hombrechtikon | 1956 | 00:40:13 |
| Oberholzer | Herbert | Dietlikon | 1951 | 01:21:22 |
| Oberholzer | Jasmin | Kindhausen AG | 1960 | 01:50:09 |
| Oberholzer | Roland | Eschenbach SG | 1977 | 00:34:53 |
| Oberholzer | Silvia | Russikon | 1957 | 00:45:04 |
| Oberli | Beat | Bern | 1963 | 01:18:13 |
| Oberli | Thomas | Schliern b. Köniz | 1964 | 01:16:35 |
| O'Brien | Toby | Winterthur | 1947 | 01:28:28 |
| Obrist | Hans | Gebenstorf | 1950 | 01:56:41 |
| Obrist | Margrit | Ottikon b. Kemptthal | 1955 | 01:53:18 |
| Obrist | Thomas | Ottikon b. Kemptthal | 1955 | 01:42:00 |
| Odaka | Arata | Leysin | 1974 | 01:35:17 |
| Oderbolz | Cornelia | Luzern | 1958 | 02:32:39 |
| Odermatt | Ruedi | Dietikon | 1955 | 01:52:44 |
| Oehler | Charles | Ribeauville | 1951 | 01:36:46 |

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|-------------|------------|-------------------------|------|----------|
| Oehninger | Ernst | Winterthur | 1962 | 02:26:51 |
| Oehninger | Max | Pfäffikon ZH | 1950 | 01:31:51 |
| Oeschger | Thomas | Oberentfelden | 1952 | 01:20:30 |
| Oettli | Ernst | Illighausen | 1959 | 01:44:48 |
| Olboeter | Thomas | Gebenstorf | 1956 | 01:27:18 |
| Olgiasi | Lorenzo | Zürich | 1964 | 01:44:00 |
| Orlando | Antonio | St. Gallen | 1965 | 01:28:28 |
| Ort | Fred | Bertschikon (Gossau ZH) | 1942 | 01:28:35 |
| Ospelt | Vreni | Ottikon (Gossau ZH) | 1955 | 01:35:26 |
| Oss | Stephan | Ammerswil AG | 1979 | 00:09:46 |
| Ostertag | Andreas | Herrliberg | 1957 | 01:13:03 |
| Ostertag | Claude | Basel | 1962 | 01:46:05 |
| Osterwalder | Martin | Liestal | 1963 | 01:15:58 |
| Oswald | Ruedi | Uetikon am See | 1944 | 01:28:34 |
| Ott | Hansruedi | Wiesendangen | 1947 | 01:48:36 |
| Ott | Kathrin | Uster | 1967 | 00:41:27 |
| Ott | Mariann | Uster | 1943 | 00:41:27 |
| Ott | Marlise | Effretikon | 1959 | 00:39:28 |
| Ott | René | Hittnau | 1961 | 01:13:06 |
| Ott | Thomas | Volketswil | 1962 | 01:16:04 |
| Ottiger | Werner | Aarau | 1944 | 01:41:51 |
| Otto | Gregor | Egg b. Zürich | 1960 | 01:22:54 |
| Pace | Ettore | Zürich | 1942 | 01:47:18 |
| Pacheco | Mariano | Volketswil | 1949 | 01:45:10 |
| Padeste | Elisabeth | Horgen | 1938 | 01:49:04 |
| Padeste | Rudolf | Horgen | 1942 | 01:49:05 |
| Paganini | Pio | Muttenz | 1954 | 01:25:31 |
| Pang | Kwee Loy | Zürich | 1953 | 01:26:41 |
| Pang | Micheline | Zürich | 1957 | 01:37:02 |
| Pantilo | Armando | Aarau | 1947 | 01:27:03 |
| Parera | Jacqueline | Wädenswil | 1969 | 00:40:16 |
| Pauletto | Anton | Sulgen | 1950 | 01:39:16 |
| Pauletto | Daniel | Schindellegi | 1957 | 01:37:47 |
| Pauli | Christian | Uster | 1981 | 00:11:03 |
| Pauli | Hansruedi | Uster | 1945 | 00:29:21 |
| Pauling | Dirk | Bottmingen | 1968 | 01:18:00 |
| Pavlovic | Marko | Meilen | 1960 | 01:36:04 |
| Pawar Inder | Singh | Uster | 1956 | 01:45:45 |
| Pearson | Colin | Lauterbrunnen | 1949 | 01:45:51 |
| Pecar | Andrej | Flawil Botsberg | 1946 | 01:50:14 |
| Pellegrini | Rösly | Uster | 1938 | 00:43:43 |
| Peng | Leo | Kloten | 1954 | 01:39:27 |
| Perlia | Philippe | Zürich | 1955 | 01:39:33 |
| Perrottet | Patrick | Gumefens | 1968 | 01:21:37 |
| Persy | Gaby | Muttenz | 1955 | 01:49:16 |
| Peter | Adolf | Gossau SG | 1924 | 02:02:06 |
| Peter | Arthur | Rickenbach ZH | 1946 | 01:36:06 |
| Peter | Elisabeth | Bern | 1961 | 00:35:16 |
| Peter | Esther | Würenlos | 1962 | 01:56:06 |
| Peter | Helene | Zürich | 1958 | 00:47:25 |
| Peter | Hugo | Winkel | 1947 | 01:33:57 |
| Peter | Jeanette | Rorschach | 1956 | 01:49:37 |
| Peter | Max | Rüti ZH | 1945 | 01:28:35 |
| Peter | Sonja | Kloten | 1962 | 02:05:58 |

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|--------------|------------|-------------------------|------|----------|
| Peter | Stéphane | Bertschikon (Gossau ZH) | 1975 | 00:29:32 |
| Peter | Walter | Zürich | 1961 | 01:44:47 |
| Peterhans | Stefan | Fislisbach | 1956 | 00:31:47 |
| Petovello | Roberto | Uster | 1968 | 00:36:04 |
| Petrocchi | Marco | Zürich | 1975 | 00:33:26 |
| Petrus | Jaqueline | Zürich | 1956 | 02:04:44 |
| Pfaendler | Urs | Lufingen | 1954 | 02:04:55 |
| Pfefferkorn | Margrit | Pfaffhausen | 1946 | 01:56:03 |
| Pfeiffer | Klaus | Lommiswil | 1958 | 01:36:01 |
| Pfeiffer | Rahel | Au ZH | 1971 | 00:32:53 |
| Pfenninger | Hans | Kloten | 1943 | 01:21:15 |
| Pfiffner | Robert | Wangs | 1956 | 01:42:27 |
| Pfister | Alain | Esslingen | 1982 | 00:12:51 |
| Pfister | Bruno | Hinteregg | 1958 | 01:46:31 |
| Pfister | Erich | Tagelswangen | 1971 | 01:41:10 |
| Pfister | Etienne | Esslingen | 1984 | 00:13:34 |
| Pfister | Kurt | Esslingen | 1952 | 01:52:29 |
| Pfister | Max | Volketswil | 1957 | 01:39:51 |
| Philipp | Jürg | Adetswil | 1958 | 00:27:00 |
| Piatti | Mario | Zürich | 1952 | 02:05:13 |
| Pillet | Pascal | Vétroz | 1955 | 01:43:05 |
| Pircher | Koni | Uster | 1943 | 00:37:29 |
| Pisano | Marco | Meinisberg | 1965 | 01:21:29 |
| Pittet | Eroll | Oberwil BL | 1946 | 01:48:38 |
| Pitzl | Manfred | Zürich | 1950 | 01:42:11 |
| Plodeck | Kurt | Neftenbach | 1957 | 01:40:39 |
| Poetzsch | Camillo | Sasbachwalden | 1955 | 01:13:49 |
| Poffet | Damian | Fällanden | 1982 | 00:11:43 |
| Pohl | Thomas | Herrliberg | 1954 | 01:58:27 |
| Pollak | Peter | Jona | 1938 | 01:25:51 |
| Ponzio | Waldo | Bellinzona | 1944 | 01:34:07 |
| Prandini | Markus | St. Gallen | 1966 | 01:25:12 |
| Preisig | Andrea | Trogen | 1973 | 00:30:38 |
| Preisig | Max | Effretikon | 1946 | 01:31:13 |
| Priester | Florian | Greifensee | 1981 | 00:10:24 |
| Priester | Tobias | Wetzikon ZH | 1980 | 00:10:22 |
| Probst | Claire | Trin | 1953 | 00:43:40 |
| Puentener | Ernst | Altorf | 1927 | 01:34:16 |
| Pugliese | Gianfranco | Zürich | 1965 | 01:23:09 |
| Puliafito | Franco | Winterthur | 1943 | 01:37:15 |
| Puma | Joseph | Eglisau | 1955 | 01:40:41 |
| Puppis | Claudio | Turgi | 1946 | 01:16:18 |
| Rabensteiner | Hubert | Balzers | 1961 | 01:20:01 |
| Radovanovic | Rolf | Zürich | 1956 | 01:24:13 |
| Rahuet | Josefine | Effretikon | 1945 | 01:44:43 |
| Raible | Thomas | Jona | 1951 | 01:50:48 |
| Raimondi | Ovidio | Grüt (Gossau ZH) | 1958 | 01:40:00 |
| Raimondi | Simona | Uster | 1985 | 00:17:01 |
| Rais Hug | Gabi | Nänikon | 1962 | 00:43:30 |
| Ramaioli | Remo | Brugg AG | 1968 | 01:56:55 |
| Ramp | Colin | Russikon | 1978 | 00:33:30 |
| Ramp | Dominik | Reutlingen (Winterthur) | 1983 | 00:11:44 |
| Ramp | Jakob | Winterthur | 1950 | 01:24:45 |
| Ramp | Martin | Russikon | 1950 | 01:19:29 |

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|--------------|------------|-------------------------|------|----------|
| Ramp | Stefan | Reutlingen (Winterthur) | 1977 | 00:33:12 |
| Ramp | Walter | Uster | 1959 | 02:09:18 |
| Ramseier | Ernst | Muttenz | 1952 | 01:52:47 |
| Ramseier | Urs | Mühledorf SO | 1958 | 01:30:24 |
| Ramseyer | Alfred | Basel | 1934 | 02:10:40 |
| Rapold | Beat | Neuhausen am Rheinflall | 1955 | 01:43:56 |
| Rapold | Emil | Kloten | 1959 | 01:26:23 |
| Raschke | Roland | Dagmersellen | 1960 | 01:15:59 |
| Rast | Alois | Winterthur | 1945 | 01:26:53 |
| Rast | Marlies | Reutlingen (Winterthur) | 1945 | 01:38:29 |
| Rausch | Friedhelm | Dübendorf | 1940 | 01:52:26 |
| Reber | Christian | Cernier | 1968 | 01:32:01 |
| Reber | Erwin | Cernier | 1939 | 01:22:00 |
| Reber | Marlies | Cernier | 1943 | 00:39:10 |
| Reber | Walter | Fraubrunnen | 1953 | 01:42:19 |
| Rebsamen | Marcel | Adetswil | 1958 | 00:40:03 |
| Rechsteiner | Roland | Rickenbach ZH | 1954 | 01:36:33 |
| Reck | Florian | Uster | 1979 | 00:11:23 |
| Reck | Kati | Wermatswil | 1954 | 01:44:44 |
| Reck | Thomas | Gossau ZH | 1956 | 01:35:34 |
| Redding | Karin | Madetswil | 1961 | 01:51:55 |
| Redding | Richard | Madetswil | 1951 | 01:42:28 |
| Redling | Jasmin | Buchs ZH | 1974 | 01:37:30 |
| Rehli | Ursula | Turbenthal | 1952 | 00:33:44 |
| Reich | Lars | Jona | 1970 | 01:35:25 |
| Reich | Walter | Raperswilen | 1948 | 01:54:03 |
| Reichert | Markus | Sirnach | 1960 | 01:27:59 |
| Reichert | Paul | Dagmersellen | 1948 | 01:55:08 |
| Reichlin | Martha | Richterswil | 1951 | 02:07:40 |
| Reinhardt | Erich | Birmensdorf ZH | 1947 | 01:30:27 |
| Reisdorf | Christian | Horgen | 1946 | 01:48:36 |
| Reist | Daniel | Neuenhof | 1956 | 01:38:31 |
| Reller | Beat | Zürich | 1968 | 01:19:01 |
| Remund | Viktor | Lotzwil | 1941 | 01:57:00 |
| Renfer | Jürg | Bülach | 1973 | 01:26:52 |
| Rengel | Peter | Thalheim an der Thur | 1940 | 01:29:21 |
| Renn | Alois | Zürich | 1949 | 01:17:16 |
| Renz | Rene | Corminboeuf | 1958 | 01:10:09 |
| Ressnig | Daniel | Brigerbad | 1959 | 01:11:52 |
| Rettich | Jakob | Mönchaltorf | 1948 | 01:34:36 |
| Reukauf | Irmtraut | Uster | 1941 | 01:34:58 |
| Reukauf | Wolf | Uster | 1941 | 01:58:03 |
| Reutlinger | Reto | Glarus | 1969 | 01:21:17 |
| Rey | Felix | Altendorf | 1954 | 01:42:18 |
| Rhyner | Beat | Pfäffikon ZH | 1959 | 01:54:58 |
| Ribary | Anita | Egg b. Zürich | 1962 | 01:43:07 |
| Ribary | Remo | Hintereggen | 1959 | 01:22:49 |
| Richle | Kathy | Birchwil | 1955 | 02:00:26 |
| Richli | Bernhard | Hallau | 1949 | 01:36:06 |
| Richter | Michael | Wollerau | 1952 | 01:34:28 |
| Rickel | Adelbert | Großlangheim | 1957 | 01:25:15 |
| Rickenbacher | Oliver | Jona | 1974 | 00:35:16 |
| Rickert | Karl-Heinz | Kloten | 1948 | 01:22:40 |
| Rickli | Elizabeth | Schwanden GL | 1980 | 00:10:42 |

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|---------------|-----------|---------------------|------|----------|
| Ricklin | Karl | Uznach | 1970 | 00:30:22 |
| Rieder | Georg | Steffisburg | 1960 | 01:29:39 |
| Riedi | Hansjuerg | Sirnach | 1943 | 01:24:37 |
| Riedo | Markus | Kilchberg ZH | 1952 | 01:48:40 |
| Riesterer | Georg | Waldshut-Tingen | 1972 | 01:41:46 |
| Rihm | Thomas | Egg b. Zürich | 1957 | 01:34:00 |
| Riklin Kuster | Zita | Thalwil | 1960 | 01:55:04 |
| Rinaldi | Ernst | Kollbrunn | 1937 | 01:19:22 |
| Ringger | Ralph | Birchwil | 1966 | 01:23:01 |
| Risi | Walter | Greifensee | 1956 | 01:23:30 |
| Ritter | Cécile | Affoltern am Albis | 1940 | 00:45:46 |
| Ritter | Rolf | Maur | 1954 | 00:33:37 |
| Ritter | Thomas | Hinteregg | 1968 | 01:57:46 |
| Rizzardi | Brigitte | Zürich | 1968 | 00:46:47 |
| Robert-Tissot | Willy | Uster | 1954 | 02:08:35 |
| Rocco | Salvatore | Schwerzenbach | 1960 | 01:16:27 |
| Roellin | Bruno | Birmensdorf ZH | 1955 | 01:27:04 |
| Roemer | Daphne | Zürich | 1967 | 01:51:54 |
| Roeschli | Bruno | Basel | 1956 | 02:05:06 |
| Roffler | Heinz | Grüsch | 1921 | 02:00:13 |
| Rogg | Roman | Diessenhofen | 1952 | 01:35:49 |
| Roggo-Rust | Beatrice | Bern | 1958 | 00:46:19 |
| Rohner | Adrian | Hüntwangen | 1980 | 00:11:29 |
| Rohrbach | Urs | Gibswil-Ried | 1963 | 00:30:02 |
| Rohrer | Henri | Gränichen | 1949 | 00:35:55 |
| Rohrer | Lotti | Gränichen | 1948 | 00:46:54 |
| Rohweder | Soeren | Hinteregg | 1960 | 01:35:53 |
| Roller | Edi | Siebnen | 1945 | 01:22:38 |
| Romann | Max | Baden | 1957 | 01:44:56 |
| Roos | Christian | Spreitenbach | 1968 | 01:08:54 |
| Roos | Philipp | Riehen | 1973 | 01:46:22 |
| Roschi | Rosmarie | Ottikon (Gossau ZH) | 1950 | 01:57:40 |
| Rosenberger | Rudolf | Thalwil | 1944 | 01:59:31 |
| Roshardt | Urs | Zürich | 1957 | 01:36:05 |
| Rosinus | Adrienne | Wallisellen | 1950 | 00:34:14 |
| Rosinus | Renato | Wallisellen | 1951 | 01:16:20 |
| Rossi | Manuel | Uster | 1981 | 00:15:28 |
| Roth | Christian | Affoltern am Albis | 1964 | 01:36:33 |
| Roth | Daniel | Mönchaltorf | 1953 | 00:42:33 |
| Roth | Daniela | Fehraltorf | 1977 | 00:37:24 |
| Roth | Gabriela | Erlinsbach SO | 1982 | 00:10:32 |
| Roth | Hans | Rifferswil | 1917 | 02:06:21 |
| Roth | Hans | Zürich | 1955 | 01:54:32 |
| Roth | Jeannine | Erlinsbach SO | 1981 | 00:11:51 |
| Roth | Michelle | Erlinsbach SO | 1980 | 00:10:00 |
| Roth | Rolf | Wetzikon ZH | 1938 | 02:10:28 |
| Roth | Walter | Oberwil-Lieli | 1948 | 02:04:16 |
| Rothenbach | Daniel | Uster | 1982 | 00:11:18 |
| Rothenbühler | Rolf | Gams | 1957 | 01:38:35 |
| Rothlin | Walter | Bülach | 1945 | 01:44:06 |
| Rowden | Jane | Gutenswil | 1953 | 01:51:58 |
| Roy | Michel | Muri b. Bern | 1946 | 01:50:42 |
| Rubischung | Franz X | Riehen | 1949 | 01:49:58 |
| Ruch | Hansruedi | Uster | 1953 | 01:48:12 |

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|-------------|------------|------------------|------|----------|
| Ruckstuhl | Andy | Illnau | 1982 | 00:11:36 |
| Ruckstuhl | Erwin | Illnau | 1946 | 00:38:00 |
| Ruckstuhl | Guido | Fehraltorf | 1951 | 02:07:42 |
| Ruckstuhl | Martin | Lommis | 1980 | 00:11:01 |
| Rudin | Christine | Höri | 1959 | 00:51:59 |
| Rudin | Dominique | Liestal | 1946 | 01:40:39 |
| Rudin | Rolf | Frenkendorf | 1959 | 00:29:35 |
| Rüdisüli | Josef | Amden | 1961 | 01:38:15 |
| Rüdisüli | Peter | Eschenbach SG | 1953 | 01:45:37 |
| Ruedemann | Ivo | Winterthur | 1964 | 01:22:31 |
| Ruedin | Didier | Männedorf | 1979 | 00:10:45 |
| Ruedisuehli | Hans-Joerg | Gossau SG | 1945 | 00:39:36 |
| Rüedlinger | Irene | Greifensee | 1983 | 00:13:55 |
| Rüedlinger | Walter | Greifensee | 1950 | 01:33:04 |
| Rueegg | August | Kloten | 1942 | 01:36:48 |
| Rueegg | Brigitte | Kloten | 1945 | 01:45:28 |
| Rueegg | Heinrich | Bauma | 1942 | 01:50:31 |
| Rueegg | Jacqueline | Jona | 1955 | 00:46:02 |
| Rueegg | Kurt | Zürich | 1957 | 01:42:23 |
| Rueegg | Kurt | Pfäffikon SZ | 1952 | 01:28:56 |
| Rueegg | Max | Balterswil | 1952 | 01:09:31 |
| Rueegg | Michi | Esslingen | 1978 | 00:35:07 |
| Rueegg | Thomas | Wattwil | 1948 | 01:39:04 |
| Rueegger | Peter | Widen | 1949 | 01:54:57 |
| Rueegsegger | Klaus | Grosshöchstetten | 1970 | 01:35:21 |
| Ruef | Andreas | Hintereg | 1952 | 01:49:33 |
| Ruef | Christian | Andelfingen | 1956 | 01:45:48 |
| Ruefli | Christian | Lengnau BE | 1959 | 01:21:25 |
| Rueger | Claude | Langnau am Albis | 1945 | 01:49:22 |
| Rüegg | Andreas | Pfäffikon ZH | 1980 | 00:10:50 |
| Rüegg | Andreas | Küsnacht ZH | 1946 | 01:42:23 |
| Rüegg | Ernst | Jona | 1952 | 01:38:52 |
| Rüegg | Heidi | Rapperswil SG | 1958 | 01:38:54 |
| Rüegg | Herbert | Jona | 1947 | 01:36:10 |
| Rüegg | Leo | Mönchaltorf | 1951 | 00:39:02 |
| Ruegg | Marcel | Mönchaltorf | 1978 | 00:34:39 |
| Rüegg | Marcel | Mammern | 1962 | 01:51:38 |
| Rüegg | Niklaus | Eschenbach SG | 1945 | 01:21:53 |
| Rüegg | Paul | Jona | 1949 | 01:28:43 |
| Rüegg | Ruth | Mönchaltorf | 1940 | 00:43:53 |
| Rüegg | Werner | Aathal-Seegräben | 1946 | 01:35:57 |
| Rüegsegger | Thomas | Grosshöchstetten | 1966 | 01:34:14 |
| Ruest | Erich | Jona | 1973 | 00:30:52 |
| Ruetti | Andreas | Basel | 1953 | 01:40:26 |
| Rüfenacht | Kurt | Zürich | 1953 | 01:19:44 |
| Rufener | Peter | Basel | 1951 | 01:42:15 |
| Rufer | Elsbeth | Hettlingen | 1950 | 01:57:44 |
| Rufer | Peter | Dübendorf | 1950 | 01:31:25 |
| Rufer | Rolf | Hettlingen | 1950 | 01:57:43 |
| Rüfli | Roland | Ostermundigen | 1956 | 01:36:23 |
| Ruhstaller | Philipp | Brigerbad | 1970 | 00:27:16 |
| Ruppanner | Andi | Kindhausen | 1946 | 01:13:59 |
| Ruppert | Luzi | Feldmeilen | 1945 | 01:54:07 |
| Russi | Andrea | Steinhausen | 1964 | 01:52:31 |

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|----------------|-------------|---------------------|------|----------|
| Russi | Susanne | Altorf | 1969 | 02:02:51 |
| Rusterholz | Fritz | Herrliberg | 1941 | 01:36:43 |
| Rusterholz | Fritz | Herrliberg | 1968 | 01:19:19 |
| Rusterholz | Herbert | Geroldswil | 1954 | 01:50:46 |
| Ruta | Jaroslav | Berikon | 1946 | 01:54:45 |
| Rutishauser | Martin | Oetwil am See | 1967 | 00:32:12 |
| Rutschi | Fredi | Zürich | 1953 | 01:44:23 |
| Rutschmann | Fabian | Hüntwangen | 1983 | 00:13:35 |
| Rüttimann | Erwin | Ellikon an der Thur | 1956 | 01:30:00 |
| Rutz | Peter | Jona | 1946 | 01:30:24 |
| Rutz | Peter | Engwilen | 1955 | 01:27:29 |
| Rutz-Rothacher | Susi | Wetzikon ZH | 1963 | 00:37:21 |
| Ryffel | Hans-Peter | Spiezwiler | 1966 | 01:23:34 |
| Ryffel | Irene | Zürich | 1969 | 00:45:29 |
| Ryser | Greth | Wetzikon ZH | 1942 | 00:45:01 |
| Ryser | Hans | Laufenburg | 1949 | 01:36:58 |
| Ryser | Ludwig | Wetzikon ZH | 1939 | 01:32:56 |
| Ryter | Ernst | Zürich | 1943 | 00:42:17 |
| Ryter | Helen | Zürich | 1946 | 00:41:53 |
| Sacson | Claudio | St. Gallen | 1963 | 01:22:29 |
| Saeggesser | Alfred | Langenthal | 1951 | 01:31:42 |
| Saeggesser | Markus | Egerkingen | 1965 | 01:35:59 |
| Saely | Claude | Dübendorf | 1965 | 01:42:59 |
| Sager | Roger | Lostorf | 1971 | 01:24:41 |
| Sahli | Evelyne | Biel/Bienne | 1969 | 01:47:03 |
| Salzmann | Carmen | Aathal-Seegräben | 1944 | 00:44:40 |
| Sambuco | Emo | Schaffhausen | 1937 | 01:54:48 |
| Samtleben | Karin | Hintereggen | 1971 | 00:40:12 |
| Sandmeier | Epe | Binningen | 1958 | 01:31:21 |
| Saner | Kurt | Zürich | 1952 | 01:41:32 |
| Sannemann | Heinrich | Hegnau | 1943 | 01:47:00 |
| Santschi | Ueli | Lufingen | 1949 | 01:56:32 |
| Saratz | Flori | Langnau am Albis | 1950 | 01:41:55 |
| Sartori | Roland | Uster | 1957 | 01:56:02 |
| Sauer | Monique | Mersch | 1962 | 02:00:13 |
| Sauvain | Jean-Pierre | Trub | 1941 | 01:16:46 |
| Saxer | Beat | Dällikon | 1964 | 01:16:42 |
| Saxer | Fredy | Meilen | 1948 | 01:21:18 |
| Saxer | Peter | Oetwil am See | 1949 | 01:27:51 |
| Scarpelli | Tamara | Zürich | 1983 | 00:11:05 |
| Schaad | Hans Martin | Benglen | 1948 | 01:56:25 |
| Schaad | Simon | Benglen | 1980 | 00:11:39 |
| Schaad | Thomas | Therwil | 1959 | 01:46:52 |
| Schaedler | Max | Ittigen | 1947 | 01:35:21 |
| Schaefer | Joachim | Mühlethurnen | 1941 | 01:48:46 |
| Schaer | Arlette | Nürens Dorf | 1950 | 02:00:55 |
| Schaer | Beat | Trimbach | 1943 | 02:01:14 |
| Schaer | Hansrudolf | Oberengstringen | 1959 | 02:19:32 |
| Schaer | Stefan | Thundorf | 1973 | 01:22:29 |
| Schaer | Werner | Nürens Dorf | 1946 | 02:12:35 |
| Schaer | Werner | Winterthur | 1957 | 01:38:02 |
| Schaerer | Georges | Friedlisberg | 1937 | 01:50:21 |
| Schaetti | Rolf | Zürich | 1964 | 01:52:54 |
| Schaetzle | Toni | Binz | 1950 | 01:31:55 |

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|----------------|-----------|----------------------|------|----------|
| Schafflützel | Ulrich | Bassersdorf | 1949 | 01:22:26 |
| Schaffner | Andrea | Bellach | 1961 | 01:44:48 |
| Schäfli | Giovanni | Winterthur | 1947 | 01:21:58 |
| Schafroth | Karl | Langnau i. E. | 1954 | 01:17:11 |
| Schalch | Ambros | Amlikon-Bissegg | 1976 | 00:29:52 |
| Schalch | Urs | Wohlen AG | 1957 | 01:30:48 |
| Schaller | Hans | Grüt (Gossau ZH) | 1944 | 01:59:53 |
| Schaller | Marcel | Basel | 1962 | 01:19:47 |
| Schärer | Anita | Oberglatt ZH | 1962 | 00:40:45 |
| Schärer | Erich | Samstagern | 1955 | 01:36:21 |
| Schatzmann | Brigitta | Seengen | 1960 | 01:47:58 |
| Schaub | Andreas | Zollikerberg | 1965 | 00:29:30 |
| Schaub | Mariann | Grünigen | 1963 | 00:35:32 |
| Schaub | Theo | Winterthur | 1963 | 00:30:14 |
| Schaufelberger | Kurt | Laupen ZH | 1959 | 01:43:36 |
| Schefer | Thomas | Ebmatingen | 1980 | 00:10:30 |
| Scheffrahn | Wolfgang | Weiningen ZH | 1938 | 01:52:41 |
| Scheiwiller | Claudia | Ebnat-Kappel | 1983 | 00:13:13 |
| Scheiwiller | Guy | Amriswil | 1967 | 01:19:31 |
| Scheiwiller | Karin | Ebnat-Kappel | 1983 | 00:12:57 |
| Scheiwiller | Margrit | Amriswil | 1941 | 01:32:29 |
| Scheiwiller | Walter | Ebnat-Kappel | 1952 | 01:34:45 |
| Schellenberg | Elisabeth | Höri | 1955 | 00:41:36 |
| Schellenberg | Ernst | Kloten | 1939 | 02:00:03 |
| Schenk | Beat | Schaffhausen | 1953 | 01:22:47 |
| Schenk | Rene | Wädenswil | 1954 | 01:49:38 |
| Schenker | Brigitte | Wabern | 1962 | 01:03:03 |
| Schenker | Franziska | Bern | 1957 | 01:03:02 |
| Schenker | Peter | Däniken SO | 1958 | 00:32:08 |
| Scherer | Benjamin | Uster | 1950 | 01:38:48 |
| Scherer | Kathrin | Horgen | 1958 | 01:41:50 |
| Scherer | Monica | Wasterkingen | 1980 | 00:13:45 |
| Scherleitner | Wilhelm | Dübendorf | 1939 | 01:26:55 |
| Scherrer | Armin | Zürich | 1955 | 01:37:02 |
| Scherrer | Beat | Wallisellen | 1955 | 01:46:47 |
| Scherrer | Bruno | Zürich | 1951 | 01:41:52 |
| Scherrer | Bruno | Männedorf | 1940 | 01:42:02 |
| Scherrer | Felix | Bern | 1961 | 01:32:17 |
| Scherrer | Monika | Emmenbrücke | 1956 | 00:39:21 |
| Scherrer | Peter | Mörschwil | 1949 | 01:45:05 |
| Scherrer | Roby | Abtwil SG | 1952 | 01:56:43 |
| Scherrer | Ursula | Luzern | 1954 | 00:40:40 |
| Scherrer | Werner | Uster | 1947 | 01:31:50 |
| Schibler | Herbert | Winznau | 1954 | 01:16:57 |
| Schifferli | Christoph | Schaffhausen | 1949 | 01:28:22 |
| Schiffmann | Thomas | Boppelsen | 1959 | 01:35:25 |
| Schild | Heinz | Bäretswil | 1949 | 01:35:18 |
| Schild | Mike | Allmendingen b. Bern | 1975 | 00:31:04 |
| Schilde | Philipp | Meilen | 1965 | 01:40:56 |
| Schilter | Xaver | Bülach | 1948 | 01:40:10 |
| Schindler | Sebastian | Chur | 1966 | 01:28:41 |
| Schindler | Walter | Reinach BL | 1958 | 01:43:24 |
| Schlaepfer | Irene | Zürich | 1963 | 00:35:42 |
| Schlaepfer | Susann | Aarau | 1959 | 00:44:16 |

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|--------------|-----------|-------------------|------|----------|
| Schlagenhauf | Daniel | Zürich | 1966 | 01:11:39 |
| Schläpfer | Samuel | Kreuzlingen | 1940 | 01:57:54 |
| Schläppi | Jörg | Bubikon | 1950 | 01:14:41 |
| Schlegel | Daniel | St. Gallen | 1962 | 01:30:14 |
| Schlegel | Hans | Uster | 1954 | 01:36:54 |
| Schlegel | Heinz | Aathal-Seegräben | 1955 | 01:56:38 |
| Schlegel | Nadine | Aathal-Seegräben | 1983 | 00:12:40 |
| Schlemstet | Elvir | Bergheim | 1949 | 01:31:56 |
| Schletti | Hans | Au ZH | 1946 | 00:37:11 |
| Schleuniger | Guido | Klingnau | 1953 | 01:23:37 |
| Schlittler | Peter | Bonstetten | 1955 | 01:35:34 |
| Schlueter | Hannelore | Oy-Mittelberg | 1954 | 02:20:58 |
| Schmalz | Elvira | Uerikon | 1957 | 00:39:15 |
| Schmalz | Rolf | Uerikon | 1958 | 01:29:19 |
| Schmassmann | Adrian | Benglen | 1960 | 01:48:59 |
| Schmid | Beat | Baar | 1956 | 01:18:26 |
| Schmid | Bruno | Schaffhausen | 1960 | 01:17:58 |
| Schmid | Christian | Altendorf | 1971 | 00:31:15 |
| Schmid | Claudia | Niederweningen | 1984 | 00:16:25 |
| Schmid | Dani | Lachen SZ | 1970 | 00:29:17 |
| Schmid | Daniel | Altendorf | 1969 | 00:29:17 |
| Schmid | Gerold | Zürich | 1945 | 01:27:21 |
| Schmid | Hans | Buchs ZH | 1943 | 01:36:32 |
| Schmid | Hans | Lengwil-Oberhofen | 1953 | 01:15:14 |
| Schmid | Hanspeter | Bronschhofen | 1954 | 01:30:06 |
| Schmid | Herbert | Rapperswil SG | 1936 | 01:53:49 |
| Schmid | Isabelle | Oberglatt ZH | 1960 | 00:31:18 |
| Schmid | Jakob | Künten | 1945 | 01:36:12 |
| Schmid | Karl Hans | Teufen AR | 1941 | 01:52:59 |
| Schmid | Kuno | Arni-Islisberg | 1951 | 01:25:19 |
| Schmid | Markus | Uster | 1967 | 01:34:27 |
| Schmid | Nicole | Uster | 1972 | 00:31:51 |
| Schmid | Patrick | Horgen | 1982 | 00:11:04 |
| Schmid | Paul | Fehrltorf | 1951 | 01:41:56 |
| Schmid | Peter | Niederweningen | 1950 | 01:31:48 |
| Schmid | Peter | Russikon | 1950 | 01:30:36 |
| Schmid | Robert | Glis | 1954 | 01:35:52 |
| Schmid | Stefan | Kappel SO | 1981 | 00:11:05 |
| Schmid | Stephan | Winterthur | 1972 | 00:29:59 |
| Schmid | Thomas | Bassersdorf | 1973 | 01:28:01 |
| Schmid | Urs | Münchenstein | 1952 | 01:50:49 |
| Schmid | Vreni | Cham | 1954 | 01:41:50 |
| Schmid | Vreni | Zürich | 1950 | 01:48:20 |
| Schmid | Walter | Baden | 1953 | 01:22:08 |
| Schmid | Walter | Dübendorf | 1947 | 01:48:57 |
| Schmid | Willi | Glattbrugg | 1960 | 01:29:56 |
| Schmider | Thomas | Sulzbach | 1956 | 01:41:48 |
| Schmidheiny | Pedro | Hombrechtikon | 1946 | 01:49:19 |
| Schmidli | Christoph | Gossau SG | 1963 | 01:48:32 |
| Schmidlin | Erich | Neftenbach | 1949 | 01:49:26 |
| Schmidlin | Heinz | Winterthur | 1951 | 01:49:55 |
| Schmidlin | Peter | Frenkendorf | 1954 | 02:02:57 |
| Schmidmajer | Alexander | Wetzikon ZH | 1963 | 01:27:35 |
| Schmidmajer | Gabi | Uster | 1966 | 00:39:01 |

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|-----------------|------------|-------------------------|------|----------|
| Schmidmajer | Stefan | Rapperswil SG | 1966 | 00:36:52 |
| Schmidt | Martin | Reutlingen (Winterthur) | 1967 | 01:22:23 |
| Schmied | Franz | Wangen b. Olten | 1953 | 00:30:26 |
| Schmucki | Bernadette | Altendorf | 1941 | 00:43:15 |
| Schneider | Albin | Dübendorf | 1956 | 01:43:02 |
| Schneider | Arno | Mosnang | 1964 | 01:15:19 |
| Schneider | Beat | Rorbas-Freienstein | 1978 | 00:28:16 |
| Schneider | Bryan | Küsnacht ZH | 1979 | 00:11:37 |
| Schneider | Christina | Uster | 1952 | 00:43:16 |
| Schneider | Frieder | Bassersdorf | 1942 | 01:27:17 |
| Schneider | Josef | Au SG | 1943 | 01:24:17 |
| Schneider | Juerg | Winterthur | 1955 | 01:35:58 |
| Schneider | Marcel | Jegenstorf | 1945 | 01:30:03 |
| Schneider | Markus | Reutlingen (Winterthur) | 1950 | 02:01:48 |
| Schneider | Micheline | Uster | 1948 | 02:22:45 |
| Schneider | René | Reingoldswil | 1959 | 01:32:58 |
| Schneider | Roger | Bülach | 1974 | 00:35:31 |
| Schneider | Roland | Zufikon | 1947 | 02:07:24 |
| Schneider | Rudi | Bonaduz | 1937 | 01:28:48 |
| Schneider | Thomas | Basel | 1961 | 01:41:19 |
| Schneider | Urs | Liestal | 1965 | 01:29:17 |
| Schneider | Urs | Chur | 1944 | 01:30:40 |
| Schneider | Werner | Uster | 1945 | 01:31:49 |
| Schneiter | Hansruedi | Zollikon | 1946 | 01:34:08 |
| Schneiter | Marlies | Heimberg | 1955 | 00:42:57 |
| Schnell | Patricia | Liesberg | 1971 | 02:11:13 |
| Schnellmann | Kurt | Allschwil | 1959 | 01:37:35 |
| Schnider | Bruno | Glattpark (Opfikon) | 1950 | 01:28:23 |
| Schnieper | Urs | Oberägeri | 1949 | 01:43:13 |
| Schnmid | Marlies | Küttigen | 1963 | 01:40:26 |
| Schnorf | Nicole | Dänikon ZH | 1970 | 00:42:51 |
| Schnoz | Norbert | Hintereggen | 1949 | 02:01:24 |
| Schnueriger | Paul | Benglen | 1939 | 01:42:17 |
| Schnüriger | Felix | Gattikon | 1954 | 01:14:36 |
| Schnurrenberger | Hans | St. Gallen | 1955 | 01:23:43 |
| Schnurrenberger | Kurt | Wetzikon ZH | 1960 | 01:41:03 |
| Schnyder | Bruno | Oberengstringen | 1946 | 01:22:48 |
| Schnyder | Hans | Erlinsbach | 1951 | 01:10:11 |
| Schnyder | Juerg | Ersigen | 1961 | 01:42:10 |
| Schnyder | Sebastian | Ittigen | 1940 | 02:13:27 |
| Schoch | Barbara | Schwanden GL | 1959 | 00:39:12 |
| Schoch | Leo | Dübendorf | 1952 | 01:44:33 |
| Scholten | Heinz | Turbenthal | 1949 | 01:37:37 |
| Schönenberger | Barbara | Wettingen | 1960 | 00:32:35 |
| Schönenberger | Frank | Schaffhausen | 1965 | 01:24:28 |
| Schönenberger | Marcel | Rüti ZH | 1948 | 02:04:59 |
| Schönenberger | Peter | Kriens Sternmatt | 1949 | 01:48:08 |
| Schöni | Adolf | Kollbrunn | 1933 | 01:48:56 |
| Schöpfer | Paul | Hedingen | 1947 | 01:42:05 |
| Schorner | Benedikt | Basel | 1970 | 01:41:47 |
| Schreiber | Daniel | Uster | 1960 | 01:16:45 |
| Schreiber | Therese | Uster | 1957 | 01:20:36 |
| Schreier | Charles | Thun | 1964 | 01:28:20 |
| Schrepfer | Marcel | Schwerzenbach | 1975 | 00:34:38 |

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|---------------|-----------|----------------|------|----------|
| Schröder | Christian | Luzern | 1969 | 01:38:29 |
| Schrupkowski | Reiner | Erlenbach ZH | 1964 | 01:37:17 |
| Schtalhein | Alex | Benglen | 1941 | 01:53:35 |
| Schuchter | Philipp | Teufen AR | 1949 | 01:35:08 |
| Schuchter | Ursula | Teufen AR | 1947 | 01:45:07 |
| Schuepbach | Peter | Zürich | 1952 | 01:29:31 |
| Schuermann | Kuno | Egerkingen | 1958 | 01:14:24 |
| Schulthess | Jürg | Siblingen | 1959 | 01:52:58 |
| Schulz | Ralf | Stockach | 1974 | 00:26:58 |
| Schulze | Klaus | Balsthal | 1956 | 01:22:32 |
| Schumacher | Emil | Gebenstorf | 1927 | 01:29:27 |
| Schuppli | Christoph | Zürich | 1964 | 01:44:00 |
| Schürch | Geri | Horgen | 1964 | 01:25:54 |
| Schürch | Thomas | Mönchaltorf | 1969 | 01:44:36 |
| Schurig | Stefan | Uerikon | 1968 | 01:30:29 |
| Schuster | Anton | Feldmeilen | 1951 | 01:20:36 |
| Schütz | Kurt | Mettmenstetten | 1949 | 00:43:36 |
| Schütz | Marlies | Mettmenstetten | 1953 | 00:46:39 |
| Schuwey | Lothar | St. Gallen | 1967 | 01:09:23 |
| Schwager | Alexander | Balterswil | 1978 | 00:39:37 |
| Schwager | Peter | Volketswil | 1946 | 01:25:34 |
| Schwaller | Viktor | Tafers | 1942 | 01:47:17 |
| Schwaninger | Ruth | St. Gallen | 1963 | 01:38:27 |
| Schwartz | Annemarie | Hubersdorf | 1958 | 01:45:44 |
| Schwarz | Andreina | Uster | 1982 | 00:11:16 |
| Schwarz | Markus | Uster | 1974 | 00:26:10 |
| Schwarzentrub | Monika | Grenchen | 1953 | 00:39:35 |
| Schwarzentrub | Peter | Grenchen | 1949 | 01:26:29 |
| Schwarzmeyer | Guenther | Belp | 1953 | 01:44:21 |
| Schweizer | Andreas | Zürich | 1965 | 01:23:55 |
| Schweizer | Carl | Schwerzenbach | 1941 | 01:49:42 |
| Schweizer | Jürg | Zürich | 1953 | 00:29:09 |
| Schweizer | Martin | Ebmatingen | 1943 | 02:01:59 |
| Schweizer | Paul | Schaffhausen | 1948 | 01:18:36 |
| Schweizer | Peter | Rafz | 1943 | 00:38:22 |
| Schweizer | Rene | Eglisau | 1950 | 01:19:21 |
| Schweizer | Rodolphe | Bern | 1949 | 01:18:53 |
| Schweizer | Stefan | Altendorf | 1938 | 01:42:13 |
| Schwendimann | Walter | Bachenbülach | 1962 | 01:28:26 |
| Schwitter | Ruedi | Näfels | 1965 | 00:33:08 |
| Schwob | Markus | Heimberg | 1971 | 01:32:57 |
| Schymainda | Angela | Dübendorf | 1967 | 00:49:21 |
| Seewer | Monika | Sion | 1970 | 01:43:14 |
| Seiler | Hansruedi | Zürich | 1950 | 01:33:54 |
| Seiler | Peter | Basel | 1938 | 01:58:36 |
| Seiz | Markus | Riedikon | 1968 | 01:22:38 |
| Selg | Frank | Murten | 1970 | 01:24:13 |
| Seliner | Leo | Schänis | 1965 | 00:30:28 |
| Senn | Bernhard | Hittnau | 1978 | 00:30:07 |
| Senn | Christoph | Uznach | 1981 | 00:10:37 |
| Senn | Janine | Pfäffikon ZH | 1983 | 00:14:28 |
| Senn | Martin | Zürich | 1968 | 01:31:15 |
| Senn | Miriam | Schwanden GL | 1980 | 00:10:43 |
| Sennhauser | Marianna | Zürich | 1941 | 02:03:20 |

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|---------------|-------------|-------------------------|------|----------|
| Senteler | Fredi | Wangen b. Dübendorf | 1953 | 01:39:44 |
| Senti | Gisela | Volketswil | 1949 | 00:36:27 |
| Senti | Paul | Bäretswil | 1947 | 01:45:10 |
| Setz | Bruno | Birr-Lupfig | 1951 | 01:27:44 |
| Setz | Erika | Birr-Lupfig | 1952 | 01:41:44 |
| Setz | Konrad | Aarau Rohr | 1965 | 01:12:10 |
| Sibrava | Jari | Winterthur | 1954 | 01:34:43 |
| Sicker | Stefan | Baden | 1946 | 01:39:48 |
| Sicarelli | Ernesto | Davos Platz | 1948 | 01:42:53 |
| Siddu | Salvatore | Hunzenschwil | 1953 | 01:17:48 |
| Sidler | Franz | Uerikon | 1956 | 01:16:39 |
| Sieber | Silvia | Feldmeilen | 1950 | 00:40:30 |
| Siegenthaler | Peter | Allschwil | 1959 | 01:48:43 |
| Sigg | Denise | Wallisellen | 1965 | 01:18:30 |
| Sigg | Willi | Reutlingen (Winterthur) | 1953 | 01:23:52 |
| Sigrist | Emilio | Bern | 1948 | 01:41:34 |
| Sigrist | Johannes | Schaffhausen | 1950 | 01:51:10 |
| Sigrist | Jörg | Othmarsingen | 1959 | 01:40:55 |
| Sigrist | Patrik | Hintereggen | 1967 | 00:37:34 |
| Sigrist | René | Russikon | 1962 | 02:05:57 |
| Sigrist | Thomas | Maur | 1956 | 00:37:11 |
| Simmen | Peter | Bülach | 1947 | 01:39:21 |
| Simon | Robert A | Zürich | 1947 | 01:39:51 |
| Singer | Alfred | Beringen | 1951 | 01:29:06 |
| Singer | Rosalinda | Schaffhausen | 1957 | 01:46:53 |
| Soland | Benjamin | Uetikon am See | 1967 | 01:43:36 |
| Soler | Arno | Zürich | 1956 | 01:38:52 |
| Soliva | Martin | Uerikon | 1973 | 00:28:45 |
| Solothurnmann | Andreas | Dübendorf | 1966 | 01:32:41 |
| Soltermann | Robert | Niederuzwil | 1951 | 01:17:05 |
| Sommer | Adrian | Wetzikon ZH | 1951 | 00:36:13 |
| Sommer | Juerg | Russikon | 1959 | 01:30:29 |
| Sommer | Marc-Adrian | Wetzikon ZH | 1978 | 00:38:57 |
| Sommer | Marianna | Rümikon ZH | 1951 | 01:59:39 |
| Sommer | Marianne | Aeschi SO | 1959 | 00:38:04 |
| Sommer | Rebekka | Wetzikon ZH | 1980 | 00:12:38 |
| Sommer | Roger | Wetzikon ZH | 1981 | 00:12:51 |
| Sommer | Thomas | Windisch | 1969 | 01:18:03 |
| Sonder | Paul | Kloten | 1957 | 01:46:27 |
| Sonderegger | Christian | Niederhasli | 1963 | 01:15:54 |
| Sonderegger | Harry | Biel/Bienne | 1965 | 00:28:25 |
| Sontheimer | Rene | Winterthur | 1958 | 01:41:28 |
| Spaar | Afsaneh | Effretikon | 1948 | 00:40:16 |
| Spaelti | Christian | Dübendorf | 0 | 01:42:27 |
| Spalt | Kurt | Ruggell | 1953 | 01:34:33 |
| Specker | Patrik | Pontresina | 1965 | 01:25:02 |
| Speiser | Katja | Dübendorf | 1965 | 02:14:58 |
| Spengler | Markus | Schwerzenbach | 1967 | 01:50:26 |
| Spengler | Nicole | Schwerzenbach | 1968 | 00:41:50 |
| Sperandio | Marcel | Küsnacht ZH | 1965 | 01:50:49 |
| Spiegel | Peter | Esslingen | 1948 | 02:00:19 |
| Spiekermann | Gérard | Volketswil | 1942 | 02:06:31 |
| Spiess | Eroica | Turgi | 1963 | 01:21:58 |
| Spiess | Remo | Fontannen b. Wolhusen | 1977 | 00:31:05 |

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|--------------------|------------|----------------------|------|----------|
| Spiess-Schuhmacher | Ida | Gebenstorf | 1938 | 01:36:06 |
| Spirig | Elmar | Affoltern am Albis | 1947 | 00:35:57 |
| Spoerri | Ursula | Uster | 1962 | 00:39:17 |
| Spörri | Georg | Stäfa | 1960 | 00:26:02 |
| Sportiello | Vito | Schaffhausen | 1956 | 01:44:41 |
| Sprenger | Martin | Wetzikon ZH | 1969 | 01:35:20 |
| Sprenger | Ruedi | Stäfa | 1945 | 01:51:12 |
| Spring | Gabriela | Matten b. Interlaken | 1969 | 01:32:48 |
| Spring | Markus | Eschlikon TG | 1966 | 01:22:42 |
| Spross | Sabine | Ersigen | 1968 | 00:39:01 |
| Stadelmann | Agnes | St. Gallen | 1960 | 01:41:18 |
| Stadelmann | Bruno | Aarau | 1953 | 01:30:22 |
| Stadelmann | Karin | Lohn SH | 1965 | 00:30:45 |
| Stadelmann | Karin | Mönchaltorf | 1969 | 00:34:01 |
| Staeger | Andre | Sulzbach | 1964 | 01:22:52 |
| Staeheli | Ernst | Pfäffikon ZH | 1951 | 00:39:58 |
| Staeheli | Heinz | Herisau | 1947 | 01:27:07 |
| Staeheli | Stefan | Pfäffikon ZH | 1978 | 00:37:21 |
| Staehli | Erica | Nürensdorf | 1956 | 00:43:01 |
| Staehli | Joerg | Zürich | 1960 | 01:40:05 |
| Staehli | Juerg | Nürensdorf | 1947 | 01:29:22 |
| Staehli | Yasmine | Zollikofen | 1955 | 01:34:48 |
| Staeubli | Roger | Magden | 1962 | 01:37:39 |
| Staeubli | Willi | Niederweningen | 1947 | 01:56:18 |
| Stähli | Christine | Neftenbach | 1958 | 01:49:39 |
| Stähli | René | Neftenbach | 1955 | 01:21:57 |
| Stalder | Alfred | Winterthur | 1946 | 01:36:14 |
| Stalder | Urs | Ruegsauschachen | 1956 | 01:34:20 |
| Stamm | Marlies | Zürich | 1950 | 01:44:32 |
| Stampfli | Guido | Schattdorf | 1969 | 01:42:54 |
| Stampfli | Othmar | Bern | 1957 | 01:27:02 |
| Stapfer | Kurt | Madetswil | 1954 | 01:51:53 |
| Staub | Andre | Horbourg-Wihr | 1947 | 01:36:47 |
| Staub | Lilly | Herrliberg | 1947 | 00:42:19 |
| Staub | Martin | Dübendorf | 1968 | 01:25:18 |
| Staub | Roland | Ottikon (Gossau ZH) | 1960 | 01:27:29 |
| Stauber | Sieglinde | Winterthur | 1935 | 00:47:53 |
| Staubli | Markus | Forch | 1953 | 01:46:45 |
| Staubli | Othmar | Pfäffikon ZH | 1947 | 01:25:20 |
| Staubli | René | Kriens | 1960 | 01:41:41 |
| Staudte | Helen | Jona | 1942 | 00:46:38 |
| Stauffacher-von | Warthburg | Wabern | 1962 | 01:59:34 |
| Stauffer | Fritz | Schwerzenbach | 1947 | 01:25:57 |
| Stauffer | Mario | Neerach | 1974 | 00:36:01 |
| Stebler | Verena | Winterthur | 1950 | 00:43:31 |
| Stebler | Werner | Winterthur | 1951 | 01:32:54 |
| Steck | Hermann | Scuol | 1944 | 02:15:29 |
| Steck | Sandro | Scuol | 1974 | 01:47:11 |
| Stefani | Martin | Hinterkappelen | 1948 | 01:30:41 |
| Steffen | Brian-John | Russikon | 1981 | 00:12:13 |
| Steffen | Iris | Uster | 1961 | 01:56:39 |
| Steffen | Renate | Russikon | 1958 | 00:37:36 |
| Steger | Kudi | Seengen | 1948 | 01:15:52 |
| Steger | Placi | Danis | 1965 | 01:37:28 |

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|------------|------------|-----------------------|------|----------|
| Steger | Willi | Brüttisellen | 1954 | 02:05:17 |
| Steiger | Gregor | Bättwil | 1962 | 01:37:58 |
| Steimer | Rene | Herrliberg | 1947 | 01:50:39 |
| Steinacher | Walter | Fehraltorf | 1946 | 01:40:40 |
| Steinegger | Adolf | Goldau | 1940 | 02:04:33 |
| Steinemann | Ursula | Zürich | 1953 | 01:57:28 |
| Steiner | Alfred | Uster | 1952 | 01:35:02 |
| Steiner | Bruno | Uster | 1946 | 01:29:54 |
| Steiner | Christian | Kiesen | 1953 | 01:23:54 |
| Steiner | Christian | Thalwil | 1981 | 00:12:13 |
| Steiner | Claudia | Uster | 1968 | 01:20:07 |
| Steiner | Hansjoerg | Schwerzenbach | 1944 | 01:32:37 |
| Steiner | Hans-Peter | Teufen AR | 1959 | 01:17:03 |
| Steiner | Heidi | Ebmatingen | 1971 | 00:46:42 |
| Steiner | Helena | Fontannen b. Wolhusen | 1967 | 00:41:17 |
| Steiner | Nicole | Kaltbrunn | 1972 | 00:34:33 |
| Steiner | Norbert | Fehraltorf | 1964 | 02:01:00 |
| Steiner | Rita | Bern | 1960 | 00:45:58 |
| Steiner | Roland | Thalwil | 1949 | 00:45:25 |
| Steiner | Rolf | Oberehrendingen | 1952 | 01:34:09 |
| Steiner | Theres | Thalwil | 1953 | 00:47:57 |
| Steiner | Urs | Uster | 1971 | 01:44:09 |
| Steiner | Ursula | Uster | 1954 | 00:39:43 |
| Steiner | Wilhelm | Gutenswil | 1950 | 02:03:57 |
| Steinhauer | Reinhard | Dübendorf | 1953 | 01:23:57 |
| Steinmann | Corina | Winterthur | 1977 | 00:36:10 |
| Steinmann | Michael | Baden | 1967 | 01:23:06 |
| Steinmann | Nicol | Weiningen ZH | 1963 | 01:43:45 |
| Stengele | Daniel | Eggenwil | 1951 | 01:20:57 |
| Sterf | Markus | Uster | 1962 | 00:34:51 |
| Steuerwald | Claudia | Basel | 1963 | 02:00:07 |
| Stiefel | Aileen | Bubikon | 1945 | 01:52:22 |
| Stocker | Christian | Fläsch | 1951 | 00:35:45 |
| Stocker | Eric | Wil SG | 1966 | 01:57:08 |
| Stocker | Xaver | Spreitenbach | 1949 | 01:33:59 |
| Stöckli | Katja | Uster | 1978 | 00:43:12 |
| Stöckli | Silvia | Uster | 1950 | 01:57:48 |
| Stoekli | Andreas | Uster | 1977 | 01:53:23 |
| Stoer | Marcel | Münchwilen TG | 1976 | 01:30:17 |
| Stoffel | Jeannine | Zürich | 1964 | 00:33:54 |
| Stoffel | Roger | Togelswangen | 1962 | 01:16:54 |
| Stoll | Rene | Schaffhausen | 1915 | 02:10:48 |
| Stoll | Ruedi | Zumikon | 1953 | 01:35:49 |
| Stoller | Peter | Wädenswil | 1942 | 01:39:09 |
| Stoller | Ruedi | Lauterbrunnen | 1955 | 02:04:51 |
| Stoller | Thomas | Wädenswil | 1965 | 01:54:38 |
| Stooss | Barbara | Worb | 1950 | 00:45:57 |
| Stooss | Christian | Worb | 1948 | 01:59:03 |
| Storz | Medard | Stallikon | 1945 | 01:27:54 |
| Strassmann | Roland | Gossau ZH | 1982 | 00:12:02 |
| Straub | Bruno | Balsthal | 1955 | 01:31:42 |
| Straumann | Hans Peter | Zürich | 1964 | 01:27:00 |
| Strauss | Irma | Zürich | 1943 | 00:38:04 |
| Strauss | Max | Zürich | 1946 | 01:37:29 |

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|--------------|-------------|----------------------|------|----------|
| Strebel | Andreas | Dietikon | 1979 | 00:11:19 |
| Strebel | Hansruedi | Rudolfstetten | 1962 | 00:33:24 |
| Streiff | Karin | Walenstadt | 1964 | 00:42:38 |
| Streit | Hans-Ulrich | Schaffhausen | 1950 | 01:29:23 |
| Streit | Regula | Sonterswil | 1978 | 00:38:01 |
| Stricker | René | Grosshöchstetten | 1950 | 01:30:39 |
| Stritt | Marc | Bern | 1941 | 01:48:31 |
| Strobel | Annerös | Uster | 1946 | 01:57:45 |
| Strolz | Aline | Adliswil | 1969 | 00:40:57 |
| Struis | Ruud | Muttenz | 1954 | 01:48:16 |
| Stücheli | Hans-Peter | Herrliberg | 1947 | 01:45:01 |
| Stucki | Hansjörg | Ittigen | 1955 | 01:28:07 |
| Stucki | Heinz | Zürich | 1958 | 01:33:16 |
| Stucki | Heinz | Homburg | 1947 | 01:54:38 |
| Stucki | Walter | Henggart | 1959 | 01:42:33 |
| Stucky | Renate | Schwerzenbach | 1932 | 00:41:03 |
| Studer | Andre | Baden | 1960 | 00:41:33 |
| Studer | Bruno | Zürich | 1938 | 01:47:56 |
| Studer | Gilbert | Naters | 1958 | 01:18:38 |
| Studer | Melanie | Uster | 1978 | 00:38:53 |
| Studer | Miriam | Baden | 1964 | 00:44:00 |
| Studer | Peter | Hergiswil NW | 1951 | 01:43:45 |
| Studer | Pius | Bülach | 1933 | 00:39:50 |
| Studer | Reinhold | Visperterminen | 1953 | 01:08:53 |
| Studerus | Xaver | Zürich | 1952 | 01:36:34 |
| Stump | Marcel | Aarau | 1954 | 01:30:33 |
| Stump | Ursula | Aarau | 1951 | 00:38:39 |
| Sturzenegger | Hans-Jako | Dübendorf | 1947 | 01:57:54 |
| Sturzenegger | Rolf | Hagenbuch ZH | 1961 | 01:28:44 |
| Stüssi | Markus | Oberurnen | 1966 | 00:31:35 |
| Stutz | Andreas | Lupsingen | 1959 | 01:26:53 |
| Stutz | Daniel | Dietikon | 1979 | 00:11:16 |
| Stutz | Hans | Jona | 1948 | 01:38:11 |
| Stutz | Josef | Luzern | 1955 | 01:29:57 |
| Stutz | Marco | Dietikon | 1977 | 00:36:18 |
| Stutz | Rita | Kollbrunn | 1949 | 00:42:47 |
| Stutz | Ruedi | Liestal | 1964 | 01:16:56 |
| Suess | Adrian | Dübendorf | 1974 | 01:40:04 |
| Suhner | Edith | Tägerwilen | 1960 | 02:01:42 |
| Suhner | Jakob | Tägerwilen | 1959 | 02:31:44 |
| Sulser | Judith | Zürich | 1973 | 00:43:04 |
| Summermatter | Otto | Wallisellen | 1944 | 01:36:19 |
| Suppa | Sandro | Niederuzwil | 1970 | 01:14:24 |
| Surbeck | Christoff | Hüntwangen | 1979 | 00:11:02 |
| Surber | Ernst | Zürich | 1931 | 01:32:23 |
| Surber | Hugo | Dussnang | 1954 | 01:41:47 |
| Surber | Roland | Urdorf | 1956 | 01:43:04 |
| Suter | Hansruedi | Volketswil | 1943 | 00:39:31 |
| Suter | Rene | Hinteregg | 1952 | 01:53:20 |
| Suter | Willy | Schlieren | 1959 | 01:34:51 |
| Sutter | Elisabeth | Kaiseraugst | 1949 | 00:41:34 |
| Sutter | Ernst | Goldingen | 1956 | 01:27:10 |
| Sutter | Jürg | Kaiseraugst Liebrüti | 1947 | 00:36:30 |
| Sutter | Martin | Schaffhausen | 1958 | 01:47:18 |

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|-----------------|-----------|------------------|------|----------|
| Sutter | Muriel | MuttENZ | 1975 | 00:45:07 |
| Sutter | Rolf | Uster | 1955 | 02:02:47 |
| Sutter | Werner | Wangen SZ | 1957 | 01:52:48 |
| Sütterlin | Paul | Basel | 1943 | 01:38:17 |
| Svendson | Robert | Zürich | 1958 | 01:36:30 |
| Svensson | Rolf | Altendorf | 1945 | 02:07:50 |
| Tabé | Satomi | Leysin | 1975 | 00:41:44 |
| Taglang | Rene | Uster | 1954 | 00:36:03 |
| Taglang | Ria | Uster | 1960 | 00:38:25 |
| Takaoka | Hutoshi | Leysin | 1974 | 01:56:06 |
| Tanner | Christian | Lachen SZ | 1980 | 00:11:47 |
| Tanner | Julia | Thun | 1948 | 01:55:07 |
| Tanner | Martin | Dübendorf | 1969 | 01:35:12 |
| Tatalias | Platon | Opfikon | 1951 | 01:40:41 |
| Terrien | Philippe | Wettingen | 1958 | 01:31:44 |
| Teubler | Volker | München | 1969 | 01:20:57 |
| Teufer | Heinz | Binz | 1966 | 00:38:44 |
| Teuscher | Christine | Embrach | 1954 | 01:38:25 |
| Teuscher | Hansruedi | Dietikon | 1968 | 00:36:53 |
| Thaler | Markus | Lindau | 1963 | 01:32:27 |
| Thalmann | Hans | Uster | 1941 | 01:42:08 |
| Thalmann | Stephan | Illnau | 1976 | 00:31:44 |
| Theiler | Sarina | Adliswil | 1968 | 02:06:45 |
| Thierling | Detlef | Wetzikon ZH | 1939 | 01:43:54 |
| Thierstein | Irene | Mauren FL | 1958 | 00:39:18 |
| Thierstein | Kurt | Mauren FL | 1957 | 00:28:32 |
| Thirunavakarasu | Chandr | Zürich | 1969 | 01:32:33 |
| Thoeny | Carl | Zürich | 1947 | 01:34:25 |
| Thoma | Alois | Dinhard | 1945 | 01:49:52 |
| Thoma | Stephan | Dübendorf | 1962 | 01:47:20 |
| Thommen | Andreas | Giebenach | 1956 | 01:32:55 |
| Thommen | Heinz | Würenlos | 1953 | 01:46:34 |
| Thuerig | Heidi | Triengen | 1967 | 02:10:19 |
| Thuerlimann | Stephan | Rorschach | 1953 | 01:41:41 |
| Thürner | Jean-Marc | Niederbipp | 1967 | 01:31:26 |
| Tinner | Toni | Gippingen | 1946 | 01:27:41 |
| Tischhauser | Georg | Niederhasli | 1954 | 01:54:42 |
| Tischhauser | Stephen | Wetzikon ZH | 1954 | 01:33:40 |
| Tobler | Christoph | Zürich | 1954 | 00:37:10 |
| Toepfer | Michael | Aldesago | 1964 | 01:29:00 |
| Tomaschett | Eduard | Trun | 1950 | 01:54:25 |
| Töngi | Urs | Greifensee | 1949 | 01:37:01 |
| Töngi | Veronika | Greifensee | 1951 | 00:50:46 |
| Trachsel | Michael | Mönchaltorf | 1980 | 00:11:31 |
| Trappitsch | Stefan | Fehraltorf | 1965 | 01:32:46 |
| Tremp | Kristin | Belp | 1970 | 01:29:51 |
| Trevissoi | Romeo | Bülach | 1932 | 02:28:24 |
| Troendle | Helmut | Wettingen | 1931 | 01:56:58 |
| Troesch | Martin | Widnau | 1973 | 00:38:39 |
| Troesch | Toni | Widnau | 1947 | 00:30:21 |
| Troller | Rolf | Langnau am Albis | 1952 | 01:16:43 |
| Trottmann | Guido | Niederglatt ZH | 1942 | 01:43:42 |
| Trudel | Christian | Männedorf | 1952 | 01:45:56 |
| Truempler | Bettina | Jona | 1983 | 00:13:15 |

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|----------------|------------|-----------------------|------|----------|
| Trujilla | Marisal | Zürich | 1964 | 00:37:25 |
| Trümpfer | Robert | Jona | 1956 | 01:52:06 |
| Truog | Gaudenz | Mönchaltorf | 1942 | 01:52:28 |
| Trütsch | Manfred | Mörschwil | 1955 | 01:42:06 |
| Truzzi | Michael | Jestetten | 1960 | 01:52:05 |
| Tschannen | Marco | Biberstein | 1966 | 01:14:40 |
| Tschiemer | Marcel | Eschenbach SG | 1963 | 00:35:32 |
| Tschirky | Thomas | Weisstannen | 1965 | 01:50:46 |
| Tschopp | Barbara | Fontannen b. Wolhusen | 1966 | 00:40:19 |
| Tschopp | Konrad | Adliswil | 1952 | 01:37:03 |
| Tschudi | Franziska | Jona | 1959 | 01:53:44 |
| Tschudi | Gertrud | Wila | 1952 | 00:40:36 |
| Tschudi | Niklaus | Thalwil | 1939 | 01:43:06 |
| Tschudi | Peter | Erlenbach ZH | 1961 | 01:40:40 |
| Tschümperlin | Daniel | Binningen | 1960 | 01:55:31 |
| Tuchs Schmid | Hanspeter | Mattwil | 1959 | 01:43:38 |
| Tuffli | Jon Andrea | Chur | 1974 | 01:34:18 |
| Twerenbold | Daniela | Hergiswil NW | 1970 | 00:36:56 |
| Uboldi | Beat | Baden | 1960 | 01:27:14 |
| Uebersax | Peter | Therwil | 1948 | 01:26:55 |
| Uetz | Verena | Zürich | 1963 | 00:50:20 |
| Uhr | Joerg | Grünigen | 1957 | 01:19:19 |
| Ullmann | Sabina | Seuzach | 1961 | 00:43:21 |
| Ulrich | Sibylle | Luzern | 1972 | 00:34:55 |
| Unger | Bernhard | Fällanden | 1954 | 01:38:23 |
| Untersander | Josef | Greifensee | 1944 | 01:51:49 |
| Untersander | Lotte | Greifensee | 1948 | 01:56:57 |
| Urech | Andreas | Baden | 1967 | 01:33:57 |
| Urfer | Fritz | Hettlingen | 1938 | 02:06:54 |
| Urner | Karin | Grünigen | 1961 | 00:36:36 |
| Urscheler | Markus | Uster | 1976 | 00:31:17 |
| Uster | Susanne | Uster | 1952 | 00:38:13 |
| Uster | Werner | Uster | 1952 | 01:40:22 |
| Uttinger | Franz | Dietikon | 1940 | 00:40:59 |
| Vaccani | Silvio | Greifensee | 1945 | 01:41:39 |
| Vaccari | Alessandro | Wallisellen | 1952 | 01:59:05 |
| Valenta | Zdenek | Zürich | 1939 | 02:00:12 |
| Van Beek | Maria | Tann | 1953 | 00:39:05 |
| Van De | Staaïj Ton | Männedorf | 1953 | 01:32:27 |
| Van der Schaar | Felix | Seuzach | 1954 | 01:47:25 |
| Venzin | Guido | Niederweningen | 1949 | 01:58:30 |
| Verleye | Jean | Misériez (Salins) | 1950 | 01:35:20 |
| Vernocchi | Claudia | Bern | 1963 | 00:43:05 |
| Vetsch | Christian | Abtwil SG | 1934 | 01:25:04 |
| Vetsch | Hansruedi | Freienbach | 1965 | 01:32:31 |
| Vetter | Heidrun | Pfullingen | 1961 | 01:16:26 |
| Vetter | Marcel | Schaffhausen | 1949 | 01:56:44 |
| Vetter | Raphael | Steinmaur | 1959 | 01:34:24 |
| Vetterli | Beat | St. Gallen | 1970 | 01:36:25 |
| Vetterli | Karl | Frauenfeld | 1935 | 01:42:39 |
| Vieira | Toni | Döttingen | 1962 | 00:26:19 |
| Vittori | Kurt | Luzern | 1945 | 01:27:48 |
| Voegeli | Hans-Ruedi | Glattpark (Opfikon) | 1944 | 01:50:50 |
| Voegeli | Markus | Grüt (Gossau ZH) | 1946 | 01:28:24 |

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|-----------------|-----------|-------------------------|------|----------|
| Voegeli | Rosmarie | Grüt (Gossau ZH) | 1949 | 00:35:45 |
| Vogel | Bruno | Langnau am Albis | 1959 | 01:19:39 |
| Vogel | Hansruedi | St. Gallen | 1954 | 01:42:22 |
| Vogel | Peter | Seuzach | 1944 | 01:33:57 |
| Vogel | Peter | Geroldswil | 1951 | 01:51:38 |
| Vogler | Karl | Döttingen | 1943 | 00:34:08 |
| Vogler | Mario | Zürich | 1938 | 01:48:15 |
| Volken | Bruno | Theilingen | 1958 | 01:18:07 |
| Volken | Cornelia | Fieschertal | 1957 | 00:32:33 |
| Volken | Gerhard | Fieschertal | 1955 | 01:22:34 |
| Volken | Urs | Mönchaltorf | 1947 | 01:27:27 |
| von Allmen | Albert | Zürich | 1957 | 01:41:06 |
| von Allmen | Anne | Basel | 1961 | 01:37:27 |
| von Allmen | Hans | Spreitenbach | 1944 | 01:35:12 |
| von Almen | Margrit | Spreitenbach | 1942 | 01:58:27 |
| von Ballmoos | Peter | Rüti ZH | 1941 | 01:25:06 |
| von Berg | Holger | Reutlingen | 1965 | 01:11:55 |
| von der Schaar | Martin | Seuzach | 1972 | 01:41:44 |
| von Euw | Alexander | Lachen SZ | 1978 | 00:33:33 |
| von Felten | Anton | Aesch BL | 1948 | 01:26:55 |
| von Felten | Barbara | Aesch BL | 1977 | 00:32:58 |
| von Gunten | Maria | Mönchaltorf | 1945 | 00:44:33 |
| von Rickenbach | Monika | Sattel | 1962 | 01:39:47 |
| von Siebenthal | Erich | Gutenswil | 1936 | 00:43:37 |
| von Siebenthal | Frank | Uster | 1964 | 01:40:44 |
| von Tobel | Ruth | Rudolfstetten | 1945 | 01:38:21 |
| von Tobel | Urs | Rudolfstetten | 1943 | 01:35:12 |
| von Werra | Barbara | Zürich | 1969 | 00:34:34 |
| Vondenhoff | Erwin | Reutlingen (Winterthur) | 1967 | 01:45:58 |
| Vonier | Irm | Oberrieden | 1944 | 01:43:48 |
| Vonier | Wil | Oberrieden | 1939 | 01:37:56 |
| Vonlanthen | Dorothee | Glattbrugg | 1979 | 00:10:53 |
| Vonlanthen | Erich | St. Gallen | 1947 | 01:20:59 |
| Vonlanthen | Gregoire | Glattbrugg | 1981 | 00:10:55 |
| Von-Rickenbach | Brig. | Oberägeri | 1954 | 01:52:37 |
| Vonwil | Fredy | Hittnau | 1953 | 01:33:10 |
| Vonzun | Jachen | Chur | 1953 | 01:38:49 |
| Vorderwuelbecke | Fern. | Bülach | 1982 | 00:12:09 |
| Voss | Günter | Niederweningen | 1944 | 01:49:47 |
| Vuille | Vincent | Rafz | 1952 | 01:47:43 |
| Vybostokm | Jozef | Fribourg | 1964 | 01:07:02 |
| Waeger | Winfried | Thalwil | 1953 | 01:23:06 |
| Waelchli | Christa | Zürich | 1964 | 01:43:37 |
| Wägeli | Michael | Hüttwilen | 1981 | 00:12:24 |
| Wagemann | Werner | Herrliberg | 1945 | 01:57:13 |
| Wagner | Max | Zürich | 1924 | 01:58:51 |
| Waibel | Elvira | Konstanz | 1940 | 01:41:07 |
| Walcher | Bernd | Urdorf | 1941 | 01:29:46 |
| Walder | Christoph | Grüt (Gossau ZH) | 1952 | 01:52:33 |
| Waldispuehl | Ueli | Zufikon | 1949 | 01:19:50 |
| Walker | Gerhard | Villingen-Schwenningen | 1940 | 01:40:57 |
| Walker | Samuel | Seedorf UR | 1973 | 00:32:40 |
| Walser | Bob | Birchwil | 1904 | 00:39:45 |
| Walser | Roger | Dübendorf | 1960 | 01:17:09 |

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|--------------|------------|-----------------|------|----------|
| Walser | Ruth | Birchwil | 1945 | 00:49:01 |
| Walt | Dan | Fieschertal | 1973 | 01:19:46 |
| Wälte | Rolf | Oberegg | 1958 | 01:15:44 |
| Waltenspül | Werner | Brüttisellen | 1958 | 01:22:21 |
| Walter | Desiree | Niederweningen | 1986 | 00:16:37 |
| Walter | Juris | Schaffhausen | 1949 | 01:34:12 |
| Walter | Philipe | Dübendorf | 1948 | 00:45:38 |
| Walther | Christine | Effretikon | 1964 | 00:41:01 |
| Wälti | Andreas | Hinwil | 1952 | 01:22:40 |
| Wälti | Marcel | Zürich | 1945 | 01:43:08 |
| Wandres | Christian | Adliswil | 1964 | 00:35:11 |
| Wangui | Pasqualine | | 1960 | 01:21:32 |
| Wartenweiler | Daniel | Wetzikon ZH | 1951 | 01:29:20 |
| Wartenweiler | Stephan | Uster | 1959 | 01:49:46 |
| Wartmann | Beat | Horgen | 1951 | 01:41:55 |
| Wartmann | Margrit | Rueschlikon | 1944 | 00:47:37 |
| Webb | David | Rüschlikon | 1950 | 01:22:02 |
| Weber | Andreas | Zürich | 1951 | 01:47:04 |
| Weber | Beat | Zürich | 1963 | 01:50:09 |
| Weber | Daniel | Bulle | 1964 | 01:09:40 |
| Weber | Elisabeth | Worb | 1952 | 00:45:57 |
| Weber | Elisabeth | Wetzikon ZH | 1940 | 01:37:48 |
| Weber | Hans | Fahrweid | 1936 | 01:47:21 |
| Weber | Heidi | Volketswil | 1957 | 00:42:24 |
| Weber | Kurt | Langenthal | 1960 | 01:32:59 |
| Weber | Kurt | Wädenswil | 1946 | 01:38:09 |
| Weber | Mario | Hombrechtikon | 1950 | 01:41:25 |
| Weber | Max | Ottenbach | 1949 | 01:24:24 |
| Weber | Oswald | Volketswil | 1943 | 01:38:08 |
| Weber | Peter | Thalwil | 1958 | 01:58:00 |
| Weber | Peter | Wald ZH | 1942 | 01:40:21 |
| Weber | Rudolf | Effretikon | 1950 | 01:45:44 |
| Weber | Theophil | Zürich | 1963 | 01:37:55 |
| Weber | Thomas | Zollikerberg | 1947 | 01:40:56 |
| Weber | Toni | Uster | 1948 | 01:54:14 |
| Wegmann | Andreas | Fällanden | 1959 | 01:17:21 |
| Wegmann | Daniel | Nänikon | 1970 | 02:08:19 |
| Wegmann | Gabi | Zürich | 1964 | 01:58:04 |
| Wegmann | Gabi | Adliswil | 1959 | 00:36:57 |
| Wegmann | Käthi | Fällanden | 1956 | 00:42:14 |
| Wegmann | Roy | Uster | 1948 | 01:46:35 |
| Wegmann | Thomas | Winterthur | 1974 | 00:33:15 |
| Wegmann | Ursula | Uster | 1952 | 00:44:05 |
| Wegmüller | Urs | Herrliberg | 1948 | 01:32:40 |
| Wehner | Heinz | Wetzikon ZH | 1939 | 01:37:43 |
| Wehrli | Barbara | Adliswil | 1958 | 01:52:50 |
| Wehrli | Martin | Uitikon Waldegg | 1931 | 01:54:41 |
| Wehrli | Peter | Rüti ZH | 1954 | 01:38:48 |
| Wehrli | Tamara | Volketswil | 1972 | 00:42:26 |
| Weibel | Beat | Wettingen | 1966 | 01:30:03 |
| Weibel | Christian | Rapperswil SG | 1963 | 00:34:20 |
| Weibel | Kristin | Liefefeld | 1970 | 01:29:51 |
| Weibel | Othmar | Hinwil | 1937 | 01:31:56 |
| Weidenhaupt | Andre | Zürich | 1966 | 01:38:12 |

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|-------------|-------------|-------------------------|------|----------|
| Weidenhaupt | Marianne | Zürich | 1967 | 00:32:31 |
| Weidmann | Bruno | Greifensee | 1951 | 01:22:29 |
| Weidmann | Stefan | Winterthur | 1963 | 01:43:09 |
| Weidmann | Urs | Forch | 1952 | 01:38:20 |
| Weilner | Peter | Ottenbach | 1956 | 01:53:28 |
| Weishaupt | Dominik | Uster | 1979 | 00:11:53 |
| Weiss | Hermann | Uster | 1939 | 00:39:30 |
| Weiss | Martin | Riehen | 1950 | 01:28:42 |
| Weiss | Peter | Uster | 1963 | 01:33:02 |
| Weisshaupt | Bruno | Frauenfeld | 1952 | 01:48:17 |
| Welter | Martin | Zürich | 1945 | 01:33:55 |
| Wolti | Rosmarie | Russikon | 1948 | 01:35:31 |
| Wendle | Evelyne | Neuhausen am Rheinfl | 1937 | 01:41:23 |
| Wenger | Daniel | Fislisbach | 1948 | 01:25:39 |
| Wenger | Martin | Raperswil | 1952 | 01:43:43 |
| Wenger | Rene | Thalwil | 1956 | 01:30:01 |
| Wenk | Jakob | Ennetbürgen | 1954 | 01:44:07 |
| Wenk | Regina | Uster | 1968 | 02:12:57 |
| Wenzinger | Peter | Bad Ragaz | 1949 | 01:45:11 |
| Werder | Andreas | Reutlingen (Winterthur) | 1954 | 01:30:10 |
| Werder | Walter | Gebensdorf | 1937 | 01:23:51 |
| Werz | Bruno | Eschlikon TG | 1963 | 01:27:20 |
| Wespe | Andreas | Rapperswil SG | 1953 | 01:54:55 |
| Wessin | Robert | Schwerzenbach | 1941 | 01:33:34 |
| Wettstein | Edi | Winterthur | 1955 | 01:27:11 |
| Wettstein | Erwin | Bonstetten | 1940 | 01:42:05 |
| Wettstein | Evelyne | Dorf | 1944 | 00:47:55 |
| Wettstein | Gerti | Bonstetten | 1945 | 01:22:53 |
| Wettstein | Heidi | Uster | 1941 | 01:46:19 |
| Wettstein | Heiri | Zell ZH | 1955 | 01:18:10 |
| Wettstein | Martin | Kloten | 1971 | 01:45:15 |
| Wettstein | Rene | Nürensdorf | 1951 | 01:34:16 |
| Wetzstein | Alexander | Arlesheim | 1941 | 00:31:38 |
| Wichtermann | Sarah | Seltisberg | 1982 | 00:10:33 |
| Wick | Elmar | Hintereg | 1945 | 01:21:24 |
| Wick | Evelyne | Langnau am Albis | 1959 | 00:38:15 |
| Wick | Karl | Jona | 1948 | 01:29:12 |
| Wicki | Anita | Aarau Rohr | 1958 | 00:42:34 |
| Wicki | Jean-Pierre | Aarau Rohr | 1955 | 01:42:18 |
| Wicki | Ruedi | Unterägeri | 1956 | 01:33:09 |
| Wickli | Fritz | Riehen | 1931 | 01:52:49 |
| Widler | Andreas | Zürich | 1967 | 01:32:14 |
| Widmer | Arthur | Bubikon | 1949 | 01:34:59 |
| Widmer | Ernst | Basel | 1944 | 01:46:51 |
| Widmer | Hans | Buch b. Frauenfeld | 1952 | 01:33:52 |
| Widmer | Harry | Wangen ZH | 1946 | 01:10:52 |
| Widmer | Herbert | Würenlos | 1950 | 01:25:21 |
| Widmer | Jörg | Regensdorf | 1943 | 00:36:15 |
| Widmer | Kurt | Schneisingen | 1948 | 01:58:29 |
| Widmer | Liliane | Oron-la-Ville | 1946 | 00:49:31 |
| Widmer | Paul | Effretikon | 1939 | 01:34:09 |
| Widmer | Peter | Kloten | 1945 | 01:35:36 |
| Widmer | Peter E. | Grüt (Gossau ZH) | 1950 | 01:35:22 |
| Widmer | René | Uster | 1936 | 00:35:40 |

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|---------------|--------------|----------------------|------|----------|
| Widmer | Stefan | Horgen | 1955 | 01:41:37 |
| Widmer | Thomas | Suhr | 1954 | 01:58:28 |
| Wiedemeier | Hans | Gebenstorf | 1945 | 01:35:47 |
| Wiederkehr | Maria | Turbenthal | 1948 | 00:44:05 |
| Wiederkehr | Peter | Zürich | 1942 | 01:32:54 |
| Wiedler | Martin | Baden | 1953 | 00:33:30 |
| Wiedmer | Annatina | Uster | 1949 | 00:39:25 |
| Wieland | Andreas | Bonaduz | 1954 | 01:22:35 |
| Wieser | Markus | Uster | 1965 | 01:29:02 |
| Wieser | Martin | Würenlos | 1951 | 01:41:49 |
| Wietlisbach | Rebecca | Glattpark (Opfikon) | 1955 | 00:45:07 |
| Wiget | Verena | Freienbach | 1946 | 01:45:45 |
| Wiggli | Markus | Basel | 1960 | 01:45:22 |
| Wild | Adrian | Samstagern | 1984 | 00:11:29 |
| Wild | Andreas | Greifensee | 1977 | 00:35:59 |
| Wild | Peter | Horgen | 1956 | 00:33:14 |
| Wild | Ruedi | Samstagern | 1982 | 00:10:05 |
| Wildi | André | Horgen | 1935 | 01:59:12 |
| Willener | Martin | Wasterkingen | 1985 | 00:12:47 |
| Willi | Wilma | Windlach | 1960 | 01:44:58 |
| Williams | Tony | Remigen | 1959 | 01:46:07 |
| Wimmer | Richard | Langnau am Albis | 1940 | 01:57:47 |
| Windler | Alfred | Burgdorf | 1944 | 02:04:03 |
| Winiger | Roland | St. Gallen | 1968 | 01:20:22 |
| Winkler | Hansjörg | Feldmeilen | 1962 | 01:24:06 |
| Winkler | Martin | Greifensee | 1943 | 01:38:20 |
| Winteler | Andre | Mollis | 1963 | 00:32:45 |
| Wirth | Brigitte | Zürich | 1971 | 00:40:23 |
| Wirz | Charles | Allschwil | 1956 | 01:19:51 |
| Wirz | Markus | Uster | 1967 | 01:49:21 |
| Witschi | Roland | Aathal-Seegräben | 1971 | 01:41:13 |
| Witschi | Ursula | Hindelbank | 1959 | 00:45:35 |
| Wittensöldner | Christian | Zofingen | 1975 | 00:29:24 |
| Wittensöldner | Otmar | Winterthur | 1949 | 01:31:38 |
| Wittmer | Peter | Zürich | 1969 | 02:02:49 |
| Wolfensberger | Karl | Winterthur | 1965 | 01:56:04 |
| Wolfensperger | Andy | Nänikon | 1972 | 01:34:10 |
| Wolfer | Bruno | Zumikon | 1940 | 01:47:00 |
| Woodtli | Armin | Dübendorf | 1952 | 00:46:26 |
| Wueest | Lorenz | Stein am Rhein Stadt | 1954 | 01:44:57 |
| Wuermli | Arthur | Horgen | 1945 | 01:41:19 |
| Wuerth | Christian | Watt | 1953 | 01:49:08 |
| Wuest | Ruedi | Feuerthalen | 1948 | 01:35:50 |
| Wuethrich | Christian | Lyss | 1964 | 01:53:39 |
| Wuethrich | Werner | Wilen b. Wollerau | 1933 | 02:17:25 |
| Wunderlin | Peter Markus | Münchwilen AG | 1947 | 01:58:43 |
| Wüthrich | Hans | Zürich | 1951 | 01:43:09 |
| Wyder | Iwan | Uster | 1971 | 01:42:53 |
| Wylenmann | Peter | Hinwil | 1969 | 01:07:58 |
| Wylenmann | Regula | Pfäffikon ZH | 1967 | 00:36:58 |
| Wyss | Erika | Oekingen | 1951 | 00:42:27 |
| Wyss | Marcel | Reiden | 1960 | 01:09:52 |
| Wyss | Martin | Oekingen | 1949 | 01:24:11 |
| Wyss | Orlando | Dübendorf | 1952 | 01:48:07 |

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|-------------|--------------|--------------------|------|----------|
| Wyss | Ruedi | Gossau ZH | 1951 | 01:33:45 |
| Wyss | Theres | Bern | 1958 | 01:41:50 |
| Zaech | Jakob | Oberriet SG | 1953 | 01:55:08 |
| Zahler | Andreas | Volketswil | 1966 | 01:27:22 |
| Zahler | Markus | Fehraltorf | 1954 | 01:29:44 |
| Zahler | Rita | Fehraltorf | 1956 | 00:44:31 |
| Zahn | Philippe | Wädenswil | 1958 | 01:59:45 |
| Zahnd | Hansruedi | Glattbrugg | 1936 | 01:51:28 |
| Zahner | Franz | Feldbach | 1951 | 01:20:57 |
| Zambelli | Mario | Zollikerberg | 1947 | 01:59:28 |
| Zambonin | Michael | Uster | 1983 | 00:11:34 |
| Zanchin | Marco | Galgenen | 1981 | 00:10:14 |
| Zandonella | Ferdinand | Schaffhausen | 1952 | 01:57:14 |
| Zandonella | Marcello | Schaffhausen | 1955 | 01:26:52 |
| Zanelli | Mario | Glarus | 1958 | 01:15:34 |
| Zanetti | Arno | Wädenswil | 1951 | 01:39:48 |
| Zanoni | Brigitte | Uesslingen | 1969 | 02:12:12 |
| Zanoni | Wilfried | Eschenz | 1964 | 02:16:01 |
| Zatul | Dangzin | Volketswil | 1973 | 00:33:18 |
| Zaugg | Marcel | Greifensee | 1983 | 00:12:41 |
| Zauner | Fritz | Dürnten | 1945 | 01:43:31 |
| Zavala | Jose | Zürich | 1940 | 02:26:31 |
| Zbinden | Barbara | Ostermundigen Rüti | 1958 | 00:35:27 |
| Zbinden | Benno | Hinteregg | 1938 | 01:41:31 |
| Zbinden | Jean-Jacques | Wetzikon ZH | 1962 | 01:34:25 |
| Zbinden | Ursi | Wetzikon ZH | 1963 | 01:43:39 |
| Zbinden | Vreni | Egg b. Zürich | 1937 | 02:03:37 |
| Zeh | Sonja | Brunnadern | 1940 | 00:47:11 |
| Zehnder | Cecile | Uster | 1951 | 00:34:57 |
| Zehnder | Erich | Uster | 1949 | 00:37:48 |
| Zehnder | Roger | Schaffhausen | 1965 | 01:36:01 |
| Zehntner | Manuel | Aathal-Seegräben | 1983 | 00:12:15 |
| Zehntner | Pierre | Zürich | 1953 | 00:27:13 |
| Zehntner | Vreni | Aathal-Seegräben | 1953 | 00:44:28 |
| Zeiger | Jean | Ribeauville | 1954 | 01:22:52 |
| Zeindler | Markus | Spreitenbach | 1975 | 00:32:45 |
| Zeindler | Roland | Henggart | 1967 | 01:31:06 |
| Zeiter | Bernhard | Fieschertal | 1953 | 01:32:53 |
| Zeiter | Sarah | Fieschertal | 1982 | 00:11:41 |
| Zeiter | Simon | Fieschertal | 1981 | 00:11:17 |
| Zeiter | Waldemar | Bern | 1946 | 01:34:51 |
| Zelenka | Antoine | Bülach | 1941 | 01:43:29 |
| Zeller | Emil | Zürich | 1954 | 01:34:44 |
| Zeller | Roland | Unterengstringen | 1960 | 01:33:52 |
| Zeller | Roman | Schänis | 1973 | 00:31:51 |
| Zellweger | Franz | Uster | 1949 | 01:58:19 |
| Zellweger | Susi | Uster | 1948 | 02:15:29 |
| Zemp | Martin | Unterengstringen | 1967 | 01:29:08 |
| Zemp | Maya | Mönchaltorf | 1953 | 00:41:31 |
| Zenhaeusern | Franz | Bürchen | 1944 | 01:26:51 |
| Ziegler | Christoph | Galgenen | 1981 | 00:10:49 |
| Ziegler | Matthias | Galgenen | 1980 | 00:10:02 |
| Ziegler | Stephan | Winterthur | 1963 | 01:14:06 |
| Ziltener | Werner | Wermatswil | 1955 | 01:33:33 |

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|------------------|-------------|-----------------------|------|----------|
| Zimmerli | Jürg | Glattbrugg | 1962 | 01:24:04 |
| Zimmermann | Anita | Dübendorf | 1952 | 00:40:45 |
| Zimmermann | Beat | Gossau ZH | 1962 | 00:37:55 |
| Zimmermann | Corinne | Zumikon | 1982 | 00:12:57 |
| Zimmermann | Hannes | Männedorf | 1939 | 01:35:01 |
| Zimmermann | Julia | Gwatt (Thun) | 1950 | 01:42:25 |
| Zimmermann | Karl | Hinwil | 1950 | 01:36:10 |
| Zimmermann | Thomas | Kleindöttingen | 1957 | 01:42:15 |
| Zingg | Adrian | Uster | 1970 | 02:22:39 |
| Zingraf | Sven | Altendorf | 1963 | 01:40:25 |
| Zingre | Kurt | Flims Dorf | 1950 | 01:47:53 |
| Zinsli | Andri | Chur | 1984 | 00:12:04 |
| Zinsli | Claudio | Chur | 1981 | 00:11:26 |
| Zinsli | Martin | Chur | 1951 | 01:19:25 |
| Zinsli | Urs | Chur | 1943 | 01:40:44 |
| Zioerjen | Ruth | Winterthur | 1961 | 00:38:56 |
| Zipsin | Heinz | Schlatt b. Winterthur | 1953 | 01:23:39 |
| Zitz | Erhard | Greifensee | 1941 | 01:35:29 |
| Zollikofer | Edith | Teufen AR | 1953 | 01:57:26 |
| Zollinger | Evi | Höri | 1968 | 00:56:00 |
| Zuber | Josef | Niederbipp | 1957 | 01:35:43 |
| Zuberbühler | Doris | Bubikon | 1950 | 00:36:21 |
| Zueger | Charly | Vorderthal | 1960 | 01:18:55 |
| Zueger | Elisabeth | Vorderthal | 1964 | 00:32:21 |
| Zuercher | Brigitte | Thun | 1950 | 02:02:56 |
| Zuercher | Jakob | Pfäffikon SZ | 1937 | 00:39:59 |
| Zuercher | Juerg | Thun | 1950 | 01:30:44 |
| Zuercher | Rolf | Freienbach | 1965 | 00:31:58 |
| Zuettel | Erich | Embrach | 1941 | 01:38:59 |
| Zuffo | Sergio | Zürich | 1936 | 01:31:58 |
| Züger | Stefan | Altbüron | 1961 | 01:33:01 |
| Zugliani | Jean Paul | Greifensee | 1956 | 01:23:32 |
| Zulauf | Rene | Auenstein | 1953 | 01:17:25 |
| Zumbrunn Gilgen | Claudia | Wabern | 1958 | 00:36:38 |
| Zurbuchen | Hedwige | Thun | 1948 | 00:38:41 |
| Zurbuchen | Joachim | Galgenen | 1941 | 00:36:46 |
| Zürcher | Edgar | Derendingen | 1960 | 01:31:11 |
| Zurfluh | Franz | Alpnach Dorf | 1938 | 01:42:50 |
| Zurkirchen | Beat | Rudolfstetten | 1961 | 01:43:40 |
| Zutter | Dora | Uster | 1950 | 00:45:05 |
| Zwahlen | Heinz | Lengnau BE | 1939 | 01:48:34 |
| Zweidler | Brigit | Pfaffhausen | 1960 | 02:28:23 |
| Zweifel | Albert | Rüti ZH | 1949 | 01:11:40 |
| Zweifel | Hans-Martin | Schwanden GL | 1957 | 01:21:17 |
| Zweifel | Juerg | Zürich | 1964 | 01:27:11 |
| Zweifel | Marc | Glarus | 1975 | 00:27:53 |
| Zwimpfer | Guido | Dübendorf | 1949 | 00:38:13 |
| Zwimpfer-Dillier | Rita | Dübendorf | 1948 | 00:40:13 |
| Zwyssig | Daniel | Sursee | 1963 | 01:39:30 |
| Zwyssig | Romy | Schaffhausen | 1931 | 00:49:05 |