

FINISHERLISTE 8. GREIFENSEELAUF, 19. SEPTEMBER 1987

| Nachname | Vorname | Ort | Jahrgang | Laufzeit |
|-------------------|-------------|-------------------------|----------|----------|
| Abegg | Bruno | Winterthur | 1943 | 01:35:29 |
| Abegg | Miranda | Winterthur | 1933 | 01:54:53 |
| Ackermann | Anna Ursula | Egnach | 1960 | 01:26:53 |
| Ackermann | Bernhard | Birr-Lupfig | 1950 | 01:13:03 |
| Ackermann | Peter | Fehraltorf | 1965 | 01:24:19 |
| Ackermann | Urs | Fehraltorf | 1967 | 01:29:41 |
| Ackermann | Walter | Hägendorf | 1941 | 02:04:24 |
| Ackermann | Yvonne | Feldmeilen | 1957 | 00:42:08 |
| Adam | Reto | Reutlingen (Winterthur) | 1969 | 00:28:11 |
| Adler | Ruedi | Zürich | 1951 | 01:21:57 |
| Aebersold | Fritz | Pfungen | 1941 | 01:21:27 |
| Aebersold | Heinz | Dübendorf | 1939 | 01:57:26 |
| Aebersold | Nicole | Uster | 1968 | 00:36:27 |
| Aebersold-Schuetz | Gaby | Biel/Bienne | 1965 | 01:14:43 |
| Aebi | Horst | Feldmeilen | 1938 | 01:32:16 |
| Aebli | Fritz | Chur | 1949 | 01:30:40 |
| Aellig | Markus | Bassersdorf | 1952 | 02:04:09 |
| Aerne Rusterholz | Susanne | Thalwil | 1958 | 00:34:34 |
| Aerni | Kurt | Wallisellen | 1928 | 01:33:59 |
| Aeschbach | Hansrudolf | Zürich | 1943 | 01:34:37 |
| Aeschbacher | Corinne | Aathal-Seegräben | 1971 | 00:34:49 |
| Aeschbacher | Hans Peter | Rüfenacht BE | 1951 | 01:22:15 |
| Aeschlimann | Andreas | Zürich | 1955 | 01:42:00 |
| Affolter | Friedrich | Zürich | 1948 | 00:28:58 |
| Affolter | Rene | Bassersdorf | 1945 | 01:24:39 |
| Affolter | Samuel | Uster | 1961 | 02:06:27 |
| Albiez | Fritz | Zürich | 1938 | 01:33:25 |
| Albin | Eugen | Disentis/Mustér | 1953 | 01:45:51 |
| Albrecht | Michael | Buchs AG | 1975 | 00:35:06 |
| Albrecht | Monika | Münchenstein | 1951 | 01:35:56 |
| Albrecht | Urs | Münchenstein | 1949 | 01:17:30 |
| Albrecht | Walter | Nürens Dorf | 1950 | 01:36:13 |
| Albrecht | Werner | Bülach | 1949 | 01:18:20 |
| Alder | Konrad | Winterthur | 1935 | 01:30:29 |
| Alder | Roland | Neerach | 1960 | 01:08:57 |
| Alder | Stefan | Adliswil | 1965 | 00:30:40 |
| Alfeld | Helmuth | Regensdorf | 1938 | 01:36:15 |
| Alge | Robert | Uster | 1959 | 01:28:18 |
| Alioth | Lukas | Basel | 1957 | 00:38:06 |
| Aljosa | Friederich | Stallikon | 1972 | 00:29:48 |
| Allemann | Hans | Münsingen | 1949 | 01:23:32 |
| Allgaier | Juerg | Hedingen | 1947 | 01:28:18 |
| Althaus | Daniel | Boll | 1968 | 00:27:38 |
| Altherr | Conrad | Richterswil | 1949 | 01:29:33 |
| Altherr | Max | Kirchleerau-Moosleerau | 1955 | 01:44:12 |
| Altorfer | Esthi | Jona | 1971 | 00:39:11 |
| Altorfer | Michael | Jona | 1967 | 01:25:05 |
| Amacker | Markus | Winterthur | 1964 | 01:19:08 |
| Amberg | Lucia | Stallikon | 1964 | 01:59:51 |
| Ambuehl | Thomas | Fehraltorf | 1969 | 00:32:53 |
| Amiet | Priska | Faulensee | 1965 | 01:33:53 |

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|-----------|--------------|--------------------|------|----------|
| Ammann | Heinz | Bremgarten b. Bern | 1950 | 01:47:34 |
| Ammann | Helmuth | Frauenfeld | 1945 | 01:33:48 |
| Ammann | Max | Wil SG | 1931 | 01:37:59 |
| Ammann | Max | Samstagern | 1953 | 01:32:47 |
| Ammann | Paul | Obfelden | 1944 | 01:24:41 |
| Ammann | Philipp | Uster | 1976 | 00:47:03 |
| Ammann | René | St. Gallen | 1957 | 01:26:02 |
| Ammann | Werner | Uster | 1943 | 01:26:27 |
| Amrein | Kurt | Oberrieden | 1945 | 01:27:09 |
| Amschwand | Ruedi | Geroldswil | 1938 | 01:23:46 |
| Amstad | Walter | Dinhard | 1938 | 01:23:49 |
| Amstutz | Daniel | Erlenbach ZH | 1972 | 00:33:29 |
| Amstutz | Eugen | Männedorf | 1971 | 00:28:14 |
| Amstutz | Othmar | Niederbüren | 1950 | 01:27:46 |
| Amstutz | Peter | Hitzkirch | 1944 | 01:42:56 |
| Anderegg | Herbert | Effretikon | 1938 | 01:39:38 |
| Anderegg | Yves | Affoltern am Albis | 1972 | 00:26:44 |
| Andermatt | Heinz | Hirzel | 1965 | 01:19:27 |
| Andermatt | Margrit | Forch | 1947 | 00:39:29 |
| Andrey | Laurence | La Roche FR | 1967 | 01:59:59 |
| Angele | Christoph | Bubikon | 1970 | 00:29:08 |
| Angst | Andy | Greifensee | 1973 | 00:34:45 |
| Angst | Dominik | Siebnen | 1971 | 00:33:50 |
| Anhorn | Ernst | Zürich | 1940 | 01:34:22 |
| Anliker | Hildegard | Freienbach | 1953 | 00:51:21 |
| Anliker | Ueli | Freienbach | 1949 | 01:28:17 |
| Antonelli | Fredi | Zürich | 1936 | 01:43:24 |
| Antonini | Adriano | Montagnola | 1932 | 01:43:54 |
| Apotheloz | Christophe | Maschwanden | 1945 | 01:33:05 |
| App | Hermann | Zürich | 1937 | 01:42:55 |
| Aregger | Pirmin | Zürich | 1973 | 00:36:33 |
| Arend | Michal | Benglen | 1949 | 01:47:43 |
| Arlati | Regula | Wangen b. Olten | 1949 | 00:41:54 |
| Arnold | Bruno | Linn | 1959 | 01:29:57 |
| Arnold | Markus | Zürich | 1954 | 01:17:23 |
| Arnold | Rolf | Bachenbülach | 1948 | 01:29:28 |
| Arnold | Willi | Uznach | 1961 | 01:17:42 |
| Artho | Ernst | Jona | 1940 | 01:27:11 |
| Arvidsson | Hokan | Uster | 1950 | 01:30:38 |
| Attiger | Markus | Dürnten | 1963 | 01:26:24 |
| Attiger | Raimund | Wetzikon ZH | 1937 | 01:27:57 |
| Attinger | Bernhard | Gockhausen | 1953 | 01:29:52 |
| Attinger | Brigitte | Feldmeilen | 1949 | 00:42:47 |
| Attinger | Hans | Zürich | 1926 | 00:43:55 |
| Attinger | Jolanda | Zürich | 1945 | 00:46:35 |
| Auer | Lothar | Klettgau 1 | 1956 | 01:32:53 |
| Auvanzino | Jean-Pierre | Brüttisellen | 1945 | 01:36:01 |
| Aypulu | Willi | Zürich | 1920 | 00:47:46 |
| Babiczy | Josef | Zürich | 1933 | 01:31:33 |
| Bacchi | Rene | Horgen | 1944 | 01:14:32 |
| Bächli | Ueli | Erlinsbach SO | 1950 | 01:29:22 |
| Bachmann | Elisabeth | Hombrechtikon | 1946 | 01:28:18 |
| Bachmann | Hansheinrich | Hombrechtikon | 1954 | 01:10:47 |
| Bachmann | Heinz | Uerikon | 1941 | 01:18:23 |

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|-------------------|-----------|-------------------------|------|----------|
| Bachmann | Leo | Wetzikon ZH | 1961 | 01:46:47 |
| Bachmann | Markus | Wetzikon ZH | 1964 | 01:20:32 |
| Bachmann | Peter | Zürich | 1948 | 01:39:21 |
| Bachmann | Rosmarie | Niederhasli | 1950 | 00:41:36 |
| Bachmann | Walter | Zofingen | 1949 | 00:38:50 |
| Bachmann | Walter | Thunstetten | 1943 | 01:28:19 |
| Bachmann | Werner | Buchs SG | 1947 | 01:23:57 |
| Bachofen | Bruno | Bonstetten | 1946 | 01:33:34 |
| Bachofen | Fritz | Hombrechtikon | 1946 | 01:24:42 |
| Bachofner | Claudine | Bern | 1967 | 00:46:36 |
| Bächtold | Elsbeth | Volketswil | 1944 | 01:47:37 |
| Bader | Andrea | Stäfa | 1945 | 00:47:18 |
| Bader | Barbara | Langnau am Albis | 1964 | 00:46:47 |
| Bader | Nava | Stäfa | 1974 | 00:52:53 |
| Badertscher | Monica | Dübendorf | 1947 | 01:53:56 |
| Badertscher | Walter | Dübendorf | 1948 | 01:53:57 |
| Badia | Juan | Regensdorf | 1935 | 01:33:51 |
| Baecher-Buerchler | Enrico | Rüti ZH | 1951 | 01:15:06 |
| Baechinger | Thomas | Horgen | 1959 | 01:41:08 |
| Baechler | Nathalie | Wermatswil | 1970 | 00:41:13 |
| Baechler | Patrick | Wermatswil | 1972 | 00:31:01 |
| Baechtold | Daniel | Gockhausen | 1968 | 00:30:33 |
| Baechtold | Rolf | Gockhausen | 1935 | 01:44:40 |
| Baehler | Gottfried | Allenwinden | 1932 | 01:39:08 |
| Baehler | Hansruedi | Neftenbach | 1941 | 01:44:16 |
| Baehler | Hansruedi | Rheinfelden | 1950 | 01:39:55 |
| Baehler | Martin | Winterthur | 1964 | 01:36:52 |
| Baehler | Richard | Aadorf | 1953 | 01:55:49 |
| Baenziger | Martin | Fällanden | 1959 | 01:32:27 |
| Baertschi | Urs | Winterthur | 1942 | 01:43:02 |
| Baettig | Monique | Breitenbach | 1944 | 00:34:29 |
| Baewerle | Rolf | Luzern | 1960 | 01:27:24 |
| Bagattini | Erika | Volketswil | 1937 | 00:45:53 |
| Balestra | Albert | Bonstetten | 1944 | 01:50:15 |
| Ballinari | Yves | Uster | 1977 | 00:40:35 |
| Ballmann | Fritz | Volketswil | 1948 | 01:45:49 |
| Ballmann | Renate | Volketswil | 1954 | 01:55:46 |
| Baltenberger | Evelyne | Urdorf | 1963 | 00:33:49 |
| Baltensberger | Heinz | Reutlingen (Winterthur) | 1945 | 01:39:56 |
| Balzer-Stadler | Vreni | Uster | 1939 | 00:36:38 |
| Balzi | Markus | Rieden AG | 1949 | 01:28:15 |
| Bamert | Armin | Gossau ZH | 1958 | 01:42:27 |
| Bamert | Doris | Feldmeilen | 1948 | 01:23:36 |
| Bamert | Marc | Feldmeilen | 1973 | 00:31:54 |
| Bamert | Peter | Feldmeilen | 1943 | 01:15:17 |
| Bamert | Stefan | Feldmeilen | 1944 | 01:22:36 |
| Bamert | Yves | Feldmeilen | 1976 | 00:34:12 |
| Bangerter | Ernst | Lyss | 1946 | 01:45:23 |
| Bannwart | Werner | Gähwil | 1963 | 01:28:12 |
| Bantli | Ruth | Zürich | 1962 | 00:40:11 |
| Bär | Peter | Zürich | 1953 | 01:37:18 |
| Barbueda | Jachen | Bad Ragaz | 1941 | 01:15:31 |
| Bareiss | Daniel | Zürich | 1963 | 00:27:32 |
| Bäriswyl | Beatrice | Meggen | 1961 | 01:32:28 |

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|-------------|-----------|-------------------------|------|----------|
| Barmettler | Margrit | Hergiswil NW | 1947 | 00:37:05 |
| Bartholdi | Marcel | Männedorf | 1972 | 00:34:48 |
| Bartholdi | Marine | Männedorf | 1938 | 00:47:31 |
| Bärtschiger | Monika | Malix | 1960 | 00:36:35 |
| Bass | Genevieve | Vogelsheim | 1955 | 01:33:05 |
| Bauer | Rene | Winterthur | 1969 | 00:34:34 |
| Bauert | Alfred | Nürensdorf | 1948 | 01:31:12 |
| Bauert | Frieda | Nürensdorf | 1949 | 00:36:06 |
| Bauert | Heidi | Nürensdorf | 1947 | 00:42:36 |
| Bauert | Stefan | Nürensdorf | 1972 | 00:28:06 |
| Baumann | Adrian | Othmarsingen | 1974 | 00:28:21 |
| Baumann | Anna | Ottikon (Gossau ZH) | 1948 | 00:47:19 |
| Baumann | Beat | Oberengstringen | 1973 | 00:35:47 |
| Baumann | Daniel | Bolligen Dorf | 1927 | 01:44:19 |
| Baumann | Erich | Wittenbach | 1944 | 01:15:59 |
| Baumann | Heinrich | Guntalingen | 1938 | 01:29:28 |
| Baumann | Heinz | Dübendorf | 1955 | 01:41:16 |
| Baumann | Jolanda | Hegnau | 1971 | 00:44:34 |
| Baumann | Robert | Hallau | 1943 | 01:36:29 |
| Baumann | Rosmarie | Dietikon | 1945 | 01:38:38 |
| Baumann | Valentin | Guntalingen | 1971 | 00:31:06 |
| Baumann | Walter | Dällikon | 1954 | 01:30:56 |
| Baumann | Walter | Flawil | 1953 | 01:15:15 |
| Baumann | Walter | Illnau | 1945 | 01:29:12 |
| Baumberger | Rolf | Thalwil | 1951 | 01:48:45 |
| Baumeler | Klaus | Weiningen ZH | 1947 | 01:29:05 |
| Baumer | Heidi | Schaffhausen | 1948 | 01:37:41 |
| Baumgart | Silvia | Wilten b. Wollerau | 1952 | 00:38:25 |
| Baumgartner | Annemarie | Wermatswil | 1943 | 00:40:06 |
| Baumgartner | Helga | Schwerzenbach | 1943 | 00:41:04 |
| Baumgartner | Juerg | Bern | 1945 | 01:47:27 |
| Baumgartner | Kurt | Birr-Lupfig | 1955 | 01:45:19 |
| Baumgartner | Solomon | Ennenda | 1972 | 00:30:16 |
| Baumgartner | Thomas | Root | 1978 | 00:35:19 |
| Baumgartner | Urs | Seuzach | 1964 | 01:29:15 |
| Baur | Susanne | Schliern b. Köniz | 1960 | 01:34:29 |
| Baur | Willi | Zürich | 1942 | 01:45:16 |
| Bauschatz | Helmut | Trimmis | 1940 | 01:26:02 |
| Bayer | Rosmarie | Bad Zurzach | 1941 | 00:46:04 |
| Bayer | Ursula | Reutlingen (Winterthur) | 1957 | 00:41:50 |
| Beck | Peter | Widen | 1937 | 01:34:19 |
| Beer | Lisbeth | Ebmatingen | 1956 | 00:41:17 |
| Beglinger | Hans | Schaffhausen | 1931 | 01:55:30 |
| Beglinger | Mili | Tagelswangen | 1953 | 00:47:13 |
| Beier | Erika | Gommiswald | 1953 | 02:06:42 |
| Beljean | Daniel | Zofingen | 1971 | 00:27:55 |
| Beloch | Andreas | Regensdorf | 1958 | 01:57:05 |
| Belz | Nikolaus | Münchringen | 1946 | 01:48:33 |
| Belz | Werner | Rorbas-Freienstein | 1941 | 01:41:19 |
| Bengzon | Patrick | Effretikon | 1973 | 00:32:55 |
| Benninger | Ernst | Gattikon | 1945 | 01:22:37 |
| Benz | Oliver | Uerikon | 1963 | 01:33:04 |
| Berchtold | Fritz | Mönchaltorf | 1950 | 01:29:41 |
| Berchtold | Heidi | Jonen | 1944 | 00:41:28 |

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|-------------------|-----------|---------------------|------|----------|
| Berchtold | Remo | Winterthur | 1963 | 01:36:37 |
| Berek | Helene | Zürich | 1964 | 00:47:39 |
| Bergamin | Adrian | Danis | 1971 | 00:32:17 |
| Berger | Bernhard | Fehraltorf | 1949 | 01:21:19 |
| Berger | Ernst | Madetswil | 1945 | 01:29:29 |
| Berger | Fritz | Rorbas-Freienstein | 1936 | 01:18:06 |
| Berger | Hermann | Alten | 1949 | 01:30:02 |
| Berger | Hugo | Zollikofen | 1949 | 01:31:29 |
| Berger | Madelaine | Genève | 1959 | 01:51:13 |
| Berger | Robert | Dübendorf | 1944 | 01:46:04 |
| Berger | Samuel | Pfäffikon ZH | 1943 | 01:28:00 |
| Berger | Verena | Steffisburg | 1953 | 00:40:46 |
| Bergmann | Kurt | Oberengstringen | 1944 | 01:25:13 |
| Bernasek | Milan | Zürich | 1945 | 00:44:06 |
| Berndardsgruetter | Urs | Jona | 1962 | 00:30:37 |
| Bernhard | Hans | Regensdorf | 1948 | 01:30:59 |
| Bernhard | Verena | Regensdorf | 1947 | 01:40:32 |
| Bernhardsgruetter | Ivo | Dübendorf | 1950 | 01:42:38 |
| Berni | Markus | St. Gallen | 1958 | 01:31:25 |
| Berthoud | Marcel | Greifensee | 1945 | 01:25:27 |
| Berti | Roswitha | Rapperswil SG | 1962 | 00:35:49 |
| Bertschi | Heini | Zürich | 1937 | 01:46:06 |
| Bertschi | Rene | Zürich | 1935 | 01:33:33 |
| Bertschinger | Andres | Bäretswil | 1972 | 00:30:06 |
| Bertschinger | Bruno | Wetzikon ZH | 1970 | 01:24:20 |
| Bertschinger | Christian | Winterthur | 1968 | 00:28:10 |
| Bertschinger | Christoph | Winterthur | 1963 | 01:21:34 |
| Bertschinger | Felix | Winterthur | 1970 | 00:28:28 |
| Bertschinger | Monika | Uster | 1950 | 00:44:54 |
| Bertschinger | Rene | Zürich | 1966 | 01:21:43 |
| Beutler | Thomas | Zürich | 1961 | 01:31:01 |
| Beutler | Thomas | Zürich | 1961 | 00:31:04 |
| Bhend | Ursula | Ottikon (Gossau ZH) | 1953 | 00:45:32 |
| Bianchi | Sandro | Winterthur | 1954 | 01:57:41 |
| Biber | Thomas | Bachenbülach | 1950 | 01:13:27 |
| Bichsel | Walter | Uster | 1954 | 01:39:50 |
| Biefer | Christian | Meilen | 1947 | 01:36:53 |
| Bieler | Franz | Glattfelden | 1949 | 01:28:30 |
| Bienz | Franz | Hegnau | 1947 | 01:36:16 |
| Bieri | Maja | Forch | 1956 | 00:52:28 |
| Bieri | Marlis | Hombrechtikon | 1950 | 00:43:33 |
| Bietenholz | Rudolf | Wetzikon ZH | 1946 | 00:45:59 |
| Bilat | Laurent | La Chaux-de-Fonds | 1944 | 01:24:35 |
| Bill | Beat | Kreuzlingen | 1968 | 00:35:48 |
| Bill | Kurt | Kreuzlingen | 1938 | 01:52:34 |
| Billeter | Hanspeter | Effretikon | 1950 | 01:47:36 |
| Binder | Brigitte | Dübendorf | 1951 | 01:42:42 |
| Binkert | Toni | Hettlingen | 1970 | 00:32:14 |
| Birchler | Annelies | Einsiedeln | 1948 | 01:47:56 |
| Birrer | Hansjoerg | Bäch SZ | 1946 | 00:37:30 |
| Birrer | Heiner | Aarwangen | 1955 | 01:32:58 |
| Bischof | A | Zürich | 1949 | 01:47:38 |
| Bischof | Esther | Oetwil am See | 1957 | 00:36:40 |
| Bischofberger | Juerg | Erlinsbach SO | 1956 | 01:30:36 |

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|----------------|-----------|-----------------------|------|----------|
| Bischofberger | Pius | Bäretswil | 1950 | 01:28:21 |
| Bischofberger | Prisca | Oberegg | 1958 | 00:41:02 |
| Bischofberger | Priska | Bäretswil | 1949 | 00:35:46 |
| Bischofberger | Seppi | Wolfhausen | 1955 | 01:36:07 |
| Bischofberger | Urs | Bäretswil | 1977 | 00:31:16 |
| Bischoff | Kurt | Bülach | 1943 | 01:19:33 |
| Bischoff | Marcel | Bülach | 1961 | 01:11:36 |
| Bischoff | Peter | Zürich | 1928 | 01:38:43 |
| Bisig | Rene | Baar | 1948 | 01:16:41 |
| Bislin | Christian | Schenkn | 1950 | 01:32:20 |
| Bissegger | Daniel | Uster | 1976 | 00:28:38 |
| Bitterli | Brigitte | Zuchwil | 1967 | 00:39:37 |
| Bitterlin | Fred | Kloten | 1933 | 01:28:32 |
| Blaser | Peter | Heimberg | 1955 | 01:16:13 |
| Blatter | Esther | Horgen | 1962 | 00:42:37 |
| Blatter | Reinhard | Langnau am Albis | 1958 | 01:11:21 |
| Blatter | Robert | Wermatswil | 1950 | 01:33:32 |
| Blatter | Roland | Zürich | 1949 | 02:57:27 |
| Blatter | Simon | Volketswil | 1976 | 00:43:47 |
| Blättler | Rolf | Wettswil | 1952 | 01:44:15 |
| Bleesz | Ernst | Wolfhausen | 1931 | 01:55:00 |
| Bleisch | René | Zürich | 1954 | 01:35:25 |
| Blersch | Sybille | Münsingen | 1969 | 00:33:07 |
| Blessing | Walter | Tannheim | 1937 | 01:26:05 |
| Blickensdorfer | Koebi | Greifensee | 1947 | 01:29:34 |
| Blindenbacher | Frank | Stadel b. Niederglatt | 1954 | 01:22:25 |
| Bloch | Paul | Corcelles NE | 1947 | 01:22:23 |
| Blöchlinger | Hans | Greifensee | 1946 | 01:42:00 |
| Blöchlinger | Karl | Dübendorf | 1944 | 01:17:52 |
| Blöchlinger | Urs | Eschenbach SG | 1956 | 01:07:15 |
| Blöchlinger | Vreni | Dübendorf | 1950 | 00:37:56 |
| Blöchlinger | Walter | Schwerzenbach | 1945 | 02:11:04 |
| Blum | Christine | Winterthur | 1956 | 00:34:48 |
| Blum | Edgar | Niederrohrdorf | 1951 | 01:46:10 |
| Blum | Grete | Uster | 1944 | 00:37:22 |
| Bochmann | Alex | Rotkreuz | 1944 | 01:27:46 |
| Bodenmann | Hanspeter | Adliswil | 1949 | 01:26:10 |
| Bodenmann | Lea | Adliswil | 1950 | 00:45:55 |
| Boegli | Daniel | La Chaux-de-Fonds | 1953 | 01:19:49 |
| Boegli | Ernst | Altnau | 1957 | 00:26:45 |
| Boelle | Gustav | Winterthur | 1920 | 00:49:59 |
| Boeni | Theodor | Zürich | 1931 | 01:55:39 |
| Boerlin | Peter | Uster | 1957 | 01:18:57 |
| Boetschi | Kurt | Grafstal | 1951 | 01:14:09 |
| Bogadtke | Peter | Konstanz | 1941 | 01:30:28 |
| Bohren | Albert | Wolfhausen | 1946 | 01:17:27 |
| Bollag | Hansruedi | Ebmatingen | 1942 | 01:28:03 |
| Bollag | Ruth | Ebmatingen | 1943 | 01:52:18 |
| Boller | Beat | Esslingen | 1967 | 01:37:45 |
| Bollhalder | Cornelia | Gossau ZH | 1958 | 00:38:49 |
| Bollier | Daniel | Adliswil | 1965 | 00:44:07 |
| Bolliger | André | Bassersdorf | 1953 | 00:36:41 |
| Bolliger | Erwin | Kollbrunn | 1952 | 00:36:21 |
| Bollmann | Edwin | Neftenbach | 1931 | 01:52:09 |

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|---------------|-------------|--------------------|------|----------|
| Bollmann | Isabella | Uster | 1957 | 00:44:03 |
| Bollmann | Peter | Uster | 1955 | 01:26:36 |
| Bolt | Anette | Zürich | 1957 | 01:44:04 |
| Bolt | Urs | Uznach | 1967 | 01:47:40 |
| Bolt | Werner | Jona | 1949 | 01:31:47 |
| Boltshauser | Marco | Schwerzenbach | 1974 | 00:37:28 |
| Boltz | Daniel | Kehrsatz | 1962 | 00:59:24 |
| Bolzli | Thomas | Rifferswil | 1965 | 01:23:04 |
| Bomer | Wilhelm | Aarau | 1951 | 01:33:38 |
| Bommeli | Markus | Benglen | 1970 | 00:34:03 |
| Bonalli | Yvonne | Zollikon Dorf | 1929 | 02:05:28 |
| Bonard | Marc | Genève | 1969 | 01:52:16 |
| Bonard | Remy | Genève | 1944 | 01:44:20 |
| Boner | Urs | Winterthur | 1957 | 01:17:31 |
| Boos | Dieter | Greifensee | 1952 | 01:36:31 |
| Borel | Rene | Säriswil | 1942 | 01:43:04 |
| Borer | Heinz | Bülach | 1949 | 01:17:03 |
| Born | Hansjoerg | Thalwil | 1958 | 01:32:22 |
| Borsch | Verena | Winterthur | 1964 | 01:29:30 |
| Borst | Cornelis | Uzwil | 1939 | 01:10:14 |
| Bortis | Hans | Ernen / VS | 1947 | 01:37:54 |
| Bortis | Hans | Schaffhausen | 1954 | 01:37:32 |
| Bösch | Claus W. | Neftenbach | 1976 | 00:39:27 |
| Bösch | Fritz | Wetzikon ZH | 1942 | 01:53:14 |
| Bösch | Hans Rud. | Neftenbach | 1948 | 02:07:03 |
| Bösch | Hansruedi | Bassersdorf | 1948 | 01:23:48 |
| Bösch | Heinrich | Emmenbrücke | 1943 | 01:30:42 |
| Bösch | Jakob | Aadorf | 1952 | 01:16:42 |
| Bösch | Peter | Bülach | 1948 | 01:41:14 |
| Bösch | Peter | Zürich | 1942 | 01:27:03 |
| Bossart | Beat | Amriswil | 1967 | 00:29:47 |
| Bossart | Nick | Zürich | 1970 | 00:27:50 |
| Bossert | Albert | Winterthur | 1929 | 00:51:15 |
| Bossert | Brigitte | Zell ZH | 1960 | 00:44:36 |
| Bossert | Doris | Winterthur | 1960 | 00:46:52 |
| Bosshard | ? | Rapperswil SG | 1977 | 00:36:47 |
| Bosshard | Beatrice | Winterthur | 1960 | 00:34:56 |
| Bosshard | Ernst | Rorbas-Freienstein | 1951 | 01:31:30 |
| Bosshard | Gerhard | Pfäffikon ZH | 1955 | 01:30:25 |
| Bosshard | Irma | Winterthur | 1925 | 00:47:12 |
| Bouchet | Bernard | Genève | 1944 | 01:25:46 |
| Bouclainville | Jean-Pierre | Uster | 1945 | 02:13:12 |
| Bouclainville | Pascal | Wetzikon ZH | 1971 | 00:41:04 |
| Braegger | Andreas | Glattbrugg | 1958 | 01:53:40 |
| Braegger | Rita | Volketswil | 1953 | 00:42:14 |
| Braesch | Othon | Muntzenheim | 1941 | 01:16:11 |
| Braesch | Yves | Muntzenheim | 1968 | 01:15:37 |
| Brand | Alexander | Langenthal | 1966 | 01:18:36 |
| Brand | Charles | Zürich | 1942 | 01:59:58 |
| Brand | Peter | Oberönz | 1956 | 00:30:07 |
| Brand | Teres | Greifensee | 1950 | 01:44:25 |
| Brand | Thomas | Hinwil | 1959 | 01:33:22 |
| Brandenberger | Markus | Uetikon am See | 1941 | 02:22:38 |
| Brändli | Markus | Hintereg | 1947 | 01:35:32 |

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|----------------|--------------|-----------------|------|----------|
| Brändli | Peter | Horgen | 1942 | 01:20:51 |
| Bratschi | Monika | Herzogenbuchsee | 1952 | 00:45:46 |
| Bratschi | Urs | Herzogenbuchsee | 1952 | 01:35:49 |
| Brauch | Irma | Volketswil | 1939 | 01:44:56 |
| Brauch | Jakob | Volketswil | 1936 | 01:41:57 |
| Braun | Benno | Mönchaltorf | 1948 | 01:42:55 |
| Braun | Markus | Basel | 1958 | 01:42:23 |
| Braun | Paul | Algetshausen | 1948 | 01:14:01 |
| Braunschweiler | Patrick | Mühlau | 1968 | 00:30:12 |
| Brechbühl | Franz | Mesikon | 1960 | 01:19:50 |
| Brechbühl | Roesly | Konolfingen | 1952 | 01:19:57 |
| Breitenmoser | Sonja | Adetswil | 1952 | 01:37:44 |
| Breitenmoser | Thomas | Wetzikon ZH | 1968 | 00:26:40 |
| Breiter | Dorli | Uster | 1948 | 00:44:20 |
| Breiter | Stefan | Uster | 1973 | 00:33:27 |
| Breiter | Urs | Oetwil am See | 1951 | 00:32:48 |
| Breitler | Edwin | Hegnau | 1960 | 01:27:32 |
| Brem | Stefan | Urdorf | 1972 | 00:34:37 |
| Bremgartner | Gerhard | Zugerberg | 1946 | 01:19:01 |
| Brenn | Jürg | Zürich | 1950 | 01:18:44 |
| Brennwald | Dario | Dübendorf | 1955 | 01:41:42 |
| Bressan | Sergio | Uster | 1958 | 02:17:53 |
| Breu | Edith | Hegnau | 1950 | 01:57:28 |
| Breu | Willy | Volketswil | 1942 | 01:57:25 |
| Brigadoi | Simone | Dübendorf | 1941 | 01:44:45 |
| Briggen | Beat | Adliswil | 1969 | 00:34:14 |
| Briner | Christian | Uster | 1971 | 00:40:56 |
| Bristot | Roberto | Zürich | 1931 | 01:45:37 |
| Britz | Stephanie | Rüti ZH | 1955 | 01:46:27 |
| Broder | Willi | Dübendorf | 1936 | 01:56:38 |
| Broggia | Ruedi | Winterthur | 1946 | 01:18:55 |
| Brogli | Johann Peter | Boppelsen | 1946 | 01:36:11 |
| Brönnimann | Andreas | Volketswil | 1972 | 00:34:01 |
| Brönnimann | Rolf | Schwerzenbach | 1941 | 01:43:07 |
| Brotzge | Rene | Balterswil | 1958 | 01:30:21 |
| Bruchez | Francis | Zürich | 1944 | 01:20:25 |
| Bruderer | Beat | Uster | 1974 | 00:34:08 |
| Bruderer | Ernst | Uster | 1953 | 01:27:20 |
| Bruderer | Stephan | Volketswil | 1972 | 00:31:23 |
| Bruegger | Lotte | Volketswil | 1937 | 00:38:38 |
| Bruehwiler | Monica | Niederhasli | 1952 | 00:41:55 |
| Bruengger | Kurt | Illnau | 1946 | 01:27:48 |
| Bruetsch | Claudia | Volketswil | 1971 | 00:48:21 |
| Bruhin | Monika | Zürich | 1945 | 02:51:03 |
| Brühwiler | Martin | Marbach SG | 1950 | 01:22:58 |
| Brumann | Esther | Winterthur | 1947 | 00:46:25 |
| Brumann | Josef | Tann | 1951 | 01:23:08 |
| Brun | Heinz | Winterthur | 1953 | 01:17:12 |
| Brun | Mirjam | Zürich | 1966 | 00:38:16 |
| Brun | Robert | Esslingen | 1935 | 01:39:46 |
| Brun | Ursula | Zürich | 1951 | 01:39:10 |
| Brunner | Adrian | Birchwil | 1976 | 00:34:04 |
| Brunner | Elisabeth | Uster | 1943 | 00:42:34 |
| Brunner | Franz | Nürens Dorf | 1945 | 01:41:44 |

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|-----------|---------------|-----------------------|------|----------|
| Brunner | Fredy | Eglisau | 1941 | 01:23:11 |
| Brunner | Fritz | Wangen ZH | 1936 | 01:31:28 |
| Brunner | Georg | Schwerzenbach | 1931 | 01:42:56 |
| Brunner | Hans | Zürich | 1952 | 01:34:19 |
| Brunner | Hans | Winterthur | 1966 | 01:33:44 |
| Brunner | Markus | Adliswil | 1970 | 00:31:50 |
| Brunner | Matthias | Birchwil | 1978 | 00:41:01 |
| Brunner | Meret Barbara | Eglisau | 1974 | 00:46:18 |
| Brunner | Othmar | Wangen ZH | 1958 | 01:38:46 |
| Brunner | Peter | St. Gallen | 1958 | 01:26:06 |
| Brunner | Peter | Forch | 1952 | 01:46:56 |
| Brunner | Reto | Aarberg | 1956 | 01:26:12 |
| Brunner | Roly | Rheinau | 1952 | 01:27:20 |
| Brunner | Rudolf | Uster | 1939 | 00:36:48 |
| Brunner | Sibylle | Zürich | 1967 | 00:38:30 |
| Brunner | Ueli | Chur | 1950 | 01:17:27 |
| Brütsch | Markus | Büttenhardt | 1962 | 01:29:55 |
| Bryner | Heinz | Hombrechtikon | 1950 | 01:21:47 |
| Bryner | Rolf | Embrach | 1945 | 01:38:29 |
| Bucher | Alois | Gersau | 1919 | 01:57:59 |
| Bucher | Andreas | Zürich | 1971 | 00:31:21 |
| Bucher | Bruno | Mönchaltorf | 1948 | 01:52:31 |
| Bucher | Doris | Zürich | 1954 | 02:04:22 |
| Bucher | Mario | Uster | 1945 | 01:37:07 |
| Bucher | Markus | Küssnacht am Rigi | 1961 | 01:28:11 |
| Bucher | Peter | Bellach | 1945 | 01:33:51 |
| Bucher | Sabina | Hegnau | 1971 | 00:37:05 |
| Bucher | Silvi | Hegnau | 1940 | 01:57:25 |
| Bucher | Stefan | Lindau | 1974 | 00:32:51 |
| Bucher | Verena | Zürich | 1960 | 00:46:34 |
| Bucher | Walter | Adlikon b. Regensdorf | 1952 | 01:48:16 |
| Büchi | Heinz | Uster | 1953 | 01:37:14 |
| Buchli | Valentin | Chur | 1927 | 01:22:34 |
| Buchmann | Andre | Rüti ZH | 1955 | 01:31:55 |
| Buchmann | Christa | Männedorf | 1962 | 01:44:16 |
| Buchmann | Ernst | Esslingen | 1949 | 01:36:50 |
| Buchmann | Lisbeth | Esslingen | 1953 | 00:45:49 |
| Buchmann | Remo | Stäfa | 1973 | 00:33:37 |
| Buchmann | Xaver | Forch | 1934 | 01:35:03 |
| Buchser | Guido | Dottikon | 1952 | 01:43:32 |
| Buchser | Markus | Bern | 1951 | 01:38:35 |
| Buechel | Paul | St. Margrethen SG | 1958 | 01:08:42 |
| Buecheler | Vreni | Winterthur | 1969 | 00:37:15 |
| Buechi | Gudrun | Dottikon | 1962 | 01:36:14 |
| Buechi | Judith | Winterthur | 1961 | 00:31:05 |
| Buechi | Ruedi | Wädenswil | 1958 | 01:26:42 |
| Buechi | Thomas | Herrliberg | 1969 | 00:31:08 |
| Bueeler | Max | Greifensee | 1952 | 01:40:26 |
| Buehler | Bruno | Wermatswil | 1964 | 01:20:57 |
| Buehler | Daniela | Feldmeilen | 1961 | 00:42:33 |
| Buehler | Hans | Oberengstringen | 1944 | 01:49:46 |
| Buehler | Margrith | Forch | 1936 | 02:00:44 |
| Bueler | Margrit | Pfäffikon SZ | 1952 | 01:56:20 |
| Buender | Friedrich | Rosshäusern | 1936 | 01:36:23 |

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|-------------|-------------|-------------------------|------|----------|
| Buerer | Ernst | Zürich | 1950 | 01:35:10 |
| Buergi | Hans | Thalwil | 1944 | 01:53:22 |
| Buergi | Lukas | Uhwiesen | 1970 | 00:28:05 |
| Buergi | Rudolf | Uhwiesen | 1939 | 01:21:51 |
| Buergisser | Sigi | Zürich | 1921 | 01:27:35 |
| Buerke | Peter | Oetwil an der Limmat | 1957 | 01:19:53 |
| Buerki | Paul | Jona | 1947 | 01:43:45 |
| Bueschlen | Claire | Adelboden | 1950 | 00:38:13 |
| Bueschlen | Niklaus | Adelboden | 1953 | 01:14:53 |
| Buesser | Hans-Peter | Goldach | 1941 | 01:33:10 |
| Buesser | Yolanda | Greifensee | 1941 | 00:43:04 |
| Buettel | Pascal | Rorschach | 1973 | 00:33:33 |
| Buettner | Arthur | La Punt-Chamues-ch | 1966 | 01:26:34 |
| Buetzberger | Anselm | Winterthur | 1946 | 01:32:13 |
| Bühlmann | Monica | Allenwinden | 1950 | 00:45:39 |
| Buholzer | Stefan | Horgen | 1965 | 01:29:06 |
| Bührer | Paul | Stäfa | 1942 | 01:21:23 |
| Bünter | Jean Pierre | Hombrechtikon | 1952 | 01:33:06 |
| Buob | Rene | Baar | 1945 | 01:11:13 |
| Burgauer | Marcel | Zumikon | 1944 | 01:33:11 |
| Burger | Dominik | Uster | 1963 | 01:17:40 |
| Burger | Elfie | Zürich | 1957 | 00:35:06 |
| Burger | Werner | Fislisbach | 1955 | 01:26:41 |
| Burgunder | Bruno | Feldmeilen | 1943 | 01:24:09 |
| Burgunder | Patrick | Feldmeilen | 1974 | 00:30:54 |
| Buri | Anton | Pfäffikon ZH | 1939 | 01:36:23 |
| Burkart | Helmar | Bad Säkingen | 1951 | 01:16:26 |
| Burkart | Mathias | Greifensee | 1971 | 00:34:08 |
| Burkert | Lothar | Winterthur | 1960 | 01:38:32 |
| Burkhalter | Peter | Stäfa | 1946 | 01:22:00 |
| Burkhard | Emil | Greifensee | 1943 | 01:33:50 |
| Burkhard | Hanspeter | Zollikon Dorf | 1964 | 01:20:00 |
| Bürki | Monika | Pratteln | 1948 | 00:36:59 |
| Burnier | Lucien | La Chaux-de-Fonds | 1931 | 01:48:18 |
| Burri | Beat | Bachenbülach | 1970 | 00:31:23 |
| Burri | Catherine | Greifensee | 1945 | 00:43:00 |
| Burri | Eugen | Zürich | 1930 | 01:38:18 |
| Burri | Francois | Greifensee | 1970 | 00:32:24 |
| Buser | Franz | Rüfenacht BE | 1963 | 01:33:30 |
| Buser | Thomas | Nürensdorf | 1975 | 00:35:35 |
| Bussien | Lukas | Reutlingen (Winterthur) | 1960 | 01:22:36 |
| Bussmann | Heinz | Volketswil | 1953 | 01:21:57 |
| Bützberger | Urs | Zürich | 1956 | 02:07:18 |
| Caderas | Moritz | Hinteregg | 1937 | 01:29:34 |
| Caderas | Renato | Pfäffikon SZ | 1970 | 00:31:15 |
| Caduff | Marco | Stäfa | 1960 | 01:35:33 |
| Caflich | Peter | Hinwil | 1958 | 01:47:00 |
| Camathias | Sebastian | Disentis/Mustér | 1953 | 01:43:33 |
| Camenzind | Gerhard | Einsiedeln | 1939 | 01:37:53 |
| Camenzind | Peter | Zürich | 1951 | 01:06:04 |
| Camenzind | Robert | Einsiedeln | 1966 | 01:39:20 |
| Caminada | Heini | Rhözüns | 1943 | 01:40:43 |
| Caminada | Sereina | Rhözüns | 1974 | 00:42:33 |
| Candrian | Ursula | Uster | 1954 | 00:44:36 |

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|-------------|-------------|---------------------|------|----------|
| Canonica | Beat | Uster | 1972 | 00:28:29 |
| Caplazi | Leo | Chur | 1941 | 01:45:22 |
| Caprez | Alfred | Rüti ZH | 1956 | 01:14:56 |
| Casadei | Mario | Oberhasli | 1942 | 01:29:53 |
| Caspar | Fredi | Zollikon Dorf | 1956 | 01:12:26 |
| Casserini | Vreni | Dietlikon | 1957 | 00:40:04 |
| Castrischer | Jürg | Schliern b. Köniz | 1956 | 01:18:24 |
| Castrischer | Reto | Nänikon | 1952 | 01:27:35 |
| Casura | Pieder | Pfäffikon ZH | 1946 | 01:26:59 |
| Casura | Susanne | Pfäffikon ZH | 1946 | 01:43:56 |
| Catania | Giuseppe | Sargans | 1933 | 01:49:40 |
| Cathomen | Gieri | Breil/Brigels | 1963 | 01:23:25 |
| Cavallasca | Manuela | Berikon Dorf | 1949 | 00:45:51 |
| Cavegn | Rico | Thalwil | 1945 | 01:48:08 |
| Cavigelli | Guido | Zumikon | 1941 | 01:35:23 |
| Ceretti | Corinne | Fehraltorf | 1962 | 01:40:55 |
| Ceriani | Angelo | Hirzel | 1956 | 01:47:39 |
| Cervenka | Vaclav | Volketswil | 1942 | 01:38:54 |
| Chapuis | Jacques | Uster | 1965 | 01:21:11 |
| Chew-Heer | Elsbeth | Jona | 1948 | 00:44:16 |
| Christ | Hanspeter | Grüt (Gossau ZH) | 1962 | 00:35:27 |
| Christen | David | Gattikon | 1969 | 00:42:59 |
| Christen | Ursula | Bern | 1960 | 01:30:37 |
| Christen | Walter | Wallisellen | 1942 | 01:30:13 |
| Christoffel | Roman | Celerina/Schlarigna | 1967 | 01:54:07 |
| Cina | Litterio | Gossau ZH | 1947 | 01:32:19 |
| Ciotola | Angelo | Uster | 1939 | 01:37:44 |
| Ciotola | Sara | Uster | 1973 | 00:36:46 |
| Ciresa | August | Rüti ZH | 1945 | 01:36:39 |
| Ciseri | Rene | Colmar | 1939 | 01:27:27 |
| Claluena | Nadine | Seuzach | 1974 | 00:42:21 |
| Clerici | Werner | Rikon im Tösstal | 1942 | 01:28:54 |
| Codemo | Gianni | Widendangen | 1955 | 01:50:13 |
| Command | Jean Michel | Wallisellen | 1954 | 01:26:49 |
| Condrau | Bernhard | Oberrieden | 1926 | 02:09:18 |
| Constantini | Andy | Effretikon | 1969 | 00:31:36 |
| Corna | Claudio | Horgen | 1964 | 01:47:43 |
| Cornaz | Nicole | Bülach | 1966 | 00:44:30 |
| Cortes | Jean | Valreas | 1942 | 01:15:36 |
| Corti | Cesare | Oberengstringen | 1940 | 01:35:17 |
| Costantini | Donato | Erlenbach ZH | 1950 | 01:44:36 |
| Cottier | Ewald | Spiezwiler | 1941 | 01:47:40 |
| Cremona | Bruno | Maur | 1954 | 01:44:13 |
| Cruciani | Daniel | Valreas | 1951 | 01:23:16 |
| Cuenat | Gaston | Thalwil | 1954 | 01:37:33 |
| Cunningham | Irene | Ebmatingen | 1952 | 00:46:36 |
| Da Palma | Agostinha | Maschwanden | 1959 | 00:49:22 |
| Da Rin | Franz | Schaffhausen | 1949 | 01:24:22 |
| Da Rugna | Reto | Widen | 1973 | 00:37:29 |
| Daehler | Bruno | Gais | 1964 | 01:10:16 |
| Daepfen | Rene | Thun | 1945 | 01:55:26 |
| Daepfen | Sonja | Thun | 1946 | 00:41:05 |
| Daescher | Burga | Schiers | 1937 | 00:38:10 |
| Daniele | Alexander | Bellinzona | 1974 | 00:30:21 |

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|--------------|-----------|--------------------|------|----------|
| Daniele | Giovanni | Bellinzona | 1945 | 01:29:03 |
| Daniele | Natascha | Bellinzona | 1976 | 00:33:31 |
| Danninger | Felix | Feldmeilen | 1958 | 01:44:20 |
| Danuser | Christian | Oberhasli | 1953 | 01:20:14 |
| Dänzer | Hans | Uster | 1943 | 01:26:05 |
| Dasen | Thierry | Studen BE | 1965 | 01:35:47 |
| Daume | Marc | Dübendorf | 1970 | 00:30:26 |
| Daumüller | Daniel | Grenchen | 1961 | 01:15:43 |
| Daumüller | Paul | Grenchen | 1957 | 01:24:42 |
| De Clerck | Bea | Urdorf | 1957 | 01:36:56 |
| De Clerck | Dirk | Urdorf | 1954 | 01:26:01 |
| De Francisci | Rosario | Herschmettlen | 1957 | 00:32:39 |
| De Lucia | Vincenzo | Volketswil | 1940 | 01:37:15 |
| De Oliveira | Manuel | Frauenfeld | 1965 | 01:01:46 |
| De Pizzol | Reto | St. Gallenkappel | 1959 | 01:22:54 |
| Decasper | Urs | Volketswil | 1955 | 00:36:09 |
| Decurtins | Marianne | Hinwil | 1944 | 01:43:55 |
| Dedic | Daniel | Regensdorf | 1975 | 00:37:30 |
| Degen | Eduard | Titterten | 1946 | 01:33:50 |
| Degen | Urs | Liestal | 1968 | 00:25:33 |
| Delarenzi | Mauro | Zürich | 1960 | 01:17:10 |
| Delémont | Carole | Dübendorf | 1966 | 00:47:01 |
| Deleze | Michel | Ardon | 1957 | 01:05:09 |
| Della Rossa | Hanspeter | Siebnen | 1954 | 01:42:21 |
| Deller | Peter | Dürnten | 1971 | 01:18:34 |
| Demarmels | Ignaz | Danis | 1960 | 01:34:30 |
| Demuth | Klaus | Feldmeilen | 1948 | 01:42:07 |
| Denier | Armin | Rapperswil SG | 1961 | 01:11:22 |
| Denzler | Marlies | Elgg | 1951 | 00:36:43 |
| Deplazes | Daniel | Landquart | 1963 | 01:32:30 |
| Derivaz | Elisabeth | Saas Fee | 1947 | 01:27:58 |
| Derungs | Armin | Chur | 1944 | 01:53:45 |
| Derungs | Attilio | Davos Monstein | 1960 | 01:32:05 |
| Derungs | Corsin | Steinhausen | 1951 | 01:43:25 |
| Derungs | Elfrida | Danis | 1944 | 01:46:33 |
| Derungs | Frena | Steinhausen | 1955 | 00:42:20 |
| Derungs | Ida | Adlikon b.Regensdf | 1957 | 00:43:36 |
| Derungs | Theo | Danis | 1940 | 01:32:39 |
| Descombes | Michel | Winterthur | 1940 | 01:25:27 |
| Dettling | Axel | Waldshut-T | 1962 | 01:30:58 |
| Dettwiler | Evi | Rapperswil SG | 1949 | 01:42:19 |
| Dettwiler | Fritz | Rapperswil SG | 1946 | 01:53:55 |
| Dettwyler | Hans | Zumikon | 1923 | 02:26:35 |
| Deutsch | Peter | Schliern b. Köniz | 1956 | 01:45:07 |
| Di Gregorio | Antonio | Adliswil | 1964 | 00:38:20 |
| Di Gregorio | Roland | Adliswil | 1966 | 00:46:11 |
| Dick | Markus | Kloten | 1962 | 01:26:31 |
| Diem | Harry | Hombrechtikon | 1956 | 01:26:30 |
| Diener | Martin | Langnau am Albis | 1956 | 01:52:57 |
| Dieterle | Johannes | Uster | 1962 | 01:10:42 |
| Diethelm | Martin | Dübendorf | 1972 | 00:31:24 |
| Dietiker | Hugo | Mellingen | 1947 | 01:29:20 |
| Dietiker | Peter | Zürich | 1955 | 01:45:59 |
| Dietrich | Lukas | Rapperswil SG | 1971 | 00:31:10 |

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|---------------|-----------|----------------|------|----------|
| Dietschi | Myrta | Fehraltorf | 1939 | 00:46:38 |
| Dietschi | Toni | Drachslau | 1937 | 01:30:43 |
| Diezi | Hermann | Kloten | 1942 | 02:05:10 |
| Diezi | Ivana | Gossau ZH | 1953 | 00:40:26 |
| Diggelmann | Christian | Küsnacht ZH | 1961 | 01:28:04 |
| Diggelmann | Klara | Forch | 1938 | 00:41:40 |
| Dinkel | Stefan | Zürich | 1962 | 01:18:36 |
| Dobler | Rolf | Bäretswil | 1969 | 00:28:54 |
| Dobler | Thomas | Bäretswil | 1974 | 00:38:35 |
| Dobracev | Josef | Stäfa | 1972 | 00:31:03 |
| Doerig | Hermann | Effretikon | 1933 | 01:42:36 |
| Doerig | Kurt | Bassersdorf | 1953 | 01:47:23 |
| Dogoud | Roland | Dübendorf | 1943 | 01:34:39 |
| Dolder | Juerg | Feldmeilen | 1962 | 01:24:01 |
| Dolfi | Giacomo | Scuol | 1943 | 01:48:26 |
| Dollekamp | Karst | Uster | 1962 | 01:45:30 |
| Domeisen | Ruth | Zürich | 1933 | 02:04:10 |
| Donner | Ulrich | Radolfzell | 1939 | 01:28:31 |
| Dormann | Rony | Mellingen | 1939 | 01:47:11 |
| Dossenbach | Paul | Benglen | 1946 | 01:44:25 |
| Dreher | Juerg | Oberrieden | 1935 | 01:57:36 |
| Dreier | Susanne | Steffisburg | 1961 | 00:39:46 |
| Droussart | Guy | Zürich | 1941 | 01:15:44 |
| Dschulnigg | Wanda | Lachen SZ | 1973 | 00:40:15 |
| Dubrez | Thierry | Jona | 1960 | 01:33:36 |
| Duebendorfer | Margrit | Riedikon | 1939 | 00:40:56 |
| Duenki | Martin | Marthalen | 1951 | 01:43:05 |
| Duennenberger | Hugo | Zürich | 1935 | 01:25:37 |
| Duennenberger | Paul | Zürich | 1951 | 01:44:32 |
| Duerr | Stephan | Flims Waldhaus | 1950 | 01:46:42 |
| Duerr | Walter | Feldmeilen | 1942 | 01:30:56 |
| Duff | Alfons | Uster | 1942 | 01:20:40 |
| Duff | Evelina | St. Gallen | 1966 | 00:42:17 |
| Duffner | Claudia | Zürich | 1954 | 00:40:50 |
| Duffner | Peter | Zürich | 1953 | 01:24:32 |
| Dürr | Peter | Thalwil | 1961 | 01:38:06 |
| Dürst | Werner | Zürich | 1949 | 01:33:01 |
| Dutli | Christina | Au ZH | 1955 | 01:39:01 |
| Dutli | Rene | Au ZH | 1945 | 01:28:59 |
| Duttweiler | August | Volketswil | 1932 | 00:39:38 |
| Eberhard | Beat | Mägenwil | 1954 | 01:19:33 |
| Eberhard | Josef | Niederuzwil | 1949 | 01:42:34 |
| Eberhart | Luise | Küsnacht ZH | 1940 | 01:46:05 |
| Eberhart | Rolf | Küsnacht ZH | 1942 | 01:28:32 |
| Eberle | Hans | Feldmeilen | 1959 | 01:39:50 |
| Eberle | Max | Hittnau | 1946 | 01:48:50 |
| Eberle | Rolf | Zürich | 1942 | 01:36:40 |
| Eberle | Theo | Frauenfeld | 1943 | 01:42:04 |
| Eberspaecher | Hanspeter | Greifensee | 1965 | 01:50:59 |
| Ebinger | Barbara | Uster | 1974 | 00:45:06 |
| Ebinger | Peter | Uster | 1943 | 01:14:50 |
| Ebner | Marlies | Lottstetten | 1945 | 00:43:27 |
| Ebner | Peter | Schongau | 1959 | 01:17:48 |
| Ebnoether | Hermann | Siebnen | 1944 | 01:48:55 |

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|---------------|-----------|-------------------------|------|----------|
| Ecabert | Yves | Greifensee | 1953 | 01:44:55 |
| Eck | Gabi | Wetzikon ZH | 1950 | 00:37:27 |
| Eckert | Gabrielle | Glattfelden | 1956 | 00:40:35 |
| Eckert | Jürg | Glattfelden | 1954 | 01:19:26 |
| Edelmann | Rene | Kloten | 1944 | 01:22:44 |
| Ege | Werner | Küsnacht ZH | 1930 | 01:45:44 |
| Egg | Barbara | Winterthur | 1956 | 00:43:12 |
| Eggenberger | Max | Zumikon | 1936 | 01:40:50 |
| Eggenberger | Verena | Dübendorf | 1950 | 00:41:49 |
| Egger | Beatrice | Küttigen | 1970 | 00:33:09 |
| Egger | Hansjoerg | Uster | 1952 | 02:02:10 |
| Egger | Kaspar | Uster | 1960 | 01:17:20 |
| Egger | Ruth | Jona | 1950 | 00:44:22 |
| Egger | Walter | Reutlingen (Winterthur) | 1945 | 01:31:37 |
| Eggerschwiler | Hansjoerg | Erlenbach ZH | 1944 | 01:34:19 |
| Eggs | Dina | Uster | 1970 | 00:31:32 |
| Eggs | Marco | Wermatswil | 1964 | 01:11:09 |
| Egle | Willi | Dübendorf | 1958 | 01:15:20 |
| Egli | Alois | Winterthur | 1963 | 01:13:29 |
| Egli | Barbara | Uster | 1967 | 00:49:33 |
| Egli | Christian | Stäfa | 1950 | 01:27:15 |
| Egli | Francois | Mönchaltorf | 1961 | 01:16:05 |
| Egli | Jacques | Regensdorf | 1947 | 01:49:57 |
| Egli | Peter | Dübendorf | 1969 | 00:30:07 |
| Egli | Werner | Wermatswil | 1957 | 00:34:35 |
| Egloff | Heidi | Effretikon | 1946 | 01:31:26 |
| Egloff | Peter | Niederteufen | 1960 | 01:31:37 |
| Ehrbar | Hans | Frauenfeld | 1952 | 01:44:26 |
| Ehreiser | Hans | Oberentfelden | 1944 | 01:21:56 |
| Ehrensberger | Maja | Wallisellen | 1955 | 01:39:51 |
| Ehrler | Juerg | Oberwil BL | 1960 | 01:18:37 |
| Eichin | Juerg | Küsnacht ZH | 1949 | 01:37:59 |
| Eichmann | Yvonne | Sennhof (Winterthur) | 1973 | 00:40:38 |
| Eidam | Annemarie | Ebmatingen | 1945 | 00:46:46 |
| Eidam | Jan | Zürich | 1977 | 00:41:45 |
| Eidam | Konrad | Ebmatingen | 1945 | 01:43:35 |
| Eidam | Oliv | Ebmatingen | 1975 | 00:41:52 |
| Eigenmann | Bruno | Romanshorn | 1932 | 01:44:13 |
| Eilinger | Rene | Zürich | 1949 | 00:35:27 |
| Eix | Volker | Chur | 1965 | 01:32:32 |
| Ellensohn | Arthur | Moos-Jznang | 1949 | 01:51:00 |
| Elliker | Bruno | Niederuzwil | 1938 | 01:19:09 |
| Elmer | Bruno | Feldbach | 1974 | 00:35:52 |
| Elmer | Margrit | Reutlingen (Winterthur) | 1957 | 00:39:09 |
| Elmiger | Thomas | Hausen am Albis | 1971 | 00:29:37 |
| Elsener | Anton | Klingnau | 1932 | 01:17:29 |
| Elsener | Charly | Langnau am Albis | 1943 | 01:21:02 |
| Elsener | Hansruedi | Uster | 1936 | 01:54:22 |
| Elsener | Martin | Gippingen | 1959 | 01:15:43 |
| Enderli | Ernst | Kloten | 1933 | 01:25:30 |
| Enderli | Irene | Zürich | 1956 | 01:36:09 |
| Engel | Peter | Basel | 1961 | 00:33:56 |
| Engeler | Hugo | Gutenswil | 1940 | 01:43:31 |
| Engeler | Markus | Gattikon | 1955 | 01:07:02 |

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|-------------|-----------|------------------|------|----------|
| Engeli | Rita | Wetzikon ZH | 1943 | 00:43:54 |
| Engler | Hansruedi | Schlieren | 1934 | 01:36:24 |
| Ensner | Sonja | Weiningen ZH | 1961 | 01:40:03 |
| Enz | Robert | Urdorf | 1951 | 01:41:55 |
| Enz | Thomas | Zürich | 1952 | 01:33:30 |
| Enzler | Lydia | Ebmatingen | 1940 | 00:43:56 |
| Eppenberger | Heinrich | Wiesendangen | 1948 | 01:36:26 |
| Eppenberger | Peter | Auw | 1945 | 01:25:58 |
| Epprecht | Heinz | Nürens Dorf | 1957 | 01:20:42 |
| Equey | Roland | Lausanne | 1957 | 01:22:35 |
| Erb | Walter | Wallisellen | 1949 | 01:54:20 |
| Erdin | Jon | Bäretswil | 1958 | 01:34:44 |
| Erni | Josef | Winterthur | 1942 | 01:49:08 |
| Erni | Max | Steinhausen | 1955 | 00:35:08 |
| Ernst | Arthur | Erlenbach ZH | 1919 | 01:51:44 |
| Ernst | Brigitte | Horgen | 1971 | 00:33:49 |
| Ernst | Heinz | Eschlikon TG | 1945 | 01:28:05 |
| Ernst | Irene | Uster | 1960 | 00:41:06 |
| Erny | Rita | Wiesendangen | 1956 | 00:37:52 |
| Erzberger | Hans R. | Schwerzenbach | 1938 | 01:34:52 |
| Escher | Cyrill | Dürnten | 1950 | 01:54:34 |
| Etter | Albert | Hünenberg | 1957 | 01:41:31 |
| Etter | Anneroes | Neuheim | 1959 | 00:45:32 |
| Etter | Heini | Glarus | 1941 | 01:20:04 |
| Etter | Kurt | Jona | 1943 | 01:41:06 |
| Etter | Verena | Uhwiesen | 1939 | 00:45:22 |
| Eugster | Daniel | Volketswil | 1973 | 00:28:55 |
| Eugster | Eva | Unterenstringen | 1953 | 00:48:32 |
| Eugster | Hans | Rüschlikon | 1945 | 01:39:19 |
| Eugster | Hansruedi | Volketswil | 1943 | 01:25:06 |
| Eugster | Walter | Hegnau | 1946 | 01:32:01 |
| Evans | Gareth | Binz | 1936 | 01:37:22 |
| Eyer | Beatrice | Kloten | 1957 | 00:41:12 |
| Faeh | Daniel | Hinteregg | 1963 | 01:21:57 |
| Faes | Hansruedi | Au ZH | 1945 | 01:49:55 |
| Faessler | Martin | Männedorf | 1972 | 00:30:33 |
| Fahrni | Hermann | Heimberg | 1946 | 01:38:24 |
| Fahrni | Martin | Einigen | 1962 | 01:27:12 |
| Fankhauser | Urs | Wigoltingen | 1952 | 01:48:02 |
| Fascati | Oliver | Hausen am Albis | 1973 | 00:34:26 |
| Fasching | Ady | Uster | 1939 | 01:39:06 |
| Fasel | Alice | Langnau am Albis | 1953 | 01:32:52 |
| Fasnacht | Peter | Pfäffikon ZH | 1963 | 01:37:56 |
| Fasnacht | Rudolf | Rüti ZH | 1923 | 01:56:54 |
| Faude | Hanspeter | Leuggern | 1972 | 00:27:07 |
| Fausch | Jörg | Frauenfeld | 1963 | 01:31:59 |
| Fave | Gabrielle | Ettingen | 1961 | 01:46:10 |
| Fehlmann | Ruedi | Zürich | 1957 | 01:16:40 |
| Feierabend | Manuela | Esslingen | 1970 | 00:41:54 |
| Feierabend | Urs | Bern | 1952 | 01:17:19 |
| Feiler | Andreas | Gossau SG | 1956 | 01:17:37 |
| Feldmann | Thomas | Bern | 1960 | 01:55:29 |
| Felix | Markus | Winterthur | 1968 | 00:35:45 |
| Fellmann | Reinhard | Suhr | 1946 | 01:17:49 |

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|-------------------|-----------|-------------------------|------|----------|
| Fenner | Hans | Küsnacht ZH | 1941 | 01:45:06 |
| Fenner | Peter | Geroldswil | 1951 | 01:27:30 |
| Ferreira De Sousa | Luis | Rio de Janeiro | 1967 | 01:05:54 |
| Feucht | Peter | Rüti ZH | 1956 | 01:34:55 |
| Feuerstein | Andy | Bergdietikon | 1955 | 01:24:35 |
| Feuerstein | Reto | Wernetshausen | 1950 | 01:25:39 |
| Feurer | Ernst | Pfäffikon ZH | 1947 | 01:15:20 |
| Feurer | Klaus | Klingnau | 1938 | 01:32:12 |
| Fey | Peter | Zürich | 1950 | 01:31:58 |
| Fibla | Orestes | Kloten | 1948 | 01:31:51 |
| Fiechter | Michael | Hüttikon | 1972 | 00:29:26 |
| Fierz | ? | Zürich | 1958 | 00:37:39 |
| Fierz | Peter | Adliswil | 1954 | 01:27:05 |
| Figi | Stefan | Greifensee | 1957 | 01:34:14 |
| Filipponi | Bruno | Reutlingen (Winterthur) | 1947 | 01:08:16 |
| Fink | Arnold | Rossrüti | 1947 | 01:33:37 |
| Fink | Daniel | Dicken | 1960 | 01:47:08 |
| Firme | Matthias | Uster | 1968 | 00:27:44 |
| Fischer | Ernst | Winterthur | 1947 | 01:42:12 |
| Fischer | Gabriella | Jonen | 1956 | 00:41:32 |
| Fischer | Hanspeter | Leibstadt | 1952 | 00:31:29 |
| Fischer | Heinz | Brüttisellen | 1956 | 01:27:26 |
| Fischer | Max | Buchs SG | 1932 | 01:54:26 |
| Fischer | Rolf | Brugg AG | 1939 | 01:36:19 |
| Fischer | Silvio | Uster | 1957 | 01:57:54 |
| Fischer | Vinzenz | Goldau | 1934 | 01:32:46 |
| Flach | Roland | Zürich | 1964 | 01:30:51 |
| Flach | Werner | Dietlikon | 1949 | 00:32:18 |
| Flachsmann | Franziska | Bülach | 1967 | 00:42:38 |
| Flachsmann | Gabi | Gossau ZH | 1955 | 00:37:38 |
| Flechter | Arthur | Gossau SG | 1957 | 01:42:02 |
| Fleischhauer | Michael | Trimmis | 1948 | 01:17:40 |
| Flepp | Claudio | Breil/Brigels | 1957 | 01:32:03 |
| Flueck | Bernhard | Dübendorf | 1955 | 00:39:43 |
| Flueck | Lisbeth | Kriens Sternmatt | 1956 | 00:41:00 |
| Flueckiger | Arthur | Bern | 1950 | 01:48:07 |
| Flumini | Margrit | Horgen | 1948 | 01:43:57 |
| Fluri | Hans | Bottmingen | 1952 | 01:26:19 |
| Flury | Ali | Hinterkappelen | 1962 | 00:28:48 |
| Foellmi | Arthur | Zürich | 1942 | 01:56:01 |
| Foerstler | Anita | Frauenfeld | 1947 | 00:32:20 |
| Foery | Bruno | Wil SG | 1936 | 01:33:21 |
| Fontana | Reto | Davos Platz | 1957 | 01:33:15 |
| Fontanive | Regula | Dietlikon | 1965 | 00:35:33 |
| Forrer | Paul | Bassersdorf | 1941 | 01:20:36 |
| Forster | Philipp | Bäretswil | 1973 | 00:35:47 |
| Forster | René | Bäretswil | 1947 | 01:32:08 |
| Forstmoser | Peter | Zürich | 1943 | 01:32:48 |
| Fräfel | Othmar | St. Gallen | 1950 | 01:27:58 |
| Frampton | Robin | Kloten | 1942 | 01:28:16 |
| Franchini | Margy | Dübendorf | 1944 | 00:39:06 |
| Frank | Carlo | Zürich | 1948 | 01:58:29 |
| Frank | Richard | Nürens Dorf | 1951 | 00:36:35 |
| Franz | Gerhard | Kilchberg ZH | 1944 | 01:45:55 |

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|--------------|------------|--------------------|------|----------|
| Franziskus | Anna Maria | Rümlang | 1959 | 00:46:53 |
| Frauendiener | Juerg | Killwangen | 1943 | 01:25:43 |
| Frauenfelder | Markus | Seuzach | 1965 | 01:12:14 |
| Frauenfelder | Paul | Dübendorf | 1957 | 00:34:24 |
| Frei | Beat | Bäretswil | 1969 | 00:30:02 |
| Frei | Christoph | Domat/Ems | 1947 | 01:46:07 |
| Frei | Fredy | Uster | 1950 | 01:53:57 |
| Frei | Hanspeter | Einsiedeln | 1957 | 01:14:53 |
| Frei | His | Männedorf | 1954 | 00:41:43 |
| Frei | Kurt | Schlieren | 1951 | 01:20:26 |
| Frei | Marcel | Regensdorf | 1959 | 01:21:42 |
| Frei | Martin | Tann | 1970 | 00:33:17 |
| Frei | Max | Welsikon | 1951 | 01:28:26 |
| Frei | Raimund | Rüti ZH | 1938 | 01:43:18 |
| Frei | Rolf | Uznach | 1970 | 00:28:53 |
| Frei | Walter | Gränichen | 1953 | 01:22:43 |
| Frei | Walter | Wetzikon ZH | 1943 | 01:34:27 |
| Frei | Walter | Buchs ZH | 1962 | 01:25:45 |
| Freiburghaus | Hans | Uster | 1946 | 01:17:02 |
| Freiburghaus | Martin | Uster | 1976 | 00:29:15 |
| Frei-Gysin | Maggie | Hittnau | 1952 | 00:37:51 |
| Freissler | Werner | Widen | 1948 | 01:29:25 |
| Fretz | Johannes | Hombrechtikon | 1941 | 01:40:25 |
| Fretz | Martin | Olten | 1962 | 01:29:25 |
| Freund | Kurt | Zürich | 1939 | 01:53:56 |
| Frey | Andrea | Uster | 1974 | 00:37:01 |
| Frey | Barbara | Zürich | 1966 | 00:53:18 |
| Frey | Bernhard | Uster | 1958 | 01:32:15 |
| Frey | Daniel | Basadingen | 1964 | 01:55:15 |
| Frey | Daniel | Rümlang | 1967 | 01:41:20 |
| Frey | Daniel | St. Moritz | 1961 | 01:46:37 |
| Frey | Esther | Wald ZH | 1956 | 01:55:50 |
| Frey | Hansruedi | Rüschlikon | 1952 | 01:41:35 |
| Frey | Hugo | Unterägeri | 1943 | 02:02:53 |
| Frey | Marc | Buchs ZH | 1959 | 01:52:28 |
| Frey | Peter | Rickenbach LU | 1940 | 01:21:01 |
| Frey | Silvia | Unterägeri | 1972 | 00:43:14 |
| Frick | Ueli | Affoltern am Albis | 1954 | 01:32:25 |
| Fricke | Gaby | Zürich | 1953 | 00:38:09 |
| Fricke | Walter | Wallisellen | 1949 | 01:16:37 |
| Fridli | Werner | Bern | 1944 | 01:30:05 |
| Frieden | Verena | Winterthur | 1949 | 00:43:27 |
| Friederich | Arnold | Bern | 1946 | 01:29:19 |
| Friedli | Erich | Zürich | 1971 | 01:50:30 |
| Friedli | Karl | Zofingen | 1952 | 02:17:38 |
| Friedli | Kurt | Adliswil | 1943 | 01:23:07 |
| Friedli | Regula | Hinwil | 1963 | 00:43:59 |
| Friedli | Silvia | Fällanden | 1953 | 00:42:26 |
| Friedrich | Brigitte | Zürich | 1952 | 01:38:22 |
| Frisch | Max | Beringen | 1946 | 01:27:15 |
| Frischknecht | Juerg | Winterthur | 1936 | 01:33:56 |
| Frischknecht | Roland | Oberuzwil | 1958 | 01:29:41 |
| Frischknecht | Ruth | Zürich | 1938 | 00:44:31 |
| Frischkopf | Richard | Küsnacht ZH | 1943 | 01:30:30 |

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|--------------|-----------|-------------------------|------|----------|
| Fritsche | Alex | Uster | 1946 | 01:29:23 |
| Fritschi | Karl | Uster | 1946 | 02:05:09 |
| Fritschi | Martin | Rapperswil SG | 1965 | 01:35:36 |
| Fritschi | Robert | Hettlingen | 1947 | 01:31:56 |
| Fritschi | Ruth | Uster | 1950 | 00:42:43 |
| Fritschi | Susanne | Hettlingen | 1974 | 00:50:41 |
| Fritz | Maja | Winterthur | 1962 | 01:48:35 |
| Fritz | Ralph | Winterthur | 1931 | 01:47:49 |
| Fritzsche | Beat | Unterengstringen | 1961 | 02:02:37 |
| Froehling | Felix | Eschenbach SG | 1975 | 00:35:32 |
| Frommenwiler | Alois | Zürich | 1947 | 01:34:11 |
| Frommherz | Dieter | Rheinfelden | 1955 | 01:24:49 |
| Frueh | Hanspeter | Reutlingen (Winterthur) | 1945 | 01:30:12 |
| Früh | Daniel | Seuzach | 1967 | 00:30:32 |
| Fuchs | Beat | Forch | 1928 | 01:43:26 |
| Fuchs | Franz | Oberuzwil | 1953 | 01:21:41 |
| Fuchs | Hans | Brienz BE | 1950 | 01:44:42 |
| Fuchs | Herbert | Schwerzenbach | 1950 | 01:31:18 |
| Fuchs | Hugo | Widen | 1954 | 01:34:13 |
| Fuchs | Rolf | Zumikon | 1950 | 00:38:28 |
| Fudge | Paula | | 1952 | 01:09:35 |
| Fueglistaler | Fredi | Mönchaltorf | 1943 | 01:43:10 |
| Fuerst | Doris | Dietlikon | 1949 | 01:42:56 |
| Fuhrer | Heinz | Ittigen | 1951 | 01:46:33 |
| Fumagalli | Andrea | Zürich | 1970 | 00:51:04 |
| Furnari | Giuseppe | Pfäffikon SZ | 1969 | 00:31:03 |
| Furrer | Christian | Herrenschwanden | 1943 | 01:24:58 |
| Furrer | Emil | Zürich | 1949 | 01:26:32 |
| Furrer | Peter | Stetten AG | 1956 | 00:36:37 |
| Furrer | Thomas | Oberrüti | 1972 | 00:30:32 |
| Fürst | Willi | Hinwil | 1950 | 01:30:32 |
| Furter | René | Winterthur | 1941 | 01:37:12 |
| Gaberthuel | Godi | Neerach | 1950 | 01:25:32 |
| Gacond | Alain | Zürich | 1969 | 01:28:32 |
| Gacond | Louis | Zürich | 1932 | 01:36:05 |
| Gadient | Anton | Esslingen | 1943 | 01:33:47 |
| Gadient | Madeleine | Esslingen | 1950 | 00:33:20 |
| Gadient | Theo | Zürich | 1939 | 01:41:18 |
| Gaetzi | Sepp | Maur | 1967 | 01:14:16 |
| Gähwiler | Kurt | Zuzwil SG | 1959 | 01:17:06 |
| Gaiser | Manfred | Klettgau | 1963 | 01:29:22 |
| Galbier | Andreas | Volketswil | 1948 | 01:19:18 |
| Galbier | Bruno | Birsfelden | 1953 | 01:27:38 |
| Galbier | Walter | Weite | 1952 | 01:06:09 |
| Gallagher | Keith | Ebmatingen | 1950 | 01:26:08 |
| Galli | Svend | Allschwil | 1946 | 01:36:34 |
| Gallo | Rene | Zürich | 1951 | 01:17:56 |
| Gammeter | Urs | Mels | 1956 | 01:17:09 |
| Gamper | Willi | Winterthur | 1943 | 01:27:39 |
| Gander | Martin | Stettfurt | 1940 | 01:22:34 |
| Gantenbein | Janine | Dällikon | 1960 | 01:51:16 |
| Gantenbein | Peter | Grabserberg | 1958 | 01:54:23 |
| Gantenbein | Susanne | Watt | 1957 | 01:35:54 |
| Gantner | Mike | Uster | 1977 | 00:45:25 |

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|--------------|--------------|-------------------|------|----------|
| Ganz | Simon | Henggart | 1967 | 01:17:33 |
| Garbe | Inge | Bülach | 1940 | 01:54:38 |
| Gartmann | Max | Adliswil | 1928 | 01:58:46 |
| Gartmann | Monika | Adliswil | 1964 | 00:33:03 |
| Gass | Ciacomo | Zürich | 1939 | 01:40:55 |
| Gasser | Alois | Gattikon | 1944 | 01:47:02 |
| Gasser | Hansjoerg | Zufikon | 1951 | 01:15:09 |
| Gasser | Peter | Uetikon am See | 1944 | 01:40:50 |
| Gassner | Peter | Widen | 1950 | 01:42:26 |
| Gattinger | Markus | Singen | 1951 | 01:15:22 |
| Gattlen | Marie Louise | Cham | 1956 | 00:44:51 |
| Gauer | Hans | Jona | 1943 | 01:24:24 |
| Gauggel | Juergen | Konstanz | 1947 | 01:53:59 |
| Gauggel | Karin | Konstanz | 1950 | 00:36:27 |
| Gautschi | Hans | Maestetten | 1950 | 01:51:53 |
| Gautschi | Rene | Zürich | 1951 | 01:31:27 |
| Gay | Patrick | Genève | 1955 | 01:22:49 |
| Gedeon | Erika | Zürich | 1967 | 01:19:25 |
| Gegenschatz | Roland | Zürich | 1952 | 01:31:57 |
| Gehrig | Albert | Fieschertal | 1948 | 01:23:15 |
| Gehrig | Röbi | Zürich | 1945 | 01:23:17 |
| Gehring | Heinrich | Neerach | 1945 | 01:42:49 |
| Gehring | Heinz | Uster | 1946 | 01:24:19 |
| Gehring | Margrit | Neerach | 1954 | 01:39:12 |
| Geiger | Elisabeth | Grabserberg | 1957 | 00:36:21 |
| Geiger | Hermann | Uster | 1953 | 01:23:18 |
| Geiger | Urs | Urtenen-Schönbühl | 1940 | 02:11:22 |
| Geinoz | Daniel | Lausanne | 1960 | 01:13:17 |
| Geisenberger | Johann | Uster | 1944 | 01:23:15 |
| Geiser | Barbara | Winterberg ZH | 1959 | 00:39:01 |
| Geiser | Daniel | Winterberg ZH | 1957 | 01:26:52 |
| Geissmann | Stefan | Fislisbach | 1950 | 01:30:44 |
| Gemperli | Felix | Sevelen | 1954 | 01:09:49 |
| Georgy | Adrian | Hinteregg | 1949 | 01:44:00 |
| Georgy | Ginette | Hinteregg | 1949 | 00:45:28 |
| Gerber | Andreas | Burgdorf | 1943 | 01:36:34 |
| Gerber | Daniela | Forch | 1959 | 00:42:21 |
| Gerber | Felix | Frauenfeld | 1949 | 01:41:18 |
| Gerber | Fritz | Rapperswil SG | 1952 | 01:34:59 |
| Gerber | Hans | Pfungen | 1942 | 01:40:14 |
| Gerber | Karl | Brütten | 1964 | 01:16:58 |
| Gerber | Susanne | Uster | 1968 | 00:40:31 |
| Gerig | Hansheiri | Richterswil | 1945 | 01:16:54 |
| Gerosa | Nicole | Uster | 1971 | 00:36:54 |
| Gerster | Thomas | Winkel | 1969 | 01:21:23 |
| Gertsch | Andreas | Windisch | 1968 | 00:34:28 |
| Gertsch | Hanni | Heimberg | 1953 | 00:45:05 |
| Gertsch | Stefan | Blumenstein | 1960 | 01:43:40 |
| Gertsch | Ueli | Uster | 1947 | 01:24:49 |
| Gerwer | Silvio | Rüti ZH | 1947 | 01:24:59 |
| Gerzner | Anton | Winkel | 1948 | 01:30:25 |
| Gherardi | Carlo | Wetzikon ZH | 1961 | 01:38:23 |
| Gherardi | Renato | Hinteregg | 1958 | 01:44:15 |
| Giambonini | Fabio | Bellinzona | 1950 | 01:12:51 |

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|--------------|----------------|--------------------|------|----------|
| Giandomenico | Cinzia | Zürich | 1965 | 01:33:46 |
| Giannopoulos | Georgios | Zürich | 1945 | 01:26:12 |
| Giantomaso | Thomas | Au ZH | 1969 | 01:40:36 |
| Giauque | Beat | Ittigen | 1950 | 01:43:15 |
| Giger | Markus | Bargen SH | 1964 | 01:36:06 |
| Giger | Placi | Chur | 1942 | 01:48:40 |
| Gilgen | Alfred | Embrach | 1954 | 01:36:36 |
| Gilgen | Paul | Pratteln | 1945 | 01:54:25 |
| Gilgen | Rudolf | Bern | 1939 | 01:47:10 |
| Gimmi | Roland | Winterthur | 1957 | 01:31:10 |
| Gingg | Hans | Zürich | 1945 | 01:35:05 |
| Ginnon | Horst | Volketswil | 1931 | 01:30:42 |
| Girardi | Sebastiano | St. Erhard | 1962 | 01:23:39 |
| Girod | Pascal-Olivier | Würenlos | 1947 | 01:47:18 |
| Girschweiler | Kurt | Uster | 1943 | 01:16:28 |
| Girsperger | Christoph | Horgen | 1963 | 01:16:35 |
| Gisler | Hanspeter | Uster | 1950 | 01:34:58 |
| Gisler | Paul | Langnau am Albis | 1945 | 01:26:53 |
| Givel | Rene | Zugerberg | 1941 | 01:34:26 |
| Glarner | Rolf | Zürich | 1958 | 01:11:45 |
| Glaus | Erhard | Wallisellen | 1942 | 01:34:07 |
| Glauser | Jürgen | Ittigen | 1946 | 01:19:12 |
| Glauser | Ruedi | Dübendorf | 1941 | 01:35:14 |
| Gloor | Brigitta | Russikon | 1955 | 00:38:07 |
| Gloor | Christina | Kloten | 1957 | 00:45:47 |
| Gloor | Max | Schwerzenbach | 1946 | 01:27:59 |
| Gloor | Rolf | Winterthur | 1949 | 01:36:33 |
| Gloor | Ueli | Russikon | 1955 | 01:17:26 |
| Gloor | Urs | Aarau | 1947 | 01:27:37 |
| Gmuer | Rene | Jona | 1956 | 01:27:54 |
| Gnehm | Felix | Rorbas-Freienstein | 1951 | 01:46:48 |
| Gnos | Hans | Bonstetten | 1953 | 01:38:31 |
| Godenzi | Alberto | Zürich | 1952 | 01:40:12 |
| Goetschi | Reto | Uster | 1974 | 00:36:04 |
| Goetschi | Rolf | Männedorf | 1947 | 01:22:36 |
| Gollmer | Claudia | Attikon | 1961 | 01:52:37 |
| Gomez | Alice | Dübendorf | 1946 | 00:42:22 |
| Gonzales | Modesta | Kloten | 1947 | 01:44:59 |
| Gonzalez | Robert | Wilten b. Wollerau | 1951 | 02:06:05 |
| Gosswiler | Fridolin | Feldmeilen | 1951 | 01:27:08 |
| Gosswiler | Jürg | Baar | 1960 | 01:21:30 |
| Götschi | Markus | Uster | 1976 | 00:34:40 |
| Götti | Paul | Russikon | 1951 | 01:13:05 |
| Götti | Peggi | Russikon | 1953 | 00:37:01 |
| Gottscha | ? | Zofingen | 1957 | 01:31:15 |
| Graenicher | Ernst | Uster | 1945 | 01:36:49 |
| Graenicher | Trix | Uster | 1951 | 00:35:20 |
| Graetzer | Edgar | Rüti ZH | 1940 | 01:24:57 |
| Graf | Andres | Uster | 1950 | 01:29:54 |
| Graf | Beat | Schwerzenbach | 1956 | 02:09:28 |
| Graf | Brigit | Wallisellen | 1971 | 00:43:42 |
| Graf | Dieter | Gossau ZH | 1961 | 01:46:32 |
| Graf | Georg | Bachenbülach | 1939 | 01:41:09 |
| Graf | Hans-Juerg | Zürich | 1945 | 01:42:59 |

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|---------------|-------------|-------------------------|------|----------|
| Graf | Johannes | Hirzel | 1942 | 01:39:45 |
| Graf | Karl Heinz | Aarau | 1960 | 00:33:49 |
| Graf | Martin | Feldmeilen | 1950 | 01:47:20 |
| Graf | Mera | Schwerzenbach | 1961 | 00:40:37 |
| Graf | Peter | Bonaduz | 1943 | 01:24:48 |
| Graf | Walter | Greifensee | 1945 | 01:35:40 |
| Grassi | Guido | Forch | 1950 | 01:32:14 |
| Grau | Kurt | Uster | 1941 | 00:40:15 |
| Grauwiler | Olga | Pfaffhausen | 1938 | 00:45:21 |
| Grauwiler | Rudolf | Pfaffhausen | 1938 | 01:38:23 |
| Greco | Luigi | Forch | 1967 | 01:37:31 |
| Grenacher | Peter | Bözberg | 1969 | 00:27:28 |
| Greussing | Pius | Sulz-R.-bach | 1941 | 01:33:57 |
| Grgurinovic | Branko | Lausen | 1949 | 01:20:47 |
| Grieder | Felix | St. Moritz | 1961 | 01:49:07 |
| Griesser | Marius | Ebmatingen | 1972 | 00:30:05 |
| Grimm | Bruno | Volketswil | 1956 | 01:24:56 |
| Grimm | Daniel | Dübendorf | 1959 | 01:35:37 |
| Grimm | Hans-Ulrich | Erlenbach ZH | 1939 | 01:22:57 |
| Griner | Fredi | Thürnen | 1951 | 01:04:02 |
| Grob | Paul | Oberengstringen | 1955 | 01:31:48 |
| Grob | Theodor | Zürich | 1962 | 01:28:59 |
| Gröbli | Rosmarie | Dübendorf | 1951 | 00:39:31 |
| Grombach | Stefan | Buchs ZH | 1956 | 01:32:05 |
| Gross | Sandra | Reutlingen (Winterthur) | 1975 | 00:40:01 |
| Grossen | Roger | Kappel SO | 1965 | 01:52:32 |
| Grossenbacher | Oliver | Uster | 1977 | 00:43:49 |
| Grübel | Peter | Zürich | 1964 | 01:25:37 |
| Gruenhoff | Udo | Waldshut-T. 1 | 1962 | 01:28:06 |
| Gruenwald | Yves | Hintereggen | 1972 | 00:30:34 |
| Gruetzner | Edelgard | Uster | 1937 | 00:42:40 |
| Gruetzner | Wolfgang | Uster | 1938 | 01:36:05 |
| Grunder | Urs | Küsnacht ZH | 1954 | 01:31:17 |
| Grünwald | Serge | Effretikon | 1969 | 00:31:31 |
| Gschwend | Peter | Klettgau | 1952 | 01:01:07 |
| Gschwind | Lorenz | Oberrieden | 1951 | 01:22:47 |
| Gubler | Erich | Hintereggen | 1943 | 01:31:46 |
| Gubler | Hans | Zürich | 1932 | 01:29:50 |
| Gubler | Jakob | Sulz | 1931 | 01:39:18 |
| Gubler | Markus | Uster | 1943 | 01:22:31 |
| Gubler | Thomas | Liestal | 1967 | 01:23:17 |
| Gubser | Rolf Edwin | Emmenbrücke | 1947 | 01:33:26 |
| Guebeli | Erwin | Goldingen | 1960 | 01:10:43 |
| Guedel | Christoph | Zürich | 1926 | 02:15:23 |
| Guedes | Antonio | Frauenfeld | 1959 | 01:06:19 |
| Gueldenapfel | Peter | Adliswil | 1959 | 01:11:31 |
| Guenthard | Dieter | Uster | 1956 | 01:29:29 |
| Guenthart | Elisabeth | Dübendorf | 1954 | 00:38:17 |
| Guenthart | Hanspeter | Zürich | 1944 | 01:32:26 |
| Guery | Michael | Ebmatingen | 1972 | 00:34:04 |
| Guery | Ruth | Ebmatingen | 1944 | 00:44:29 |
| Gugerli | Fritz | Zürich | 1945 | 01:27:09 |
| Gugerli | Yvonne | Zürich | 1971 | 00:49:25 |
| Guggenheim | Claude | Horgen | 1953 | 01:38:21 |

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|-------------|------------|--------------------|------|----------|
| Guggenheim | Rajmond | Forch | 1945 | 01:48:21 |
| Guggiana | Marco | Zürich | 1953 | 01:24:54 |
| Guggisberg | Marcel | Ermenswil | 1962 | 01:38:18 |
| Guggisberg | Ruedi | Oberwil BL | 1943 | 01:33:20 |
| Guggisberg | Willi | Worblaufen | 1953 | 01:15:25 |
| Guilbert | Hanspeter | Ecublens VD | 1953 | 01:28:09 |
| Güldenapfel | Erhard | Adliswil | 1937 | 01:12:34 |
| Guler | G. | Wiesendangen | 1942 | 01:23:51 |
| Gulich | Thomas | Männedorf | 1961 | 01:11:31 |
| Gull | Edi | Dübendorf | 1940 | 01:23:16 |
| Gull | Mike | Rickenbach ZH | 1972 | 00:34:41 |
| Gull | Thomas | Rickenbach ZH | 1970 | 00:31:43 |
| Guntern | Irene | Feldmeilen | 1944 | 00:39:23 |
| Gut | Eva | Volketswil | 1951 | 00:43:13 |
| Gut | Sibylle | Zürich | 1971 | 00:48:43 |
| Gut | Willi | Herrliberg | 1951 | 01:25:08 |
| Gutknecht | Kurt | Urdorf | 1942 | 01:32:07 |
| Gutmann | Paul | Uster | 1954 | 01:39:28 |
| Gutscher | Heinz | Benglen | 1947 | 01:31:12 |
| Güttinger | Kurt | Bonau | 1944 | 01:24:32 |
| Güttinger | Peter | Stettlen | 1945 | 01:35:25 |
| Guyer | Markus | Maur | 1968 | 00:33:30 |
| Gygax | Dora | Weisslingen | 1950 | 01:53:04 |
| Gygax | Markus | Weisslingen | 1950 | 01:18:13 |
| Gygax | Walter | Solothurn | 1922 | 01:47:23 |
| Gygli | Walter | Niederglatt ZH | 1961 | 01:13:00 |
| Gyr | Elisabeth | Zürich | 1946 | 01:48:45 |
| Gyr | Maria | Wettingen | 1934 | 01:47:30 |
| Gyr | Moritz | Neuenhof | 1959 | 01:24:01 |
| Gyr | Moritz | Wettingen | 1935 | 01:16:42 |
| Gysel | Robert | Wilchingen | 1944 | 01:33:56 |
| Gyseler | Walter | Schaffhausen | 1945 | 01:26:57 |
| Gysin | Ueli | Jona | 1967 | 01:33:55 |
| Haab | Thomas | Dielsdorf | 1962 | 01:34:15 |
| Haagmans | Walter | Uster | 1923 | 01:50:37 |
| Haas | Hermine | Biel/Bienne | 1950 | 01:17:57 |
| Haas | Niklaus | Widen | 1942 | 01:32:21 |
| Häberli | Ulrich | Bremgarten AG | 1950 | 01:11:40 |
| Habersaat | Willem Jan | Wädenswil | 1950 | 01:36:57 |
| Hablützel | Peter | Kleinandelfingen | 1959 | 01:35:39 |
| Hächler | Roland | Volketswil | 1966 | 01:20:46 |
| Hackhofer | Hans | Zürich | 1940 | 01:33:34 |
| Hackhofer | Jeannette | Zürich | 1939 | 00:42:11 |
| Haeberli | Peter | Langnau am Albis | 1951 | 01:34:00 |
| Haeberli | Ursula | Bremgarten AG | 1956 | 01:40:41 |
| Haeberli | Werner | Kloten | 1946 | 01:38:04 |
| Haeberlin | Heinz | Weiningen ZH | 1934 | 01:34:56 |
| Haeckel | Manuela | Stäfa | 1971 | 00:35:58 |
| Haefeli | Urban | Remetschwil | 1956 | 01:13:10 |
| Haeggi | Ernst | Zürich | 1924 | 01:19:45 |
| Haehni | Bruno | Bolligen Dorf | 1967 | 01:21:32 |
| Haehni | Christian | Guendelhard | 1968 | 00:38:41 |
| Haemmerli | Ulrich | Auenstein | 1953 | 01:45:13 |
| Haene | Philipp | Wilten b. Wollerau | 1972 | 00:32:03 |

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| Haengaertner | Peter | Wetzikon ZH | 1958 | 01:26:43 |
| Haeni | Patrick | Regensdorf | 1972 | 00:31:48 |
| Haenny | Hansruedi | Urdorf | 1961 | 01:26:43 |
| Haering | Annemarie | Kilchberg ZH | 1951 | 00:47:10 |
| Haerri | Martin | Pfäffikon ZH | 1964 | 01:34:37 |
| Haesler | Bioern | Laupen ZH | 1974 | 00:34:54 |
| Haesler | Marc | Dällikon | 1974 | 00:35:57 |
| Haesler | Rolf | Dällikon | 1946 | 01:59:54 |
| Haeusermann | Werner | Frauenfeld | 1946 | 01:47:17 |
| Häfeli | Christoph | Esslingen | 1954 | 01:31:42 |
| Häfelin | Ruedi | Zürich | 1948 | 01:35:22 |
| Hafen | Andreas | Oberglatt ZH | 1964 | 01:27:29 |
| Hafner | Hannes | Benglen | 1940 | 01:23:26 |
| Hagen | Urs | Schaffhausen | 1953 | 01:37:09 |
| Hagenbuch | Hans | Uster | 1945 | 01:43:33 |
| Hagenbucher | Koni | Winterthur | 1943 | 01:48:21 |
| Hagenbucher | Lars | Winterthur | 1976 | 00:36:49 |
| Hager | Erwin | Uster | 1952 | 01:18:36 |
| Hager | Roland | Bern | 1955 | 01:32:06 |
| Hager | Susanne | Stäfa | 1954 | 00:46:58 |
| Hagmann | Peter | Herisau | 1968 | 00:31:07 |
| Hahn | Wolfgang | Forch | 1950 | 01:44:35 |
| Haldimann | Werner | Hittnau | 1949 | 01:36:35 |
| Hall | Alois | Bad Dürnheim | 1938 | 01:37:05 |
| Hall | Andreas | Bad Duerrheim | 1968 | 01:30:39 |
| Hallberg | Bengt | Jona | 1941 | 01:26:18 |
| Haller | Kathrin | Sulzbach | 1972 | 00:42:25 |
| Haller | Rene | Wil SG | 1943 | 01:26:20 |
| Haller | Thomas | Sulzbach | 1974 | 00:34:37 |
| Haller | Walter | Zürich | 1929 | 01:29:28 |
| Haltmeier | Bruno | Rapperswil SG | 1961 | 01:42:26 |
| Hämmerli | Michael | Greifensee | 1961 | 01:26:04 |
| Handschin | Andreas | Bassersdorf | 1952 | 01:45:21 |
| Hangartner | Daniel | Regensdorf | 1970 | 00:27:12 |
| Hanggarter | Raphael | Bauma | 1954 | 01:30:17 |
| Hanke | Erhard | Zürich | 1945 | 01:47:24 |
| Hanselmann | Daniel | Gelterkinden | 1965 | 01:09:59 |
| Hansen | Daniel | Rüfenacht BE | 1966 | 01:34:58 |
| Harder | Ruedi | Bronschhofen | 1956 | 01:11:42 |
| Harder | Werner | Kirchberg SG | 1955 | 01:23:37 |
| Hardmeier | Ruth | Dübendorf | 1943 | 00:35:55 |
| Hardmeier | Willy | Greifensee | 1946 | 01:31:35 |
| Hari | Thomas | Erlenbach im Simmental | 1964 | 01:15:21 |
| Harlacher | Hans | Oetwil an der Limmat | 1934 | 01:13:23 |
| Harlacher | Hansheini | Effretikon | 1945 | 01:17:55 |
| Hartmann | Monika | Hittnau | 1959 | 00:37:47 |
| Hartmann | Peter | Wetzikon ZH | 1945 | 01:48:29 |
| Hartmann | Reinhold | Schaan | 1944 | 01:27:01 |
| Hartwig | Ueli | Hintereggen | 1957 | 01:28:45 |
| Haselbach | Markus | Zürich | 1954 | 01:27:21 |
| Haslebacher | Ruth | Münsingen | 1952 | 00:35:07 |
| Hasler | Andreas | Basel | 1960 | 01:18:33 |
| Hasler | Barbara | Adliswil | 1968 | 00:46:48 |
| Hasler | Claus | Zürich | 1947 | 01:23:06 |

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| Hasler | Daniel | Adliswil | 1970 | 00:39:00 |
| Hasler | Heiri | Seuzach | 1943 | 01:21:38 |
| Hasler | Maya | Uster | 1945 | 01:49:30 |
| Haslinger | Elsbeth | Brütten | 1942 | 00:34:57 |
| Haslinger | Elsbeth | Dübendorf | 1942 | 00:34:57 |
| Hattmannsdorfer | Barbar | Rapperswil SG | 1971 | 00:34:23 |
| Haubner-Riess | Jutta | Burgoberbach | 1959 | 01:42:13 |
| Hauenschild | Alice | Sulzbach | 1967 | 00:45:48 |
| Hauri | Walter | Ebmatingen | 1943 | 01:37:47 |
| Hausamann | Adelheid | Dübendorf | 1942 | 00:33:05 |
| Hausamann | Margrit | Männedorf | 1947 | 00:36:00 |
| Hausammann | Kirsten | Volketswil | 1976 | 00:45:25 |
| Hausammann | Peter | Reinheim | 1954 | 01:49:02 |
| Hausch | Margrith | Fribourg | 1936 | 00:56:50 |
| Hauschild | Werner | Dürnten | 1943 | 01:57:28 |
| Hauser | Beat | Niederuzwil | 1960 | 01:13:51 |
| Hauser | Eduard | Thalwil | 1946 | 01:44:50 |
| Hauser | Erich | Uster | 1943 | 01:22:14 |
| Hauser | Ingrid | Uerikon | 1940 | 01:32:53 |
| Hauser | Katharina | Zürich | 1944 | 00:44:30 |
| Hauser | Martin | Erlenbach ZH | 1954 | 01:08:54 |
| Hauser | Petra | Bourguillon | 1970 | 00:39:21 |
| Hauser | Walter | Aeugst am Albis | 1947 | 01:47:07 |
| Hausheer | Maria | Ottenbach | 1961 | 00:42:42 |
| Hausmann | Roland | Uster | 1974 | 00:40:42 |
| Hausmann | Walter | Hombrechtikon | 1961 | 00:43:40 |
| Hausmann | Willi | Heimberg | 1930 | 02:01:37 |
| Hayoz | Dora | Boningen | 1932 | 01:57:24 |
| Hayoz | O. | Urdorf | 1949 | 01:42:35 |
| Hayward | Ashely | Rapperswil SG | 1941 | 01:29:13 |
| Hebeisen | Werner | Wabern | 1940 | 01:28:43 |
| Heckman | Franz | Lostorf | 1953 | 01:27:51 |
| Heeb | Hans | Dürnten | 1943 | 01:12:01 |
| Heeb | Ursula | Uster | 1958 | 00:42:13 |
| Heeb-Attinger | Hans | Dürnten | 1940 | 01:53:33 |
| Heer | Hansruedi | Gossau | 1949 | 01:45:54 |
| Heer | Heinz | Zürich | 1960 | 01:11:56 |
| Heer | Sandra | Zürich | 1964 | 00:34:57 |
| Hefti | Elvira | Rheinau | 1954 | 00:40:54 |
| Hefti | Maja | Forch | 1954 | 00:42:55 |
| Hefti | Mathias | Kloten | 1971 | 00:29:45 |
| Hegetschweiler | Kaspar | Killwangen | 1954 | 01:42:25 |
| Hegetschweiler | Lisbeth | Killwangen | 1957 | 01:45:15 |
| Hegglin | Hans Peter | Buttwil | 1947 | 01:36:51 |
| Hegglin | Martin | Bertschikon (Gossau ZH) | 1957 | 01:35:52 |
| Hegnauer | Fredy | Uitikon Waldegg | 1944 | 01:25:17 |
| Heid | Christian | Effretikon | 1950 | 00:31:41 |
| Heid | Daniel | Männedorf | 1951 | 01:17:30 |
| Heid | Marco | Effretikon | 1975 | 00:37:37 |
| Heider | Walter | Ermatingen | 1942 | 01:35:56 |
| Heimberger | Susanne | Singen 19-Beuren T5 | 1960 | 00:40:14 |
| Heimgartner | Cyrill | Fischbach-Göslikon | 1954 | 01:28:12 |
| Heiniger | Ruth | Spiezwiler | 1958 | 01:36:15 |
| Heinzer | Ruedi | Seuzach | 1952 | 01:24:02 |

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|--------------|-----------|----------------------|------|----------|
| Heitz | Maria | Forch | 1952 | 00:42:23 |
| Heitz | Silvan | Forch | 1950 | 01:51:22 |
| Helbling | Annelies | Bern | 1958 | 00:43:05 |
| Helbling | Anton | Neuhaus SG | 1961 | 01:28:27 |
| Helbling | Arthur | Bern | 1955 | 00:37:25 |
| Helfenstein | Markus | Zürich | 1962 | 01:25:11 |
| Heller | Max | Binz | 1944 | 01:29:24 |
| Hengartner | Niklaus | Sulzbach | 1949 | 01:30:54 |
| Hensch | Walter | Hinteregg | 1944 | 01:47:49 |
| Hensel | Richard | Reichenburg | 1953 | 01:52:44 |
| Hepp | Walter | Schwerzenbach | 1947 | 01:57:29 |
| Hercigonja | Roger | Wald ZH | 1971 | 00:30:55 |
| Herger | Martha | Bürglen UR | 1948 | 00:39:28 |
| Hermann | Fritz | Stäfa | 1944 | 01:36:28 |
| Hermann | Robert | Schaan | 1927 | 01:30:43 |
| Hermann | Ruth | Uster | 1947 | 01:38:09 |
| Hermann | Sandy | Uster | 1970 | 00:35:53 |
| Hermans | Franz | Weinfelden | 1966 | 01:32:24 |
| Herren | Anne-M. | Zollikon Dorf | 1955 | 00:38:14 |
| Herren | Bernhard | Rafz | 1953 | 01:29:14 |
| Herren | Marianne | Schliern b. Köniz | 1958 | 00:36:13 |
| Herren | Werner | Kiesen | 1955 | 01:19:11 |
| Hersberger | Pierre | Dielsdorf | 1948 | 01:52:34 |
| Hertach | Hanspeter | Uster | 1946 | 01:51:29 |
| Hertner | Roland | Liestal | 1957 | 01:03:03 |
| Herzer | Heinz | Schaffhausen | 1949 | 01:47:30 |
| Herzer | Rolf | Lichtensteig | 1951 | 01:31:36 |
| Hess | Albert | Zürich | 1943 | 01:38:50 |
| Hess | Daniela | Gibswil-Ried | 1973 | 00:41:19 |
| Hess | Dieter | Schwerzenbach | 1950 | 01:36:37 |
| Hess | Herbert | Nänikon | 1948 | 01:33:47 |
| Hess | Peter | Stäfa | 1970 | 00:39:45 |
| Hess | Rolf | Muttenz | 1958 | 01:23:32 |
| Heuberger | Alois | Nürens Dorf | 1940 | 01:41:20 |
| Heuberger | Elena | Paradiso | 1925 | 02:03:45 |
| Heuberger | Markus | Henau | 1966 | 01:06:14 |
| Heuberger | Ursula | Nürens Dorf | 1946 | 00:40:37 |
| Heusi | Daniel | Zürich | 1955 | 01:34:10 |
| Heusser | Dolores | Thalwil | 1958 | 01:54:16 |
| Heusser | Monique | Brütten | 1940 | 00:46:54 |
| Heutschi | Ernst | Bern | 1953 | 01:41:13 |
| Heutschi | Maja | Bern | 1953 | 01:45:35 |
| Heutschi | Margot | Oberdorf NW | 1944 | 01:38:57 |
| Hiersiger | Rene | Urdorf | 1950 | 01:33:08 |
| Hiestand | Beat | Aathal-Seegräben | 1951 | 01:48:30 |
| Hilber | Alice | Horgen | 1939 | 00:48:38 |
| Hilber | Cornelia | Horgen | 1971 | 00:48:45 |
| Hilber | Emil | Dübendorf | 1944 | 01:51:17 |
| Hilber | Klaus | Horgen | 1938 | 01:51:01 |
| Hild | Klaus | Neuhausen am Rheinfl | 1939 | 01:38:59 |
| Hildebrand | Thera | Dübendorf | 1946 | 01:47:22 |
| Hildenbrand | Roger | Effretikon | 1965 | 01:27:28 |
| Hiltbrunner | Fritz | Hinteregg | 1932 | 02:18:57 |
| Himmelberger | Markus | Abtwil SG | 1943 | 01:32:06 |

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|-------------|--------------|-------------------------|------|----------|
| Hinder | Alex | Männedorf | 1954 | 01:54:54 |
| Hintermann | Kurt | Zürich | 1931 | 01:42:33 |
| Hirling | Werner | Radolfzell | 1948 | 01:23:47 |
| Hirs | Jakob | Zürich | 1957 | 01:18:29 |
| Hirsiger | Kurt | Winterthur | 1947 | 01:43:02 |
| Hirt | Christian | Kloten | 1954 | 01:29:42 |
| Hirt | Kurt | Steinmaur | 1947 | 01:35:00 |
| Hirter | Brita | Effretikon | 1969 | 00:36:04 |
| Hirter | Rosmarie | Effretikon | 1941 | 00:43:56 |
| Hirzel | Herbert | Effretikon | 1945 | 01:37:56 |
| Hobi | Ernst | Kilchberg ZH | 1944 | 01:52:37 |
| Hobi | Marlies | Dinhard | 1937 | 00:42:00 |
| Hodgkin | Jonathan | Würenlingen | 1942 | 01:53:59 |
| Hodler | Hanni | Birmensdorf ZH | 1926 | 02:27:34 |
| Hoechli | Michael | Zürich | 1952 | 01:50:53 |
| Hoedl | Harald | Zürich | 1963 | 01:27:53 |
| Hoehn | Peter | Herrliberg | 1954 | 01:34:58 |
| Hoehne | Dietmar | Jona | 1965 | 01:34:11 |
| Hoelzle | Urs | Zürich | 1963 | 01:26:51 |
| Hoener | Martin | Horgen | 1949 | 01:53:41 |
| Hoerler | Michael | Altendorf | 1961 | 01:22:54 |
| Hoesli | Peter | Beringen | 1965 | 01:27:00 |
| Hofer | Franziska | Rüfenacht BE | 1972 | 00:52:12 |
| Hofer | Hanspeter | Gattikon | 1949 | 01:26:43 |
| Hofer | Manfred | Grenchen | 1948 | 01:20:28 |
| Hofer | Norbert | Rapperswil SG | 1941 | 01:39:44 |
| Hofer | Ralph | Horgen | 1969 | 00:28:27 |
| Hofer | Yves | Rapperswil SG | 1971 | 00:31:28 |
| Hofmann | Edy | Winterthur | 1962 | 01:33:48 |
| Hofmann | Erwin | Zürich | 1953 | 01:40:39 |
| Hofmann | Walter | Pfäffikon ZH | 1949 | 02:02:13 |
| Hofmann | Willi | Hinwil | 1945 | 01:19:23 |
| Hofmeier | Christine | Nuglar | 1976 | 00:28:53 |
| Hofmeier | Thomas | Nuglar | 1973 | 00:30:59 |
| Hofstetter | Andreas | Bertschikon (Gossau ZH) | 1956 | 01:25:29 |
| Hofstetter | Stefan | Burgdorf | 1962 | 01:27:29 |
| Högger | Max | Hard b. Weinfeldten | 1946 | 01:20:31 |
| Hohl | Andreas | Rüti ZH | 1955 | 01:29:55 |
| Hohl | Martin | Grub AR | 1948 | 01:17:29 |
| Holdener | Hansjörg | Hinwil | 1964 | 01:30:18 |
| Holdener | Yolanda | Rüti ZH | 1964 | 00:28:51 |
| Holenweg | Gabi | Zürich | 1962 | 00:37:14 |
| Hollenstein | Karl | Heiden | 1940 | 01:26:35 |
| Hollenstein | Thomas | Heiden | 1977 | 00:40:55 |
| Hollings | Jill M. | Esslingen | 1949 | 00:53:33 |
| Hollstein | Hans-Juergen | Richterswil | 1946 | 01:15:28 |
| Holtzhauer | Bernd | Altorf | 1962 | 01:15:54 |
| Homberger | Erich | Gossau ZH | 1958 | 01:41:51 |
| Homberger | Ernesto | Uster | 1943 | 01:26:33 |
| Honegger | Arthur | Urdorf | 1942 | 01:37:58 |
| Honegger | Felix | Gams | 1951 | 01:33:23 |
| Honegger | Juerg | Zürich | 1943 | 01:41:47 |
| Honegger | Thomas | Wald ZH | 1964 | 01:26:23 |
| Honore | Setham | Genève | 1950 | 01:23:43 |

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|-------------|------------|----------------------|------|----------|
| Hoppe | Christian | Bad Ragaz | 1966 | 01:19:22 |
| Hoppe | Irka | Benglen | 1948 | 01:41:59 |
| Horisberger | Detlef | Uster | 1972 | 00:35:34 |
| Hornung | Rainer | Zürich | 1947 | 01:41:17 |
| Hort | Ralph | Adliswil | 1963 | 00:38:58 |
| Hosmann | Mano | Buch am Irchel | 1947 | 01:24:13 |
| Hosner | Liz | Wädenswil | 1936 | 00:44:26 |
| Hottiger | Hanspeter | Dielsdorf | 1951 | 01:12:30 |
| Hottiger | Urs | Stein am Rhein Stadt | 1956 | 01:24:32 |
| Hottinger | Franz | Zuzgen | 1950 | 01:16:06 |
| Hotz | Albert | Dietlikon | 1942 | 01:37:49 |
| Hotz | Andreas | Dietlikon | 1966 | 01:16:09 |
| Hotz | Bruno | Mönchaltorf | 1948 | 00:39:46 |
| Hotz | Marcel | Watt | 1968 | 00:25:57 |
| Hotz | Roger | Regensdorf | 1971 | 00:27:53 |
| Hoube | Alfons | Zürich | 1952 | 01:25:26 |
| Hubacher | Fritz | Muri b. Bern | 1922 | 01:54:19 |
| Hubacher | Peter | Konolfingen | 1952 | 01:49:09 |
| Huber | Adrian | Kölliken | 1964 | 00:34:38 |
| Huber | Alex | Herrliberg | 1968 | 00:31:13 |
| Huber | Annemarie | Thalwil | 1936 | 00:45:13 |
| Huber | August | Wiezikon b. Sirnach | 1953 | 01:31:18 |
| Huber | Brigitte | Zugerberg | 1958 | 02:01:40 |
| Huber | Daniel | Horgen | 1961 | 01:21:35 |
| Huber | Ernst | Weiningen ZH | 1935 | 01:55:07 |
| Huber | Georg | Tann | 1959 | 01:46:22 |
| Huber | Hanspeter | Lindau | 1940 | 01:29:48 |
| Huber | Heinrich | Ebmatingen | 1921 | 01:59:20 |
| Huber | Jacqueline | Zürich | 1949 | 01:56:00 |
| Huber | Kurt | Adliswil | 1943 | 01:37:03 |
| Huber | L. | Degersheim | 1949 | 01:20:02 |
| Huber | Max | Oberägeri | 1945 | 01:28:49 |
| Huber | Othmar | Baar | 1950 | 01:18:38 |
| Huber | Peter | Feldmeilen | 1938 | 01:30:06 |
| Huber | Romy | Horgen | 1945 | 01:59:09 |
| Huber | Ruth | Aarwangen | 1961 | 00:44:44 |
| Huber | Trudy | Adliswil | 1943 | 01:43:21 |
| Huber | Wilhelm | Regensdorf | 1961 | 00:35:36 |
| Hubschmid | Roger | Ostermundigen | 1952 | 01:41:19 |
| Huebscher | Toni | Dübendorf | 1949 | 01:48:28 |
| Huerlimann | Arnold | Männedorf | 1947 | 00:36:05 |
| Huerlimann | Arnold | Freudwil | 1953 | 00:29:57 |
| Huerlimann | Bruno | Freudwil | 1950 | 01:15:52 |
| Huerlimann | David | Männedorf | 1972 | 00:29:57 |
| Huermann | Robert | Männedorf | 1967 | 00:46:28 |
| Hueskes | Horst | Kloten | 1943 | 01:27:12 |
| Huesser | Markus | Hettlingen | 1944 | 01:35:39 |
| Huesser | Verena | Hettlingen | 1952 | 00:46:23 |
| Hufschmid | Fredi | Kloten | 1945 | 01:58:39 |
| Hug | Andrea | Mönchaltorf | 1972 | 00:32:00 |
| Hug | Elsbeth | Forch | 1948 | 00:41:07 |
| Hug | Gabriela | Oltten | 1967 | 00:38:00 |
| Hug | Hermann | Marthalen | 1959 | 01:19:30 |
| Hug | Jakob | Brunnadern | 1936 | 01:46:24 |

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|---------------|-------------|------------------------|------|----------|
| Hug | Karin | Mönchaltorf | 1972 | 00:34:47 |
| Hug | Rudolf | Forch | 1944 | 01:35:48 |
| Hugelshofer | Ruedi | Watt | 1954 | 00:40:34 |
| Hugentobler | Christian | Mönchaltorf | 1973 | 00:39:04 |
| Hugentobler | Martin | Uzwil | 1954 | 01:12:49 |
| Hughes | David | Zürich | 1941 | 01:46:34 |
| Hugi | Joerg | Henggart | 1950 | 01:22:51 |
| Hugi | Juerg | Zürich | 1951 | 01:42:56 |
| Humm | Erna | St. Gallen | 1947 | 00:43:28 |
| Humm | Ueli | St. Gallen | 1931 | 00:43:45 |
| Hungerbuehler | Albert | Langnau am Albis | 1947 | 01:28:52 |
| Hungerbuehler | Hans | Tagelswangen | 1946 | 01:33:44 |
| Hungerbuehler | Maria | Tagelswangen | 1952 | 00:42:27 |
| Hunkeler | Erwin | Luzern | 1941 | 00:37:58 |
| Hunkeler | Ruth | Winterthur | 1946 | 00:36:28 |
| Hunkeler | Vitus | Winterthur | 1937 | 01:18:09 |
| Hunold | Kurt | Oberurnen | 1939 | 01:36:30 |
| Hunziker | Anita | Tagelswangen | 1956 | 00:37:03 |
| Hunziker | Daniel | Uster | 1972 | 00:31:32 |
| Hunziker | Esther | Schwerzenbach | 1948 | 01:49:41 |
| Hunziker | Hans-Ulrich | Muhen | 1943 | 01:36:35 |
| Hunziker | Marianne | Muhen | 1943 | 01:44:21 |
| Hunziker | Markus | Neuhausen am Rheinflal | 1957 | 01:29:55 |
| Hunziker | Peter | Zürich | 1946 | 01:40:43 |
| Hunziker | Thomas | Eglisau | 1972 | 01:36:38 |
| Hurni | Heinz | Bubikon | 1944 | 01:30:20 |
| Hurschler | Philipp | Root | 1972 | 00:27:58 |
| Hurter | Jonas | Pfäffikon ZH | 1968 | 01:18:28 |
| Huser | Josef | Dübendorf | 1946 | 01:35:03 |
| Huser | Meinrad | Bäch SZ | 1955 | 01:23:27 |
| Huser | Werner | Uitikon Waldegg | 1944 | 01:45:58 |
| Huttenlauch | Hanspeter | Dänikon ZH | 1960 | 01:28:38 |
| Hutter | Claudia | Goldach | 1974 | 00:34:28 |
| Hutter | Hans | Dietikon | 1909 | 02:20:15 |
| Hutter | Rene | Pfäffikon ZH | 1941 | 01:43:48 |
| Huwiler | Herbert | Horgen | 1941 | 01:24:16 |
| Huwylar | Alois | Niederlenz | 1948 | 01:23:25 |
| Ifert | Hans | Muttenz | 1955 | 01:14:02 |
| Illi | Dieter W. | Zürich | 1942 | 01:28:37 |
| Imboden | Hansruedi | Bern | 1959 | 01:19:51 |
| Imfeld | Erika | Zumikon | 1958 | 01:32:06 |
| Imfeld | Peter | Unterkulm | 1957 | 01:57:49 |
| Imhof | Erika | Regensdorf | 1952 | 01:42:49 |
| Imhof | Pascal | Regensdorf | 1979 | 00:36:50 |
| Imhof | Philipp | Regensdorf | 1976 | 00:39:43 |
| Imholz | Josef | Dietlikon | 1938 | 01:37:44 |
| Inauen | Josef | Hegnau | 1952 | 01:47:08 |
| Inderbitzin | Esther | Ottenbach | 1953 | 00:39:16 |
| Indermaur | Markus | Heerbrugg | 1966 | 01:09:37 |
| Ineichen | Gerhard | Dietikon | 1959 | 01:09:16 |
| Irminger | Andy | Gossau ZH | 1971 | 00:30:30 |
| Isenring | Theres | Diessenhofen | 1952 | 01:37:32 |
| Isler | Denise | Uster | 1972 | 00:37:04 |
| Isler | Susanna | Stalden (Sarnen) | 1956 | 01:38:52 |

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|-----------|-----------|-------------------------|------|----------|
| Isliker | Walter | Zürich | 1923 | 01:40:37 |
| Ita | Esther | Küsnacht ZH | 1959 | 01:38:38 |
| Ita | Hansruedi | Hinwil | 1938 | 01:56:35 |
| Ita | Max | Pfäffikon ZH | 1948 | 01:44:33 |
| Iten | Kurt | Zürich | 1951 | 01:32:56 |
| Iten | Margrit | Zürich | 1948 | 00:43:31 |
| Iten | Rudolf | Bülach | 1952 | 01:46:52 |
| Jaberg | Markus | Nänikon | 1965 | 01:38:49 |
| Jaberg | Pia | Wädenswil | 1939 | 00:51:08 |
| Jaccard | Rene | Küsnacht ZH | 1950 | 01:19:48 |
| Jacot | Daniel | Uster | 1967 | 01:18:33 |
| Jacquod | Daniel | St-Prex | 1949 | 01:37:31 |
| Jaeger | Alex | Adliswil | 1958 | 00:53:29 |
| Jaeger | Andreas | Herisau | 1964 | 01:21:31 |
| Jaeger | Theodor | St. Moritz | 1959 | 01:24:18 |
| Jaeggi | Karin | Niederwangen BE | 1961 | 01:37:03 |
| Jaeggi | Markus | Wattwil | 1934 | 01:25:47 |
| Jaeggi | Peter | Niederwangen BE | 1958 | 01:11:14 |
| Jäger | Kurt | Speicher | 1949 | 01:34:29 |
| Jaggi | Max | Boppelsen | 1938 | 01:35:48 |
| Jagisch | Robert | St. Moritz | 1953 | 01:42:54 |
| Jakob | Christian | Dübendorf | 1953 | 01:25:02 |
| Jallard | Hans | Volketswil | 1935 | 01:48:46 |
| Janaushek | Jozsef | Baden | 1932 | 01:52:02 |
| Janjic | Boris | Rapperswil SG | 1971 | 00:33:47 |
| Jankowsky | Moritz | Gossau ZH | 1951 | 01:29:09 |
| Janssen | Casper | Uitikon Waldegg | 1936 | 01:39:53 |
| Jauch | Alfred | Silenen | 1945 | 01:22:45 |
| Jauch | Martin | Silenen | 1947 | 01:44:42 |
| Jauch | Walter | Silenen | 1952 | 01:13:36 |
| Javet | David | Fällanden | 1971 | 00:30:39 |
| Javet | Roland | Fällanden | 1942 | 01:35:33 |
| Jeanmaire | Peter | Zollikerberg | 1935 | 01:33:50 |
| Jecklin | Guido | Schliern b. Köniz | 1966 | 01:23:14 |
| Jecklin | Peter | Bülach | 1951 | 01:25:32 |
| Jeker | Heinz | Greifensee | 1946 | 01:29:20 |
| Jeltsch | Juerg | Zürich | 1946 | 01:18:06 |
| Jemetta | Emilio | Waltalingen | 1932 | 01:30:10 |
| Jenny | Balz | Winterberg | 1949 | 01:44:12 |
| Jent | Reto | Bern | 1962 | 01:14:44 |
| Jetzer | Franz | Reutlingen (Winterthur) | 1942 | 01:32:36 |
| Jimenez | Hector | Regensdorf | 1962 | 01:15:01 |
| Jlli | Kurt | Uster | 1966 | 01:32:58 |
| Jnniger | Gerhard | Thun | 1946 | 01:36:05 |
| Jnniger | Rosmarie | Thun | 1944 | 00:40:58 |
| Joerg | Martin | Ins | 1964 | 01:10:58 |
| John | Hanspeter | Zürich | 1955 | 01:38:28 |
| Joos | Fortunat | Flims Dorf | 1937 | 01:45:26 |
| Joost | Andreas | Hinwil | 1947 | 01:35:17 |
| Jordan | Rainer | Zürich | 1945 | 01:34:17 |
| Jossen | Dieter | Watt | 1946 | 01:32:45 |
| Joye | Martine | Zugerberg | 1964 | 01:35:50 |
| Jucker | Antonia | Aeugst am Albis | 1965 | 01:23:23 |
| Jucker | Beat | Aathal-Seegräben | 1973 | 00:35:46 |

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|-----------------|----------|-------------------|------|----------|
| Jucker | Martin | Aathal-Seegräben | 1972 | 00:35:33 |
| Jucker | Michael | Wangen ZH | 1974 | 00:38:37 |
| Jucker | Nadine | Zürich | 1955 | 00:38:01 |
| Jucker Pugliese | Antonia | Zürich | 1965 | 01:23:23 |
| Jud | Franz | Steinen | 1941 | 01:38:26 |
| Jud | Urban | Eschenbach SG | 1965 | 01:42:31 |
| Jungel | Brigitte | Oberglatt ZH | 1946 | 01:38:42 |
| Junker | Werner | Geroldswil | 1950 | 01:47:58 |
| Jurkowsch | Nana | Zürich | 1971 | 00:37:23 |
| Jurman | Anci | Zürich | 1941 | 01:40:50 |
| Just | Rico | Dübendorf | 1965 | 01:32:23 |
| Jutzi | Vreni | Arosa | 1960 | 00:38:48 |
| Kabbour | Khallef | Münsingen | 1954 | 01:03:26 |
| Kaech | Mike | Davos Platz | 1961 | 01:35:44 |
| Kaegi | Max | Zürich | 1946 | 00:38:19 |
| Kaegi | Rudolf | Oetwil am See | 1935 | 01:24:47 |
| Kaegi | Willi | Richterswil | 1956 | 01:26:50 |
| Kaerkaeinen | Paavo | Helsinki | 1948 | 01:34:16 |
| Kaeser | Peter | Leimswil | 1960 | 01:33:00 |
| Kaibach | Peter | Konstanz | 1943 | 01:37:45 |
| Kaiser | Ernst | Männedorf | 1941 | 01:43:32 |
| Kälin | Guido | Lachen SZ | 1972 | 00:31:27 |
| Kälin | Hans | Einsiedeln | 1939 | 00:35:16 |
| Kälin | Kaethy | Wädenswil | 1962 | 01:36:24 |
| Kälin | Konrad | Einsiedeln | 1937 | 01:23:53 |
| Kälin | Robert | Zugerberg | 1959 | 01:45:38 |
| Kälin | Sepp | Einsiedeln | 1933 | 01:35:37 |
| Kalt | Walter | Zürich | 1950 | 01:38:30 |
| Kaltbrunner | Rene | Zürich | 1945 | 01:33:39 |
| Kamber | Felix | Rüschlikon | 1967 | 01:41:29 |
| Kamber | Stani | Horgen | 1952 | 01:35:37 |
| Kammer | Heinz | Schliern b. Köniz | 1961 | 01:16:51 |
| Kammermann | Andy | Feldmeilen | 1970 | 00:29:20 |
| Kammermann | Rita | Kloten | 1962 | 00:38:50 |
| Kämpfer | Sabine | Altendorf | 1973 | 00:40:54 |
| Karli | Erhard | Widen | 1946 | 01:42:48 |
| Karpf | Alf | Zollikerberg | 1952 | 01:27:08 |
| Karrer | Margrith | Zürich | 1954 | 00:43:34 |
| Käser | Harald | Winterthur | 1942 | 01:33:59 |
| Käser | Marco | Forch | 1962 | 01:12:09 |
| Käser | Urs | Jegenstorf | 1956 | 01:26:25 |
| Kaspar | Ruth | Arzier | 1949 | 01:47:08 |
| Kasper | Michael | Elgg | 1962 | 01:31:04 |
| Kat | Cornelis | Illnau | 1946 | 01:31:09 |
| Katz | Joe | Uerikon | 1937 | 01:38:24 |
| Kaufmann | Albert | Ecublens VD | 1951 | 01:30:39 |
| Kaufmann | Beat | Gland | 1953 | 01:17:56 |
| Kaufmann | Markus | Wattwil | 1969 | 00:32:19 |
| Kaufmann | Marlene | Mönchaltorf | 1977 | 00:40:39 |
| Kaufmann | Rainer | St. Gallenkappel | 1969 | 00:31:13 |
| Kaufmann | Regula | Dielsdorf | 1975 | 00:32:04 |
| Kaufmann | Roger | Uster | 1974 | 00:34:51 |
| Kaufmann | Thomas | Luzern | 1971 | 00:31:15 |
| Kaufmann | Valerie | Ecublens VD | 1976 | 00:39:47 |

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|------------|-------------|-------------------------|------|----------|
| Kaufmann | Walter | Zumikon | 1927 | 01:51:15 |
| Kaufmann | Werner | Unterwasser | 1946 | 01:32:32 |
| Kaul | Raymond | Winterthur | 1934 | 01:53:28 |
| Kausch | Christian | Volketswil | 1943 | 01:54:14 |
| Keel | Edith | Zürich | 1940 | 00:43:10 |
| Keel | Harry | Mels | 1970 | 01:16:29 |
| Keel | Peter | Zürich | 1933 | 01:18:03 |
| Keel | Petra | Zürich | 1973 | 00:34:30 |
| Kehl | Patricia | Zürich | 1971 | 00:39:31 |
| Kehlstadt | Jean Pierre | Winterthur | 1957 | 01:35:16 |
| Keiser | Paul | Zuchwil | 1951 | 01:57:45 |
| Keller | Dieter | Bülach | 1965 | 01:29:38 |
| Keller | Ernst | Reutlingen (Winterthur) | 1946 | 01:35:19 |
| Keller | Hans | Andelfingen | 1943 | 01:42:36 |
| Keller | Hans | Dietikon | 1935 | 01:47:14 |
| Keller | Hanspeter | Hinteregg | 1962 | 01:21:58 |
| Keller | Hansruedi | Tuggen | 1955 | 01:47:51 |
| Keller | Heinz | Zürich | 1961 | 01:28:00 |
| Keller | Marceline | Winterthur | 1957 | 01:39:36 |
| Keller | Margrit | Endingen | 1945 | 01:57:26 |
| Keller | Marianne | Bern | 1944 | 01:44:45 |
| Keller | Markus | Bubikon | 1967 | 01:17:14 |
| Keller | Niklaus | Effretikon | 1954 | 01:16:20 |
| Keller | Regula | Pfäffikon ZH | 1958 | 00:44:56 |
| Keller | Rene | Zürich | 1947 | 01:39:04 |
| Keller | Thomas | Zurzach | 1969 | 00:33:32 |
| Keller | Thomas | Oetwil am See | 1955 | 01:39:46 |
| Keller | Werner | Zürich | 1948 | 01:30:26 |
| Keller | Willi | Winterthur | 1940 | 00:34:28 |
| Kemmler | Willi | Uster | 1942 | 01:16:39 |
| Kern | Andreas | Zürich | 1954 | 01:34:44 |
| Kern | Urs | Ennenda | 1972 | 00:31:07 |
| Kern | Urs | Schwerzenbach | 1944 | 01:29:10 |
| Kern | Walter | Winterthur | 1957 | 01:36:33 |
| Kessler | Charles | Fehraltorf | 1935 | 01:37:59 |
| Kessler | Hans | Bleichenbach | 1946 | 01:18:41 |
| Kessler | Peter | Flamatt | 1960 | 01:20:48 |
| Kessler | Walter | Frauenfeld | 1938 | 01:20:19 |
| Khansari | Mehdi | Benglen | 1970 | 00:26:30 |
| Kiener | Roger | Au ZH | 1957 | 01:53:27 |
| Kilchhofer | Rolf | Kilchberg ZH | 1959 | 00:34:31 |
| Kilchhofer | Stefan | Bolligen Dorf | 1965 | 01:33:41 |
| Kilchoer | Andreas | Kirchberg SG | 1969 | 00:45:21 |
| Kilchoer | Thomas | Kirchberg SG | 1966 | 01:29:23 |
| Kim | Esther | Küsnacht ZH | 1971 | 00:40:42 |
| Kimball | Willi | Jegensdorf | 1964 | 01:06:37 |
| Kindlimann | Arthur | Stäfa | 1941 | 01:25:23 |
| Kirchhofer | Lydia | Spreitenbach | 1942 | 00:47:23 |
| Kistler | Armin | Reichenburg | 1951 | 01:07:52 |
| Kistler | Valerie | Zürich | 1959 | 01:47:48 |
| Klaeger | Fredy | Zürich | 1940 | 01:42:04 |
| Klaentschi | Maja | Uetikon am See | 1943 | 00:42:09 |
| Klaentschi | Niklaus | Uetikon am See | 1942 | 01:37:54 |
| Kläger | Martin | Mosnang | 1955 | 01:33:15 |

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|-------------|------------|-------------------------|------|----------|
| Klameth | Sacha | Ebertswil | 1973 | 00:35:55 |
| Klarer | Juerg | Langrickenbach | 1969 | 00:28:50 |
| Klaus | Fredi | Horgen | 1944 | 01:41:14 |
| Klaus | Werner | Horgen | 1958 | 01:27:29 |
| Klauser | Bernhard | Zürich | 1962 | 01:32:38 |
| Klauser | Hanspeter | Ennenda | 1961 | 01:25:25 |
| Klauser | Hansruedi | Watt | 1948 | 01:08:40 |
| Klauser | Peppi | Langnau i. E. | 1955 | 01:51:56 |
| Kleesattel | Heinrich | Zürich | 1941 | 01:55:46 |
| Kleesattel | Mark | Bubikon | 1970 | 01:23:01 |
| Kleinhans | Ronald | Nürensdorf | 1972 | 00:34:00 |
| Kleinser | Franz | Dinhard | 1932 | 01:28:49 |
| Kleisner | Jaroslav | Wetzikon ZH | 1960 | 00:39:03 |
| Klingler | Peter | Dübendorf | 1950 | 01:41:24 |
| Kloetzli | Jaqueline | Wetzikon ZH | 1969 | 00:40:03 |
| Kloetzli | Mike | Wetzikon ZH | 1971 | 00:30:31 |
| Klooz | Daniel | Zürich | 1952 | 01:56:37 |
| Klooz | Thomas | Meggen | 1954 | 01:38:35 |
| Knaus | Peter | Teufen AR | 1938 | 01:49:44 |
| Knecht | Marcel | Wallisellen | 1969 | 00:38:19 |
| Knecht | Richard | Turgi | 1954 | 01:35:27 |
| Knecht | Roger | Kilchberg ZH | 1967 | 01:23:48 |
| Knecht | Werner | Niederglatt ZH | 1958 | 01:21:08 |
| Knellwolf | Elmar | Regensdorf | 1937 | 01:35:41 |
| Knellwolf | Martin | Regensdorf | 1973 | 00:34:42 |
| Knellwolf | Urs | Regensdorf | 1975 | 00:37:04 |
| Kneubuehler | Therese | Ostermundigen Rüti | 1950 | 00:35:41 |
| Knittel | Bruno | Herrliberg | 1965 | 01:16:57 |
| Knoepfel | Rolf | Wettingen | 1953 | 01:38:19 |
| Knoerich | Wolfgang | Radolfzell 1 | 1940 | 01:44:17 |
| Knörle | Silvio | Uster | 1953 | 01:49:51 |
| Knutti | Walter | Wolfhausen | 1952 | 01:34:35 |
| Kobel | Hanspeter | Zürich | 1939 | 01:14:24 |
| Kobelt | Christian | Langnau am Albis | 1964 | 01:22:47 |
| Kobelt | Walter | Niederweningen | 1952 | 01:52:57 |
| Koch | Bruno | Thalwil | 1948 | 01:48:14 |
| Koch | Damian | Appenzell | 1966 | 01:37:34 |
| Koch | Franz | Hünenberg | 1949 | 01:36:52 |
| Koch | Jakob | Wohlen AG | 1940 | 01:34:26 |
| Koch | Margrit | Hünenberg | 1955 | 00:39:24 |
| Koch | Reinhard | Uster | 1952 | 01:16:58 |
| Kocher | Bruno | Hittnau | 1945 | 01:24:07 |
| Koeberl | Th. | Wald ZH | 1956 | 02:01:11 |
| Koech | Peter | Kenya | 1958 | 01:00:09 |
| Koehler | Walter | Schönenwerd | 1942 | 01:27:40 |
| Koehli | Herbert | Oetwil am See | 1950 | 01:44:44 |
| Koella | Elisabeth | Würenlos | 1957 | 01:29:42 |
| Koelliker | Hermann | Wernetshausen | 1951 | 01:30:52 |
| Kohler | Doris | Bertschikon (Gossau ZH) | 1953 | 00:36:46 |
| Kohler | Ernst | Fehraltorf | 1947 | 01:44:09 |
| Kohler | Erwin | Effretikon | 1946 | 01:29:28 |
| Kohler | Gerhard | Uster | 1949 | 01:55:31 |
| Kohler | Hans-Peter | Liebefeld | 1952 | 01:32:50 |
| Kohler | Heinz | Unterengstringen | 1946 | 01:46:36 |

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|-----------------|-------------|---------------|------|----------|
| Kohlstock | Barbara | Dübendorf | 1969 | 00:37:33 |
| Kolb | Rolf | Schlieren | 1950 | 01:30:30 |
| Koller | Albert | Altstätten SG | 1957 | 01:16:59 |
| Koller | Alois | Schlieren | 1951 | 01:30:34 |
| Koller | Eduard | Frauenfeld | 1946 | 01:42:44 |
| Koller | Ernst | Urdorf | 1933 | 01:44:29 |
| Koller | Helmut | Kloten | 1938 | 01:21:20 |
| Koller | Ivo | Basel | 1964 | 01:24:29 |
| Koller | Jakob | Berikon Dorf | 1947 | 01:19:05 |
| Koller | Kaethy | Wald ZH | 1959 | 00:43:37 |
| Koller | Niklaus | Bülach | 1948 | 01:37:42 |
| Koller | Peter | Küsnacht ZH | 1967 | 01:25:35 |
| Koller | Vreni | Urdorf | 1944 | 01:51:50 |
| Kölliker | Irène | Wernetshausen | 1954 | 01:43:53 |
| Kolly | Corinne | Grolley | 1967 | 01:59:58 |
| Köppel | Ruth | Neubrunn | 1955 | 02:00:35 |
| Korir | Julius | Kenya | 1965 | 00:59:42 |
| Kormann | Toni | Rüti ZH | 1947 | 01:19:57 |
| Kornfeind | Beat | Stäfa | 1969 | 00:33:33 |
| Korrodi | Bruno | Thalwil | 1954 | 01:49:48 |
| Korrodi | Heidi | Effretikon | 1953 | 00:47:08 |
| Koschar | Othmar Jun. | Marthalen | 1961 | 01:22:11 |
| Kost | Arthur | Buettikon | 1950 | 01:51:13 |
| Kraehenbuehl | Walter | Uster | 1957 | 01:28:46 |
| Kraft | Erich | Langwiesen | 1959 | 00:31:33 |
| Krainz | Reto | Ebmatingen | 1963 | 01:21:53 |
| Kramer | Felix | Wettingen | 1956 | 01:22:38 |
| Kramer | Renate | Dörflingen | 1953 | 00:42:34 |
| Kramer | Rene | Dübendorf | 1951 | 01:56:12 |
| Kramer | Sepp | Dörflingen | 1950 | 01:18:01 |
| Kramer | Sigmund | Wettingen | 1922 | 01:44:46 |
| Krampf | Daniel | Zürich | 1963 | 01:25:55 |
| Krapf | Ueli | Oberrieden | 1971 | 00:47:29 |
| Kraus | Andreas | Riedikon | 1964 | 01:16:15 |
| Krebs | Jakob | Zürich | 1931 | 01:35:04 |
| Krebser | Rolf | Rümlang | 1966 | 00:34:52 |
| Krejza | Juerg | Berikon Dorf | 1945 | 01:31:01 |
| Krenn | Franz | Bassersdorf | 1935 | 01:25:08 |
| Kressig | Oskar | Oberrieden | 1953 | 01:38:37 |
| Kristiansen | Inge | Zürich | 1955 | 00:36:37 |
| Kroissenbrunner | Rudolf | Uster | 1946 | 01:31:32 |
| Kruesi | Martha | Saas Fee | 1948 | 01:45:23 |
| Krüger | Martin | Trossingen | 1958 | 01:30:51 |
| Kruwinnus | Guenter | Sargans | 1935 | 01:26:50 |
| Kruwinnus | Hannelore | Sargans | 1943 | 00:42:43 |
| Kruwinnus | Karin | Sargans | 1971 | 00:37:06 |
| Kubli | Andreas | Zürich | 1969 | 01:31:05 |
| Kubli | Rene | Dübendorf | 1966 | 01:44:43 |
| Kuebler | Beat | Zürich | 1962 | 01:37:16 |
| Kuebler | Joerg | Stettfurt | 1961 | 01:19:03 |
| Kuebler | Karl | Zürich | 1942 | 01:42:10 |
| Kuederli | Klaus | Greifensee | 1937 | 01:33:28 |
| Kuehne | Bruno | Bäretswil | 1971 | 00:35:38 |
| Kuehne | Franz | Horgen | 1948 | 01:17:22 |

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|----------|------------|-----------------|------|----------|
| Kuehne | Karl | Fahrweid | 1940 | 01:42:57 |
| Kuehnis | Hans | Uster | 1943 | 02:50:58 |
| Kuemin | Hans | Zürich | 1946 | 01:37:43 |
| Kueng | Eugen | Bülach | 1952 | 00:41:19 |
| Kueng | Roland | Bürglen TG | 1955 | 01:24:39 |
| Kueng | Roland | Herisau | 1960 | 02:13:12 |
| Kuenzi | Doris | Frauenfeld | 1964 | 02:19:01 |
| Kuenzi | Rene | Frauenfeld | 1959 | 01:43:21 |
| Kuenzle | Werner | Zürich | 1942 | 01:40:28 |
| Kuenzler | Bruno | Volketswil | 1964 | 01:46:30 |
| Kuenzler | Bruno | Oetwil am See | 1955 | 01:48:11 |
| Kuenzler | Reto | Oetwil am See | 1975 | 00:30:43 |
| Kuepfer | Rudolf | Laufenburg 7 | 1955 | 01:33:16 |
| Kugler | Erwin | Wil SG | 1952 | 00:31:51 |
| Kuhn | Bruno | Mägenwil | 1955 | 01:03:09 |
| Kuhn | Hans-Uli | Langnau a.A. | 1959 | 02:14:24 |
| Kuhn | Jacqueline | Winterthur | 1961 | 00:35:35 |
| Kuhn | Manfred | Uhwiesen | 1951 | 01:47:42 |
| Kühne | Heinz | Pfungen | 1952 | 01:26:02 |
| Kühne | Jörg | Jona | 1949 | 01:16:16 |
| Kulsen | Dominik | Winterthur | 1960 | 01:28:42 |
| Kummer | Jost | Au ZH | 1946 | 02:48:39 |
| Kummer | Martin | Kirchberg SG | 1944 | 01:27:28 |
| Kummer | Willy | Zürich | 1938 | 01:23:40 |
| Kumpf | Hermann | Schlieren | 1943 | 01:26:09 |
| Kündig | Sarah | Hittnau | 1971 | 00:36:38 |
| Küng | René | Schaffhausen | 1959 | 01:28:55 |
| Kunz | Alberto | Winterthur | 1951 | 00:38:10 |
| Kunz | Bruno | Nänikon | 1977 | 00:34:09 |
| Kunz | Bruno | Rapperswil SG | 1947 | 01:43:29 |
| Kunz | Doris | Gibswil-Ried | 1972 | 00:30:46 |
| Kunz | Fabian | Emmenbrücke | 1966 | 01:19:48 |
| Kunz | Hans U. | Dübendorf | 1952 | 01:28:47 |
| Kunz | Herbert | Stallikon | 1931 | 01:43:42 |
| Kunz | Katharina | Radolfzell | 1940 | 01:54:00 |
| Kunz | Matthias | Rapperswil SG | 1977 | 00:38:09 |
| Kunz | Maya | Gibswil-Ried | 1953 | 00:34:45 |
| Kunz | Peter | Worblaufen | 1950 | 01:17:10 |
| Kunz | Reinhard | Nänikon | 1949 | 01:30:16 |
| Kunz | Roger | Embrach | 1950 | 00:40:45 |
| Kunz | Vreni | Nänikon | 1952 | 00:41:16 |
| Kunz | Walter | Dürnten | 1964 | 00:32:47 |
| Kunz | Werner | Dürnten | 1961 | 00:29:56 |
| Kunz | Willi | Dürnten | 1947 | 01:21:45 |
| Künzler | David | Egg b. Zürich | 1969 | 00:29:38 |
| Künzler | Margrit | Oetwil am See | 1943 | 00:39:22 |
| Kurcz | Robert | Uster | 1968 | 01:18:42 |
| Kuriger | Ruedi | Einsiedeln | 1955 | 01:25:22 |
| Kurt | Fred | Herzogenbuchsee | 1947 | 01:24:40 |
| Kurtz | Gernot | Reutlingen | 1945 | 01:17:51 |
| Kurz | Albert | Uster | 1958 | 01:26:38 |
| Kurzo | Peter | Berikon Dorf | 1947 | 01:39:40 |
| Kutter | Matthias | Stäfa | 1952 | 01:38:31 |
| Kyburz | Rolf | Greifensee | 1946 | 01:58:39 |

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|-------------|---------------|-------------------|------|----------|
| Lacher | Erwin | Kaltbrunn | 1968 | 00:25:14 |
| Lacher | Esther | Dübendorf | 1967 | 00:46:42 |
| Laeuchli | Heinz P. | Zürich | 1942 | 01:45:41 |
| Laeufer | Herbert | Waldshut | 1961 | 01:34:53 |
| Lagerström | Anders | Zürich | 1944 | 01:28:49 |
| Lamprecht | Heidi | Klingnau | 1940 | 01:42:48 |
| Lamprecht | Pascal | Benglen | 1975 | 00:38:24 |
| Lamprecht | Thomas | Merano (BZ) | 1967 | 01:18:08 |
| Lamprecht | Ueli | Tagelswangen | 1950 | 01:21:55 |
| Landert | Kaspar | Weisslingen | 1971 | 00:36:16 |
| Landolt | Erich | Kriens Sternmatt | 1950 | 01:17:47 |
| Landolt | Fritz | Oberurnen | 1944 | 01:26:37 |
| Landolt | Marlis | Kriens Sternmatt | 1950 | 00:38:58 |
| Landtwing | Andreas | Stäfa | 1960 | 01:28:58 |
| Landtwing | Martin | Dietlikon | 1957 | 01:36:58 |
| Lang | Armin | Bäch SZ | 1938 | 01:34:14 |
| Lang | Karl | Zollikerberg | 1939 | 01:42:23 |
| Lange | Cornelia | Zürich | 1962 | 02:04:00 |
| Lange | Kurt | Hombrechtikon | 1927 | 02:05:23 |
| Langenauer | Jack | Embrach | 1957 | 01:26:23 |
| Langenecker | Karin | Fehraltorf | 1973 | 00:35:07 |
| Langenecker | Rene | Fehraltorf | 1943 | 01:28:02 |
| Langenegger | Rene | Bülach | 1952 | 00:39:58 |
| Langer | Guenther | Wut. Horheim | 1951 | 01:42:22 |
| Langhammer | Thomas | Uster | 1962 | 01:04:21 |
| Langhard | Tobias | Oberstammheim | 1972 | 00:30:04 |
| Lanz | Anton | Dübendorf | 1942 | 01:26:12 |
| Lanz | Vreni | Morges | 1970 | 00:36:57 |
| Laszlo | Nemes | Kollbrunn | 1958 | 01:26:09 |
| Latscha | Regula | Adliswil | 1961 | 01:42:53 |
| Lattmann | Hansruedi | Stäfa | 1942 | 01:36:04 |
| Lattmann | Martin | Gibswil-Ried | 1973 | 00:30:36 |
| Laube | Marco | Geroldswil | 1964 | 01:22:17 |
| Lauber | Elisabeth | Zürich | 1960 | 02:04:54 |
| Lauber | Gerold | Zürich | 1956 | 01:22:16 |
| Laug | Hansjoerg | Horgen | 1947 | 01:54:44 |
| Lauper | Armin | Hinterkappelen | 1953 | 01:36:45 |
| Lauper | Marie-Therese | Hinterkappelen | 1958 | 00:36:29 |
| Lauterburg | Lisa L. | Bern | 1943 | 02:03:10 |
| Lauterjung | Daniela | Schliern b. Köniz | 1974 | 00:46:07 |
| Lauterjung | Regina | Schliern b. Köniz | 1951 | 00:50:43 |
| Leber | Dieter | Allschwil | 1957 | 01:16:37 |
| Leber | Gabriela | Zürich | 1962 | 01:53:46 |
| Lee | Monica | Schleinikon | 1955 | 01:35:00 |
| Leemann | Bethli | Ebmatingen | 1937 | 00:39:28 |
| Leemann | Emil | Ebmatingen | 1934 | 01:47:37 |
| Leemann | Stefan | Hintereggen | 1963 | 01:37:30 |
| Lehmann | Brigitta | Uster | 1949 | 00:42:11 |
| Lehmann | Gabriela | Geroldswil | 1963 | 00:39:18 |
| Lehmann | Hugo | Bern | 1952 | 01:43:19 |
| Lehmann | Linda | Wetzikon ZH | 1944 | 00:37:29 |
| Lehmann | Rene | Oberglatt ZH | 1958 | 01:36:22 |
| Lehmann | Robert | Dürnten | 1948 | 01:42:15 |
| Lehmann | Ruedi | Zürich | 1948 | 01:44:24 |

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|--------------|-------------|---------------------|------|----------|
| Lehmann | Walter | Ringwil | 1970 | 00:27:01 |
| Leibacher | Roland | Schaffhausen | 1946 | 01:31:44 |
| Leimbacher | Erwin | Dietlikon | 1951 | 01:27:50 |
| Leiser | Ruth | Zürich | 1962 | 01:43:17 |
| Lendi | Jürg | Uster | 1951 | 01:32:21 |
| Lengacher | Franz-Peter | Adliswil | 1942 | 02:00:05 |
| Lengacher | Patrik | Mönchaltorf | 1971 | 00:29:32 |
| Lenggenhager | Werner | Uster | 1949 | 01:49:32 |
| Lenherr | Karl | Schaan | 1950 | 01:17:01 |
| Lenzin | Peter | Adliswil | 1954 | 01:38:39 |
| Lenzinger | Erwin | Uster | 1949 | 01:30:50 |
| Lenzlinger | Karl | Neuenhof | 1942 | 02:02:15 |
| Lenzlinger | Milana | Neuenhof | 1949 | 02:02:31 |
| Leonardi | Nataschia | Airolo | 1971 | 00:30:05 |
| Lerch | Hans | Dietlikon | 1952 | 01:18:58 |
| Lerchi | Paul | Effretikon | 1937 | 01:52:22 |
| Leu | Robert | Au ZH | 1944 | 01:25:58 |
| Leu | Silvia | Hemmental | 1953 | 01:37:31 |
| Leu | Thomas | Mönchaltorf | 1968 | 01:36:56 |
| Leu | Urs | Wallisellen | 1961 | 01:17:22 |
| Leuch | Kurt | Oberengstringen | 1959 | 01:39:51 |
| Leuenberger | Alfred | Embrach | 1952 | 01:16:15 |
| Leuenberger | Fritz | Malleray-Bévilard | 1937 | 01:30:00 |
| Leuenberger | Roland | Zürich | 1971 | 00:30:48 |
| Leuenberger | Rose Marie | Malleray-Bévilard | 1959 | 01:54:50 |
| Leuenberger | Walter | Gattikon | 1945 | 01:28:49 |
| Leupp | Corinne | Uster | 1975 | 00:39:44 |
| Leupp | Fredi | Uster | 1947 | 01:19:56 |
| Leutenegger | Philipp | Schwerzenbach | 1962 | 01:34:25 |
| Leuthold | Matthias | Dürnten | 1971 | 00:31:34 |
| Leutwiler | Roger | Wangen b. Dübendorf | 1969 | 00:34:14 |
| Levy | Alois | Disentis/Mustér | 1959 | 01:32:57 |
| Liechti | Juerg | Zürich | 1963 | 01:35:43 |
| Liechti | Walter | Benglen | 1942 | 01:27:04 |
| Limacher | Hugo | Regensdorf | 1959 | 00:42:28 |
| Lindauer | Beat | Dübendorf | 1957 | 01:34:07 |
| Lindauer | Ferdinand | Uster | 1936 | 01:35:14 |
| Lindegger | Marc | Rapperswil SG | 1954 | 00:44:00 |
| Linder | Joerg | Biel/Bienne | 1952 | 01:21:11 |
| Linder | Kurt | Winterthur | 1941 | 01:49:46 |
| Lingg | Isidor | Schwerzenbach | 1950 | 01:48:54 |
| Lips | Anni | Ebmatingen | 1942 | 01:39:11 |
| Lips | Heinz | Ebmatingen | 1936 | 01:27:23 |
| Lips | Theodor | Dübendorf | 1949 | 01:33:01 |
| Lischer | Ruedi | Niederglatt ZH | 1949 | 02:04:51 |
| Locatelli | Aurelio | Zürich | 1955 | 01:24:40 |
| Locher | Lilly | Dübendorf | 1936 | 00:42:45 |
| Locher | Manuela | Nänikon | 1973 | 00:42:08 |
| Locher | Regula | Dübendorf | 1969 | 00:40:48 |
| Locher | Silvan | Degersheim | 1953 | 01:24:44 |
| Locher | Ursula | Nänikon | 1945 | 00:38:27 |
| Locquet | Gerard | Cluses | 1949 | 01:28:14 |
| Loehrer | Roland | Rotkreuz | 1954 | 01:16:46 |
| Loertscher | Alexander | Greifensee | 1973 | 00:36:12 |

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|--------------|------------|-------------------------|------|----------|
| Loertscher | Edgar | Greifensee | 1945 | 01:49:58 |
| Loher | Werner | Seuzach | 1949 | 01:19:48 |
| Lohner | Markus | Bertschikon (Gossau ZH) | 1970 | 00:33:06 |
| Looser | Myrtha | Bern | 1939 | 01:42:12 |
| Loosli | Silvia | Mönchaltorf | 1956 | 01:38:25 |
| Losa | Benito | Winterthur | 1933 | 01:41:33 |
| Lüchinger | Josef | Zürich | 1954 | 01:21:52 |
| Luchsinger | Otilie | Wädenswil | 1944 | 00:45:03 |
| Lüdi | René | Uster | 1945 | 01:36:12 |
| Ludwig | Andreas | Sagogn | 1974 | 00:30:24 |
| Ludwig | Dorothee | Mönchaltorf | 1972 | 00:37:10 |
| Ludwig | Nicole | Rümlang | 1970 | 00:39:59 |
| Ludwig | Urs | Mönchaltorf | 1974 | 00:35:46 |
| Luedi | Andi | Pfäffikon ZH | 1968 | 00:32:22 |
| Luedi | Kurt | Gutenswil | 1965 | 01:54:44 |
| Luedi | Maya | Uster | 1974 | 00:37:30 |
| Lueoend | Frieda | Volketswil | 1942 | 00:41:29 |
| Lueoend | Josef | Schindellegi | 1937 | 02:00:37 |
| Luescher | Martin | Adliswil | 1969 | 00:32:13 |
| Luessi | Gerhard | Schwerzenbach | 1940 | 01:52:26 |
| Luginbuehl | Martin | Wetzikon ZH | 1963 | 01:28:47 |
| Lupaioli | Gianfranco | Schottikon | 1942 | 01:32:10 |
| Lüscher | Stefan | Eschlikon TG | 1956 | 01:05:56 |
| Lustenberger | Pierre | Fehraltorf | 1955 | 01:34:47 |
| Lustenberger | Susanne | Fehraltorf | 1956 | 00:32:50 |
| Lüthi | Gabi | Spiezwiler | 1951 | 00:42:53 |
| Lüthi | Gerhard | Effretikon | 1950 | 01:27:22 |
| Lüthi | Hanspeter | Bassersdorf | 1953 | 00:29:05 |
| Lüthi | Hansueli | Solothurn | 1961 | 01:12:35 |
| Lüthi | Lucia | Reutlingen (Winterthur) | 1965 | 00:43:53 |
| Lüthi | Peter | Frauenfeld | 1945 | 01:41:23 |
| Lüthi | Ruedi | Aarau | 1943 | 01:26:01 |
| Lüthi | Ruedi | Spiezwiler | 1948 | 01:39:58 |
| Lüthi | Uschi | Münsingen | 1955 | 00:41:18 |
| Lüthy | Heinz | Muhen | 1956 | 01:24:24 |
| Lüthy | Walter | Brugg AG | 1945 | 01:19:59 |
| Lutz | Ernst | Greifensee | 1948 | 01:49:07 |
| Lutz | Hans | Zürich | 1927 | 00:40:55 |
| Lutz | Hans Peter | Zürich | 1959 | 01:30:39 |
| Lutz | Kurt | Zelg (Wolfhalden) | 1959 | 01:25:26 |
| Lutz | Rolf | Winterthur | 1951 | 00:29:42 |
| Maag | Bernadette | Grüningen | 1956 | 01:41:41 |
| Maag | Hans | Uerikon | 1940 | 01:21:17 |
| Maag | Kaethi | Bubikon | 1964 | 00:40:21 |
| Maag | Max | Bülach | 1945 | 01:45:50 |
| Maag | Regula | Illnau | 1972 | 00:40:57 |
| Maag | Reto | Illnau | 1971 | 00:30:53 |
| Maag | Willi | Illnau | 1943 | 01:25:57 |
| Mächler | Arnold | Vorderthal | 1964 | 01:07:00 |
| Maechler | Anna | Rüti ZH | 1964 | 01:35:28 |
| Maeder | Anna | Zürich | 1938 | 00:45:57 |
| Maeder | Bernhard | Zürich | 1940 | 02:01:02 |
| Maeder | Eva | Zürich | 1969 | 00:42:24 |
| Maeder | Herbert | Uster | 1951 | 00:40:13 |

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|--------------|-------------|-----------------------|------|----------|
| Mäegerle | Roland | Neftenbach | 1968 | 00:26:59 |
| Mahler | Ruedi | Erlenbach ZH | 1943 | 01:15:28 |
| Mahler | Silvia | Zürich | 1954 | 00:31:36 |
| Maier | Barbara | Zollikerberg | 1961 | 02:07:57 |
| Maillard | Gilbert | Bassersdorf | 1954 | 01:57:39 |
| Malaer | Armin | Winterthur | 1963 | 01:44:39 |
| Malär | Werner | Winterthur | 1957 | 01:44:55 |
| Malaun | Michael | Männedorf | 1946 | 01:31:09 |
| Malein | Douglas | Langnau am Albis | 1967 | 01:27:28 |
| Malischke | Erich | Rümlang | 1943 | 01:46:15 |
| Manella | Deborah | Uster | 1973 | 00:36:17 |
| Manfredi | Carmine | Kloten | 1949 | 01:23:57 |
| Manser | Emil | Gockhausen | 1945 | 03:01:03 |
| Manser | Heidi | Wald ZH | 1945 | 00:34:45 |
| Manser | Rolf | Uetikon am See | 1958 | 01:33:52 |
| Manz | Karl | Seuzach | 1952 | 01:30:37 |
| Marending | Hermann | Saland | 1953 | 01:33:13 |
| Marke | Kim | Frauenfeld | 1969 | 00:28:05 |
| Marolf | Kurt | Bonstetten | 1957 | 01:26:36 |
| Marthaler | Susanne | Wangen ZH | 1945 | 01:39:18 |
| Marti | Andreas | Mollis | 1965 | 00:37:35 |
| Marti | Christian | Zürich | 1952 | 01:22:16 |
| Marti | Hans | Zürich | 1931 | 01:39:26 |
| Marti | Hansjoerg | Hinwil | 1948 | 01:33:57 |
| Marti | Rolf | Zürich | 1930 | 01:33:13 |
| Marti | Ursula | Zürich | 1951 | 01:50:00 |
| Martin | Pierre Yves | Neerach | 1968 | 01:18:48 |
| Massignani | Maurizio | Birr-Lupfig | 1950 | 01:25:13 |
| Masson | Guenter | Hettlingen | 1940 | 01:28:43 |
| Mast | Fredi | Zürich | 1960 | 01:19:29 |
| Materni | Renato | Roggwil TG | 1959 | 01:16:32 |
| Mathis | Max | Schliern b. Köniz | 1946 | 00:43:50 |
| Mathis | Pascal | Stettlen | 1977 | 00:39:59 |
| Mathis | Thomas | Stettlen | 1972 | 00:28:45 |
| Mathys | Hanspeter | Münsingen | 1963 | 00:27:37 |
| Mathys | Ruth | Stäfa | 1940 | 02:07:20 |
| Matt | Helmuth | Schaan | 1946 | 01:55:12 |
| Matt | Ruedi | Hermetschwil-Staffeln | 1943 | 02:01:28 |
| Mattenberger | Hansjürg | Kyburg | 1953 | 01:26:06 |
| Matter | Hans | Wettingen | 1940 | 02:01:30 |
| Matthieu | Esther | Ebmatingen | 1949 | 01:55:54 |
| Matti | Beat | Kloten | 1954 | 01:32:13 |
| Matti | Ulrich | Niederhasli | 1956 | 01:32:01 |
| Mattig | Walter | Zürich | 1945 | 01:36:20 |
| Mattrel | Peter | Uster | 1946 | 01:23:27 |
| Matyas | Bela | Riedikon | 1953 | 01:55:33 |
| Matyas | Stefan | Uster | 1957 | 01:21:14 |
| Mauler | Erna | Dietikon | 1943 | 01:46:06 |
| Maurer | Claude | Feldmeilen | 1975 | 00:38:21 |
| Maurer | Marcel | Zürich | 1963 | 01:17:46 |
| Maurer | Peter | Zürich | 1967 | 01:47:15 |
| Maurer | Roland | Schmiedrued-Walde | 1968 | 00:29:25 |
| Maurer | Willi | Pfaffhausen | 1934 | 01:33:25 |
| Mayer | Guido | Hefenhofen | 1957 | 01:30:31 |

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|------------|-----------|------------------|------|----------|
| Mayer | Karl | Spreitenbach | 1968 | 00:34:21 |
| Mazenauer | Marianne | Gockhausen | 1929 | 00:46:17 |
| Mc Sweeney | Tracy | Cork / Ireland | 1970 | 01:09:48 |
| Mecchi | Moreno | Winterthur | 1954 | 01:38:09 |
| Meichtry | Andreas | Ipsach | 1962 | 01:26:14 |
| Meier | Albert | Uster | 1945 | 01:33:00 |
| Meier | Alfred | Adetswil | 1953 | 01:38:20 |
| Meier | Annemarie | Bauma | 1953 | 01:45:28 |
| Meier | August | Hinwil | 1938 | 01:19:12 |
| Meier | Bruno | Dällikon | 1966 | 01:18:41 |
| Meier | Daniel | Schlieren | 1940 | 01:27:17 |
| Meier | Eduard | Samstagern | 1948 | 01:33:46 |
| Meier | Felix | Zürich | 1961 | 01:26:53 |
| Meier | Fritz | Thalwil | 1952 | 01:47:51 |
| Meier | Gabriela | Zofingen | 1969 | 00:37:02 |
| Meier | Hansueli | Zürich | 1943 | 01:53:06 |
| Meier | Herbert | Forch | 1944 | 01:15:23 |
| Meier | Ivo | Schlieren | 1970 | 01:21:55 |
| Meier | Janine | Greifensee | 1976 | 00:39:45 |
| Meier | Marcel | Untersiggenthal | 1948 | 01:25:06 |
| Meier | Max | Zürich | 1951 | 01:20:48 |
| Meier | Max | Aathal-Seegräben | 1933 | 01:28:02 |
| Meier | Otto | Greifensee | 1943 | 01:44:16 |
| Meier | Patricia | Uster | 1972 | 00:40:35 |
| Meier | Patrick | Schlieren | 1969 | 01:13:20 |
| Meier | Peter | Rüti ZH | 1943 | 01:36:10 |
| Meier | Peter | Schlieren | 1947 | 01:54:11 |
| Meier | Peter | Hinwil | 1969 | 00:28:08 |
| Meier | Remo | Uster | 1963 | 01:26:44 |
| Meier | Roger | Volketswil | 1968 | 00:33:03 |
| Meier | Roland | Oberglatt ZH | 1944 | 01:33:38 |
| Meier | Ruedi | Steinen | 1939 | 01:44:04 |
| Meier | Ruggero | Zürich | 1950 | 01:55:20 |
| Meier | Sibylle | Zürich | 1963 | 00:35:59 |
| Meier | Urs | Trüllikon | 1964 | 01:08:27 |
| Meier | Ursi | Kloten | 1970 | 00:47:34 |
| Meier | Ursina | Pfaffhausen | 1969 | 00:38:58 |
| Meier | Walter | Uster | 1938 | 01:35:16 |
| Meier | Werner | Gutenswil | 1966 | 01:33:37 |
| Meier | Werner | Birchwil | 1949 | 01:29:21 |
| Meier | Wilfried | Schlieren | 1948 | 01:20:32 |
| Meierhans | Maude | Fällanden | 1943 | 00:42:52 |
| Meierhans | Nicole | Männedorf | 1972 | 00:32:29 |
| Meierhans | Robert | Uster | 1941 | 01:24:05 |
| Meierhofer | Jürg | Zürich | 1968 | 00:33:24 |
| Meierhofer | Rene | Niederglatt ZH | 1967 | 00:31:45 |
| Meierhofer | Rene | Bachenbülach | 1958 | 01:40:37 |
| Meierhofer | Vreni | Niederglatt ZH | 1944 | 00:38:04 |
| Meili | Albert | Hettlingen | 1944 | 01:36:54 |
| Meili | Antschi | Fällanden | 1950 | 00:42:12 |
| Meili | Elisabeth | Hettlingen | 1946 | 01:42:26 |
| Meili | Rolf | Fällanden | 1952 | 01:29:39 |
| Meili | Theres | Winterthur | 1948 | 01:37:07 |
| Meiller | Richard | Hegnau | 1948 | 01:22:40 |

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|--------------|-------------|-----------------|------|----------|
| Meissner | Kurt | Uster | 1940 | 01:58:30 |
| Meister | Hans-Rudolf | Fehraltorf | 1950 | 01:28:15 |
| Mellini | Sandro | Wetzswil | 1968 | 00:30:50 |
| Merki | Robert | Zürich | 1959 | 01:20:34 |
| Merki | Silvia | Winterthur | 1950 | 00:38:55 |
| Merz | Paul | Ebmatingen | 1943 | 01:53:47 |
| Mesmer | Doris | Gibswil-Ried | 1972 | 00:43:59 |
| Mesmer | Ruedi | Wald ZH | 1973 | 00:32:29 |
| Messmer | Wilhelm | Zürich | 1939 | 01:51:05 |
| Mettler | Elisabeth | Hintereggen | 1937 | 00:42:01 |
| Mettler | Peter | Steinen | 1950 | 00:32:04 |
| Metzger | Hansueli | Wetzikon ZH | 1947 | 01:39:44 |
| Metzger | Markus | Wetzikon ZH | 1974 | 00:36:30 |
| Meur | Hildegard | Frauenfeld | 1954 | 01:36:13 |
| Meur | Jean-Marie | Frauenfeld | 1955 | 01:34:56 |
| Meyer | Fritz | Greifensee | 1948 | 01:57:56 |
| Meyer | Hans-Ulrich | Bassersdorf | 1954 | 01:19:47 |
| Meyer | Herbert | Wallisellen | 1951 | 01:23:26 |
| Meyer | Jörg | Wädenswil | 1952 | 01:30:47 |
| Meyer | Kurt | Hitzkirch | 1944 | 01:39:41 |
| Meyer | Rita | Horw | 1950 | 00:36:39 |
| Meyer | Robert | Bonstetten | 1956 | 01:30:59 |
| Meyer | Robert C. | Bern | 1960 | 01:21:16 |
| Meyer | Ruth | Dübendorf | 1961 | 00:39:19 |
| Meyer | Stephan | Sins | 1949 | 01:55:45 |
| Meyer | Urs | Pfaffhausen | 1932 | 01:36:33 |
| Michalek | Alois | Zürich | 1931 | 01:42:05 |
| Michaud | Esther | Embrach | 1959 | 01:38:41 |
| Michel | Gottfried | Winterthur | 1927 | 01:20:58 |
| Michel | Samuel | Hinwil | 1954 | 01:52:25 |
| Michel | Stefan | Hausen am Albis | 1973 | 00:29:48 |
| Michel | Thomas | Arni-Islisberg | 1951 | 01:33:35 |
| Michel | Vreni | Ebmatingen | 1944 | 00:49:19 |
| Michel | Werner | Stallikon | 1949 | 01:42:45 |
| Minder | Brigitte | Thustetten | 1971 | 00:30:39 |
| Mira | Adrian | Wermatswil | 1973 | 00:30:49 |
| Mira | Manuel | Bern | 1949 | 01:44:03 |
| Mira | Silvio | Wermatswil | 1946 | 01:45:44 |
| Mirsch | Herbert | Konstanz | 1939 | 01:16:12 |
| Mischler | Roger | Boniswil | 1943 | 01:53:43 |
| Mock Pfister | Mireille | Wetzikon ZH | 1971 | 00:31:17 |
| Moelk | Juergen | Bonaduz | 1944 | 01:26:21 |
| Moelk | Marlies | Bonaduz | 1949 | 01:26:24 |
| Moeri | Hansueli | Lyss | 1939 | 01:31:24 |
| Moessinger | Dani | Uitikon Waldegg | 1969 | 00:34:15 |
| Mohn | Angelika | Dietlikon | 1940 | 01:44:57 |
| Mohn | Christian | Dietlikon | 1974 | 00:33:45 |
| Mohn | Markus | Uster | 1963 | 00:33:37 |
| Mohn | Peter | Dietlikon | 1971 | 00:29:52 |
| Mohn | Richard | Uster | 1966 | 01:21:41 |
| Mona | Nicola | Lugano | 1975 | 00:37:52 |
| Monigatti | Armando | Zürich | 1948 | 01:37:01 |
| Morach | Annemarie | Dielsdorf | 1963 | 00:38:44 |
| Morach | Rolf | Dielsdorf | 1949 | 01:31:11 |

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|--------------|-----------|--------------------|------|----------|
| Moretti | Isabella | Minusio | 1963 | 01:12:28 |
| Morf | Lukas | Maur | 1975 | 00:32:32 |
| Morf | Markus | Zürich | 1964 | 01:36:53 |
| Morf | Martin | Dürnten | 1945 | 01:30:26 |
| Morf | Rico | Horgen | 1935 | 01:24:53 |
| Morf | Roland | Uster | 1955 | 01:24:51 |
| Morf | Werner | Wallisellen | 1941 | 01:36:50 |
| Morgenegg | Matthias | Uster | 1976 | 00:40:20 |
| Morgenthaler | Gaby | Hinterkappelen | 1969 | 00:33:54 |
| Morgenthaler | Paul | Kloten | 1946 | 01:35:12 |
| Morger | Edwin | Eschenbach SG | 1963 | 01:33:11 |
| Mosberger | Priska | Neuheim | 1959 | 00:43:57 |
| Moser | Adriano | Wengi b. Frutigen | 1962 | 01:31:42 |
| Moser | Benno | Berneck | 1943 | 01:24:59 |
| Moser | Bruno | Oberhasli | 1943 | 01:31:33 |
| Moser | Christian | Adlikon | 1940 | 02:02:03 |
| Moser | Christian | Cham | 1961 | 01:39:10 |
| Moser | Clemens | Adlikon | 1954 | 02:02:04 |
| Moser | Corado | Wengi b. Frutigen | 1968 | 00:35:40 |
| Moser | Frida | Würenlos | 1933 | 00:41:15 |
| Moser | Hildegard | Adlikon | 1941 | 00:45:14 |
| Moser | Iris | Adlikon | 1971 | 00:46:13 |
| Moser | Oliver | Zofingen | 1972 | 00:28:47 |
| Moser | Roland | Zürich | 1954 | 01:44:23 |
| Moser | Rolf | Oberweningen | 1946 | 01:36:08 |
| Moser | Ruedi | Zürich | 1943 | 01:24:51 |
| Moser | Tobias | Adlikon | 1974 | 00:47:55 |
| Moser | Walter | Pfäffikon ZH | 1950 | 01:28:14 |
| Mosimann | Carmen | Konolfingen | 1958 | 01:42:35 |
| Mottl | Max | Glattbrugg | 1928 | 02:06:11 |
| M'Tir | Fethi | Seuzach | 1956 | 01:16:45 |
| Muehleemann | Stefan | Fällanden | 1972 | 00:34:52 |
| Muehleemann | Stefan | Rüschlikon | 1973 | 00:28:46 |
| Muehlethaler | Heidi | Schönbühl-Urtenen | 1960 | 01:44:22 |
| Mueller | Myrtha | Adliswil | 1945 | 01:30:22 |
| Muermann | Willi | Uster | 1941 | 00:41:50 |
| Muffler | Markus | Schaffhausen | 1942 | 01:24:46 |
| Muffler | Peter | Reichenburg | 1958 | 01:36:50 |
| Muggli | Fred | Rüti ZH | 1955 | 01:15:29 |
| Muggwyler | Hansjoerg | Dübendorf | 1947 | 01:31:40 |
| Muheim | Werner | Dietlikon | 1939 | 01:51:49 |
| Mühlebach | Armin | Herisau | 1956 | 01:25:00 |
| Mühlestein | Ernst | Dübendorf | 1940 | 01:14:41 |
| Müller | Alois | Dietikon | 1952 | 01:29:00 |
| Müller | Andreas | Zugerberg | 1976 | 00:36:24 |
| Müller | Arthur E. | Affoltern am Albis | 1933 | 02:21:04 |
| Müller | Beat | Genève | 1962 | 01:21:43 |
| Müller | Beatrice | Nänikon | 1956 | 00:41:27 |
| Müller | Bernhard | Wald ZH | 1958 | 01:24:35 |
| Müller | Carmen | MuttENZ | 1975 | 00:40:37 |
| Müller | Charlotte | Affoltern am Albis | 1967 | 00:30:58 |
| Müller | Cornel | Dachsen | 1975 | 00:39:46 |
| Müller | Edith | Uster | 1964 | 00:42:02 |
| Müller | Erich | Uitikon Waldegg | 1968 | 00:39:50 |

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|------------|----------------|-----------------------|------|----------|
| Müller | Eva | Grüningen | 1941 | 02:04:47 |
| Müller | Frank | Aetingen | 1960 | 01:30:11 |
| Müller | Hans | Steinhausen | 1942 | 01:29:18 |
| Müller | Hans-Peter | Nänikon | 1952 | 01:39:03 |
| Müller | Heinrich | Hombrechtikon | 1951 | 01:38:29 |
| Müller | Heinz | Uster | 1955 | 01:32:08 |
| Müller | Hugo | Dürnten | 1946 | 01:54:06 |
| Müller | Ida | Muttenz | 1947 | 00:39:04 |
| Müller | Jaques | Môtiers NE | 1962 | 01:10:23 |
| Müller | Johann Joseph | Bolligen Dorf | 1944 | 01:22:18 |
| Müller | Kurt | Meierskappel | 1951 | 01:09:18 |
| Müller | Marcel | Zürich | 1958 | 01:40:48 |
| Müller | Marcel | Nänikon | 1978 | 00:40:53 |
| Müller | Marco | Winterthur | 1968 | 00:36:13 |
| Müller | Marianne | Bolligen Dorf | 1947 | 01:31:51 |
| Müller | Marius | Dachsen | 1976 | 00:39:47 |
| Müller | Markus | Forch | 1960 | 01:44:35 |
| Müller | Neville Gerald | Uitikon Waldegg | 1970 | 00:43:10 |
| Müller | Nick | Oberrieden | 1942 | 01:27:02 |
| Müller | Paul | Zürich | 1937 | 01:51:00 |
| Müller | Peter | Grüningen | 1943 | 01:17:50 |
| Müller | Peter | Frauenfeld | 1961 | 01:29:42 |
| Müller | Regula | Oberentfelden | 1966 | 00:40:03 |
| Müller | Richard | Rorbas-Freienstein | 1945 | 01:17:28 |
| Müller | Rosmarie | Meierskappel | 1958 | 01:13:38 |
| Müller | Ruedi | Dottikon | 1950 | 01:35:31 |
| Müller | Salomon | Steinmaur | 1969 | 00:25:58 |
| Müller | Simone | Zürich | 1968 | 00:44:03 |
| Müller | Susi | Muttenz | 1973 | 00:39:47 |
| Müller | Willi | Uster | 1940 | 01:31:48 |
| Müller | Willi | Pfäffikon ZH | 1955 | 01:45:26 |
| Müllhaupt | Hans Jörg | Adlikon b. Regensdorf | 1944 | 01:13:10 |
| Muntwiler | Ewald | Bözberg | 1941 | 01:24:45 |
| Munz | Elsa | Zürich | 1923 | 00:45:37 |
| Murbach | Umberto | Horgen | 1948 | 01:29:07 |
| Muschg | Philipp | Kilchberg ZH | 1970 | 00:34:48 |
| Nachtigall | Heinz | Wernetshausen | 1954 | 01:41:22 |
| Naef | Hermann | Spreitenbach | 1927 | 02:00:06 |
| Naef | Martin | Wallisellen | 1945 | 01:42:30 |
| Naef | Peter | Oberengstringen | 1946 | 01:31:29 |
| Naef | Rita | Spreitenbach | 1936 | 00:41:46 |
| Naef | Roger | Winterthur | 1969 | 00:34:26 |
| Naegeli | Heiri | Uster | 1909 | 02:36:32 |
| Naegeli | Maria | Eschenbach SG | 1944 | 02:27:33 |
| Naegeli | Theo | Langnau am Albis | 1946 | 01:33:56 |
| Naeher | Urs | Hintereggen | 1934 | 01:38:53 |
| Nagel | Kurt | Wallisellen | 1950 | 01:26:41 |
| Nanz | Barbara | Adetswil | 1961 | 01:45:51 |
| Nater | Käthi | Zürich | 1953 | 00:43:07 |
| Nater | Roger | Zürich | 1950 | 01:25:51 |
| Nauer | Andy | Zürich | 1970 | 00:29:11 |
| Nay | Alfons | Disentis/Mustér | 1947 | 01:33:24 |
| Nef | Hansueli | Kleindöttingen | 1952 | 01:27:22 |
| Nef | Peter | Wädenswil | 1953 | 01:37:06 |

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|----------------|-------------|------------------------|------|----------|
| Nef | Werner | Urnäsch | 1969 | 00:29:43 |
| Neff | Thomas | Zürich | 1952 | 01:31:22 |
| Neff-Keller | Juerg | Wetzikon ZH | 1959 | 01:55:27 |
| Negrassus | Helmuth | Adlikon b. Regensdorf | 1940 | 01:32:57 |
| Neher | Stephan | Wikon | 1945 | 01:15:48 |
| Neidhardt | Helmuth | Urdorf | 1946 | 01:36:03 |
| Nemeth | Ruedi | Embrach | 1955 | 01:57:30 |
| Nett | Ivan | Goldach | 1974 | 00:30:47 |
| Neuenschwander | Andre | Zuchwil | 1957 | 01:33:12 |
| Neuenschwander | Rolf | Greifensee | 1959 | 01:42:23 |
| Neukom | Andreas | Adliswil | 1956 | 01:16:01 |
| Neukom | Markus | Zürich | 1967 | 01:49:20 |
| Neukomm | Beat | Zürich | 1970 | 00:40:15 |
| Neunecker | Bernd | Nänikon | 1939 | 01:30:03 |
| Neuwiler | Peter | Zürich | 1960 | 01:18:01 |
| Niederberger | Hanspeter | Künten | 1951 | 01:21:40 |
| Niederer | Marcel | Wallisellen | 1948 | 01:52:22 |
| Niederer | Michael | Stetten AG | 1968 | 00:33:02 |
| Niederer | Stefan | Uster | 1973 | 00:33:04 |
| Niederer | Willi | Uster | 1944 | 01:14:31 |
| Niederhauser | Fritz | Stans | 1915 | 02:08:12 |
| Niederhauser | Silvia | Kloten | 1970 | 00:49:19 |
| Niederhauser | Ueli | Kloten | 1940 | 01:46:03 |
| Nievergelt | ? | Fällanden | 1957 | 00:47:20 |
| Nievergelt | Markus | Fällanden | 1950 | 01:31:15 |
| Niffenegger | Viktor | Hinwil | 1952 | 01:23:27 |
| Nigg | Christian | Männedorf | 1969 | 00:30:12 |
| Niggli | Christian | Chur | 1943 | 01:14:10 |
| Niklaus | Erich | Feldmeilen | 1967 | 01:51:42 |
| Nitsche | Lars | Wolfhausen | 1966 | 01:55:44 |
| Nobs | Marcel | Kilchberg ZH | 1964 | 01:24:50 |
| Noetzli | Hannes | Bülach | 1945 | 01:25:37 |
| Noetzli | Markus | Zürich | 1956 | 01:51:39 |
| Nonella | Monika | Neuhausen am Rheinfall | 1951 | 01:51:08 |
| Nonella | Roberto | Neuhausen am Rheinfall | 1952 | 01:27:43 |
| Nosari | Pedro | Zürich | 1948 | 01:15:37 |
| Noth | Serge | Oberhasli | 1967 | 01:40:01 |
| Notter | Daniel | Widen | 1966 | 01:18:31 |
| Nuesch | Hans-Rudolf | Balgach | 1942 | 01:14:04 |
| Nuesch | Rene | Obfelden | 1959 | 00:29:58 |
| Nuesch | Reto | Greifensee | 1947 | 01:41:33 |
| Nuessli | Kurt | Zürich | 1951 | 01:26:17 |
| Nungess | Heinz | Oetwil am See | 1943 | 01:23:26 |
| Nussbaumer | Beat | Mönchaltorf | 1960 | 01:32:07 |
| Nussli | Jack | Montreal | 1936 | 01:50:31 |
| Nüssli | Susan | Pfäffikon ZH | 1955 | 01:22:02 |
| Nydegger | Ernst | Galgenen | 1952 | 01:42:18 |
| Nyfeler | Manfred | Fällanden | 1947 | 01:37:30 |
| Nyffenegger | Hanspeter | Basel | 1954 | 01:31:58 |
| Nyffenegger | Lorenz | Burgdorf | 1963 | 01:13:34 |
| Oberhaensli | Rolf | Affoltern am Albis | 1951 | 01:32:12 |
| Oberholzer | Herbert | Dietlikon | 1951 | 01:17:38 |
| Oberholzer | Kurt | Wettswil | 1934 | 01:46:49 |
| Obrist | Hans | Gebenstorf | 1950 | 01:45:14 |

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|-------------|-------------|-------------------------|------|----------|
| Obrist | Hans-Peter | Dübendorf | 1946 | 01:27:51 |
| Ochsner | Barbara | Wald ZH | 1966 | 00:46:53 |
| Odermatt | Doris | Steinhausen | 1961 | 00:37:33 |
| Odermatt | Francois | Einsiedeln | 1951 | 01:44:02 |
| Odermatt | Guido | Oberägeri | 1959 | 01:18:51 |
| Oertle | Gisela | Embrach | 1970 | 00:47:57 |
| Oertle | Hans-Rudolf | Bassersdorf | 1941 | 01:26:14 |
| Oesch | Alfons | Uster | 1942 | 01:57:39 |
| Oetiker | Werner | Hombrechtikon | 1947 | 01:28:46 |
| Ogg | Bruno | Thalwil | 1937 | 01:36:07 |
| Okle | Pirmin | Uster | 1964 | 00:33:41 |
| Oppliger | Hans-Joerg | Niederrohrdorf | 1956 | 01:27:38 |
| Oppliger | Martine | Sementina | 1957 | 01:10:49 |
| Oswald | Christine | Hundwil | 1947 | 01:41:48 |
| Oswald | Martin | Hundwil | 1977 | 00:38:43 |
| Oswald | Martin | Dübendorf | 1947 | 01:32:07 |
| Osinga | Hans | Bertschikon (Gossau ZH) | 1952 | 01:25:38 |
| Ostertag | Andreas | Herrliberg | 1957 | 01:08:19 |
| Osterwalder | Franz | Hombrechtikon | 1937 | 02:00:58 |
| Osterwalder | Marina | Zürich | 1960 | 02:08:53 |
| Osterwalder | Urban | Dübendorf | 1967 | 01:26:26 |
| Oswald | Hansruedi | Bönigen b. Interlaken | 1948 | 01:48:23 |
| Ott | Adolf | Winterthur | 1934 | 01:46:43 |
| Ott | Andres | Uster | 1974 | 00:35:23 |
| Ott | Kathrin | Uster | 1967 | 00:36:49 |
| Ott | Mariann | Uster | 1943 | 00:40:43 |
| Ott | René | Hittnau | 1961 | 01:08:48 |
| Ott | Simone | Bern | 1971 | 00:34:25 |
| Ottiker | Juerg | Arlesheim | 1947 | 01:26:56 |
| Padeste | Elisabeth | Horgen | 1938 | 01:40:29 |
| Padeste | Rudolf | Horgen | 1942 | 01:36:44 |
| Padrutt | Rosmarie | Zürich | 1952 | 00:38:23 |
| Paetz | Hubert | Urdorf | 1948 | 01:49:37 |
| Pantilo | Armando | Aarau | 1947 | 01:25:58 |
| Pappe | Markus | Hermetschwil-Staffeln | 1950 | 01:30:39 |
| Pardon | Fraenzi | Zürich | 1964 | 01:50:49 |
| Passini | Claudio | Binz | 1961 | 01:20:13 |
| Pauli | Hansruedi | Uster | 1945 | 01:18:02 |
| Peck | Cristian | Gossau ZH | 1968 | 00:28:52 |
| Peck | Daniel | Turgi | 1964 | 00:33:17 |
| Peck | Thomas | Dübendorf | 1956 | 00:32:19 |
| Pedrazza | Urs | Zürich | 1967 | 01:40:02 |
| Peduzzi | Marcel | Wangen ZH | 1962 | 01:28:34 |
| Pellegrini | Andy | Uster | 1978 | 00:48:50 |
| Pellegrini | Stephan | Uster | 1975 | 00:32:22 |
| Peluso | Raffael | Einsiedeln | 1967 | 01:31:44 |
| Perler | Gerard | Zollikerberg | 1949 | 01:24:52 |
| Perlia | Philippe | Zürich | 1955 | 01:26:49 |
| Perrenoud | Germaine | Embrach | 1948 | 00:40:47 |
| Pescia | Kurt | Dino | 1933 | 01:44:01 |
| Peter | Arthur | Rickenbach ZH | 1946 | 01:27:55 |
| Peter | Brigitta | Rüti ZH | 1954 | 01:35:10 |
| Peter | Elisabeth | Bern | 1961 | 00:38:18 |
| Peter | Fritz | Greifensee | 1946 | 02:00:41 |

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|-------------|----------|-------------------------|------|----------|
| Peter | Heinz | Illnau | 1935 | 01:43:12 |
| Peter | Jakob | Marthalen | 1953 | 01:19:13 |
| Peter | Josef | Neuenkirch | 1949 | 01:05:19 |
| Peter | Max | Zürich | 1957 | 01:25:44 |
| Peter | Max | Rüti ZH | 1945 | 01:22:02 |
| Peter | Peter | Männedorf | 1966 | 01:08:45 |
| Peter | Regina | Wil ZH | 1950 | 01:31:49 |
| Peter | Renate | Schwerzenbach | 1970 | 00:48:34 |
| Peter | Roland | Wetzikon ZH | 1961 | 01:55:01 |
| Peter | Stéphane | Bertschikon (Gossau ZH) | 1975 | 00:33:49 |
| Peter | Thomas | Oberstammheim | 1969 | 00:31:00 |
| Peterhans | Beat | Wallisellen | 1948 | 01:18:22 |
| Peterhans | Josef | Mellingen | 1942 | 01:35:13 |
| Peterhans | Rene | Horgen | 1945 | 01:56:28 |
| Petovello | Roberto | Uster | 1968 | 00:31:19 |
| Petrocchi | Didi | Zürich | 1940 | 01:22:28 |
| Petroni | Bruno | Matten b. Interlaken | 1962 | 01:12:54 |
| Petroni | Markus | Spiezwiler | 1960 | 01:36:08 |
| Petruzzi | Esther | Seuzach | 1947 | 00:43:06 |
| Petruzzi | Irene | Seuzach | 1972 | 00:42:37 |
| Petschen | Fritz | Uster | 1941 | 01:41:15 |
| Petzold | Peter | Konstanz | 1939 | 01:33:16 |
| Peyer | Heidi | Vordemwald | 1948 | 01:32:45 |
| Peyer | Kaethi | Vordemwald | 1945 | 01:36:38 |
| Pfaeffli | Marc | Frauenfeld | 1953 | 01:49:39 |
| Pfaeffli | Robert | Zürich | 1946 | 01:41:34 |
| Pfamatter | Stefan | Liestal | 1961 | 01:16:34 |
| Pfefferkorn | Kurt | Zürich | 1942 | 01:33:03 |
| Pfefferkorn | Margrit | Pfaffhausen | 1946 | 01:47:44 |
| Pfeifer | Annette | Wädenswil | 1958 | 01:40:11 |
| Pfeifer | Emil | Wädenswil | 1940 | 01:52:46 |
| Pfeiffer | Erika | Lommiswil | 1963 | 01:50:48 |
| Pfeiffer | Klaus | Lommiswil | 1958 | 01:24:27 |
| Pfeiffer | Kurt | Kilchberg ZH | 1959 | 01:36:44 |
| Pfenninger | Hans | Kloten | 1943 | 01:10:59 |
| Pfenninger | Judith | Wallisellen | 1950 | 00:36:11 |
| Pfenninger | Roland | Uster | 1967 | 01:41:49 |
| Pfister | Bruno | Hintereggen | 1958 | 01:43:47 |
| Pfister | Jean | Wangen a. Aare | 1952 | 01:11:48 |
| Pfister | Juerg | Illnau | 1943 | 01:38:05 |
| Pfister | Sibylla | Tann | 1958 | 00:39:42 |
| Pfister | Walter | Dietlikon | 1940 | 01:59:56 |
| Pfund | Paul | Biberstein | 1934 | 01:41:36 |
| Pfyl | Arnold | Rüti ZH | 1942 | 00:34:53 |
| Picano | Roberto | Reutlingen (Winterthur) | 1970 | 00:36:21 |
| Pichler | Rolf | Uster | 1960 | 01:45:23 |
| Pieder | Wieland | Sumvitg | 1951 | 01:43:33 |
| Pieren | Manuela | Bern | 1957 | 00:43:32 |
| Piffaretti | Claire | Bubikon | 1944 | 01:42:04 |
| Piffaretti | Franco | Bubikon | 1942 | 01:42:02 |
| Piguet | Arlette | Zürich | 1957 | 01:22:30 |
| Pillet | Pascal | Vétroz | 1955 | 01:37:57 |
| Pinard | Robert | Adliswil | 1948 | 01:26:20 |
| Pinou | Philippe | Valreas | 1933 | 01:13:27 |

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|-------------|-----------------|-------------------------|------|----------|
| Pittet | Dominique | Hinteregg | 1971 | 00:31:11 |
| Pitz | Silvia | Benglen | 1955 | 01:46:45 |
| Platzgummer | Walter | Naturns (BZ) | 1958 | 01:11:20 |
| Portmann | Alfred | Oberengstringen | 1953 | 01:28:23 |
| Portmann | Karl | Zuoz | 1955 | 01:26:14 |
| Poznik | Daniel | Fällanden | 1972 | 00:36:29 |
| Preisig | Max | Effretikon | 1946 | 01:31:23 |
| Pretali | Andre | Wallisellen | 1968 | 00:39:06 |
| Prevot | Anne-Marie | Uster | 1948 | 00:50:57 |
| Prévôt | Peter | Uster | 1948 | 01:51:19 |
| Probst | Beat | Busswil b. Büren | 1966 | 01:23:10 |
| Probst | Markus | Neuenegg | 1957 | 01:29:28 |
| Probst | Olav | Buochs | 1963 | 01:49:53 |
| Prokop | Nicole | Fislisbach | 1974 | 00:34:09 |
| Puliafito | Franco | Winterthur | 1943 | 01:35:08 |
| Pult | Adrian | Ebmatingen | 1970 | 00:34:08 |
| Pult | Margrit | Ebmatingen | 1941 | 00:45:16 |
| Pult | Niklaus | Ebmatingen | 1936 | 01:41:10 |
| Quadri | Francesco | Gossau ZH | 1951 | 01:51:36 |
| Rabazzo | Daniel | Wil SG | 1973 | 00:29:08 |
| Rabenbauer | Ludwig | Dietikon | 1955 | 01:26:46 |
| Rada | Gabriella Maria | Unterwasser | 1949 | 00:51:37 |
| Rado | Rolf | Dübendorf | 1956 | 01:23:55 |
| Raeber | Gottfried | Benglen | 1945 | 01:56:42 |
| Raess | Liselotte | Meiringen | 1945 | 00:37:25 |
| Ragazzi | Andrea | Zürich | 1973 | 00:40:46 |
| Ragazzi | Lukas | Zürich | 1976 | 00:43:06 |
| Ragazzi | Toni | Zürich | 1944 | 01:43:12 |
| Raggi | Raoco | Zürich | 1950 | 01:49:28 |
| Ramseyer | Hans | Muri b. Bern | 1936 | 01:37:58 |
| Rankwiler | Toni | Sargans | 1960 | 01:44:50 |
| Rapold | Hans | Rheinau | 1952 | 01:50:59 |
| Rasche | Luise | Zürich | 1967 | 00:41:42 |
| Rast | Alois | Winterthur | 1945 | 01:20:15 |
| Rast | Esther | Reutlingen (Winterthur) | 1972 | 00:38:49 |
| Rast | Marlies | Reutlingen (Winterthur) | 1945 | 01:30:06 |
| Rast | Priska | Reutlingen (Winterthur) | 1975 | 00:39:24 |
| Rathje | Rainer | Männedorf | 1947 | 01:36:38 |
| Rausch | Friedhelm | Dübendorf | 1940 | 01:31:38 |
| Rauser | Juerg | Ebmatingen | 1970 | 00:32:02 |
| Rechsteiner | Hanspeter | Flawil Botsberg | 1948 | 01:48:16 |
| Rechsteiner | Roland | Rickenbach ZH | 1954 | 01:35:58 |
| Reich | Roger | Winterthur | 1969 | 00:29:43 |
| Reichlin | Josef | Winterthur | 1949 | 01:42:34 |
| Reichmuth | Walter | Zürich | 1970 | 01:26:30 |
| Reifler | Roland | Nürens Dorf | 1965 | 01:45:16 |
| Reinhardt | Christoph | Bertschikon (Gossau ZH) | 1946 | 01:44:35 |
| Reinhart | Thomas | Bertschikon (Gossau ZH) | 1958 | 01:21:22 |
| Reller | Beat | Zürich | 1968 | 00:30:51 |
| Relstab | Werner | Zürich | 1954 | 01:20:33 |
| Rempfler | Markus | Hittnau | 1959 | 01:20:27 |
| Remund | Viktor | Lotzwil | 1941 | 01:50:22 |
| Rengger | Andre | Adliswil | 1960 | 01:33:55 |
| Renn | Alois | Zürich | 1949 | 01:30:55 |

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|---------------|------------|---------------|------|----------|
| Renn | Charlotte | Zürich | 1951 | 00:43:21 |
| Rettich | Florian | Horgen | 1929 | 01:27:00 |
| Rettich | Jakob | Mönchaltorf | 1948 | 01:28:53 |
| Reusch | Alexander | Rüti ZH | 1973 | 00:35:09 |
| Reusch | Helmut | Rüti ZH | 1936 | 01:38:22 |
| Reusch | Thomas | Rüti ZH | 1969 | 00:35:10 |
| Reuss | Roger | Hombrechtikon | 1965 | 00:34:18 |
| Reusser | Stefan | Bonaduz | 1978 | 01:27:01 |
| Rhyn | Guido | Oberwil-Lieli | 1957 | 01:04:48 |
| Ribary | Remo | Hintereggen | 1959 | 01:23:20 |
| Richle | Elisabeth | Zürich | 1950 | 00:35:48 |
| Richli | Claudia | Osterfingen | 1969 | 00:34:45 |
| Richli | Stephan | Au ZH | 1966 | 00:28:28 |
| Richter | Michael | Wollerau | 1952 | 01:19:56 |
| Rickenbacher | Oliver | Jona | 1974 | 00:35:54 |
| Rickert | Karl-Heinz | Kloten | 1948 | 01:17:42 |
| Rickli | Robi | Fällanden | 1964 | 01:32:25 |
| Rickli | Walter | Schwanden GL | 1952 | 01:18:57 |
| Ricklin | Peter | Heerbrugg | 1964 | 01:13:22 |
| Ricklin | Pia | Ricken SG | 1968 | 01:33:51 |
| Ried | Renate | Dietlikon | 1969 | 00:45:38 |
| Riedel | Christian | Winterthur | 1967 | 01:12:08 |
| Rieder | Beat | Zürich | 1955 | 01:47:09 |
| Rieder | Christian | Greifensee | 1973 | 00:34:49 |
| Rieder | Matthias | Kloten | 1960 | 00:31:09 |
| Riedi | Hansjuerg | Sirnach | 1943 | 01:21:06 |
| Rieger | Christian | Stäfa | 1971 | 00:30:22 |
| Riegg | Fritz | Glarus | 1957 | 01:09:09 |
| Riegler | Edi | Hedingen | 1942 | 01:18:15 |
| Riegler | Hans | Brugg AG | 1954 | 01:47:05 |
| Riesen | Hansueli | Oberglatt ZH | 1949 | 01:23:18 |
| Riess | Hubert | Burgoberbach | 1956 | 01:20:52 |
| Rimann | Markus | Mühleberg | 1956 | 01:16:21 |
| Rimensberger | Sandra | Zürich | 1969 | 00:37:38 |
| Rinderknecht | Georges | Winterthur | 1957 | 01:29:25 |
| Rinderknecht | Ueli | Feldmeilen | 1955 | 01:31:28 |
| Rinderknecht | Yvonne | Uster | 1957 | 01:39:26 |
| Rindlisbacher | Jost | Biel/Bienne | 1957 | 01:12:19 |
| Rindlisbacher | Martin | Zürich | 1970 | 00:36:15 |
| Ringer | Werner | Greifensee | 1943 | 01:47:17 |
| Ringger | Elsbeth | Eggersriet | 1945 | 00:37:15 |
| Ringger | Kurt | Eggersriet | 1940 | 01:34:47 |
| Ringger | Lilly | Altstätten SG | 1964 | 00:33:01 |
| Risch | Hansjoerg | Schaan | 1942 | 02:06:51 |
| Rischl | Peter | Baar | 1957 | 01:08:09 |
| Risi | Walter | Greifensee | 1956 | 01:19:05 |
| Ritter | Ernst | Ittigen | 1949 | 01:29:50 |
| Ritter | Juerg | Greifensee | 1948 | 02:01:56 |
| Ritter | Maria | Ittigen | 1948 | 00:50:49 |
| Ritter | Rolf | Maur | 1954 | 01:18:20 |
| Ritter | Thomas | Hintereggen | 1968 | 00:30:20 |
| Rittsteiger | Sigrid | Lottstetten | 1966 | 00:48:45 |
| Ritz | Brigitte | Jona | 1946 | 01:48:01 |
| Ritz | Hans | Gommiswald | 1963 | 01:19:09 |

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|----------------|------------|----------------------------|------|----------|
| Rizzi | Marco | Domat/Ems | 1971 | 00:27:14 |
| Rizzi | Petra | Domat/Ems | 1976 | 00:37:21 |
| Robert-Tissot | Willy | Uster | 1954 | 01:53:05 |
| Rocco | Salvatore | Schwerzenbach | 1960 | 01:15:47 |
| Rochat | Etienne | Pfäffikon SZ | 1950 | 01:39:24 |
| Roduner | Diego | Feldmeilen | 1943 | 01:33:55 |
| Roduner | Hans Peter | Bülach | 1960 | 00:32:27 |
| Roduner | Rosette | Nürens Dorf | 1946 | 01:37:25 |
| Roehricht | Peter | Zürich | 1946 | 00:37:06 |
| Roellin | Brigitte | Schaffhausen | 1959 | 01:30:52 |
| Roellin | Bruno | Birmensdorf ZH | 1955 | 01:24:39 |
| Roemer | Marcel | Zürich | 1957 | 01:27:58 |
| Roessler | Lucas | Greifensee | 1973 | 00:35:43 |
| Roessler | Marianne | Zweisimmen | 1959 | 00:32:55 |
| Roethlisberger | Walter | Niederbipp | 1942 | 01:29:14 |
| Roffler | Heinz | Grüsch | 1921 | 01:43:36 |
| Roffler | Kurt | Grüsch | 1959 | 01:13:13 |
| Roffler | Margreth | Chur | 1963 | 01:34:01 |
| Rogentin | Ruth | Bern | 1959 | 00:44:06 |
| Roggenmoser | Joe | Richterswil | 1947 | 01:30:06 |
| Rohner | Christoph | Romanshorn | 1964 | 01:35:39 |
| Rohner | Jakob | Binz | 1928 | 01:44:28 |
| Rohner | Peter | Stetten SH | 1955 | 01:26:48 |
| Rohner | Peter | Deisswil b. Münchenbuchsee | 1948 | 01:33:16 |
| Rohner | Roland | Rüschlikon | 1939 | 02:00:23 |
| Rohrbach | Urs | Gibswil-Ried | 1963 | 00:29:55 |
| Rohweder | Karsten | Hintereg | 1959 | 01:12:12 |
| Rohweder | Soeren | Hintereg | 1960 | 01:24:58 |
| Roka | Gyula | Zürich | 1943 | 01:30:47 |
| Roller | Edi | Siebnen | 1945 | 01:17:11 |
| Rolli | Fritz | Liebfeld | 1947 | 01:33:43 |
| Rolli | Heinz | Schwerzenbach | 1946 | 01:14:12 |
| Rolli | Theres | Wallisellen | 1950 | 00:38:57 |
| Rolli | Willi | Wallisellen | 1948 | 01:16:47 |
| Romann | Peter | Schleinikon | 1966 | 01:33:34 |
| Roner | Madlaina | Feldbach | 1971 | 00:50:41 |
| Roos | Niklaus | Root | 1941 | 01:14:39 |
| Roschi | Rosmarie | Ottikon (Gossau ZH) | 1950 | 00:41:35 |
| Rosenast | Franz | Dietikon | 1943 | 01:42:13 |
| Rosenberger | Marie Loui | Pfäffikon SZ | 1952 | 01:56:21 |
| Rosenberger | Rolf | Wettswil | 1960 | 01:43:51 |
| Rosenberger | Rudolf | Thalwil | 1944 | 01:42:47 |
| Roser | Ditmar | Lottstetten | 1955 | 01:25:53 |
| Roshardt | Stefan | Windisch | 1966 | 00:35:42 |
| Roshardt | Werner A. | Zürich | 1960 | 00:34:59 |
| Rosner | Gerhard | Langnau am Albis | 1936 | 01:37:13 |
| Rosset | Patrick | Zofingen | 1971 | 00:35:04 |
| Rossi | Franco | Matten b. Interlaken | 1960 | 01:48:12 |
| Rossi | Marco | Unterseen | 1961 | 01:33:34 |
| Rossi | Venanzio | Chur | 1966 | 01:49:04 |
| Rossier | Catherine | Nyon | 1962 | 00:40:51 |
| Rossi-Ninchi | Mario | Gümligen | 1951 | 01:26:57 |
| Rota | Bruno | Zürich | 1950 | 01:52:23 |
| Roth | Alexander | Frankfurt a.M.71 | 1948 | 01:12:21 |

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|----------------|-----------|-------------------------|------|----------|
| Roth | Hans | Zürich | 1955 | 01:37:45 |
| Rothacher | Edgar | Gwatt (Thun) | 1941 | 01:43:35 |
| Rothenbühler | Heinz | Effretikon | 1960 | 01:35:44 |
| Rothenbühler | Piera | Winterthur | 1959 | 01:46:15 |
| Röthlin | Hans | Rorbas-Freienstein | 1950 | 01:40:58 |
| Rothlin | Walter | Bülach | 1945 | 01:37:46 |
| Rothmund | Marcel | Dübendorf | 1953 | 00:46:57 |
| Rottmann | Falk | Illnau | 1941 | 01:42:47 |
| Rouller | Maurice | Glattbrugg | 1940 | 01:53:38 |
| Rousseau | J.Marie | Genève | 1944 | 01:50:38 |
| Roy | Michel | Muri b. Bern | 1946 | 01:32:04 |
| Ruch | Hansruedi | Uster | 1953 | 01:50:19 |
| Ruckstuhl | Andre | Niederweningen | 1948 | 01:35:33 |
| Rudolph | Mike | Küsnacht ZH | 1965 | 01:36:13 |
| Rueda-Oppliger | Fabiola | Corsier GE | 1963 | 01:16:49 |
| Ruedemann | Ivo | Winterthur | 1964 | 01:24:13 |
| Rüedlinger | Walter | Greifensee | 1950 | 01:43:18 |
| Rueegg | August | Kloten | 1942 | 01:27:56 |
| Rueegg | Brigitte | Kloten | 1945 | 01:34:00 |
| Rueegg | Franz | Uster | 1940 | 01:25:50 |
| Rueegg | Kurt | Pfäffikon SZ | 1952 | 01:18:00 |
| Rueegg | Max | Balterswil | 1952 | 01:04:27 |
| Rueegg | Willi | Bertschikon (Gossau ZH) | 1959 | 01:26:06 |
| Rueegger | Reto | Stäfa | 1970 | 00:31:08 |
| Rueger | Claude | Langnau am Albis | 1945 | 01:32:35 |
| Rüegg | Andreas | Küsnacht ZH | 1946 | 01:36:06 |
| Rüegg | Bruno | Rüti ZH | 1941 | 01:44:28 |
| Rüegg | Ernst | Jona | 1952 | 01:22:35 |
| Ruegg | Hans | Rüti ZH | 1946 | 01:43:29 |
| Ruegg | Marianne | Uster | 1964 | 00:40:36 |
| Rüegg | Niklaus | Eschenbach SG | 1945 | 01:16:29 |
| Rüegg | Paul | Jona | 1949 | 01:29:14 |
| Ruegg | Ueli | Wattwil | 1946 | 00:39:22 |
| Rüegg | Werner | Uster | 1956 | 01:38:48 |
| Rüegg | Werner | Aathal-Seegräben | 1946 | 01:24:08 |
| Ruesch | Andri | Gossau ZH | 1969 | 00:31:28 |
| Ruesch | Carl | Gossau ZH | 1935 | 01:38:05 |
| Ruesch | Markus | Bethelhausen | 1969 | 00:34:30 |
| Ruesch | Robin | Bethelhausen | 1975 | 00:32:07 |
| Ruest | Erich | Jona | 1973 | 00:29:13 |
| Ruetschi | Fabian | Zollikon Dorf | 1979 | 00:48:50 |
| Ruetschi | Joerg | Zollikon Dorf | 1976 | 00:38:42 |
| Ruetschi | Klaus A. | Zollikon Dorf | 1945 | 01:49:08 |
| Ruetti | Felix | Zürich | 1962 | 01:23:33 |
| Ruettimann | Christian | Zugerberg | 1920 | 01:41:42 |
| Rüfenacht | Hanspeter | Rüti ZH | 1960 | 01:27:11 |
| Rüfenacht | Hanspeter | Zürich | 1942 | 01:27:34 |
| Rufer | Peter | Wald ZH | 1945 | 01:43:03 |
| Ruggli | Madeleine | Rapperswil SG | 1964 | 00:42:30 |
| Ruhstaller | Adrian | Lenzburg | 1973 | 00:31:49 |
| Ruoss | Kerstin | Tuggen | 1973 | 00:38:50 |
| Ruoss | Thomas | Jona | 1972 | 00:32:52 |
| Ruppaner | Andi | Kindhausen | 1946 | 01:19:29 |
| Ruppert | Luzi | Feldmeilen | 1945 | 01:41:46 |

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|----------------|--------------|----------------------|------|----------|
| Rusch | Max | Niederuzwil | 1950 | 01:22:38 |
| Rusconi | Diego | Uster | 1970 | 00:30:45 |
| Russ | Otto | Turbenthal | 1940 | 01:55:22 |
| Rusterholz | Fritz | Herrliberg | 1941 | 01:28:31 |
| Rusterholz | Fritz | Herrliberg | 1968 | 00:26:31 |
| Rutishauser | Martin | Oetwil am See | 1967 | 00:31:02 |
| Rutishauser | Moritz | Romanshorn | 1946 | 01:15:44 |
| Rutishauser | Peter | Urdorf | 1953 | 01:36:46 |
| Rutishauser | Peter | Witterswil | 1953 | 01:22:32 |
| Rutschi | Fredi | Zürich | 1953 | 01:49:19 |
| Rutschi | Stefan | Dübendorf | 1962 | 01:35:54 |
| Rutschi | Walter | Greifensee | 1960 | 01:21:40 |
| Rüttimann | Christoph | Balgach | 1968 | 00:24:12 |
| Rüttimann | Erwin | Ellikon an der Thur | 1956 | 01:24:03 |
| Ruttkowski | Gudrun | Lottstetten | 1966 | 00:48:44 |
| Rutz | Bruno | Schwerzenbach | 1943 | 01:15:05 |
| Rychener | Ruth | Forch | 1949 | 01:41:26 |
| Ryffel | Irene | Zürich | 1969 | 00:38:45 |
| Ryffel | Markus | Allmendingen b. Bern | 1955 | 00:59:04 |
| Ryffel | Simone | Uster | 1977 | 00:42:58 |
| Ryffel | Viviane | Uster | 1978 | 00:43:40 |
| Ryser | Christian | Zürich | 1971 | 00:44:16 |
| Ryser | Ludwig | Wetzikon ZH | 1939 | 01:24:13 |
| Ryser | Niklaus | Bäretswil | 1941 | 00:41:31 |
| Ryser | Peter | Morges | 1951 | 01:20:34 |
| Sacher | Marco | Uster | 1973 | 00:31:32 |
| Sahli | Luzia | Einsiedeln | 1956 | 01:12:21 |
| Salathe | Noemi | Basel | 1963 | 00:46:00 |
| Salvi | Hans | Zürich | 1950 | 01:26:23 |
| Salzmann | Carmen | Aathal-Seegräben | 1944 | 00:37:23 |
| Salzmann | Josef | Hüttikon | 1940 | 01:30:45 |
| Sammarone | Antonio | Frauenfeld | 1939 | 01:26:13 |
| Sandmeier | Emil | Zürich | 1942 | 01:44:05 |
| Sandmeier | Werner | Zürich | 1945 | 02:25:00 |
| Sani | Franco | Zürich | 1927 | 01:58:44 |
| Sannemann | Andreas | Hegnau | 1972 | 00:36:02 |
| Sannemann | Flavia | Hegnau | 1976 | 00:43:52 |
| Sannemann | Heinrich | Hegnau | 1943 | 01:38:00 |
| Sannemann | Livia | Hegnau | 1978 | 00:43:48 |
| Sannemann | Margrith | Hegnau | 1940 | 00:42:16 |
| Sannemann | Melanie | Hegnau | 1974 | 00:40:47 |
| Santelli | Domenico | Zürich | 1952 | 01:36:39 |
| Santschi | Ueli | Lufingen | 1949 | 01:51:26 |
| Sany | Peter Thomas | Wollerau | 1958 | 01:31:59 |
| Saquino | Michele | Urdorf | 1950 | 01:23:23 |
| Saratz | Flori | Langnau am Albis | 1950 | 01:42:18 |
| Saratz | Gian | Forch | 1944 | 01:51:46 |
| Sassnick Spohn | Frauke | Winterthur | 1960 | 01:49:39 |
| Sato | Kenji | Wädenswil | 1937 | 01:32:03 |
| Sauter | Roger | Greifensee | 1965 | 01:40:30 |
| Saxer | Brigitte | Feldmeilen | 1962 | 00:40:34 |
| Saxer | Peter | Oetwil am See | 1949 | 01:26:21 |
| Schaad | Bettina | Nyon | 1964 | 00:36:20 |
| Schaad | Hans Martin | Benglen | 1948 | 01:57:19 |

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|----------------|-----------|-------------------------|------|----------|
| Schaad | Max | Schaffhausen | 1948 | 01:18:54 |
| Schaefer | Heinz | Schleinikon | 1957 | 01:40:20 |
| Schaefer | Rolf | Horgen | 1952 | 02:06:01 |
| Schaepli | Martin | Pontresina | 1959 | 01:08:04 |
| Schaellibaum | Lotti | Bonaduz | 1956 | 01:22:39 |
| Schaeppi | Renato | Zürich | 1968 | 00:38:28 |
| Schaeppi | Rolf | Unterehrendingen | 1959 | 01:39:39 |
| Schaer | Arlette | Nürens Dorf | 1950 | 01:50:46 |
| Schaer | Erich | Frauenfeld | 1949 | 01:36:00 |
| Schaer | Regina | Gümligen | 1950 | 00:39:30 |
| Schaer | Stefan | Reutlingen (Winterthur) | 1962 | 01:21:16 |
| Schaer | Werner | Nürens Dorf | 1946 | 01:51:41 |
| Schaerer | Juerg | Wettswil | 1943 | 01:22:37 |
| Schaerer | Markus | Bülach | 1965 | 01:36:04 |
| Schaerer | Matthias | Unteroehringen | 1975 | 00:30:32 |
| Schaerer | Patricia | Wettswil | 1946 | 00:34:47 |
| Schaerer | Rolf | Kloten | 1960 | 01:40:27 |
| Schaerer | Sandra | Hombrechtikon | 1976 | 00:38:39 |
| Schaetzle | Toni | Binz | 1950 | 01:14:40 |
| Schäfer | Roger | Nürens Dorf | 1970 | 00:31:09 |
| Schaffert | Roman | Schwerzenbach | 1943 | 01:38:42 |
| Schaffhauser | Paul | Kollbrunn | 1950 | 01:24:03 |
| Schaffluetzel | Peter | Wolfhausen | 1946 | 01:33:58 |
| Schäfli | Giovanni | Winterthur | 1947 | 01:13:55 |
| Schafroth | Adolf | Birmensdorf ZH | 1947 | 00:42:52 |
| Schafroth | Esther | Birmensdorf ZH | 1949 | 00:44:55 |
| Schafroth | Ruedi | Fehraltorf | 1954 | 01:22:31 |
| Schafroth | Ruth | Oetwil am See | 1956 | 01:46:52 |
| Schalch | Urs | Wohlen AG | 1957 | 01:27:48 |
| Schalcher | Fredy | Wallisellen | 1946 | 01:51:55 |
| Schalk | Rainer | Horheim | 1939 | 01:40:06 |
| Schaller | Hans | Grüt (Gossau ZH) | 1944 | 01:55:37 |
| Schaltegger | Caroline | Birchwil | 1973 | 00:42:42 |
| Schambron | Andreas | Feuerthalen | 1961 | 01:41:35 |
| Schanz | Ernst | Hinwil | 1946 | 01:39:40 |
| Schäppi | Rolf | Dänikon ZH | 1956 | 01:26:49 |
| Schär | Heinz | Gümligen | 1950 | 01:28:18 |
| Schaub | Ernst | Zürich | 1951 | 01:44:23 |
| Schaub | Marco | Uster | 1973 | 00:34:39 |
| Schaufelberger | Daniel | Hombrechtikon | 1975 | 00:37:18 |
| Schawalder | Fredi | Rüti ZH | 1934 | 01:41:00 |
| Scheibner | Hildegard | Rümlang | 1941 | 01:59:27 |
| Scheidegger | Adrian | Zürich | 1957 | 01:28:21 |
| Scheidegger | Hans | Zürich | 1934 | 01:46:45 |
| Scheidegger | Margrit | Oberglatt ZH | 1947 | 00:39:15 |
| Schewiller | Margrit | Amriswil | 1941 | 01:29:52 |
| Schelldorfer | Martin | Uster | 1978 | 00:42:01 |
| Schellenberg | Bengt | Glattpark (Opfikon) | 1966 | 01:14:23 |
| Schellenberg | Ernst | Kloten | 1939 | 01:34:46 |
| Schellenberg | Hans | Bülach | 1942 | 01:38:28 |
| Schellenberg | Markus | Bülach | 1973 | 00:38:30 |
| Schenk | Andrea | Uzwil | 1977 | 00:47:01 |
| Schenk | Beat | Schaffhausen | 1953 | 01:12:13 |
| Schenk | Felix | Wigoltingen | 1964 | 01:11:27 |

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|------------------|------------|-----------------|------|----------|
| Schenkel | Gabriela | Däniken SO | 1975 | 00:40:30 |
| Schenkel | Heinz | Zürich | 1949 | 01:40:17 |
| Schenkel | Kurt | Winterthur | 1948 | 01:42:11 |
| Schenkel | Rainer | Lantsch/Lenz | 1964 | 01:09:15 |
| Schenkel | Sonja | Däniken SO | 1975 | 00:43:19 |
| Schenker | Peter | Däniken SO | 1958 | 00:28:13 |
| Scherer | Osi | Ermenswil | 1963 | 01:12:57 |
| Scherer | Stefan | Emmenbrücke | 1961 | 02:13:58 |
| Scherleitner | Wilhelm | Dübendorf | 1939 | 01:25:28 |
| Scherler | Hansruedi | Münsingen | 1950 | 01:43:17 |
| Scherrer | Bruno | Männedorf | 1940 | 01:34:07 |
| Scherrer | Emil | Wiesendangen | 1955 | 01:29:40 |
| Scherrer | Felix | Bern | 1961 | 01:31:47 |
| Scherrer | Sigi | Vaduz | 1946 | 01:18:29 |
| Scherrer | Werner | Bütschwil | 1958 | 01:05:09 |
| Scherrer | Werner | Uster | 1947 | 01:37:59 |
| Scheuring | Guido | Wiesendangen | 1948 | 01:32:29 |
| Schiesser | Fritz | Flawil Botsberg | 1935 | 01:35:24 |
| Schildknecht Gut | Susi | Jonen | 1961 | 00:37:59 |
| Schilliger | Leo | Zürich | 1932 | 01:53:49 |
| Schilter | Hans | Eschenbach SG | 1941 | 01:47:15 |
| Schilter | Karl | Altorf | 1930 | 01:50:52 |
| Schindler | Elfriede | Wabern | 1927 | 01:45:41 |
| Schindler | Hansueli | Untersiggenthal | 1953 | 01:21:18 |
| Schindler | Peter | Bülach | 1941 | 01:32:58 |
| Schindler | Walter | Reinach BL | 1958 | 01:32:40 |
| Schlaepfer | Daniel | Lupsingen | 1964 | 01:07:01 |
| Schlaepfer | Iris | Feldbach | 1972 | 00:38:34 |
| Schlaepfer | Marcel | Stäfa | 1969 | 00:35:26 |
| Schlaepfer | Reto | Pfaffhausen | 1968 | 01:11:50 |
| Schlaepfer | Ursula | Muri AG | 1948 | 01:45:08 |
| Schläpfer | Samuel | Kreuzlingen | 1940 | 00:42:54 |
| Schläppi | Jörg | Bubikon | 1950 | 01:09:37 |
| Schlatter | Maja | Weisslingen | 1950 | 01:45:51 |
| Schlegel | Bruno | Zürich | 1964 | 01:39:42 |
| Schlegel | Hanspeter | Buchs SG | 1960 | 01:21:17 |
| Schleppi | Yves | Lignières | 1964 | 01:15:57 |
| Schleuniger | Guido | Klingnau | 1953 | 01:20:24 |
| Schleuniger | Peter | Klingnau | 1953 | 01:21:39 |
| Schloesser | Hugo | Bülach | 1949 | 01:40:33 |
| Schlunegger | Pierre-Ala | Wallisellen | 1953 | 01:39:59 |
| Schmalz | Hans | Oetwil am See | 1951 | 01:44:14 |
| Schmalz | Rolf | Uerikon | 1958 | 01:31:21 |
| Schmassmann | Rolf | Oberglatt ZH | 1966 | 01:28:57 |
| Schmassmann | Stubs | Bassersdorf | 1965 | 00:41:51 |
| Schmettler | Ferdinand | Finntrop | 1951 | 00:30:21 |
| Schmid | Alfred | Zürich | 1953 | 00:35:12 |
| Schmid | Andre | Zürich | 1954 | 01:22:33 |
| Schmid | Angi | Steinhausen | 1965 | 00:38:11 |
| Schmid | Barbara | Urdorf | 1963 | 01:49:51 |
| Schmid | Beat | Dielsdorf | 1948 | 01:33:53 |
| Schmid | Bruno | Walenstadt | 1962 | 01:12:05 |
| Schmid | Bruno | Schaffhausen | 1960 | 01:24:29 |
| Schmid | Dani | Lachen SZ | 1970 | 00:29:10 |

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|--------------|-----------|-------------------------|------|----------|
| Schmid | Erika | Buchs ZH | 1942 | 01:49:36 |
| Schmid | Gottfried | Ebmatingen | 1952 | 01:23:19 |
| Schmid | Hans | Buchs ZH | 1943 | 01:25:03 |
| Schmid | Heinrich | Horn | 1947 | 01:42:19 |
| Schmid | Karl Hans | Teufen AR | 1941 | 01:45:02 |
| Schmid | Klaus | Oberengstringen | 1942 | 01:28:19 |
| Schmid | Markus | Bassersdorf | 1965 | 01:29:29 |
| Schmid | Martin | Seuzach | 1953 | 01:35:35 |
| Schmid | Peter | Oetwil an der Limmat | 1948 | 01:20:03 |
| Schmid | Ruedi | Volketswil | 1967 | 01:26:13 |
| Schmid | Sämi | Frauenfeld | 1954 | 01:16:56 |
| Schmid | Thomas | Uster | 1965 | 01:38:18 |
| Schmid | Ulrich | Nänikon | 1963 | 01:17:35 |
| Schmidli | Christian | Daettlikon | 1949 | 01:20:39 |
| Schmidmajer | Gabi | Uster | 1966 | 00:36:59 |
| Schmidt | Martin | Reutlingen (Winterthur) | 1967 | 01:27:20 |
| Schmucki | Viktor | Dürnten | 1940 | 01:15:26 |
| Schmutz | Beat | Düdingen | 1943 | 01:44:45 |
| Schmutz | Cecile | Oetwil am See | 1955 | 01:24:41 |
| Schmutz | Werner | Männedorf | 1951 | 01:10:09 |
| Schneebeli | Hans | Volketswil | 1943 | 01:46:21 |
| Schneeberger | Genevieve | Weesen | 1946 | 00:37:43 |
| Schneeberger | Karin | Lotzwil | 1966 | 00:40:49 |
| Schneeberger | Michael | Weesen | 1974 | 00:35:41 |
| Schneeberger | Paul | Kehrsatz | 1940 | 01:37:07 |
| Schneider | Albin | Dübendorf | 1956 | 01:21:42 |
| Schneider | Alois | Oberwil-Lieli | 1962 | 01:30:36 |
| Schneider | Anita | Ermenswil | 1964 | 02:10:03 |
| Schneider | Christina | Uster | 1952 | 00:40:45 |
| Schneider | Christoph | Dübendorf | 1971 | 00:29:36 |
| Schneider | Elisabeth | Uster | 1949 | 01:38:10 |
| Schneider | Erika | Zürich | 1943 | 01:44:12 |
| Schneider | Georg | Therwil | 1944 | 01:41:36 |
| Schneider | Heinz | Basel | 1948 | 01:35:20 |
| Schneider | Markus | Rudolfstetten | 1951 | 01:33:12 |
| Schneider | Micheline | Uster | 1948 | 01:44:14 |
| Schneider | Pascale | Obfelden | 1976 | 00:37:28 |
| Schneider | Peter | Würenlos | 1939 | 01:35:21 |
| Schneider | Rudi | Bonaduz | 1937 | 01:18:42 |
| Schneider | Sabine | Zürich | 1967 | 01:25:38 |
| Schneider | Stefan | Uster | 1971 | 00:35:21 |
| Schneider | Thomas | Uster | 1970 | 00:34:02 |
| Schneider | Urs | Pfaffhausen | 1956 | 01:24:05 |
| Schneider | Werner | Uster | 1945 | 01:27:52 |
| Schneiter | Hansruedi | Zollikon | 1946 | 01:35:34 |
| Schneiter | Markus | Volketswil | 1951 | 01:45:19 |
| Schneiter | Rita | Volketswil | 1950 | 01:57:56 |
| Schneiter | Stefan | Schlieren | 1961 | 01:18:04 |
| Schnellmann | Kurt | Rapperswil SG | 1956 | 01:28:15 |
| Schnetzer | Kurt | Zürich | 1949 | 01:17:05 |
| Schnider | Bruno | Glattpark (Opfikon) | 1950 | 01:22:29 |
| Schnorf | Alfred | Dänikon ZH | 1941 | 01:31:19 |
| Schnoz | Norbert | Hinteregg | 1949 | 02:13:31 |
| Schnüriger | Erwin | Einsiedeln | 1963 | 01:04:34 |

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|----------------|--------------|-----------------|------|----------|
| Schnyder | Bruno | Oberengstringen | 1946 | 01:19:18 |
| Schnyder | Juerg | Ersigen | 1961 | 01:44:52 |
| Schnyder | Rolf | Oberengstringen | 1973 | 00:31:51 |
| Schnyder | Susanne | Kilchberg ZH | 1957 | 01:43:24 |
| Schnyder | Urs | Hittnau | 1957 | 01:10:36 |
| Schoch | Christian | Männedorf | 1972 | 00:38:17 |
| Schoch | Juerg | Oberrieden | 1943 | 01:23:07 |
| Schoeb | Stefan | Gränichen | 1961 | 01:05:10 |
| Schoeb | Urs | Buchs SG | 1964 | 01:06:24 |
| Scholz | Andreas | Winterthur | 1966 | 01:51:14 |
| Schönenberger | Marcel | Rüti ZH | 1948 | 01:56:15 |
| Schönenberger | Martin | Nuglar | 1972 | 00:27:21 |
| Schöni | C. | Winkel | 1951 | 01:48:59 |
| Schönmann | Reto | Zürich | 1973 | 00:35:18 |
| Schöpfer | Paul | Hedingen | 1947 | 01:37:17 |
| Schor | Daniela | Wangen ZH | 1972 | 00:41:32 |
| Schorer | Fritz | Dielsdorf | 1953 | 01:34:31 |
| Schori | Koni | Ennetbürgen | 1953 | 01:26:16 |
| Schott | Hansruedi | Gundetswil | 1949 | 01:37:13 |
| Schreiber | Anette | Ebmatingen | 1971 | 00:38:36 |
| Schreitmueller | Oskar | Augwil | 1938 | 01:52:16 |
| Schudel | Werner | Horgen | 1948 | 01:42:43 |
| Schuepach | Peter | Eglisau | 1943 | 01:34:40 |
| Schuepbach | Urs | Künten | 1962 | 01:18:30 |
| Schuepp | Isidor | Baden | 1940 | 01:41:31 |
| Schuerch | Peter | Muri b. Bern | 1939 | 01:36:04 |
| Schuetz | Bruno | Zürich | 1955 | 01:28:55 |
| Schuetz | Peter | Opfikon | 1950 | 02:13:30 |
| Schuler | Annemarie | Gibswil-Ried | 1973 | 00:37:32 |
| Schuler | Urs | Gibswil-Ried | 1971 | 00:34:31 |
| Schuler | Yvonne | Hinteregg | 1958 | 00:33:40 |
| Schulte | Gisela | Wattwil | 1937 | 01:26:51 |
| Schulthess | Jürg | Siblingen | 1959 | 01:34:56 |
| Schulthess | Ueli | Wernetshausen | 1951 | 01:40:28 |
| Schulze | Klaus | Balsthal | 1956 | 01:19:52 |
| Schumacher | Martin | Wohlen AG | 1963 | 01:24:06 |
| Schürch | Pia | Jegensdorf | 1954 | 00:44:32 |
| Schürch | Robert | Allschwil | 1934 | 01:34:41 |
| Schürch | Thomas | Mönchaltorf | 1969 | 00:31:17 |
| Schuster | Anton | Feldmeilen | 1951 | 01:15:53 |
| Schuster | Hans | Singen | 1923 | 01:19:38 |
| Schuster | Markus | Uster | 1958 | 01:31:29 |
| Schwab | Roland | Wetzikon ZH | 1974 | 00:37:46 |
| Schwaller | Viktor | Tafers | 1942 | 01:41:52 |
| Schwalm | Angelika | Courtaman | 1971 | 00:50:26 |
| Schwalm | Rudolf | Courtaman | 1944 | 01:47:51 |
| Schwarz | Markus | Uster | 1974 | 00:32:15 |
| Schwarz | Michael | Fehraltorf | 1972 | 00:29:13 |
| Schwarz | Reinhard | Uster | 1939 | 00:36:29 |
| Schwarzbach | Germaine | Rüti ZH | 1949 | 00:42:24 |
| Schwegler | Fredi | Widen | 1949 | 01:35:13 |
| Schweizer | Andreas | Zürich | 1965 | 01:25:58 |
| Schweizer | Emil Michael | Hombrechtikon | 1942 | 01:56:14 |
| Schweizer | Martin | Ebmatingen | 1943 | 00:41:23 |

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|----------------|-----------|---------------------|------|----------|
| Schweizer | Rene | Eglisau | 1950 | 01:19:24 |
| Schweizer | Stefan | Altendorf | 1938 | 01:44:19 |
| Schwendener | Ruedi | Buchs SG | 1947 | 01:25:33 |
| Schwyn | This | Wilchingen | 1964 | 01:09:57 |
| Schwyter | Stefan | Altendorf | 1969 | 00:29:58 |
| Seebacher | Bruno | Schlieren | 1969 | 01:36:41 |
| Seegenschmidt | Werner | Bülach | 1930 | 01:58:09 |
| Seeli | Andreas | Greifensee | 1958 | 01:32:16 |
| Seewer | Juerg | Jonen | 1957 | 01:41:32 |
| Seidlova | Eva | | 1948 | 01:25:00 |
| Seiler | Bruno | Winterthur | 1950 | 01:51:21 |
| Seiler | Felix | Niederwangen BE | 1957 | 01:39:48 |
| Seiler | Hansruedi | Ober-Ottikon | 1956 | 01:49:35 |
| Seiler | Peter | Basel | 1938 | 01:54:24 |
| Seiler | Rene E. | Dietlikon | 1941 | 01:47:03 |
| Seiler | Reto Rolf | Dietlikon | 1970 | 00:29:44 |
| Seiler | Roger | Zürich | 1970 | 00:33:38 |
| Seitz | Evelyn | Mönchaltorf | 1955 | 00:43:35 |
| Seiz | Markus | Riedikon | 1968 | 00:28:37 |
| Selg | Frank | Murten | 1970 | 00:31:17 |
| Senn | E. | Winkel | 1941 | 01:36:48 |
| Senn | Hans | Dielsdorf | 1946 | 01:15:12 |
| Senn | Uschi | Dielsdorf | 1956 | 00:38:47 |
| Sennrich | Paul | Sins | 1972 | 00:30:23 |
| Senteler | Fredi | Wangen b. Dübendorf | 1953 | 01:21:58 |
| Senti | Björn | Volketswil | 1974 | 00:35:27 |
| Senti | Gisela | Volketswil | 1949 | 01:42:52 |
| Senti | Kirsten | Volketswil | 1972 | 00:35:59 |
| Senti | Paul | Bäretswil | 1947 | 01:44:05 |
| Sernatinger | Heinz | Konstanz | 1941 | 01:40:47 |
| Serruya | David | Uster | 1948 | 01:37:30 |
| Sertore | Robert | Schwerzenbach | 1957 | 01:34:51 |
| Sidler | Franz | Uerikon | 1956 | 01:11:12 |
| Sieber | Beatrice | Neftenbach | 1961 | 00:43:03 |
| Siebold | Joachim | Ermatingen | 1947 | 01:26:41 |
| Siegenthaler | Hansruedi | Regensdorf | 1946 | 01:40:29 |
| Siegenthaler | Peter | Würenlos | 1950 | 01:41:16 |
| Siegrist | Christina | Davos Dorf | 1959 | 01:47:29 |
| Siegrist | Gertrud | Schwerzenbach | 1947 | 00:43:39 |
| Siegrist | Heinz | Schwerzenbach | 1946 | 00:44:17 |
| Siegrist | Peter | Beinwil am See | 1956 | 01:10:24 |
| Sievi | Erwin | Bonaduz | 1949 | 01:37:27 |
| Sigg | Thomas | Trachslau | 1955 | 01:13:08 |
| Signer | Karl | Gonten | 1961 | 01:06:46 |
| Sigrist | Erich | Luzern | 1954 | 01:26:56 |
| Sigrist | Jörg | Othmarsingen | 1959 | 00:31:17 |
| Sigrist | Vreni | Bern | 1951 | 00:37:42 |
| Sigrist-Gerber | Therese | Volketswil | 1959 | 00:44:52 |
| Simon | Heinz | Altnau | 1953 | 01:27:45 |
| Simon | Peter | Uster | 1944 | 01:32:03 |
| Singer | Christian | Kehrsatz | 1944 | 01:53:13 |
| Singer | Verena | Thayngen | 1944 | 01:47:46 |
| Sippel | Kurt | Rüti ZH | 1939 | 00:34:20 |
| Sirlin | Charles | Zürich | 1942 | 01:18:22 |

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|--------------|-------------|-------------------------|------|----------|
| Slivone | Hermann | Gossau SG | 1942 | 01:20:40 |
| Small Leslie | Winston | Uster | 1948 | 01:39:17 |
| Smeets | Gustaaf | Unterägeri | 1942 | 01:36:16 |
| Smeets | Rosemary | Unterägeri | 1948 | 00:37:50 |
| Smrekar | Robert | Bilten | 1969 | 00:30:34 |
| Solenthaler | Heiner | Salez | 1959 | 01:32:22 |
| Solenthaler | Robert | Spiezwiler | 1936 | 01:40:01 |
| Solinger | Roman | Berikon Dorf | 1943 | 01:28:47 |
| Sollberger | Thomas | Pratteln | 1959 | 01:50:39 |
| Sollberger | Vreni | Pratteln | 1963 | 02:14:03 |
| Soller | Rosi | Oberaach | 1951 | 01:49:05 |
| Soltermann | Robert | Niederuzwil | 1951 | 01:12:17 |
| Sommer | Brigitte | Zürich | 1969 | 00:43:19 |
| Sommer | Karl | Winterthur | 1945 | 01:14:44 |
| Sommer | Manfred | Bassersdorf | 1936 | 01:40:05 |
| Sommer | Marc-Adrian | Wetzikon ZH | 1978 | 00:41:26 |
| Sommer | Robert | Winterthur | 1948 | 01:25:46 |
| Sommer | Walter | Kloten | 1962 | 00:34:14 |
| Sonderegger | Bruno | Schottikon | 1933 | 01:49:56 |
| Sonderegger | Max | Uster | 1951 | 01:36:19 |
| Spaar | Anton | Eiken | 1938 | 01:37:11 |
| Spaeni | Monika | Bottighofen | 1961 | 00:35:50 |
| Spalinger | Daniel | Zell ZH | 1968 | 01:27:46 |
| Spengler | René | Greifensee | 1956 | 01:33:32 |
| Spiegel | Peter | Esslingen | 1948 | 01:46:06 |
| Spielmann | Ruedi | Reutlingen (Winterthur) | 1947 | 01:42:58 |
| Spiess | Eroica | Turgi | 1963 | 01:15:43 |
| Spiess | Kurt | Wald ZH | 1960 | 01:25:50 |
| Spiess | Stefan | Windisch | 1963 | 01:12:02 |
| Spiewok | Michael | Brüttisellen | 1960 | 01:09:53 |
| Spillmann | Kurt | Stäfa | 1937 | 01:18:11 |
| Spirig | Hans | Uster | 1946 | 01:26:17 |
| Spirig | Norbert | Winterthur | 1959 | 01:34:18 |
| Spirig | Ruth | Uster | 1950 | 00:44:33 |
| Spirig | Susanne | Wiesendangen | 1956 | 00:41:27 |
| Spoerri | Markus | Männedorf | 1972 | 00:31:24 |
| Spohn | Peter | Winterthur | 1957 | 01:27:32 |
| Spörri | Georg | Stäfa | 1960 | 01:11:09 |
| Spörri | Roland | Wila | 1963 | 01:14:31 |
| Sprenger | Martin | Wetzikon ZH | 1969 | 00:33:20 |
| Sprenger | Peter | Triesen | 1953 | 01:20:11 |
| Sprenger | Ruedi | Stäfa | 1945 | 01:35:49 |
| Spring | Markus | Eschlikon TG | 1966 | 01:24:18 |
| Stabile | Ugo | Uster | 1971 | 00:35:14 |
| Stadelmann | Gerhard | Richterswil | 1942 | 01:23:24 |
| Stadelmann | Hugo | Nürens Dorf | 1948 | 01:31:34 |
| Stadelmann | Karin | Lohn SH | 1965 | 00:33:59 |
| Stadler | Ralph | Buchs SG | 1965 | 01:18:00 |
| Stadlin | Albert | Nassau | 1945 | 01:19:35 |
| Stadnik | Pascal | Uster | 1972 | 00:32:25 |
| Staeheli | Ernst | Pfäffikon ZH | 1951 | 01:51:47 |
| Staeheli | Stefan | Pfäffikon ZH | 1978 | 00:35:59 |
| Staeheli | Thomas | Pfäffikon ZH | 1976 | 00:35:15 |
| Staehli | Irene | Spiezwiler | 1951 | 00:48:55 |

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|-------------|-----------|----------------|------|----------|
| Staehli | Joerg | Zürich | 1960 | 01:40:33 |
| Staehli | Juerg | Nürens Dorf | 1947 | 01:52:18 |
| Staehli | Michael | Lachen SZ | 1967 | 01:24:49 |
| Staehli | Michael | Hilterfingen | 1951 | 01:25:37 |
| Staemmeli | Erwin | Aesch BL | 1954 | 01:29:12 |
| Staeubli | Daniel | Maur | 1964 | 01:35:25 |
| Staeubli | Esther | Zürich | 1961 | 01:47:49 |
| Staeubli | Roger | Magden | 1962 | 01:35:47 |
| Staeubli | Willi | Niederweningen | 1947 | 01:51:16 |
| Stahel | Roland | Andwil SG | 1938 | 01:45:30 |
| Stahlberger | Urs | Thalwil | 1946 | 01:37:26 |
| Stähli | Christine | Neftenbach | 1958 | 01:34:51 |
| Stähli | René | Neftenbach | 1955 | 01:14:14 |
| Stalder | Alfred | Winterthur | 1946 | 01:40:16 |
| Stalder | Daniel | Breitenbach | 1965 | 01:43:23 |
| Stalder | Hanspeter | Buchs ZH | 1962 | 00:30:27 |
| Stalder | Rolf | Wald ZH | 1971 | 00:28:08 |
| Stalder | Walter | Schlieren | 1941 | 01:35:48 |
| Stamm | Maya | Zürich | 1951 | 00:43:10 |
| Stampfli | Othmar | Bern | 1957 | 01:30:07 |
| Stanik | Marcella | Tagelswangen | 1956 | 00:38:03 |
| Stapfer | Kurt | Madetswil | 1954 | 01:33:26 |
| Staub | Andre | Horbourg-Wihr | 1947 | 01:10:30 |
| Staub | Ferdi | Menzingen | 1949 | 01:19:28 |
| Staub | Peter | Zürich | 1941 | 01:44:38 |
| Staub | Stefan | Wetzikon ZH | 1962 | 00:39:47 |
| Staubli | Bea | Forch | 1954 | 00:44:28 |
| Stauffacher | Ruth | Hombrechtikon | 1949 | 00:43:20 |
| Stebler | Werner | Winterthur | 1951 | 01:26:38 |
| Steck | Hermann | Scuol | 1944 | 02:01:57 |
| Stefan | Jakob | Schaffhausen | 1969 | 01:23:21 |
| Steffen | Bruno | Feldmeilen | 1944 | 01:23:25 |
| Steiger | Alfred | Zürich | 1957 | 02:00:31 |
| Steiger | Anton | Gossau SG | 1921 | 02:11:11 |
| Steiger | Vreni | Zürich | 1959 | 00:46:27 |
| Steiger | Walter | Zürich | 1935 | 02:19:14 |
| Steinegger | Adolf | Goldau | 1940 | 01:57:50 |
| Steiner | Alfred | Uster | 1952 | 01:39:03 |
| Steiner | Beat | Niederbüren | 1954 | 01:19:00 |
| Steiner | Bruno | Uster | 1946 | 01:22:03 |
| Steiner | Claudia | Uster | 1968 | 00:34:24 |
| Steiner | Erich | Bonstetten | 1946 | 01:50:15 |
| Steiner | Hansjoerg | Schwerzenbach | 1944 | 01:22:33 |
| Steiner | Markus | Dornach | 1955 | 01:37:04 |
| Steiner | Nicole | Kaltbrunn | 1972 | 00:33:55 |
| Steiner | Thomas | Ebmatingen | 1972 | 00:32:12 |
| Steiner | Wilhelm | Gutenswil | 1950 | 01:51:41 |
| Steinmann | Theres | Gibswil-Ried | 1973 | 00:39:23 |
| Steinmann | Thomas | Basel | 1951 | 00:42:49 |
| Steinmann | Wilfried | Truttikon | 1953 | 01:26:22 |
| Stenz | Harry | Schwerzenbach | 1948 | 01:35:51 |
| Stettbacher | Andreas | Effretikon | 1972 | 00:31:59 |
| Steurer | Peter | Hittisau | 1949 | 01:14:33 |
| Stillhard | Rene | Staad SG | 1971 | 00:33:57 |

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|-----------------|-------------|------------------|------|----------|
| Stirnemann | Kurt | Zürich | 1943 | 01:42:37 |
| Stirnemann | Peter | Grünigen | 1947 | 01:45:30 |
| Stocker | Georges | Feldmeilen | 1938 | 01:26:58 |
| Stocker | Josef | Wettingen | 1925 | 01:43:50 |
| Stocker | Martin | Fehraltorf | 1966 | 00:39:20 |
| Stocker | Reinhard | Zürich | 1939 | 01:20:56 |
| Stocker | Xaver | Sirnach | 1949 | 01:13:14 |
| Stocker | Xaver | Spreitenbach | 1949 | 01:25:54 |
| Stöckli | Katja | Uster | 1978 | 00:42:27 |
| Stöckli | Silvia | Uster | 1950 | 01:49:20 |
| Stöckli | Verena | Weiningen ZH | 1932 | 00:42:28 |
| Stoekli | Andreas | Uster | 1977 | 00:35:50 |
| Stoekli | Doelf | Uster | 1943 | 00:40:43 |
| Stoekli | Hansruedi | Frauenfeld | 1962 | 01:28:48 |
| Stoekli | Josef | Weiningen ZH | 1936 | 01:25:43 |
| Stoeklin | Reto | Ebmatingen | 1963 | 01:38:03 |
| Stoehr | Josef | Zürich | 1938 | 01:46:32 |
| Stohler | Hansueli | Bassersdorf | 1942 | 02:08:33 |
| Stohler | Thomas | Bassersdorf | 1970 | 00:43:51 |
| Stoll | Ruedi | Zumikon | 1953 | 01:29:52 |
| Stoppa | Jean-Pierre | Horgen | 1953 | 01:14:10 |
| Storni | Armando | Regensdorf | 1959 | 01:46:57 |
| Storrer | Hans-Heiner | Greifensee | 1939 | 01:46:16 |
| Storrer | Margrit | Thayngen | 1936 | 00:41:19 |
| Strahm | Rita | Riedt b. Erlen | 1953 | 00:45:15 |
| Strahm | Robert | Gossau ZH | 1939 | 01:23:22 |
| Straub | Alfred | Konstanz | 1950 | 01:17:31 |
| Straub | Emil | Seuzach | 1948 | 01:30:54 |
| Straub | Ernst | Zürich | 1927 | 01:34:56 |
| Straumann | Hans Peter | Zürich | 1964 | 01:29:59 |
| Strauss | Irma | Zürich | 1943 | 00:41:39 |
| Strauss | Max | Zürich | 1946 | 01:32:05 |
| Strebel | Hansruedi | Richterswil | 1931 | 01:32:11 |
| Streichenberg | Catherin | Zürich | 1960 | 00:39:21 |
| Streit | Bruno | Urdorf | 1942 | 01:39:36 |
| Streit | Hans-Ulrich | Schaffhausen | 1950 | 01:19:32 |
| Streit | Markus | Urdorf | 1967 | 01:31:34 |
| Streitenbuerger | Lutz | Zürich | 1944 | 01:53:26 |
| Streuli | Ernst | Wädenswil | 1933 | 00:41:51 |
| Stricker | René | Grosshöchstetten | 1950 | 01:36:30 |
| Strobel | Annerös | Uster | 1946 | 00:37:06 |
| Stroeble | Martin | Radolfzell | 1925 | 01:26:11 |
| Stroembaeck | Torbjoern | Wallisellen | 1935 | 01:29:35 |
| Strolz | Marc | Adliswil | 1964 | 01:38:59 |
| Strub | Urs | Brugg AG | 1942 | 01:28:58 |
| Stücheli | Hans-Peter | Herrliberg | 1947 | 01:45:57 |
| Stucki | Annemarie | Schaffhausen | 1948 | 00:41:37 |
| Stucki | Erich | Schaffhausen | 1973 | 00:29:54 |
| Stucki | Heinz | Homburg | 1947 | 01:47:40 |
| Studer | Andre | Baden | 1960 | 01:39:57 |
| Studer | Bruno | Zürich | 1938 | 01:31:46 |
| Studer | Cecile | Dietlikon | 1959 | 01:45:46 |
| Studer | Gina | Stallikon | 1936 | 01:54:59 |
| Studer | Heinz | Stallikon | 1935 | 01:36:31 |

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|--------------|-----------|---------------------|------|----------|
| Studer | Pius | Bülach | 1933 | 00:39:56 |
| Studer | Werner | Illnau | 1954 | 01:26:50 |
| Studer | Willy | Niedererlinsbach | 1932 | 01:25:56 |
| Studer | Yvonne | Hittnau | 1957 | 00:36:41 |
| Stuerchler | Peter | Binz | 1948 | 01:20:31 |
| Stursberg | Kerstin | Wenden | 1974 | 00:41:53 |
| Stursberg | Verena | Wenden | 1974 | 00:40:46 |
| Sturzenegger | Andreas | Winterthur | 1972 | 00:29:42 |
| Sturzenegger | Rolf | Hagenbuch ZH | 1961 | 01:21:03 |
| Stutz | Hans | Jona | 1948 | 01:39:18 |
| Stutzer | Hansjörg | Zumikon | 1947 | 01:37:53 |
| Suetterlin | Christoph | Buswil b. Büren | 1957 | 01:21:46 |
| Suler | Eva | Dürnten | 1959 | 01:16:26 |
| Sulger | Christian | Fällanden | 1972 | 00:29:15 |
| Sulzberger | Martin | Winterthur | 1944 | 01:21:56 |
| Summermatter | Otto | Wallisellen | 1944 | 01:29:06 |
| Surber | Hugo | Dussnang | 1954 | 01:41:10 |
| Surber | Roland | Urdorf | 1956 | 01:25:44 |
| Suter | Edy | Goldau | 1929 | 01:49:10 |
| Suter | Hansruedi | Volketswil | 1943 | 01:54:00 |
| Suter | Helen | Zürich | 1964 | 00:40:22 |
| Suter | Martin | Pfaffhausen | 1944 | 01:28:04 |
| Suter | Regula | Pfaffhausen | 1970 | 00:37:57 |
| Suter | Roland | Volketswil | 1966 | 01:18:52 |
| Suter | Toni | Volketswil | 1958 | 01:29:14 |
| Sutter | Bettina | Wil SG | 1965 | 00:43:23 |
| Sutter | Ernst | Goldingen | 1956 | 01:23:56 |
| Svensson | Rolf | Altendorf | 1945 | 02:02:59 |
| Szolanski | Laszlo | Gockhausen | 1954 | 01:37:17 |
| Taennler | Koni | Widnau | 1938 | 01:56:25 |
| Tamburrino | Memmo | Rothrist | 1967 | 01:14:29 |
| Tanner | Annemarie | Mönchaltorf | 1948 | 01:47:38 |
| Tanner | Daniela | Uster | 1970 | 00:48:12 |
| Tanner | Georg | Mönchaltorf | 1942 | 01:56:18 |
| Tanner | Marcel | Wetzikon ZH | 1962 | 01:41:02 |
| Tanner | Martin | Dübendorf | 1969 | 01:40:12 |
| Tanner | Peter | Kleindöttingen | 1969 | 00:26:46 |
| Tanner | Rolf | Adliswil | 1964 | 00:34:13 |
| Tanner | Ueli | Bäch SZ | 1951 | 01:36:08 |
| Tanner | Walter | Hüntwangen | 1939 | 01:20:23 |
| Tanner | Werner | Hinwil | 1945 | 01:24:00 |
| Tatalias | Platon | Opfikon | 1951 | 01:48:03 |
| Tellenbach | Eduard | Glattpark (Opfikon) | 1948 | 01:53:37 |
| Temperli | Alex | Gutenswil | 1948 | 01:30:14 |
| Temperli | Beat | Dübendorf | 1960 | 01:30:22 |
| Temperli | Heinz | Bern | 1969 | 00:33:14 |
| Tempini | Leo | Domat/Ems | 1953 | 01:26:54 |
| Teufer | Andy | Pfäffikon ZH | 1956 | 01:29:35 |
| Teufer | Martin | Pfäffikon ZH | 1959 | 01:35:19 |
| Thaler | Hans | Wattwil | 1943 | 02:06:09 |
| Thaler | Markus | Lindau | 1963 | 01:30:45 |
| Thalmann | Andre | Volketswil | 1972 | 00:35:57 |
| Thalmann | Daniel | Kehrsatz | 1960 | 01:23:05 |
| Thalmann | Hans | Seuzach | 1947 | 01:44:11 |

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|-------------|-----------|-------------------------|------|----------|
| Thalmann | Hans | Uster | 1941 | 01:34:14 |
| Thalmann | Hanspeter | Bertschikon (Gossau ZH) | 1963 | 01:37:26 |
| Theis | Beat | Uster | 1944 | 01:41:01 |
| Thoeni | Markus | Rüschlikon | 1969 | 00:38:55 |
| Thoeny | Carl | Zürich | 1947 | 01:28:33 |
| Thoma | Alois | Dinhard | 1945 | 01:41:25 |
| Thoma | Marcel | St. Gallen | 1959 | 01:24:52 |
| Thommen | Christian | Dättlikon | 1947 | 01:13:31 |
| Thudium | Juerg | Trin | 1949 | 01:32:28 |
| Thuerig | Edwin | Bassersdorf | 1958 | 01:28:15 |
| Thuerlimann | Wolfgang | Zürich | 1950 | 01:34:23 |
| Tilge | Benno | Moenchaltdorf | 1966 | 01:47:16 |
| Till | Desiree | Otelfingen | 1968 | 00:43:16 |
| Tinner | Toni | Gippingen | 1946 | 01:24:23 |
| Tischhauser | Walter | Rikon im Tösstal | 1940 | 01:34:43 |
| Tischhauser | Walter | Mels | 1946 | 01:24:35 |
| Tobler | Beatrice | Dielsdorf | 1944 | 00:40:01 |
| Tobler | Doris | La Punt-Chamues-ch | 1960 | 01:40:21 |
| Tobler | Urs | Hard b. Weinfeldern | 1958 | 01:26:38 |
| Toledo | Alberto | Uster | 1937 | 01:52:17 |
| Tomezzoli | Damiana | Bern | 1957 | 00:40:48 |
| Toniolo | Ursula | Steinhausen | 1939 | 01:53:55 |
| Tornare | Lise | Wintzenheim | 1944 | 01:44:50 |
| Tornare | Robert | Wintzenheim | 1942 | 01:22:07 |
| Trachsler | Barbara | Grüt (Gossau ZH) | 1975 | 00:45:43 |
| Trachsler | Peter | Oberweningen | 1958 | 01:49:21 |
| Trachsler | Walter | Tagelswangen | 1940 | 01:19:44 |
| Tramonti | Domenico | Steinhausen | 1957 | 01:28:18 |
| Tremp | Erwin | Effretikon | 1953 | 01:48:46 |
| Tremp | Stefan | Liebfeld | 1963 | 01:04:19 |
| Trevissoi | Romeo | Bülach | 1932 | 01:50:36 |
| Trinkler | Viktor | Dübendorf | 1942 | 01:36:13 |
| Troendle | Helmut | Wettingen | 1931 | 01:46:09 |
| Troendle | Herbert | Zürich | 1931 | 01:50:45 |
| Troesch | Juerg | Küsnacht ZH | 1951 | 01:39:10 |
| Troesch | Martin | Widnau | 1973 | 00:40:44 |
| Troesch | Toni | Widnau | 1947 | 01:22:21 |
| Trottmann | Guido | Niederglatt ZH | 1942 | 01:45:55 |
| Trovato | Santo | Winterthur | 1936 | 01:17:51 |
| Troxler | Jakob | Zürich | 1935 | 02:01:29 |
| Trümpler | Robert | Jona | 1956 | 01:43:39 |
| Tschanz | Hanspeter | Dietikon | 1961 | 01:21:10 |
| Tschopp | Heiner | Ottenbach | 1955 | 01:27:37 |
| Tschopp | Konrad | Adliswil | 1952 | 01:30:24 |
| Tschopp | Markus | Greifensee | 1966 | 01:50:57 |
| Tschudi | Peter | Erlenbach ZH | 1961 | 01:39:59 |
| Tschurr | Enrico | Bonaduz | 1952 | 01:16:10 |
| Tüscher | Robert | Wetzikon ZH | 1954 | 01:49:41 |
| Uhr | Joerg | Grünigen | 1957 | 01:10:20 |
| Ullmann | Bernhard | Illnau | 1938 | 01:38:53 |
| Ulmer | Ernst | Greifensee | 1939 | 01:37:03 |
| Umberg | Angelo | Nidfurn | 1955 | 00:32:23 |
| Umberg | Helen | Kerzers | 1951 | 01:40:20 |
| Umbricht | Peter | Wettingen | 1951 | 01:16:54 |

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|----------------|-------------|---------------------|------|----------|
| Uner | Terry | Spiegel b. Bern | 1944 | 01:28:10 |
| Unternaehrer | Erna | Doppleschwand | 1964 | 01:29:43 |
| Urben | Madeleine | Zürich | 1951 | 01:56:16 |
| Urfer | Fritz | Hettlingen | 1938 | 01:40:47 |
| Ursprung | Bruno | Hegnau | 1954 | 01:57:53 |
| Utzinger | Hanspeter | Wangen ZH | 1965 | 01:28:24 |
| Vaccani | Silvio | Greifensee | 1945 | 01:29:06 |
| Vacchelli | Reto | Dällikon | 1959 | 01:34:05 |
| Van Berkel | Thomas P. | Hintereggen | 1937 | 01:34:14 |
| Van De | Staaïj Ton | Männedorf | 1953 | 01:26:33 |
| Van der Ploeg | Robert | Bülach | 1967 | 01:38:39 |
| Van der Schaar | Felix | Seuzach | 1954 | 01:36:22 |
| Van Hoorn | Fenna | Tann | 1958 | 02:03:35 |
| Van Loo | Karin | Sulzbach | 1971 | 00:40:45 |
| Van T | Veer Dirk | Zürich | 1938 | 01:46:54 |
| Vanina | Sanzio | Biasca Stazione | 1938 | 01:49:34 |
| Varga | Markus | Uster | 1976 | 00:33:10 |
| Varga | Michael | Uster | 1979 | 00:34:42 |
| Vedolin | Guido | Oberengstringen | 1942 | 01:54:30 |
| Veidt | Martin | Zürich | 1961 | 01:25:26 |
| Venzin | Guido | Niederweningen | 1949 | 01:44:55 |
| Vetsch | Erhard | Blonay | 1946 | 01:25:12 |
| Vetsch | Hansruedi | Freienbach | 1965 | 01:36:43 |
| Vetsch | Ruedi | Andelfingen | 1949 | 01:42:52 |
| Vetter | Marcel | Schaffhausen | 1949 | 01:26:43 |
| Vetterli | Kaethy | Hüttwilen | 1960 | 01:47:46 |
| Vezzu | Danilo | Rüti ZH | 1944 | 01:42:52 |
| Vezzu | Guido | Rüti ZH | 1971 | 01:19:00 |
| Villars | Jean Pierre | Luzern | 1946 | 01:29:30 |
| Voegeli | Andreas | Wetzikon ZH | 1943 | 01:28:33 |
| Voegeli | Hans-Ruedi | Glattpark (Opfikon) | 1944 | 01:43:04 |
| Voegeli | Thomas | Nidfurn | 1954 | 00:33:25 |
| Vogel | Bruno | Kappel am Albis | 1949 | 01:38:18 |
| Vogel | Etienne | Gampel | 1972 | 00:26:47 |
| Vogel | Jeanette | Goldau | 1966 | 01:21:43 |
| Vogel | Rita | Kappel am Albis | 1948 | 01:54:24 |
| Vogel | Ueli | Hedingen | 1952 | 01:45:10 |
| Vogler | Alice | Döttingen | 1942 | 00:42:15 |
| Vogler | Karl | Döttingen | 1943 | 01:28:06 |
| Vogler | Mario | Zürich | 1938 | 01:54:01 |
| Vogt | Marlies | Dietlikon | 1948 | 01:54:34 |
| Vogt | Paul | Ennenda | 1937 | 01:19:14 |
| Vogt | Peter | Dietlikon | 1945 | 01:53:51 |
| Vogt | Ruedi | Baar | 1954 | 01:31:24 |
| Volkart | Peter | Adliswil | 1944 | 01:18:48 |
| Volken | Bruno | Theilingen | 1958 | 01:04:28 |
| Volken | Gerhard | Fieschertal | 1955 | 01:26:28 |
| Volkmar | Werner | Lenzburg | 1955 | 01:13:06 |
| von Allmen | Albert | Zürich | 1957 | 01:28:24 |
| von Allmen | Hans | Spreitenbach | 1944 | 01:41:47 |
| von Allmen | Rolf | Kirchlindach | 1948 | 01:37:53 |
| von Arx | Hugo | Zürich | 1944 | 02:05:43 |
| von Arx | Marceline | Zürich | 1951 | 00:34:02 |
| von Euw | Urs | Rorbas-Freienstein | 1953 | 01:44:58 |

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|-----------------|------------|----------------|------|----------|
| von Graffenried | Beatri | Zürich | 1952 | 00:46:45 |
| von Gunten | Britta | Mönchaltorf | 1976 | 00:40:38 |
| von Gunten | Erich | Grünigen | 1959 | 01:55:32 |
| von Känel | Paul | Wichtrach | 1936 | 01:21:01 |
| von Ow | Dieter Dr. | Goldach | 1956 | 01:28:36 |
| von Salis | Max | Stäfa | 1951 | 01:33:18 |
| von Schulthess | Marc | Zürich | 1963 | 01:53:30 |
| von Siebenthal | Erich | Gutenswil | 1936 | 01:53:05 |
| Vonlanthen | Erich | St. Gallen | 1947 | 01:15:25 |
| Vontobel | Susanne | Gibswil-Ried | 1973 | 00:39:14 |
| Vonwil | Fredy | Hittnau | 1953 | 01:27:58 |
| Voss | Günter | Niederweningen | 1944 | 01:42:43 |
| Vuillat | Cedric | Dübendorf | 1959 | 01:33:46 |
| Vuille | Roman | Uster | 1973 | 00:35:44 |
| Wachter-Spiess | Doris | Embrach | 1952 | 01:54:57 |
| Waechter | Rudolf | Kaiserstuhl AG | 1945 | 01:23:17 |
| Waeger | Toni | Hombrechtikon | 1962 | 01:36:11 |
| Waelchli | Daniel | Uster | 1972 | 00:38:21 |
| Waelle | Kurt | Dietlikon | 1940 | 01:35:46 |
| Waesche | Ulrich | Berlin | 1949 | 01:32:34 |
| Waespi | Rene | Greifensee | 1955 | 01:43:13 |
| Wagemann | Werner | Herrliberg | 1945 | 01:56:31 |
| Wagenführ | Thomas | Davos Platz | 1971 | 00:27:03 |
| Wagner | Max | Zürich | 1924 | 01:41:32 |
| Wagner | Max | Zürich | 1952 | 01:09:51 |
| Walde | Heiner | Uster | 1939 | 01:55:36 |
| Walder | Barbara | Glattfelden | 1969 | 00:44:10 |
| Walder | Matthias | Kloten | 1969 | 00:28:56 |
| Walder | Rene | Rüti ZH | 1950 | 01:41:33 |
| Waldisberg | Alois | Zürich | 1948 | 01:31:07 |
| Waldispuehl | Otto | Zürich | 1952 | 01:20:51 |
| Waldner | Peter | Flurlingen | 1936 | 01:36:09 |
| Waldvogel | Kaethy | Bussigny | 1946 | 01:41:22 |
| Waldvogel | Kurt | Dietlikon | 1935 | 00:38:13 |
| Waldvogel | Roland | Bussigny | 1946 | 01:40:00 |
| Waldvogel | Thomas | Schaffhausen | 1949 | 01:36:23 |
| Walker | Beat | Seedorf UR | 1968 | 00:31:15 |
| Walker | Beat | Wassen UR | 1969 | 00:33:32 |
| Walker | Othmar | Baar | 1958 | 01:23:19 |
| Walker | Paul | Seedorf UR | 1960 | 01:25:48 |
| Walker | Samuel | Seedorf UR | 1973 | 00:36:14 |
| Waller | Eugen | Zürich | 1937 | 01:31:20 |
| Walser | Hugo | Schaan | 1940 | 01:17:17 |
| Walser | Urs | Langenthal | 1958 | 01:34:23 |
| Walt | Markus | Auslikon | 1955 | 01:30:20 |
| Walter | Alborn | Nänikon | 1954 | 01:29:15 |
| Walter | Juerg | Feldmeilen | 1943 | 01:12:40 |
| Walter | Juris | Schaffhausen | 1949 | 01:23:10 |
| Walter | Maja | Zürich | 1970 | 00:30:03 |
| Walter | Susanne | Feldmeilen | 1943 | 00:36:42 |
| Walther | Helmut | Inzlingen | 1940 | 01:42:02 |
| Walther | Ueli | Männedorf | 1943 | 01:39:22 |
| Wälti | Andreas | Hinwil | 1952 | 01:17:10 |
| Wälti | Marcel | Zürich | 1945 | 01:32:05 |

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|--------------|-----------|--------------------|------|----------|
| Waltl | Günther | Meilen | 1965 | 01:31:40 |
| Wanner | Matthias | Detligen | 1974 | 01:29:12 |
| Wartenweiler | Daniel | Wetzikon ZH | 1951 | 01:41:52 |
| Wartenweiler | Thomas | Rorschach | 1970 | 00:29:20 |
| Wartmann | Beat | Horgen | 1951 | 01:38:55 |
| Wartmann | Margrit | Rueschlikon | 1944 | 00:47:54 |
| Waser | Bernhard | Zürich | 1944 | 01:42:09 |
| Wassmer | Hanspeter | Hinteregg | 1962 | 01:08:51 |
| Webb | David | Rüschlikon | 1950 | 01:16:18 |
| Weber | Bruno | Mellingen | 1942 | 01:42:35 |
| Weber | Christoph | Wetzikon ZH | 1956 | 01:33:01 |
| Weber | Doris | St-Blaise | 1941 | 01:53:24 |
| Weber | Elisabeth | Wetzikon ZH | 1940 | 01:30:03 |
| Weber | Fritz | Zürich | 1944 | 01:48:31 |
| Weber | Hans | Fahrweid | 1936 | 01:30:04 |
| Weber | Hildegard | Aesch ZH | 1949 | 00:42:04 |
| Weber | Marcel | Zürich | 1953 | 01:25:48 |
| Weber | Markus | Gasel | 1964 | 01:24:39 |
| Weber | Max | Ottenbach | 1949 | 01:37:55 |
| Weber | Nadja | Uster | 1976 | 00:39:16 |
| Weber | Patrice | Esslingen | 1970 | 00:34:53 |
| Weber | Peter | Binningen | 1965 | 01:29:05 |
| Weber | Toni | Uster | 1948 | 01:45:22 |
| Weber | Yves | Uster | 1975 | 00:35:31 |
| Weder | Walter | Uitikon Waldegg | 1943 | 01:18:38 |
| Wegmann | Andreas | Fällanden | 1959 | 01:14:15 |
| Wegmann | Daniel | Nänikon | 1970 | 00:37:03 |
| Wegmann | Hans-Jürg | Fällanden | 1956 | 01:16:33 |
| Wegmann | Heinrich | Uster | 1918 | 01:42:00 |
| Wegmann | Margrit | Dietikon | 1948 | 00:35:47 |
| Wegmann | Peter | Adliswil | 1941 | 01:52:48 |
| Wegmann | Rene | Uster | 1955 | 01:32:33 |
| Wegmüller | Martha | Bern | 1950 | 00:51:01 |
| Wegmüller | Otto | Bern | 1949 | 01:38:15 |
| Wegmüller | Urs | Herrliberg | 1948 | 01:20:47 |
| Wehner | Heinz | Wetzikon ZH | 1939 | 01:30:38 |
| Wehrle | Roman | Ostermundigen Rüti | 1937 | 01:27:25 |
| Wehrli | Barbara | Adliswil | 1958 | 00:44:10 |
| Wehrli | Hansuli | Horgen | 1944 | 01:15:46 |
| Wehrli | Martin | Zürich | 1956 | 01:11:51 |
| Wehrli | Martin | Uitikon Waldegg | 1931 | 01:38:30 |
| Wehrli | Nicole | Schaffhausen | 1976 | 00:47:00 |
| Wehrli | Peter | Rüti ZH | 1954 | 01:52:17 |
| Weibel | Guido | Dübendorf | 1947 | 01:16:40 |
| Weibel | Hans | Jonschwil | 1942 | 01:23:52 |
| Weibel | Othmar | Hinwil | 1937 | 01:28:19 |
| Weidmann | Alfred | Hinteregg | 1953 | 01:48:04 |
| Weidmann | Brigitte | Oetwil am See | 1959 | 02:17:57 |
| Weidmann | Bruno | Greifensee | 1951 | 01:18:39 |
| Weidmann | Denise | Rüti ZH | 1972 | 00:38:44 |
| Weidmann | Kurt | Männedorf | 1949 | 01:35:12 |
| Weidmann | Rosmarie | Männedorf | 1950 | 00:52:53 |
| Weilenmann | Joerg | Werdenberg | 1943 | 01:45:35 |
| Weingartner | Armin | Neuenkirch | 1959 | 01:24:12 |

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|-------------|-----------|----------------------|------|----------|
| Weingartner | Felix | Zürich | 1960 | 01:41:44 |
| Weinmann | Reto | Horgen | 1969 | 00:27:48 |
| Weishaupt | Norbert | St. Gallen | 1954 | 01:53:04 |
| Weiss | Conrado | Winterthur | 1949 | 01:53:54 |
| Weissenbach | Peter | Wädenswil | 1961 | 01:21:22 |
| Weisser | Martin | Zürich | 1963 | 01:26:08 |
| Weisskopf | Corinne | Birchwil | 1972 | 00:42:21 |
| Weisstanner | Andreas | Celerina/Schlarigna | 1962 | 01:41:28 |
| Weisstanner | Reto | Celerina/Schlarigna | 1967 | 01:33:22 |
| Welter | Martin | Zürich | 1945 | 01:25:08 |
| Welti | Cornelia | Zürich | 1954 | 00:38:32 |
| Welti | Joseph | Bassersdorf | 1952 | 01:08:27 |
| Welti | Rosmarie | Russikon | 1948 | 01:25:19 |
| Welti | Thomas | Zollikerberg | 1962 | 00:53:27 |
| Wendel | Dina | Bassersdorf | 1969 | 00:44:02 |
| Wendel | Rene | Pfäffikon ZH | 1956 | 01:31:44 |
| Wendle | Evelyne | Neuhausen am Rheinfl | 1937 | 01:42:07 |
| Wenger | Daniel | Fislisbach | 1948 | 01:20:37 |
| Wenger | Peter | Bern | 1948 | 01:31:25 |
| Wenger | Ulrich | Thun | 1961 | 01:41:49 |
| Wenger | Ursula | Bern | 1953 | 00:50:55 |
| Wenk | Albert | Hendschikon | 1944 | 01:16:43 |
| Wenk | Roman | Nussbaumen b.Baden | 1973 | 00:29:20 |
| Wenk | Urs | Hendschiken | 1971 | 00:26:16 |
| Wenninger | Xaver | Mammern | 1948 | 01:16:34 |
| Wepfer | Marcel | Glattfelden | 1970 | 00:35:49 |
| Wepfer | Ueli | Brugg AG | 1945 | 01:39:52 |
| Werder | Esther | Unterehrendingen | 1961 | 00:41:48 |
| Werder | Kurt | Hombrechtikon | 1945 | 01:35:41 |
| Werder | Ueli | Brugg AG | 1948 | 01:55:20 |
| Werder | Walter | Gebensdorf | 1937 | 01:17:02 |
| Werly | Jean-Marc | Gockhausen | 1971 | 00:30:42 |
| Wermelinger | Karin | Glattfelden | 1963 | 00:39:08 |
| Werner | Karin | Schaffhausen | 1966 | 00:46:03 |
| Werner | Verena | Zürich | 1953 | 00:38:45 |
| Werner | Vreni | Schaffhausen | 1944 | 00:49:46 |
| Wernli | Christoph | Dürnten | 1969 | 00:36:45 |
| Werren | Rainer | Heimenschwand | 1953 | 01:55:30 |
| Wertz | Bruno | Eschlikon TG | 1963 | 01:32:09 |
| Wetli | Andreas | Männedorf | 1959 | 01:32:31 |
| Wettstein | Elisabeth | Winterthur | 1953 | 01:45:12 |
| Wettstein | Heidi | Uster | 1941 | 01:37:23 |
| Wettstein | Rene | Nürensdorf | 1951 | 01:40:51 |
| Wettstein | Walter | Hinwil | 1956 | 01:41:09 |
| Wetzstein | Alexander | Arlesheim | 1941 | 01:27:03 |
| Wey | Herbert | Oberengstringen | 1943 | 01:32:09 |
| Wick | Karl | Jona | 1948 | 01:20:16 |
| Wick | Norbert | Eschenbach SG | 1965 | 01:22:34 |
| Widerkehr | Beat | Rothrist | 1945 | 01:40:18 |
| Widmer | Beat | Sulgen | 1963 | 01:16:41 |
| Widmer | Christian | Zürich | 1951 | 01:53:16 |
| Widmer | Harry | Wangen ZH | 1946 | 01:07:42 |
| Widmer | Herbert | Würenlos | 1950 | 01:23:21 |
| Widmer | Lars | Dübendorf | 1974 | 00:35:13 |

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|--------------|-----------|---------------------|------|----------|
| Widmer | Luzie | Uster | 1967 | 00:42:56 |
| Widmer | Paul | Effretikon | 1939 | 01:32:32 |
| Widmer | Peter | Kloten | 1945 | 01:32:40 |
| Widmer | Ralph | Dänikon ZH | 1962 | 01:44:59 |
| Widmer | Renate | Dübendorf | 1953 | 00:38:41 |
| Widmer | Walter | Zürich | 1938 | 01:26:29 |
| Wiedemann | Brigitte | Moos-Weiler | 1954 | 00:42:32 |
| Wiedemann | Frank | Ruesselsheim | 1939 | 01:47:25 |
| Wiederkehr | Georg | Bäch SZ | 1938 | 00:37:09 |
| Wiederkehr | Hans | Feldmeilen | 1940 | 01:45:45 |
| Wiederkehr | Hubert | Wetzikon ZH | 1965 | 00:32:40 |
| Wiederkehr | Maria | Turbenthal | 1948 | 00:46:05 |
| Wiederkehr | Verena | Kloten | 1948 | 01:59:20 |
| Wiedmer | Annatina | Uster | 1949 | 00:40:05 |
| Wieland | Andreas | Bonaduz | 1954 | 01:34:30 |
| Wiget | Maya | Uster | 1953 | 00:42:42 |
| Wilbur | Benjamin | New York N.Y. 10028 | 1955 | 01:26:46 |
| Wild | Carl | Madetswil | 1945 | 01:29:27 |
| Wild | Martha | Greifensee | 1951 | 00:40:55 |
| Wild | Mia | Grub AR | 1945 | 00:35:42 |
| Wild | Peter | Greifensee | 1940 | 00:39:01 |
| Wild | Peter | Pfaffhausen | 1935 | 01:39:38 |
| Wildener | Johanna | Jegensdorf | 1948 | 00:49:56 |
| Wildi | Andreas | Uhwiesen | 1972 | 00:28:06 |
| Wilhelm | Ruedi | Bülach | 1946 | 01:16:28 |
| Williams | John | London W 4 | 1943 | 01:15:01 |
| Williams | Paul | | 1956 | 01:00:21 |
| Willimann | Hansruedi | Uster | 1949 | 01:27:29 |
| Willimann | Xaver | Wetzikon ZH | 1964 | 00:39:34 |
| Wilson | David | Hinwil | 1950 | 01:22:39 |
| Wimmer | Richard | Langnau am Albis | 1940 | 01:48:51 |
| Windhofer | Peter | Gibswil-Ried | 1973 | 00:32:21 |
| Winistoerfer | Ivo | Pfäffikon ZH | 1971 | 00:29:44 |
| Winkler | Martin | Greifensee | 1943 | 01:31:47 |
| Winkler | Roland | Muri AG | 1950 | 01:28:28 |
| Winkler | Urs | Wettingen | 1967 | 01:25:51 |
| Winkler | Verena | Affoltern am Albis | 1961 | 00:35:29 |
| Wipf | Fredy | Ebmatingen | 1941 | 01:51:10 |
| Wipf | Werner | Zürich | 1937 | 01:25:28 |
| Wirch | Alfred | Tann | 1953 | 02:03:22 |
| Wirth | Urs | Jegenstorf | 1949 | 01:55:33 |
| Wirz | Bruno | Wetzikon ZH | 1951 | 01:39:39 |
| Wirz | Hans | Wädenswil | 1952 | 01:32:09 |
| Wirz | Trudi | Schaffhausen | 1941 | 00:39:16 |
| Witschi | Erika | Dübendorf | 1946 | 00:42:49 |
| Witschi | Rudolf | Zürich | 1945 | 01:47:48 |
| Witschi | Stefan | Maur | 1957 | 01:42:12 |
| Wittwer | Hansruedi | Bern | 1934 | 01:37:05 |
| Wittwer | Sven | Mönchaltorf | 1972 | 00:32:17 |
| Wittwer | Ueli | Oetwil am See | 1949 | 01:12:32 |
| Wittwer | Ulrich | Winterthur | 1959 | 01:48:18 |
| Witzig | Gerhard | Kilchberg ZH | 1950 | 01:38:08 |
| Wobmann | Werner | Zürich | 1959 | 01:49:36 |
| Wolf | Irene | Zürich | 1960 | 00:46:40 |

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|---------------|-------------|----------------------|------|----------|
| Wolfensberger | Esther | Wetzikon ZH | 1971 | 00:40:50 |
| Wolfensberger | Reinhard | Winterberg ZH | 1948 | 01:29:30 |
| Wolfensberger | Rosmarie | Zürich | 1940 | 00:45:40 |
| Wolfensberger | Ulla | Zürich | 1940 | 01:43:26 |
| Wolfensperger | Andy | Nänikon | 1972 | 00:36:34 |
| Wolfer | Bruno | Zumikon | 1940 | 01:32:39 |
| Wolff | Hans-Ulrich | Uster | 1953 | 01:54:57 |
| Wolff | Margrit | Uster | 1955 | 00:45:17 |
| Wolter | Klaus | Kleindöttingen | 1959 | 00:31:18 |
| Woodtli | Armin | Dübendorf | 1952 | 00:39:42 |
| Wuelser | Dani | Zofingen | 1971 | 00:27:50 |
| Wuermli | Fabio | Thalwil | 1955 | 01:20:55 |
| Wuest | Ursi | Zürich | 1952 | 00:45:43 |
| Wuethrich | Bruno | Wallisellen | 1962 | 01:13:03 |
| Wuethrich | Christian | Muri b. Bern | 1954 | 01:40:03 |
| Wuethrich | Olivier | Le Mont-sur-Lausanne | 1966 | 01:36:11 |
| Wuethrich | Rosmarie | Ostermundigen Rüti | 1952 | 00:43:19 |
| Wuethrich | Rudolf | Winterthur | 1942 | 01:30:33 |
| Wuethrich | Urs | Bäretswil | 1972 | 00:38:53 |
| Wuethrich | Werner | Oberaach | 1953 | 01:42:51 |
| Wuffli | Urs | Neftenbach | 1954 | 01:42:50 |
| Würth | Mark | Oberengstringen | 1955 | 01:23:43 |
| Wüthrich | Hans | Zürich | 1951 | 01:37:56 |
| Wüthrich | Hansjörg | Arosa | 1958 | 01:28:39 |
| Wüthrich | Margret | Arosa | 1957 | 01:28:38 |
| Wüthrich | Paul | Allschwil | 1958 | 01:17:18 |
| Wyler | Nelly | Gwatt (Thun) | 1944 | 00:39:53 |
| Wyrsh | Tobias | Stallikon | 1968 | 00:34:43 |
| Wyss | Beat | Jona | 1960 | 01:05:48 |
| Wyss | Daniel | Wetzikon ZH | 1957 | 01:30:02 |
| Wyss | Eric | Lohn-Ammannsegg | 1966 | 01:18:18 |
| Wyss | Erika | Oekingen | 1951 | 00:41:10 |
| Wyss | Hans | Buchrain | 1948 | 01:25:01 |
| Wyss | Johannes | Schönbühl-Urtenen | 1946 | 01:26:15 |
| Wyss | Marc | Zürich | 1970 | 00:33:29 |
| Wyss | Martin | Oekingen | 1949 | 01:21:45 |
| Wyss | Martin | Kappel SO | 1948 | 01:52:10 |
| Wyss | Orlando | Dübendorf | 1952 | 01:48:59 |
| Wyss | Ruedi | Gossau ZH | 1951 | 01:24:10 |
| Wyss | Sandra | Wetzikon ZH | 1970 | 00:44:37 |
| Wyss | Susanne | Wetzikon ZH | 1945 | 00:47:25 |
| Wyssmann | Peter | Muri b. Bern | 1944 | 01:17:34 |
| Zaech | Jakob | Oberriet SG | 1953 | 01:51:19 |
| Zahler | Rita | Fehraltorf | 1956 | 00:42:44 |
| Zahn | Beat | Uster | 1949 | 01:24:53 |
| Zahnd | Hansruedi | Glattbrugg | 1936 | 01:35:44 |
| Zahner | Franz | Feldbach | 1951 | 01:20:53 |
| Zahner | Mathias | Uster | 1953 | 01:37:49 |
| Zahner | Roland | Edlibach | 1965 | 01:51:04 |
| Zambelli | Mario | Zollikerberg | 1947 | 01:46:29 |
| Zanelli | Giovanni | Bonaduz | 1944 | 01:17:11 |
| Zanfrini | Alfons | Feldmeilen | 1956 | 01:21:57 |
| Zangger | Arthur | Grüt (Gossau ZH) | 1947 | 02:04:49 |
| Zangger | Pia | Grüt (Gossau ZH) | 1970 | 02:49:48 |

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|-------------|----------------|-------------------------|------|----------|
| Zani | Rene | Winterthur | 1949 | 01:34:03 |
| Zanin | Felici | Männedorf | 1955 | 00:39:49 |
| Zanin | Verena | Männedorf | 1956 | 00:41:57 |
| Zanotta | Luis | Langnau am Albis | 1950 | 01:21:38 |
| Zatul | Dangzin | Volketswil | 1973 | 00:29:52 |
| Zauner | Fritz | Dürnten | 1945 | 01:39:11 |
| Zbinden | Benno | Hinteregg | 1938 | 01:36:57 |
| Zbinden | Claudia | Ebmatingen | 1962 | 00:42:45 |
| Zbinden | Franz | Feldmeilen | 1961 | 01:31:44 |
| Zbinden | Jean-Pierre | Reutlingen (Winterthur) | 1948 | 01:10:01 |
| Zbinden | Theo | Zürich | 1951 | 01:33:40 |
| Zbinden | Vreni | Egg b. Zürich | 1937 | 02:06:48 |
| Zehnder | Erich | Uster | 1949 | 01:45:55 |
| Zehnder | Marcus | Neuhausen am Rheinflal | 1955 | 01:45:54 |
| Zehnder | Markus | Dietikon | 1959 | 01:38:36 |
| Zeller | Willi | Küsnacht ZH | 1943 | 01:32:23 |
| Zellweger | Christine | Dübendorf | 1940 | 01:48:43 |
| Zellweger | Hermann | Unterägeri | 1931 | 01:58:57 |
| Zemp | Josef | Zürich | 1939 | 01:32:33 |
| Zemp | Juerg | Villmergen | 1958 | 01:47:47 |
| Zenger | H.P. | Uetikon am See | 1942 | 01:29:22 |
| Zenger | Hans | Ittigen | 1948 | 01:33:41 |
| Zenkhusen | Philomene | Saas Fee | 1953 | 00:39:19 |
| Ziegenhagen | Sven | Uster | 1977 | 00:40:21 |
| Ziegler | Albert | Hettlingen | 1952 | 02:02:24 |
| Ziegler | Andreas | Gossau ZH | 1974 | 00:38:31 |
| Ziegler | Urs | Arlesheim | 1948 | 01:37:36 |
| Ziltener | Paul | Benglen | 1954 | 01:20:57 |
| Ziltener | Werner | Wermatswil | 1955 | 01:23:55 |
| Zimmer | Rainer | Uster | 1973 | 00:36:41 |
| Zimmerli | Jürg | Glattbrugg | 1962 | 01:15:06 |
| Zimmermann | Anton | Luzern | 1940 | 01:38:23 |
| Zimmermann | Beat | Uster | 1973 | 00:35:01 |
| Zimmermann | Christian | Birmensdorf ZH | 1952 | 01:56:55 |
| Zimmermann | Christof | Schwerzenbach | 1956 | 01:54:45 |
| Zimmermann | Gregor | Bachenbülach | 1972 | 00:37:26 |
| Zimmermann | Hugo | Uetikon am See | 1946 | 01:38:14 |
| Zimmermann | Karl | Hinwil | 1950 | 01:32:53 |
| Zimmermann | Otto | Uster | 1944 | 00:38:48 |
| Zimmermann | Toni | Zürich | 1946 | 01:31:43 |
| Zimmermann | Urs | Kleindöttingen | 1970 | 00:30:20 |
| Zimmermann | Urs Charles | Greifensee | 1954 | 01:36:02 |
| Zingre | Kurt | Flims Dorf | 1950 | 01:41:32 |
| Zinsli | Reto | Brüttisellen | 1952 | 01:28:12 |
| Zinsli | Urs | Chur | 1943 | 01:37:15 |
| Zintl | Harry | Zollikerberg | 1955 | 01:13:16 |
| Zoellig | Maja | Buchberg | 1949 | 00:39:24 |
| Zoellig | Niklaus | Buchberg | 1944 | 01:12:50 |
| Zollinger | Belinda | Sulzbach | 1973 | 00:39:36 |
| Zollinger | Erich | Tegerfelden | 1942 | 01:32:02 |
| Zollinger | Heinz | Bettwil | 1938 | 01:35:06 |
| Zollinger | Michel | Zürich | 1970 | 00:33:01 |
| Zoss | Matthias | Uster | 1976 | 00:49:46 |
| Zuber | Anne-Francoise | Winterthur | 1952 | 00:41:53 |

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|-------------|-------------|-----------------------|------|----------|
| Zuberbühler | Robert | Kloten | 1939 | 01:31:02 |
| Zueger | Florian | Mühlehorn | 1944 | 01:07:28 |
| Zueger | Hanspeter | Hombrechtikon | 1950 | 01:53:39 |
| Zuellig | Samuel | Affoltern am Albis | 1950 | 01:15:20 |
| Zuercher | Arthur | Lenk i. S. | 1952 | 01:11:00 |
| Zuercher | Bruno | Bellikon | 1950 | 01:36:18 |
| Zuercher | Bruno | Bern | 1956 | 01:32:33 |
| Zuercher | Erwin | Zürich | 1943 | 01:39:15 |
| Zuercher | Hans Ueli | Forch | 1954 | 02:05:26 |
| Zuercher | Hans Ulrich | Bern | 1962 | 01:44:04 |
| Zuercher | Hansueli | Schwarzenegg | 1967 | 01:33:03 |
| Zuercher | Kaethy | Therwil | 1949 | 01:51:58 |
| Zuercher | Vreni | Zürich | 1943 | 00:45:23 |
| Zuffo | Sergio | Zürich | 1936 | 01:24:39 |
| Züger | Stefan | Altbüron | 1961 | 01:37:58 |
| Zulauf | Rene | Auenstein | 1953 | 01:11:32 |
| Zulauf | Stefan | Adlikon b. Regensdorf | 1971 | 00:45:57 |
| Zumbrunnen | Jonny | Ecublens VD | 1955 | 01:03:51 |
| Zumbuehl | Peter | Bonstetten | 1957 | 01:10:42 |
| Zur Linde | Rainer | Detligen | 1943 | 01:46:58 |
| Zürcher | Edgar | Derendingen | 1960 | 01:28:53 |
| Zürcher | Urs | Wil SG | 1950 | 02:02:38 |
| Zurfluh | Xaver | Volketswil | 1933 | 01:51:34 |
| Zurkirchen | Greth | Uster | 1952 | 00:42:54 |
| Zwahlen | Christoph | Dänikon ZH | 1979 | 00:40:45 |
| Zwahlen | Mathias | Dänikon ZH | 1975 | 00:34:20 |
| Zwahlen | Philippe | Dänikon ZH | 1977 | 00:37:14 |
| Zwald | Oliver | Uster | 1973 | 00:31:25 |
| Zweifel | Kurt | Mollis | 1964 | 01:20:38 |
| Zweifel | Max | Gossau SG | 1957 | 01:13:20 |
| Zwicky | Andreas | Mönchaltorf | 1953 | 01:47:53 |
| Zwimpfer | Doris | Kloten | 1954 | 01:51:57 |
| Zwimpfer | Guido | Dübendorf | 1949 | 01:43:06 |
| Zwinger | Beat | Dietikon | 1962 | 01:40:07 |
| Zwyssig | Daniel | Sursee | 1963 | 01:23:23 |